BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

11-17 APRIL 2026

TV&Satellite week

NEW

A GORILLA STORY

Sir David Attenborough recalls a memorable encounter

NEW

MISSED CALL

Joanna Scanlan in a race against time thriller

NEW

MARGO'S GOT MONEY TROUBLES

Nicole Kidman plays a flamboyant wrestler!

NEW

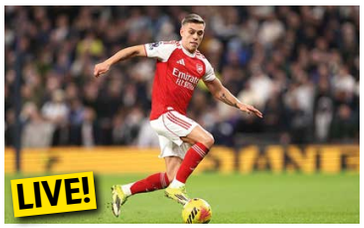
Euphoria

The hit show is back! What's next for **Zendaya**, **Jacob Elordi** and **Sydney Sweeney**?

HotList This week's 28

Saturday 11

American Classic
***COMEDY** MGM+*
Kevin Kline (above) plays Broadway star Richard Bean, who, after suffering a public meltdown, returns home to the family theatre where it first began – but his extreme behaviour causes problems.



Premier League
***FOOTBALL** TNT Sports 1 & Sky Sports*
Today's top-flight coverage is table-toppers Arsenal hosting Bournemouth at the Emirates Stadium (k-o 12.30pm), before Fulham's teatime appointment at to Anfield to face Liverpool (k-o 5.30pm).

Grand National
***HORSE RACING** ITV1, race starts 4pm*
Irish horse Nick Rockett was victorious at Aintree last year, but faces competition in today's showpiece steeplechase from Iroko and 2025 runner-up I Am Maximus. *See Sport Week, page 28*

McCartney: The Hunt for the Lost Bass
***DOCUMENTARY** BBC2, 8.45pm*
How Sir Paul McCartney (above) was recently reunited with his original Höfner 500/1 bass guitar – bought in Hamburg in 1961 – after it was stolen in 1972.

■ Full listings start on **p35**

Sunday 12

Premier League
***FOOTBALL** Sky Sports Action, Sky Sports Main Event & Sky Sports Premier League*
Today's 2pm kick-offs are Crystal Palace v Newcastle, Nottingham Forest v Aston Villa, and Sunderland v Spurs – before Chelsea host Manchester City (4.30pm).

Georgie & Mandy's First Marriage
***COMEDY** TLC, 8pm & 8.30pm*
Season 2 of the *Young Sheldon* spin-off. Georgie struggles to cope when TV weathercaster Mandy starts getting recognised in public. *See feature, page 12*

Your Song
***ENTERTAINMENT** C4, 9pm*
Host Alison Hammond (above, centre) offers amateur singers the opportunity to perform in front of crowds around the UK. Musicians Sam Ryder and Paloma Faith will be their mentors.

Zero Stars
***TRAVELOGUE** TLC, 9pm*
The start of an eight-parter in which comedian friends Sara Pascoe and Roisin Conaty (both above) experience destinations and activities with some truly appalling reviews. *See feature, page 8*

■ Full listings start on **p45**

Monday 13

Great Japanese Railway Journeys
***TRAVELOGUE** BBC2, 6.30pm*
Train aficionado Michael Portillo (above) embarks upon a coast-to-coast railway journey across Japan. Continues all week. *See Documentaries, page 21*

Miriam Margolyes Made Me Me
***DOCUMENTARY** BBC2, 9pm*
This profile of the actor (above, right), which is filmed mostly on a mobile phone, features her at home in London and during a book tour around Australia.

Missed Call
***DRAMA** 5, 9pm (box set, 5 Streaming)*
Joanna Scanlan (above) stars in this five-parter, which is set in a picturesque French village, as a single mother whose teenage daughter disappears. Continues to Friday. *See feature, page 6*

Euphoria
***DRAMA** Sky Atlantic, 9pm, & HBO Max*
Zendaya (above) and Sydney Sweeney return for a third season – five years have now passed and the former high schoolers are facing the adult world. Sharon Stone co-stars. *See feature, p4*

■ Full listings start on **p55**

Tuesday 14

Women's World Cup qualifier
***FOOTBALL** ITV1, kick-off 7pm*
England's Lionesses face Spain at Wembley Stadium in this qualifying tie for the 2027 tournament – a repeat of the 2023 final, which England lost 1-0.

Champions League
***FOOTBALL** TNT Sports 1, HBO Max & Prime Video, kick-offs 8pm*
British interest in tonight's quarter-final second-leg matches is Liverpool against Paris Saint-Germain at Anfield. Also, Atlético Madrid take on Barcelona.

Birding with Sam & Ade
***FACTUAL** 5, 8pm*
Over three episodes, actor and seasoned birder Samuel West takes fellow thespian and curious birdwatching beginner Adrian Edmondson on a tour of avian hotspots. *See Documentaries, page 20*

Gordon Ramsay's Secret Service
***REALITY** C4, 10pm*
The notoriously fiery chef (above) goes undercover at struggling restaurants in the dead of night – can he identify the problems? Continues tomorrow.

■ Full listings start on **p65**

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Wednesday 15

Margo's Got Money Troubles

COMEDY DRAMA Apple TV

Elle Fanning (*The Great*) stars as a pregnant college dropout who resorts to OnlyFans to support herself. With Michelle Pfeiffer. *See Your Watchlist, p14*

Champions League

FOOTBALL TNT Sports & HBO Max, kick-offs 8pm

Arsenal welcome Sporting Lisbon to the Emirates for this quarter-final second-leg match, while Bayern Munich are up against Real Madrid at the Allianz Arena.

Grayson Perry Has Seen the Future

DOCUMENTARY C4, 9pm

Artist Sir Grayson Perry (above) begins a tour of California – assisted by a chummy chatbot – to uncover how Silicon Valley's tech industries are shaping our world.

Doc

DRAMA Sky Witness, 9pm

The second season resumes. The search for Amy's hacker steps up a gear when the hospital finally calls in the FBI, while Hannah and Amy treat a man whose daughter suspects he has been poisoned.

■ Full listings start on **p75**

Thursday 16

Beef

DRAMA Netflix

A blazing row between a country-club manager (Oscar Isaac) and his wife (Carey Mulligan, above) provides a young couple with an opportunity to exploit. *See Your Watchlist, page 16*

Ronaldinho: The One and Only

DOCUMENTARY Netflix

A three-part insight into the career of the Brazilian ex-footballer (above), which combines archive footage and access to his life today. *See Your Watchlist, page 16*

Bergerac

CRIME DRAMA U&Drama, 9pm (box set, U)

Damien Molony (above) returns for a second series as the Jersey detective. The first case sees Jim Bergerac sent to a wedding reception where some terrible events have unfolded. *See feature, p6*

Big Mood

COMEDY C4, 10pm & 10.30pm (box set, Channel 4 Streaming)

A year after their bust-up in Series 1, ex-pals Eddie and Maggie, played by Lydia West and Nicola Coughlan (both above), reunite at a wedding... *See feature, p12*

■ Full listings start on **p85**

Friday 17

A Gorilla Story: Told by David Attenborough

WILDLIFE Netflix

The naturalist recounts his first meeting with baby gorilla Pablo in the 70s, before chronicling how the ape grew up to be a top silverback. *See Your Watchlist, p17*

Roommates

COMEDY Netflix

Sadie Sandler stars as a socially awkward teenager who ends up dragged into a war of passive aggression after arranging to share a room with an effortlessly cool and much more confident fellow student.

Arcadia

DRAMA Channel 4 Streaming

In the second series of the sci-fi-tinged Belgian drama, the Arcadia authorities tighten their grip. Alex (Melody Klaver) is accused of murder, but regulator Marco (Maarten Heijmans) could be an ally...

Hacks

COMEDY Sky Atlantic, 9pm & 9.40pm

It's the last laugh for the hit comedy, which bows out with a fifth run. After the shocking and false reports that she'd died, Deborah (Jean Smart, above) wants to prove she's still a working megastar! *See feature, p 11*

■ Full listings start on **p95**

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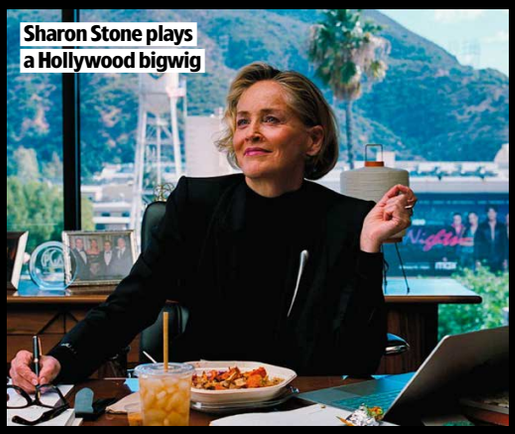
Rue and the gang face the **challenges of being young adults**

GROWING PAINS

NEW FROM HBO max


Sharon Stone plays a Hollywood bigwig

Zendaya stars as Rue

Jacob Elordi returns as Nate

NEW DRAMA

Euphoria

From Monday 13 April, HBO Max (released weekly)

Having earned a staggering 25 Emmy nominations, including nine wins, for its first two seasons, generation-defining teen drama *Euphoria* is back after a four-year hiatus, catapulting Rue and the crew out of the glitter-drenched halls of high school and into the terrifying unknown of adulthood.

Set five years after the events of Season 2, the new eight-part season finds struggling addict Rue Bennett (Zendaya) hiding out in Mexico, trying to pay off her debt to dealer Laurie (Martha Kelly), while Jules Vaughn (Hunter Schafer) is flying high at art school and Maddy Perez (Alexa Demie) is working at a talent agency in Hollywood, where Lexi Howard (Maude Apatow) is an assistant to a studio executive (played by Sharon Stone).

'We wanted them to get out of high school for Season 3, and five years later felt like a natural place for them to be,' says creator Sam Levinson, 41. 'We pick up with Rue south of the border in Mexico, coming up with some innovative ways to pay Laurie. Jules is nervous about having a career as a painter and avoiding responsibility at all costs and Maddy has her side hustles going on.'

Elsewhere, Lexi's older sister, Cassie Howard (Sydney Sweeney), is living in the suburbs with Nate Jacobs (Jacob Elordi) and planning a wedding.

'Cassie is engaged to Nate, but also addicted to social media and envious of the big lives that all of her classmates appear to be now living,' says Levinson. 'She does marry Nate, though – and I promise that it will be an unforgettable night.'

> **'We explore what it's like to figure out who you are in the world'**
> SAM LEVINSON

Colman Domingo is back as Rue's mentor, Ali Muhammad, and there's a fresh batch of guest stars bringing drama, including *Poker Face* favourite Natasha Lyonne, *Rooster*'s Danielle Deadwyler, British actor Adewale Akinnuoye-Agbaje and Spanish singer Rosalía.

'Rosalía is magnificent on screen and very comedically gifted, plus we have Sharon Stone, who's delightful and a true icon,' says Levinson. 'I feel strongly that this is our best season yet, as we explore what it's like to be out of the safety net of school and figure out who you are in the world and what matters.'

Artist Jules (Hunter Schafer)

Since the series debuted, several cast members have become Hollywood A-listers (see panel, below) and Levinson was delighted that they all wanted to return.

'It's been really beautiful watching everyone's careers take off because we are very much a family,' he smiles. 'I find myself very excited and rooting for them when I read about their movies and the awards chatter. It was so important that everyone really wanted to come back to *Euphoria*. They're passionate about the work and excited about the story that we're telling.'

● Season 3 of *Euphoria* is also available on Sky Atlantic, with episodes airing weekly on Mondays at 9pm

THE STORY SO FAR...

Ahead of the Season 3 premiere, you can catch up with the gang on HBO Max, where you can watch Seasons 1 and 2, plus the two specials. Here's a reminder to bring you up to speed...

SEASON 1

Teen drug addict Rue (Zendaya) is struggling to stay sober after rehab, while dealing with her mental health and the grief of losing her father. As Rue and her high-school friends navigate their way through love, identity and trauma, Cassie (Sydney Sweeney) gets pregnant, Rue becomes romantically involved with transgender Jules (Hunter Schafer), and Nate (Jacob Elordi) has an on/off abusive relationship with Maddy (Alexa Demie).

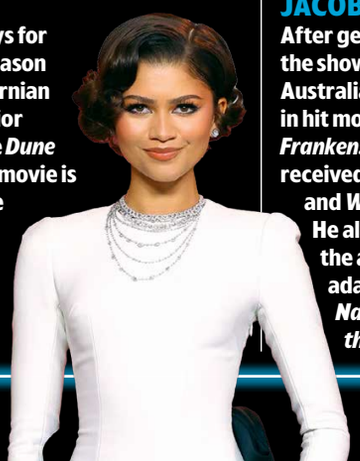
SEASON 2

The second series finds Rue falling deeper into addiction, aided by new friend Elliot (Dominic Fike) who also comes between her and Jules romantically. Nate holds himself and Maddy at gunpoint to stop her leaking a sex tape she has of his dad Cal (Eric Dane), while drug dealer Ashtray (Javon Walton) is killed by a SWAT team.

FAME & FORTUNE *How Euphoria launched its cast members to Hollywood stardom...*

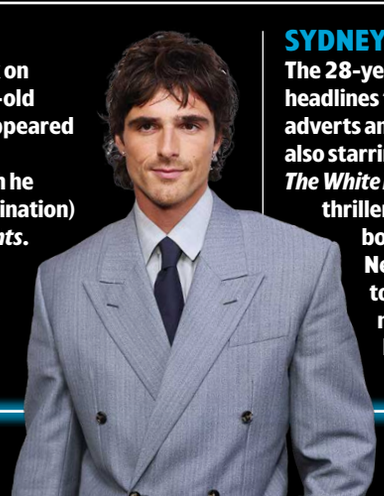
ZENDAYA

Since picking up Emmys for the first and second season of *Euphoria*, the Californian has played rebel warrior Chani in fantasy movie *Dune* and its sequel. A third movie is in the works, while the 29-year-old will also play goddess Athena in Sir Christopher Nolan's epic saga *The Odyssey*.



JACOB ELORDI

After getting his break on the show, the 28-year-old Australian actor has appeared in hit movies *Saltburn*, *Frankenstein* (for which he received an Oscar nomination) and *Wuthering Heights*. He also starred in the acclaimed TV adaptation of *The Narrow Road to the Deep North*.



SYDNEY SWEENEY

The 28-year-old has hit the headlines for her eye-catching adverts and endorsements, while also starring in the first season of *The White Lotus*, psychological thriller *The Housemaid* and boxing biopic *Christy*. Next up, she's set to portray 1950s movie star Kim Novak in *Scandalous!*

WORDS: REBECCA MAHONEY, ELAINE PENN, RICHARD MCCLURE. PHOTOS: HBO MAX/SKY, GETTY

Nicola (Camilla Beeput) and Jim (Damien Molony)

Love and death

The Jersey detective's new romance is intertwined with murder

NEW CRIME DRAMA

Bergerac

Thursday, 9pm, U&Drama (box set, U)

Resurrecting a much-loved series is risky, with the inevitable fear that a new interpretation might not match the affection for the original. Fortunately, *Being Human* creator Toby Whithouse's revival of crime drama *Bergerac* on U&Drama last year was a hit with critics and viewers alike – much to the relief of its star Damien Molony.

'It's nerve-racking, because you're handling the nostalgic memories of an entire generation,' says Molony, 42, who plays DCI Jim Bergerac, a role made famous by John Nettles on BBC1 in the 1980s. 'You don't want to mess with that, but you also want to give people something new.'

As the Jersey-set series returns for a second outing this week, there's a new case for recovering alcoholic Jim to investigate when a bridegroom is found murdered in a hotel room at his own wedding reception.

The widowed detective is also tentatively dating again, and makes a surprising connection with Nicola (*The Tower*'s Camilla Beeput), but there's an unexpected complication ahead.

ROMANTIC PULL

'They aren't necessarily looking for each other, but there's an instant connection between them,' Molony tells *TV&Satellite Week*. 'Nicola's very cool and funny, and not trying to be anything other than who she is; I think Jim finds that incredibly refreshing. But it slowly becomes apparent that she could potentially be involved in the case, which means their relationship cannot continue. The deeper that Jim and the team dig, the more interactions he has with her, which leads to shaky territory.'

Charlie (Zoë Wanamaker) and Nigel (Adrian Edmondson)

Other new cast members for this series include Lesley Sharp as Monica, the victim's widow, and Adrian Edmondson as Nigel, the new boyfriend of Jim's forthright mother-in-law Charlie Hungerford (Zoë Wanamaker).

'Adrian really makes me laugh,' says Molony. 'His character was cooking in one scene, and I said to him off-camera, "Do you do much cooking at home?" He replied, "Damien, I won *Celebrity MasterChef*!"'

Sarah struggles to find out what's happened

Robert Lindsay as expat Andrew

NEW DRAMA

Missed Call

Monday-Friday, 9pm, 5 (box set, 5 Streaming)

Every parent's worst nightmare becomes a stark reality for a single mother in 5's gripping new drama *Missed Call* when her teenage daughter vanishes on a school-exchange trip to France.

The five-part series stars *No Offence* and *Riot Women*'s Joanna Scanlan as Sarah, whose daughter Katie (*The Long Shadow*'s Emily Coates) has travelled to the picturesque French village of Saint-Michel. Sarah's boyfriend Jason (*Sherlock*'s Rupert Graves) is driving the coach taking the kids to France, so she is reassured when Katie arrives safely – only for her life to be turned upside down…

RISING PANIC

'After a few days, Sarah sees a missed call from Katie during the night, and can't get back in touch,' says Scanlan. 'Ringing around, she finds that nobody in Saint-Michel is willing to engage with Katie's disappearance. Her gut instinct tells her that people are lying.'

Desperate to find her daughter, Sarah hotfoots it over to Saint-Michel, only to encounter hostility from Katie's powerful host family, the Morvans.

'Sarah's a fish out of water, alone in a place where few people really speak her language,' says Scanlan. 'Sarah feels like Saint-Michel is a place where nobody is who they seem and everybody is holding something back.'

One of the few people she can communicate with is debonair Englishman Andrew, played by *Sherwood*'s Robert Lindsay.

'Andrew is a very typical Englishman abroad, doing everything that's very French, which is drinking red wine and eating good food, but not knowing much of the language at all,' reveals Lindsay, 76.

Katie Gleason
Emily Coates
Sarah's daughter heads to France with her school but, after making an unanswered late-night call to her mum, mysteriously vanishes...

WORDS: STEVEN PERKINS. VICTORIA WILSON. PHOTOS: 5, U&DRAMA

Sarah Gleason
Joanna Scanlan
The single mum is distraught when her teenage daughter, Katie, disappears during a French exchange trip and will stop at nothing to find her.

Joanna Scanlan is a single mother on a mission to find her missing daughter in France

Cherchez la femme

'We filmed in Montpellier in the south of France and, like all these dramas about a missing child, such a beautiful location makes you feel very comfortable yet also very suspicious of it. We soon find out that every character in Saint-Michel has a dubious background.'

The suspicious characters include Sarah's coach-driver boyfriend Jason. Is there more to him than meets the eye?

'Jason seems like a good guy but, like everybody, he has secrets and hides things,' reveals Graves, 62. 'What's he doing? Is it good? Is it bad? That's what makes it a compelling mystery.'

QUESTIONS TO ANSWER

'Jason is warm and enveloping, and Sarah sees this as possibly being the beginning of a proper relationship. Plus, Jason gets on well with Katie,' adds Scanlan, 64. 'Sarah doesn't see any chinks in Jason's armour until she spots him putting a suspicious-looking box on to the coach taking Katie and her friends to France. Then she questions what she thought: "Have I misjudged him?"

'*Missed Call* is all about a mother's lioness love for her child – you'll go anywhere and sacrifice every part of your being in order to get your cub back. Sarah keeps faith and hope throughout that her daughter's going to be found – that's the engine of the story.'

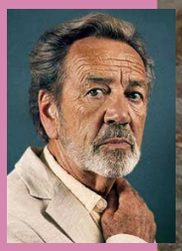
WHO'S WHO

Neil Scott
Dean Fagan
The teacher, who is supervising the school trip, doesn't answer any of Sarah's frantic calls as she tries to find out where Katie is.

Jason Bradley
Rupert Graves
Sarah's boyfriend, who drives the coach taking the students to Saint-Michel, seems perfect, but is he too good to be true?

Lieutenant Virginie Taylor
Claire Keim
The local detective makes it her mission to help Sarah, and soon believes something sinister could be afoot.

Andrew Taylor
Robert Lindsay
Stylish and suave, the expat has a complex relationship with daughter Virginie and also an air of mystery about him.



Caroline Morvan
Celia Diane
The steely matriarch of Katie's host family seems unperturbed that the teenager has disappeared.

Pascoe and Conaty

Comedians **Sara Pascoe and Roisin Conaty** seek out destinations in Europe with terrible online reviews...

Holidays FROM HELL

NEW TRAVELOGUE
Zero Stars
Sunday, 9pm, TLC

Viewers have become accustomed to seeing celebrities in television travelogues enjoying wonderful trips and staying in lavish hotels, but there is very little luxury on offer for comedians Roisin Conaty and Sara Pascoe in TLC's new travel show *Zero Stars*.

In the eight-part series, the pals visit locations with the worst internet reviews in such places as Albania, Norway and even Loch Ness to see if they're really as bad as the write-ups suggest..

Here, Conaty, 47, and Pascoe, 44, unpack what it was like…

What was it that made you want to do the series?

Conaty We'd never actually been on holiday together before, so I just thought it would be lovely to hang out, and it was a real adventure.

Pascoe I don't think I listened to the description properly; I just heard the bit when I was going on holiday with Roisin eight times and said, 'Sign me up!'

The friends in Benidorm

You must have been excited when you got the gig...

Pascoe Well, it wasn't a job offer – they just told us we were in the mix, so we tried to say all the right things. They were looking for people with good chemistry, but apparently Kate Moss and Naomi Campbell were also in the running.

Conaty That would have been great television. Imagine Kate Moss in Transylvania watching a [mock] dead body being stabbed through the heart to stop its soul coming up and ruining the harvest.

Tell us about your experiences in Istanbul in the first episode...

Conaty One of the first things we did was go out on the Bosporus on these river bikes and I was a bit nervous because I'd read it was the most polluted river in the world.

Pascoe At one point we thought we might need to confiscate Roisin's phone because she kept looking up how dirty things were!

Conaty We also went to traditional Turkish barbers, which are like a male beauticians, and that was pretty humiliating. He got the hot wax out and I thought he was going to do my nose, but he kept trying to put it on my lip and was saying, 'You have moustache!' I was like, 'Stop!'

Was there anything either of you wouldn't do?

Pascoe I refused to eat a lot of the animal heads that were served to us at dinner. Roisin had to eat them – once I'd said no, she had no choice.

'I refused to eat the animal heads that were served to us at dinner – Roisin had to eat them'

SARA PASCOE

On the shore of Loch Ness

Conaty Sara was braver than me on some of the more dangerous stuff. There was talk of us doing abseiling at one point and I was like, 'We're not doing a zero-stars version of that!'

Any highlights of the trips, or should we say lowlights?

Pascoe In Albania we went in a taxi driven by an Elvis impersonator. I think he also gets some good reviews, but he sings the whole time and keeps taking his hands off the wheel to dance.

Conaty It was the horse restaurant in Albania for me, and also that tourist attraction that was just a really, really long flight of stairs with nothing to do at the top. You just had to walk down again.

Pascoe I kept thinking they'd never make Rob [Beckett] and Romesh [Ranganathan] do this – their agents would be on the phone very quickly!

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Summer discovers that Todd and Theo are moving to Belfast

CORONATION STREET

Todd reports Theo's abuse, but will he be caught?

» **Todd's friends have** been desperate to help him escape abusive Theo, but the scaffolder has another trick up his sleeve when Summer discovers that the pair are moving to Belfast. After hearing the news, Summer tells Todd that she thinks Theo killed Billy, but how will he react to the shock accusation?

When Sarah, George and Summer arrive to speak to Todd, Theo lies through the video doorbell that they have already left. In reality, Theo has locked Todd in the bedroom and taken his phone, but Todd manages to convince Theo to free him so he can call Sarah and convince her that what Theo said was true. Theo announces he's taking a shower and Todd bolts to the front door in a bid to escape. What comes next sees Todd go to the police station and report the months of abuse he's endured at the hands of his husband.

Will Theo make a getaway?

As the news spreads, Theo is desperate to flee the cobbles, but will he manage to make his getaway or will the violent dad get sent to prison?

» **PLUS** Roy is trapped in a deadly blaze at the cafe, Debbie is disgusted when Carl tries to extort Summer for money and throws him out, and Eva attempts to reunite the family, but will her efforts work?

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Vicki and Zack (both above) are blackmailed over a picture of them kissing, Oscar attempts to avoid Josh at all costs, Priya worries about Ravi as he vows to resolve Nugget's bullying situation, and Ian and Bea share a kiss.

EMMERDALE

» Evidence is found that could help Moira (right), Bear is blamed for Ray and Celia's crimes, Dr Todd manipulates Jacob and Manpreet, and Sarah's touched when Charity reveals plans for a baby shower.

WORDS: SEAN MARLAND, GRACE MORRIS. PHOTOS: BBC, ITV, TLC

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TVSAT07/04/26q

Stars Jean Smart and Hannah Einbinder

Diva Las Vegas!

Deborah and Ava return to Sin City for the comedy's **final season**

NEW COMEDY

Hacks

Fri, 9pm & 9.40pm, Sky Atlantic

Show-business comedy *Hacks* returns for its fifth and final season this week, and veteran stand-up comedian Deborah Vance (Jean Smart) is out to prove that rumours of her death have been greatly exaggerated.

The show's fourth season saw Deborah's dreams of hosting her own late-night talk show come crashing down when she sacrificed her career by refusing to fire her friend and head writer Ava Daniels (Hannah Einbinder).

Needing to escape the spotlight for a while, Deborah signed up for a residency in Singapore, but was horrified to discover that the US tabloids had falsely reported that she was dead. Now, as the fifth season begins, Deborah and Ava are heading back to Las Vegas determined to set the record straight.

BACK FROM THE DEAD

'In Season 5, we get back to being profoundly silly, which is really fun,' reveals Smart, 74. 'Season 4 got a little bit dark, but I think we had earned it. Because people cared so much about the relationship, it was like they were willing to go anywhere with us, which is really wonderful.'

After reading her less-than-glowing obituaries, Deborah realises that she doesn't just need to kick-start her career – she needs to build a lasting positive legacy that will live on long after she's gone. And for that, she's going to need Ava's help…

'It's so fun that our characters were able to be on the same team this time,' says Einbinder, 30. 'Of course, we have our sparring throughout the season, which we enjoy just as much, but it's nice for us to be working towards the same goal.'

Hacks has been a huge success with viewers and critics alike since its debut in 2021, with both Smart and Einbinder winning Emmy awards for their performances.

Although this run is set to be the show's last, the stars are grateful for the journey they've been on together.

'From day one, Deborah was just on the page and I totally got her – it was a gift,' comments Smart. 'Both characters have become more nuanced, and they have affected and changed each other.'

'Everything that I would hope for them has been achieved, and Ava has grown up,' adds Einbinder. 'The difference between a 24-year-old and a 30-year-old person is actually quite huge, and it's been really nice to grow alongside her.'

Deborah with daughter DJ

Deborah (centre) is very much alive and kicking

WORDS: STEVEN PERKINS. PHOTOS: SKY; HBO

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Miriam Margolyes

Miriam Margolyes Made Me Me

NEW

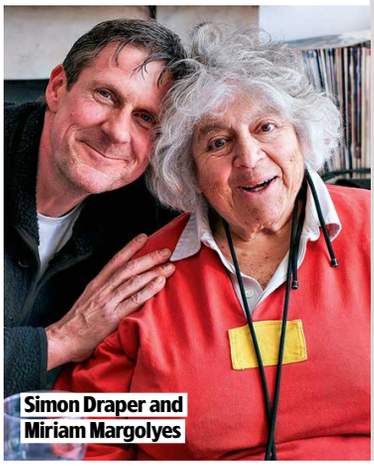
Monday, 9pm, BBC2

Born in Oxford in 1941, Miriam Margolyes began her career in the 1960s with parts in *Crossroads* and *Dixon of Dock Green*. She is best known for a variety of roles in Blackadder and starring as Sister Mildred in *Call the Midwife*. Her big-screen performances include a BAFTA-winning turn as Mrs Mingott in *The Age of Innocence* and Professor Sprout (pictured) in the Harry Potter movies.

2002

HER NEW SHOW

In BBC2's one-off documentary *Miriam Margolyes Made Me Me*, TV director Simon Draper films the actor on his mobile phone to give a glimpse into Margolyes' day-to-day life as she talks about money, sex, ageing and death in her typically candid way. 'I don't think Simon set out to make a film, but it turned into this documentary,' says Margolyes, 84. 'Honestly, I didn't think it had enough to interest anybody because it's just our conversations, or me walking along somewhere. But being filmed on a mobile phone is incredibly intimate and there's no room for nonsense.'



Simon Draper and Miriam Margolyes

EXCLUSIVE!

Keeping it together

Georgie and Mandy must **juggle work and family**

NEW COMEDY

Georgie & Mandy's First Marriage

Sunday, 8pm & 8.30pm, TLC

The title of the *Young Sheldon* spin-off means we know this marriage is going to come to an end at some point. But neither Montana Jordan nor Emily Osment, who play Georgie and Mandy, will be drawn on whether it means their characters will remarry each other – or other people – despite references in *The Big Bang Theory* that Georgie has several ex-wives.

'That's a loaded question and maybe a little above our pay grade,' smiles Jordan, 23, whose character turns 21 during this 22-episode second season. 'But we have our hopes and dreams that they just get remarried time and time again.'

With Georgie taking over the auto-service store from his father-in-law, Jim (Will Sasso), he and business partner Ruben (Jessie Prez) can't agree on how things should be run, especially where money is concerned.

STORM CLOUDS AHEAD

Meanwhile, Mandy is hoping to pay off her credit-card debts now that she's a weather reporter at the local TV station. But that means working for her ex, Scott (Christopher Gorham), causing jealousy issues.

'Scott thinks he can just come in and shine his light everywhere,' says Osment. 'But Georgie is going to shut it down. It's becoming more of a problem for Georgie than it is for Mandy.'

The couple are also at odds with each other – and their families – over parenting their young daughter, CeeCee.

'Becoming a father in real life has allowed me to fully understand the emotions that Georgie is going through. It's helped me out a lot,' adds Jordan, who has a toddler, Emma, with his wife Jenna. 'Whenever Emma comes on set, she loves playing with the twin girls who play CeeCee. It's a blast. Our families have even been on holiday together.'

However, while Osment adores the twin girls who play her screen daughter, she never wants another TV pregnancy.

'I do not want to wear another baby belly,' laughs the 34-year-old. 'It was pure silicon and weighed 12.5lb. I wore it for 12 hours a day. But it was worth it as CeeCee is so beautiful.'

Lydia West and Nicola Coughlan

Mood swing

Can former friends Eddie and Maggie **rebuild their relationship**?

NEW COMEDY

Big Mood

Thursday, 10pm & 10.30pm, C4 (box set, Channel 4 Streaming)

There's a wedding in the offing, a broken friendship to navigate and a sprinkling of new guest stars when *Big Mood* returns for a second season following estranged friends Maggie (Nicola Coughlan) and Eddie (Lydia West).

The story picks up 12 months after the Season 1 finale when Eddie packed her bags after she felt let down once again by Maggie, who'd inadvertently been taking the wrong medication for her bipolar disorder.

'They haven't had any contact with each other for a year,' explains Coughlan. 'A lot of the first series was Maggie dealing with the ups and downs of her bipolar disorder. This time, she's in a more stable place.'

WORDS: NICK CANNON, HANNAH DAVIES, TESS LAMACRAFT, RICHARD MCCLURE, ELAINE PENN. PHOTOS: BBC, C4, GETTY, SKY, TLC, FOX, WARNER BROS

Stars Montana Jordan and Emily Osment

When both women are invited to be bridesmaids at a mutual friend's wedding, Maggie is stunned to come face to face with Eddie again. However, she is hurt when she realises Eddie, who has been living in America, has a new best friend in tow – a spiritual influencer called Whitney (Hannah Onslow), who a jealous Maggie instantly dislikes.

'Maggie is such a great character to play, because she doesn't worry about being likeable at all,' adds Coughlan, 39. 'She only cares what Eddie thinks of her and can quite easily cut everyone else out.'

Meanwhile, there are new guest stars to look out for. Robert Lindsay appears in Episode 4 playing Maggie's estranged father, who gets in touch with her out of the blue, and Rupert Everett is in Episode 2 playing a spoof drunk-and-disorderly version of himself when Maggie and Eddie try to get tickets to see their favourite drag act at a London nightclub.

WILD CARD

'Rupert is iconic,' says Coughlan. 'He was so game and really heightened everything with his comedy performance.

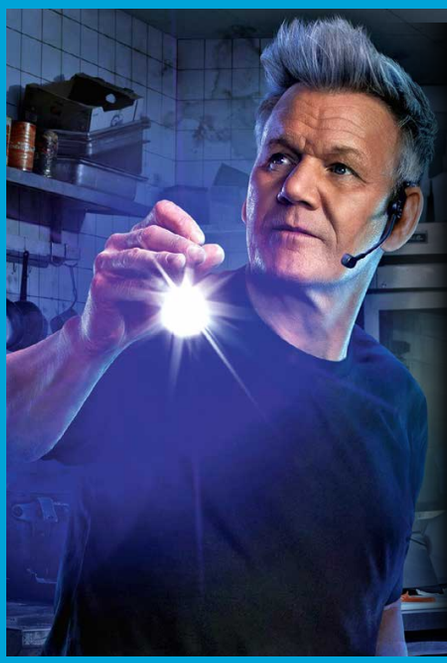
'His acting had so much physicality. You see him falling off chairs and falling out of a car. That was all his idea. He was incredible.'

Rupert Everett

Hannah Onslow as Whitney

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...



Gordon Ramsay's Secret Service

NEW

Tue & Wed, 10pm, C4

Beginning at a struggling Greek restaurant in Washington DC, Gordon Ramsay (left) goes undercover to help save US restaurants in need of urgent action. Unknown to the staff at the eateries, the Michelin-starred chef will use surveillance equipment and employ a secret insider to see what culinary crimes are being committed before trying to persuade the owners and staff to make vital changes.

Olivier Awards

NEW

Sunday, 7pm, BBC2

The Celebrity Traitors star Nick Mohammed (right) hosts the 50th-anniversary Olivier Awards from London's Royal Albert Hall to celebrate the best stage shows and stars. *Paddington* and *Into the Woods* have 11 nominations each, while actors up for gongs include Cate Blanchett (*The Seagull*), Tom Hiddleston (*Much Ado About Nothing*) and Bryan Cranston (*All My Sons*).

Your Song

NEW

Sunday, 9pm, C4

This heart-warming series gives ordinary people a chance to perform songs that have great meaning to them on a pop-up stage with a live band. Host Alison Hammond is joined by mentors Paloma Faith and Sam Ryder as they discover the stories connecting each singer to their tune before choosing one performer from each location for a grand-final concert at London's Hackney Empire.

Doc

NEW

Wednesday, 9pm, Sky Witness

Molly Parker is back as medic Dr Amy Larsen (right) as the hospital drama returns from its midseason break. As the search for Amy's hacker intensifies, the FBI are called in, while Amy works with Hannah to treat a patient whose daughter believes he has been poisoned. And Sonya and TJ make a discovery when they test a group of schoolchildren for scoliosis.

Holding the baby

Elle Fanning plays a cash-strapped young mum who finds an unconventional way to make ends meet

tv Margo's Got Money Troubles

NEW *Available:* ***Wednesday 15 April***
Genre: ***Comedy drama*** *Season:* ***1***
Episodes: ***8 (first three episodes from Wednesday 15 April, then weekly)***

Rufi Thorpe's bestseller *Margo's Got Money Troubles* is brought to life by legendary producer David E Kelley this week, featuring a star-studded cast that includes Michelle Pfeiffer, Nick Offerman and Nicole Kidman.

The eight-part Apple TV adaptation sees *The Great*'s Elle Fanning play 20-year-old Margo, an aspiring writer who finds herself a broke, single mum after an ill-judged affair with married college professor Mark (Michael Angarano).

'Margo's very bright and has a great sense of humour along with a huge imagination,' says Fanning. 'The series explores her navigating motherhood as a young woman, along with the money troubles that come with that. But she's also savvy and resilient and is someone who always finds a way to move forward.'

FAMILY STRIFE

Struggling to care for her newborn son, Bodhi, Margo gets very little help from her mum, ex-waitress Shyanne (Pfeiffer).

'Shyanne is not super-confident in her mothering instincts, and she feels a lot of guilt about being a single parent herself and not being able to give Margo everything,' explains Pfeiffer, who recently starred in *The Madison* (see opposite page).

Nicole Kidman as Lace

When Margo loses her job and the bills mount up, her estranged father, ex-professional wrestler Jinx (*The Last of Us* actor Offerman), turns up on her doorstep, fresh out of rehab, and announces he's moving in.

'He's lived life as a rock star and then lost it all,' says Offerman. 'He shows up, giving off the vibe that the cavalry has arrived, even though he's the brokest jerk in the house.'

A desperate Margo turns to the adult-content website OnlyFans, where she creates an online persona, HungryGhost,

Offerman, Fanning and Pfeiffer

to raise cash. As she creates sci-fi storylines for her character, Jinx uses his wrestling know-how to coach Margo on how to boost her fan base, aided by her cosplaying friend, Susie (*Bad Sisters*' Thaddea Graham).

STAR POWER

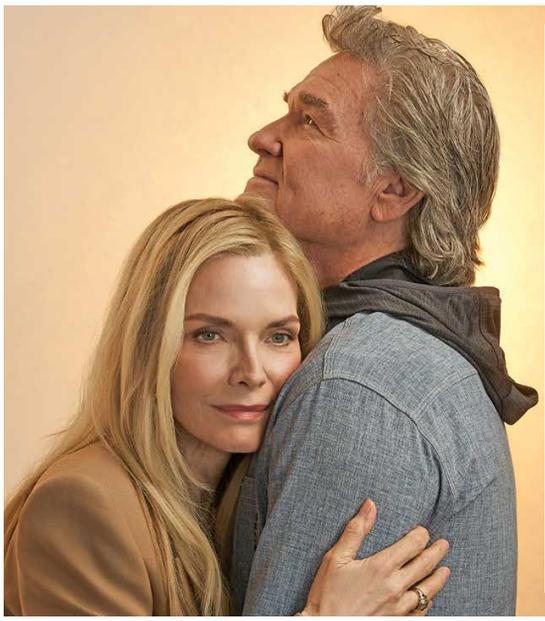
'Margo turns to something that stretches her imagination in different ways,' explains Fanning. 'You see her more empowered and she finds a sense of dignity doing something creatively on her own terms.'

Meanwhile, Oscar-winner Nicole Kidman plays wrestler turned lawyer Lace, who comes to Margo's aid later in the series when college professor Mark re-enters her life.

'There's a lot of comedy in the show, but it's done with such a human touch,' says Fanning. 'I want people to feel good and warm after watching the series because that's how I felt making it.'

What we're watching...

The shows being enjoyed by the *TVSW* team



Paramount+ The Madison

Genre: Drama Season: 1 Episodes: 6

Come for the stunning Montana scenery and stay for the emotional drama in the latest series from *Yellowstone* creator Taylor Sheridan. Michelle Pfeiffer stars as wealthy New Yorker Stacy Clyburn, a self-confessed 'city mouse', who's been happily married to outdoorsy Preston (Kurt Russell, pictured with Pfeiffer) for decades. But when a shocking tragedy upends their lives, the family are drawn to the Madison River in Montana as they try to navigate their grief and, in doing so, begin to understand what really matters in life.

Apple tv Imperfect Women

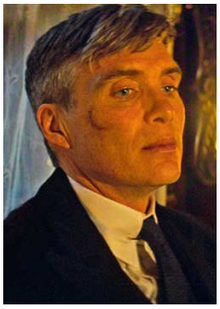
Genre: Thriller Season: 1 Episodes: 8 (released weekly)

When Nancy (Kate Mara) is murdered, her best friends Eleanor (Kerry Washington) and Mary (Elisabeth Moss) are shattered, but they all have secrets, in this glossy thriller.

NETFLIX Peaky Blinders: The Immortal Man

Genre: Drama Episodes: One-off

The final chapter of the gangster saga is set during World War Two with Tommy Shelby (Cillian Murphy, right) in self-imposed isolation until he is dragged back into the fray.



Now in production...

Three upcoming shows to look out for soon

NETFLIX Strangers

Gwyneth Paltrow (above) is set to star in Netflix's drama, based on New York lawyer Belle Burden's bestselling memoir about her life after her husband leaves her without warning. She reassesses her seemingly happy marriage, looking for clues as to why it went wrong.

Disney+ Duffy

In Disney+'s documentary, the Welsh singer-songwriter (above) recounts her rise to fame and talks about her harrowing 2020 revelation that 10 years earlier she had been kidnapped, taken to another country and raped, which led her to disappear from the public eye.

NETFLIX Time Out

Netflix's film, a remake of the 2001 French movie *L'Emploi du temps*, will see Adam Sandler (above) play a man who has been fired and tries to hide his situation from his family while looking for a new job, but his web of lies threatens to derail him. Willem Dafoe co-stars.

WORDS: CAREN CLARK; JUDY EWENS, NATASHA HOLT. PHOTOS: APPLE TV, GETTY, NETFLIX, PARAMOUNT+, SHUTTERSTOCK

Carey Mulligan and Oscar Isaac (both centre) play Lindsay and Josh

HOSTILE forces

A wealthy couple are **caught up in a feud** as the hit series returns

NETFLIX Beef

NEW *Available: Thu 16 April Genre: Comedy drama Season: 2 Episodes: 8*

Following the first season's tale of a road-rage incident that escalated into a full-blown feud, hit anthology series *Beef* returns with a new story centring on a posh country club and starring Carey Mulligan and *Frankenstein*'s Oscar Isaac as unhappily married couple Lindsay and Josh.

Country-club manager Josh and his wife Lindsay argue bitterly about finances, their unfinished bespoke B&B and their lack of a sex life.

Charles Melton and Cailee Spaeny as Austin and Ashley

MONEY TROUBLE

In contrast, Austin and Ashley (Charles Melton and Cailee Spaeny), who both work as underlings at the upmarket facility, are loved-up but frustrated about their lack of cash and opportunities.

'They are in this honeymoon phase, never getting into a fight, but then we start seeing the challenges of the relationship,' explains Melton, 35, of the young couple, who are keen to start a family, but feel increasingly resentful about their lowly status in comparison to the club's well-heeled membership.

Meanwhile, at the country club, the employees are gearing up for a potential battle with the new Korean owners, fearing cuts could be on the horizon, and when Austin and Ashley turn up at Josh and Lindsay's home to return a wallet, they witness what looks like a violent altercation.

Initially concerned for Lindsay's safety, the pair realise that a window of opportunity may be opening up, and a game of cat and mouse ensues between the two couples...

CULTURAL TIES

Created by Lee Sung Jin, *Beef*'s award-winning first season centred on Danny (Steven Yeun), a contractor of Korean heritage, and business owner Amy (Ali Wong). And Melton says he is pleased to see more Asian representation in the new season.

'This is close to home to me, in the sense of being Korean-American,' he explains. 'Austin is really interesting. You see him come to this realisation that his identity is a mask. You see it unravel against the social constructs of capitalism and how these young people navigate that.'

Ronaldinho in 2005

The boy from Brazil

Ronaldinho's journey from footballing prodigy to global sporting icon

NETFLIX Ronaldinho: The One and Only

NEW *Available: Thursday 16 April Genre: Documentary Season: 1 Episodes: 3*

Lionel Messi is widely considered to be the greatest footballer of all time, but when the Argentinian was breaking into the Barcelona team, his idol was Ronaldinho Gaúcho.

The Brazilian had been wowing fans with his silky dribbling skills and stunning goals since arriving at Camp Nou in 2003 and would go on to win the prestigious Ballon d'Or (awarded to the best footballer in Europe) in 2005. He was also named FIFA World Player of the Year in 2004 and 2005.

Ronaldinho now

RISING STAR

Ronaldinho tells the story of his rise to worldwide fame in Netflix's three-part series, which features never-seen-before material and contributions from his former teammates.

'I come from a family of footballers,' he says. 'My house always breathed football and, from the moment I can remember, the ball was part of my life.'

Born in Porto Alegre in 1980, Ronaldinho left his home-town side of Grêmio for Paris Saint-Germain in 2001. The following year, he scored two goals for Brazil in the 2002 World Cup tournament.

Now 46, Ronaldinho, who quit playing professionally in 2015, enjoys reflecting on his past achievements.

'Every time I return to the cities where I lived or the stadiums where I played, the memories come back,' he says. 'Watching games, seeing a free kick, or a player moving in the area where I once played – that brings everything back to life.'

WORDS: CAREN CLARK, IAN MACEWAN, SEAN MARLAND. PHOTOS: BBC, 5, GETTY, ITV, NETFLIX, JOHN SPARKS/NATURE PICTURE LIBRARY, BEN CHERRY/SILVERBACK FILMS/NETFLIX

Return to Rwanda

Cameras revisit the gorilla family made famous by **Sir David Attenborough**

NETFLIX A Gorilla Story: Told by David Attenborough

NEW *Available: Friday 17 April*
Genre: Wildlife

Sir David Attenborough's encounter in Rwanda with an inquisitive baby mountain gorilla, Pablo, while filming his 1979 BBC2 series *Life on Earth* has become one of the most memorable moments in broadcasting.

Attenborough and Pablo in 1979

Now, in Netflix's one-off *A Gorilla Story*, the presenter, who turns 100 in May, looks back on that special moment as cameras return to Rwanda's Virunga Mountains to follow the descendants of Pablo, who died in 2008.

'That sequence is iconic. People thought gorillas were like King Kong, so they couldn't believe their gentleness,' says producer Alastair Fothergill. 'It's one of the most amazing experiences of David's life.'

FIERCE RIVALRY

The production crew spent 250 days over two years filming Pablo's family, now led by ageing silverback Gicurasi. He is challenged by younger rival Ubwuzu, while dominant female Teta has to choose a side.

There is further upset when a teenager, Imfura, kills the baby belonging to Ubwuzu and female Inyange.

'Imfura was frustrated by his position and would attack the other gorillas, and there was this intra-family infanticide, which is rare,' reveals Fothergill. 'It was moving seeing Inyange holding her dead baby.'

Amid the tragedy, however, mischievous toddler Ubi is responsible for many of the film's lighter moments. And Fothergill is thrilled that the mountain-gorilla population – whose numbers had dwindled due to poaching – is looking healthy due to conservation work.

'When David was there in the 1970s with [primate scientist] Dian Fossey, there were around 250 gorillas in Rwanda, and everybody thought they would become extinct,' reflects Fothergill. 'Now, there are around 600, so it's one of the few positive conservation stories.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

ITV X Grace

In the return of ITV1's Brighton-based crime drama, Det Supt Roy Grace (John Simm) and the team investigate when the partner of a property developer goes missing, and they carry out a tense chase in a police speedboat.

BBC iPLAYER Babies

BBC1's poignant drama follows Stephen (Paapa Essiedu) and Lisa (Siobhán Cullen), who experience the trauma of miscarriage. A subsequent dinner out with Stephen's pal Dave and his new girlfriend proves difficult.

5 The Teacher

As 5's anthology returns, drama teacher Helen (Victoria Hamilton) locks horns with two students – strident Cressida (Alice Grant) and vulnerable, non-binary Dee (Ellis Jupiter). But then Dee takes their own life...

BBC iPLAYER Race Across the World

The new run of BBC1's contest sees the latest racers journey from Sicily to Mongolia, but as they tackle the first leg, in-laws Mark and Margo find themselves having to share a double bed to help cut costs.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

American Classic

Saturday 11 April

Comedy starring Kevin Kline as Broadway star Richard Bean, who suffers a spectacular public meltdown and returns home to the family theatre where it began for him. But his extreme behaviour causes problems for those close to him, including his ex-girlfriend (Laura Linney), now the town's mayor and married to his brother.

At Home with the Furys

Sunday 12 April

The second season of the reality show following ex-heavyweight boxing champion Tyson Fury as he gives retirement another shot in Morecambe Bay with wife Paris, their kids, and his dad, John.

At Home with the Furys

Euphoria

Monday 13 April

The third season of the US drama jumps ahead in time to explore the lives of the former high-schoolers as young adults. Rue (Zendaya) is in Mexico continuing on her sobriety journey while Lexi (Maude Apatow) is working as an assistant to a TV showrunner (Sharon Stone). Also airing on Sky Atlantic (Monday, 9pm). See feature, page 4.

Untold: Jail Blazers

Tuesday 14 April

Documentary on NBA team the Portland Trail Blazers, who achieved notoriety in the 2000s. While their performances on the basketball court dazzled fans, their off-court lives were the subject of scandal, controversy and relentless media attention.

Crooks

Tuesday 14 April

The second season of the German drama. The two crooks find themselves on the run again, this time in Bangkok and Vienna. Will they protect their families, find the priceless antique gold coin and, most importantly, survive?

Roofman

Tuesday 14 April

Crime comedy film based on the true story of Jeffrey Manchester (Channing Tatum), who is jailed for robbing McDonald's restaurants at night by breaking in through the roofs. After escaping from prison, Jeffrey hides out in a Toys "R" Us store. But when he falls for an employee (Kirsten Dunst), his double life begins to unravel. Also airing on Sky Premiere from Tuesday (8.05am & 9pm). See review, page 22.

Loud House: Europe Road Trip

Wednesday 15 April

One-off special of the animated US sitcom revolving around the chaotic life of Lincoln Loud, the middle child and only son in a family of 11 children. The Louds visit London, Naples and Athens.

Margo's Got Money Troubles

Wednesday 15 April

Comedy drama created by *Big Little Lies*' David E Kelley. Recent college dropout and aspiring writer Margo (Elle Fanning), the daughter of an ex-Hooters waitress (Michelle Pfeiffer) and a former pro wrestler (Nick Offerman), needs a way to make money with a baby on the way and a pile of bills to pay. See feature, page 14.

Roommates

Friday 17 April

Comedy film. Two college freshmen – hopeful, naive Devon (Sadie Sandler, daughter of Adam) and cool and confident Celeste (Chloe East) – become room-mates as they face different obstacles while living in the same dormitory.

Million Dollar Secret

Wednesday 15 April

Peter Serafinowicz hosts the second season of the US reality game show based on deception. Contestants enter a luxurious lakeside estate and in each of their rooms is a box. All but one of the boxes are empty with the remaining package containing $1,000,000, and that player can have the money as long as they keep their new millionaire status a secret from the others.

The Dark Wizard

Wednesday 15 April

Docuseries on American base jumper and highliner Dean Potter, who died in a wingsuit flying accident in Yosemite National Park in 2015, aged 43. It chronicles the triumphs, tragedies, rivalries, romances and near-death moments that shaped the life of a brilliant but tormented climber.

Ronaldinho: The One and Only

Thursday 16 April

Brazilian docuseries on one of the greatest footballers of all time. With exclusive access to his life today and never-before-seen archival material, the series tells the story of how a little boy from Porto Alegre became one of the most decorated players in history and won the World Cup in 2002. See feature, page 16.

Beef

Thursday 16 April

The comedy drama returns for a second season with a new cast and another all-consuming feud. A young couple witness an alarming fight between their boss and his wife, leading to favours and coercion, at an elitist country club owned by a Korean billionaire. Carey Mulligan, Cailee Spaeny and Oscar Isaac star. See feature, page 16.

Arcadia

Friday 17 April

The second season of the dystopian Belgian drama from Walter Presents. In Arcadia, residents can build a better future by earning citizen points but the life of the Hendriks family changed when Pieter Hendriks was caught doctoring his daughters' citizen scores and he is banned from the nation. Now, Alex is accused of double murder...

A Gorilla Story: Told by David Attenborough

Friday 17 April

In an intimate documentary, Sir David Attenborough tells the remarkable story of his first encounter with baby gorilla Pablo in the 1970s, revealing how the ape grew up to be a top silverback, and what Pablo's descendants are doing today. See feature, page 17.

American Gladiators

Friday 17 April

Reboot of the US version of *Gladiators* that ran from 1989-1996 and was first revived in 2008. Contenders take on 16 new American Gladiators in such classic contests as Joust, Powerball, Hang Tough and The Wall as well as fresh high-impact events The Ring and Collision. At stake is a prize of $100,000.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, PRIME VIDEO

Documentaries

West (left) and Edmondson

Samuel West and Adrian Edmondson search for Britain's most fascinating birds

Feathered friends

An egret wades in shallow water

NEW FACTUAL

Sam & Ade Go Birding

Tuesday, 8pm, 5

Actors Adrian Edmondson and Samuel West have been close friends since they both filmed an episode of *Death in Paradise* on Guadeloupe in 2019. And now, West is introducing his chum to his love of birdwatching.

Their three-part series sees the pair explore Cornwall, Norfolk and Somerset in search of wading egrets, colourful kingfishers and soaring sparrowhawks.

We met up with *Slow Horses* star West, 59, and *Alien: Earth*'s Edmondson, 69, to hear more…

Sam, why did you choose to team up with Ade?

West He's an extremely likeable person. He's curious, he's got enthusiasm and he makes me laugh. Also, he lives in the countryside, so I knew he'd have the right shoes.

Edmondson Sam emailed to ask if I'd like to be involved, saying he'd be the one who knows a lot and I'd be the newcomer asking questions. I replied within five seconds, saying, 'Yes. When do we start?'

Extraordinary Portraits

Friday, 7.30pm (not Scot/Wales), BBC1

This week, artist Unza Saleem paints a portrait of brothers Jordan and Cian Adams (above, with Bill Bailey), who lost their mother to early-onset frontotemporal dementia (FTD) when she was just 52. The siblings, who campaign to raise awareness of FTD, both carry the same faulty gene and are likely to develop symptoms of dementia in their 40s.

McCartney: The Hunt for the Lost Bass

Saturday, 8.45pm, BBC2

The Höfner bass guitar that a young Sir Paul McCartney once used with The Beatles (above) was lost for more than 50 years after it was stolen from a roadie's van in 1972 when McCartney was in Wings. But then Höfner launched a public appeal to 'trace the bass' in 2023. Could Macca finally be reunited with one of rock's most iconic instruments?

Does Your Child Have ADHD?

Tuesday, 7pm, 5

This documentary follows three families as they raise children with ADHD: single mum Emily whose daughter Elsie (above) struggles to focus; dad Andy who discovered he also had the disorder when his son Fletcher was diagnosed; and mum Lindsey who is struggling to get help for daughter Darcey Ann.

WORDS: NATASHA HOLT, IAN MACEWAN. PHOTOS: 5, ALAMY, BBC, C4, GETTY

Pink-footed geese take flight

Great crested grebes perform a mating dance

How would you describe your friendship?

Edmondson What is a friend? I think it's someone who's easy to talk to, someone with shared values and interests, someone who makes you laugh.

West Men can always talk about football, but we're less good at talking about losing a parent or losing weight, or loneliness, depression or approaching death. The fact that Adrian and I seem to find those conversations quite easy, I find that valuable.

What were the highlights?

West There was a beautiful moment when there were hundreds and hundreds of pink-footed geese flying over us, going to roost.

Edmondson There's nothing better than sitting in a hide with a mate, chewing the fat, and occasionally seeing a sight that takes your breath away like the mating dance of the great crested grebe, the flight of a marsh harrier against the setting sun, or a murmuration of starlings.

A marsh harrier hunts for food

Describe the dynamics of your birding double act...

Edmondson Sam is keen to see rarities while I'm quite happy to appreciate what's in front of me. I'm quite happy with a close-up robin.

West What Ade's taught me is that it is good to enjoy the common stuff.

Did you have any disagreements?

West In Cornwall, we were waiting at a sewage farm for a small bird that may not even have been there. It's like that day on holiday when one of you decides you've seen enough Roman ruins and say: 'Can we please go to the pub?'

Grayson Perry Has Seen the Future

Wednesday, 9pm, C4

In a two-part series, Sir Grayson Perry (above) visits California to understand how Silicon Valley's tech industry is likely to shape our future. Assisted by a chatbot, he meets leading tech figures and critics who are alarmed by the direction AI is taking us – before he creates a new artwork inspired by his discoveries.

Cadbury Vs McVitie's: Battle of the Brands

Friday, 8pm, C4

Kate Quilton looks at the strategies employed by the rival snack companies as they battle for our taste buds. In a bid to attract younger customers, McVitie's is reinventing the Jaffa Cake by jumping on the hot-honey trend, while Cadbury is collaborating with other brands to expand its Dairy Milk empire.

Michael Portillo

Fast track

Michael Portillo explores Japan on the country's renowned rail network

NEW TRAVELOGUE

Great Japanese Railway Journeys

Monday-Friday, 6.30pm, BBC2

Over the past decade, tourism has soared in Japan, and in his new BBC2 series, *Great Japanese Railway Journeys*, former MP, broadcaster and train aficionado Michael Portillo travels from coast to coast to discover more about the country where modern innovation meets ancient tradition.

Using Japan's extensive rail network, which includes the famous Shinkansen bullet trains, he goes from Osaka to Lake Shikotsu, taking in high-tech cities, snow-covered mountains, tranquil bays and beaches and historic palaces and temples on the way.

A gold-leaf ice cream

ENVIABLE SERVICE

'Japan is endlessly fascinating,' says Portillo. 'Its train system incorporates Japanese values, which are built around security and absolute reliability. I think there would be a national scandal if a train were late!

'It has become much easier for foreign tourists to travel in Japan. Place names are now rendered not only in Japanese characters but also in European letters and, with the Google Translate app, it has all become very easy. Also, we found we were eating like monarchs in Japan for modest sums of money.'

Some of those princely treats include fried octopus balls in Osaka and gold-leaf ice cream in Kanazawa, and he visits the world's largest wasabi farm, where he helps harvest the plants for which the stems are ground into the spicy paste.

'Wasabi grows in flowing water,' he explains. 'You stand in boots in beautiful clear water and you hack away at these cabbage-like things to get the stalks.'

Portillo, 72, also learns about Japan's £3,500 smart toilets, which boast heated seats, wash jets and sound disguisers and are found in 80% of homes.

And he immerses himself in Japanese culture, finding out about Shinto (Japan's indigenous religion), meeting an apprentice geisha and acquiring a deeper understanding of Japanese values.

'The respect for other people in Japan is total,' says Portillo. 'People very much worry about upsetting others or showing any discourtesy.'

Films Our pick of this

ROOFMAN

Channing Tatum is an absolute hoot in this wonderfully engaging true tale

MOVIE OF THE WEEK

COMEDY DRAMA

Tuesday, 8.05am & 9pm, Sky Premiere ★★★★

A hugely entertaining stranger-than-fiction true-crime comedy drama about a desperate divorced dad-turned-criminal (played by Channing Tatum) whose bizarre modus operandi – cutting a hole in the roofs of McDonald's restaurants in order to rob them – earned him the nickname of the title.

Even more outlandish, however, was what happened after he broke out of prison and hid out undetected in a Toys R Us store in North Carolina for six months. By itself, the story's oddness is enough to put a smile on your face, but Tatum's gift for physical comedy ensures there are some uproarious laugh-out-loud moments as well.

Co-writer and director Derek Cianfrance (*The Place Beyond the Pines*) balances the story's comic elements with surprisingly heartfelt dramatic ones, while Tatum juggles his character's mix of smartness and stupidity with charm to burn. Topping everything is his delightful chemistry with Kirsten Dunst, who plays the unwitting single mum with whom he strikes up a romance. 2025, 15, 126MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY, HEIDI RICE

More premieres and Day by Day planner ›››

week's Best Movies

COMEDY HORROR

Send Help

Available now, buy or rent from digital stores, including Prime Video and Sky Store ★★★★

A distinctly deglamourised Rachel McAdams plays frumpy desk jockey Linda Liddle, who is ace at her job but finds herself humiliatingly passed over for promotion when Dylan O'Brien's loathsome nepo baby, Bradley Preston, takes over his late father's company. Yet when a plane crash beaches the pair on a remote island somewhere in the Gulf of Thailand, it turns out that only Linda has the skills to keep them alive. Handily, the woman with zero social skills, who lives alone with a pet bird for company, happens to be obsessed with the TV reality show *Survivor*. Returning to his comic-horror roots, director Sam Raimi brings sharp satire and hilarious grisly violence, with both McAdams and O'Brien on fabulous form. 2025, 15, 113MIN

Unafraid: Rachel

CRIME THRILLER

Caught Stealing

Saturday, 10.05am & 11.15pm, Sky Premiere ★★★★

This darkly comic and wildly entertaining New York underworld story sees a cast of expertly drawn characters plunged into a frenetic, violent and deliriously exhausting plot. At the centre of it all is Austin Butler's one-time wannabe big league baseball player who is now working in a grungy Lower East Side bar circa 1998. A request by his neighbour Matt Smith – as a mouthy British punk – to look after his cat leads to an escalating series of disasters which take in heart-stopping tragedy, laugh-out-loud comedy and some nail-shredding action. Zoë Kravitz's smart, sassy girlfriend, Regina King's pragmatic detective and Griffin Dunne's shotgun-wielding bar owner add lots of colour, but it's Butler's deeply flawed Hank who holds it all together. 2025, 15, 107MIN

Lowlife gathering: Austin and co

Power couple: Margot and Colin

FANTASY ROMANCE

A Big Bold Beautiful Journey

Friday, 8.05am & 8pm, Sky Premiere ★★★

Meeting at a mutual friend's wedding, singletons Colin Farrell and Margot Robbie end up taking the journey back to the city together. As they do, they come across doors in the landscape, openings that lead into past memories for each of them. Whimsical and slightly amorphous, this movie contains lots of fascinating ideas, but cannot seem to commit to any of them. What it does have, however, is Farrell and Robbie, and they are a wonderfully watchable couple who steer this into intriguing waters. 2025, 15, 109MIN

Forlorn charm: Margaret Qualley with Ethan

PERIOD DRAMA

Blue Moon

Sunday, 6.10am & 7.10pm, Sky Premiere ★★★★

Once one of Broadway's leading lights as one half of Rodgers and Hart – writers of classics such as *My Funny Valentine* and the film's title – Lorenz Hart (Ethan Hawke) is now little more than a drunk desperate for adoration. Set over a single night, director Richard Linklater's wonderful drama sees an artist wrestle with relevance, especially when his old partner (played by Andrew Scott) is now part of Rodgers and Hammerstein, and doing sensationally well. Hawke is phenomenal as a man who is funny, pathetic, bombastic, frail – but utterly human. 2025, 15, 96MIN

Films

HORROR ROMANCE

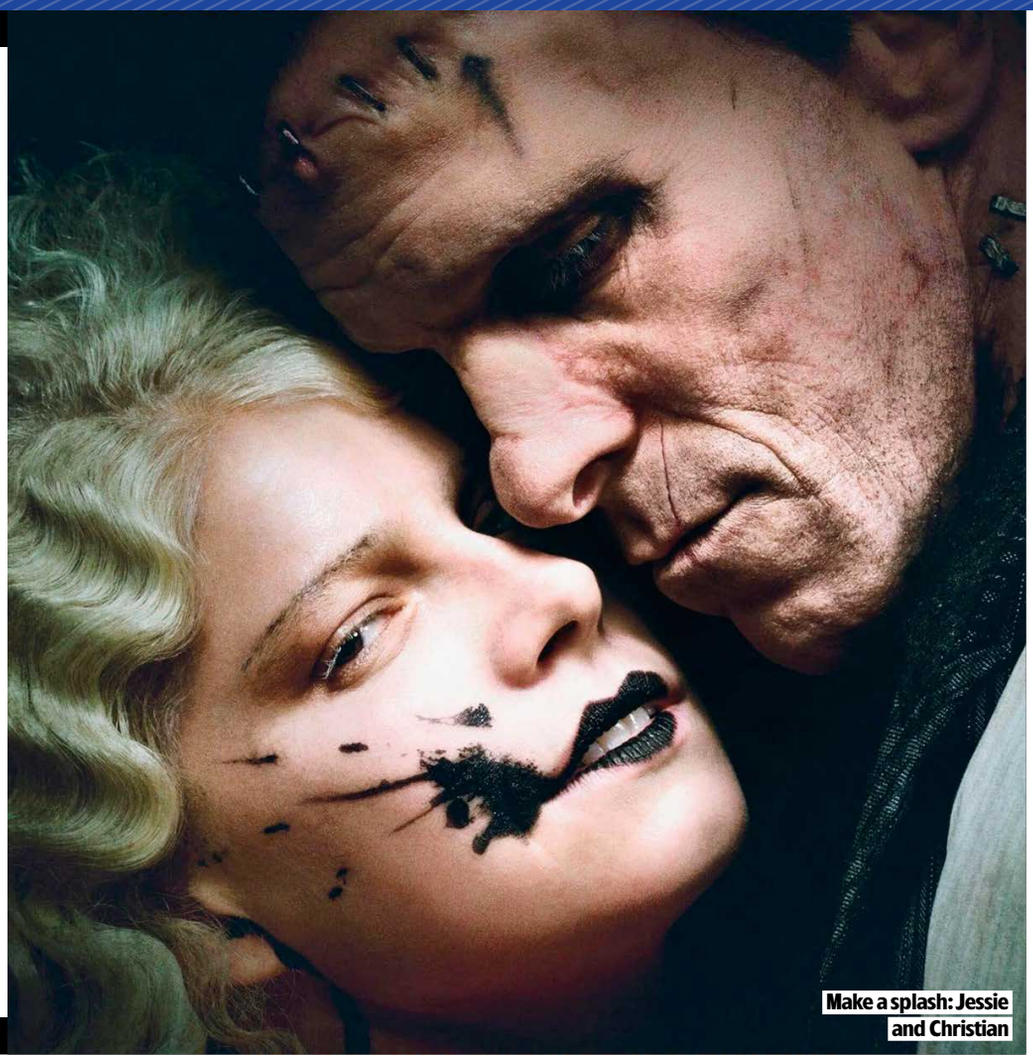
The Bride!

Available now, buy or rent from digital stores including Prime Video and Sky Store ★★★★

Stitching together scraps and gobbets of other works, actor-turned-writer-director Maggie Gyllenhaal's *The Bride!* is a gloriously unhinged monster mash of a movie: *Bride of Frankenstein* meets *Bonnie and Clyde* meets Fred Astaire and Ginger Rogers, with a chunk of #MeToo feminist rage thrown in, too.

Jessie Buckley plays the eponymous Bride, a reluctant gangster's moll in 1936 Chicago who becomes possessed by the rebellious spirit of author Mary Shelley (also played by Buckley) only to meet a violent end shortly after. After she is 'reinvigorated' by mad scientist Dr Euphronious (Annette Bening) as a mate for Shelley's creation, achingly lonely monster 'Frank' (touchingly played by Christian Bale), the pair go on the run pursued by cops and gangsters and inspiring abused women across the US to strike back at their tormentors.

Gyllenhaal stuffs in so much – there are roles, too, for Penélope Cruz as a sassy 'lady detective' and Jake Gyllenhaal as an Astaire-like star, Frank's screen idol – that her film can't help being messy, but it somehow holds together thanks to its visual daring, anarchic energy and the brilliance of its cast. 2025, 15, 127MIN



Make a splash: Jessie and Christian

Hidden gems Great movies you might have missed...

COMEDY DRAMA

Friends with Money

Netflix ★★★★

Ex-teacher Jennifer Anniston is working as a maid and falls into a disastrous relationship with Scott Caan, while her best friends are rich, married and constantly gossip about each other. Frances McDormand has a raging temper and a husband (Simon McBurney) who Catherine Keener, Joan Cusack and Anniston think is gay. With a witty script and top performances, this bittersweet comedy is a spot-on celebration of the ups and downs of togetherness. 2006, 15, 88MIN

HISTORICAL

La Reine Margot

BFI Player ★★★★

This riveting French historical melodrama has as its centrepiece the 1572 St Barthomew's Day Massacre, which is staged like the mass revenge slayings in *The Godfather*. The intrigue at French court is chillingly handled with the utmost skill, while there's supreme acting from the cream of France: Isabelle Adjani as the Catholic Marguerite of Valois, Daniel Auteuil as the Protestant Henri of Navarre and Jean-Hugues Anglade as the feeble Charles IX. Subtitled. 1994, 18, 162MIN

SCI-FI DRAMA

Sunshine

Prime Video ★★★★

From top film-making duo Danny Boyle (director) and Alex Garland (writer) comes this visually stunning, relentlessly mysterious sci-fi tale. Set aboard a manned spacecraft on a mission to try to reignite our dying sun, this has its crew members (Cillian Murphy, Chris Evans, Michelle Yeoh, Rose Byrne et al) being threatened by any number of near-insurmountable obstacles. There's a real sense of tension as the mission heads towards its objective. 2007, 15, 103MIN

Saturday 11 April

SCI-FI ACTION

M3GAN 2.0

10.20pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

This sassy sequel revives murderous robot doll M3GAN (Amie Donald, voiced by Jenna Davis) but replaces creepy chills for sci-fi action thrills. Fans will be relieved, however, that the first movie's goofy comedy – and the doll's killer dance moves – remain intact. This time, a military-grade AI robot (Ivanna Sakhno) has gone rogue with catastrophic consequences, forcing M3GAN's designer, roboticist Gemma (Allison Williams), to resurrect her creation to combat this new menace. The film is overlong and messy but there's more than enough brisk action, plus a good dollop of up-to-the-moment satire, to keep the franchise alive. 2025, 15, 120MIN

Dolled up: Allison and Amie/Jenna

FAMILY COMEDY

Paddington

6.45am, Sky Family ★★★★★

Sex ●●● Violence ●●● Language ●●●

Paddington Bear's first big-screen adventure is a joy; a warm, witty and generous-hearted family film to delight young and old alike. Winningly voiced by Ben Whishaw, the marmalade-loving bear leaves darkest Peru after an earthquake destroys his jungle home and turns up in London. Hugh Bonneville and Sally Hawkins head the kindly Brown family who take him in, while Peter Capaldi's Mr Curry and Nicole Kidman's evil taxidermist provide the menace. The two sequels, *Paddington 2* and *Paddington in Peru*, follow. 2014, PG, 95MIN

ACTION

Transformers: Rise of the Beasts

5.25pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

It's New York in the 1990s and former soldier Anthony Ramos and museum researcher Dominique Fishback come to the realisation that a glowing artefact at her place of work is one half of a beacon-like key, upon which the future of the universe sits. So prepare for thunderous action with an array of robots benign and nefarious. The likeable characters ensure there is much to enjoy here, until the too-familiar overblown final face-off that leaves you bludgeoned rather than exhilarated. 2022, 12, 127MIN

COMEDY

No Hard Feelings

10pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

From the burst of mace she gets in the face to the various blows she receives to her gullet and crotch, Jennifer Lawrence takes far too much slapstick punishment in this bawdy, and at times tawdry, comedy. Yet she still manages to give the story some depth as a hard-up thirtysomething who accepts wealthy couple Matthew Broderick and Laura Benanti's offer to deflower their nerdy Princeton-bound son (Andrew Barth Feldman). Fortunately, J-Law's energy and Feldman's endearing presence smooth over a lot of the film's poor-taste edges. 2023, 15, 103MIN

BIOPIC

Legend

11.50pm, BBC1 (not Scot) ★★★

Sex ●●● Violence ●●● Language ●●●

Tom Hardy is doubly mesmerising in the dual roles of East End gangster twins Ronnie and Reggie Kray in this brazen crime biopic, which takes an unashamedly mythic approach to the brothers' exploits as they blaze their way across Swinging Sixties London. The film doesn't really convey what made them tick, but Hardy is so good that his head-turning performances make it possible to forget the gimmicky camera trickery and simply enjoy the acting fireworks. 2015, 18, 131MIN

■ Full listings start on p35

Sunday 12 April

ANIMATION

Soul

4.15pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

An inspirational music teacher (voiced perfectly by Jamie Foxx) in New York is on the cusp of winning a spot as the pianist in a top-flight jazz quartet – which is where his true passion lies – but an accidental fall down a hole in the road leaves him stranded in a bizarre realm between life and death. However, the only way he can get back to Earth is by helping crabby unborn soul 22 (Tina Fey) find her own true passion. Another winner from Pixar, this delightul film boasts stunning animation, race-against-time-adventure, bustling body-swap comedy and metaphysical flights of imagination – plus a fabulous soundtrack. 2020, PG, 100MIN

Big plans: Tina and Jamie

MUSICAL

Wicked

2.10pm & 11.20pm, Sky Adventure ★★★★

Sex ●●● Violence ●●● Language ●●●

Giving us the backstory for the Wicked and Good Witches from the 1939 classic *The Wizard of Oz*, the hit Broadway musical comes to the big screen full of pizzazz. Cynthia Erivo delivers a powerhouse performance as put-upon Elphaba and pop superstar Ariana Grande is a comic revelation as her entitled fellow witch-in-the-making, Galinda (later Glinda the Good). Their frenemy relationship is the beating heart of a long film (which only tells the musical's first half), but it always holds our attention. 2024, PG, 161MIN

CREATURE FEATURE

Jurassic Park

2.10pm, ITV1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Real dinosaurs are the big attraction at Richard Attenborough's new theme park. But – just when one unfortunate character thought it was safe to go to the toilet – they go on the rampage. Steven Spielberg's spectacular monster movie combines expertly paced suspense and more than a little humour. From towering T-rex to vicious velociraptor, the beasties are superbly realised and the fact they've also figured out how to open doors only makes things that much more terrifying for the likes of Sam Neill, Laura Dern and Jeff Goldblum. 1993, PG, 127MIN

CLASSIC THRILLER

Rear Window

2.10pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Housebound with a broken leg, bored photographer James Stewart passes time by watching his neighbours – and soon suspects one (Raymond Burr) of murder. Alfred Hitchcock's meticulous thriller stays inside Stewart's apartment and shares his point of view for almost all its length. That turns the audience into a set of spies, too, and the ensuing game Hitchcock plays with both his star and viewers makes for a model of humour-soaked suspense. Hitch's cameo is about half an hour in, winding the clock in the songwriter's apartment. 1954, PG, 112MIN

COMEDY DRAMA

Our Ladies

12m't, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A day trip to Edinburgh gives five teens from quiet Fort William a rare chance to sample everything big-city life has to offer. So wannabe singer Kylah (Marli Siu), cancer survivor Orla (Tallulah Greive), fledgling lesbian Finnoula (Abigail Lawrie), Chell (Rona Morison) and Manda (Sally Messham) give their watchful guardian Sister Condron (Kate Dickie) the slip. What follows is such a lively, drink-fuelled riot one feels positively bereft when the girls are taken back home. 2019, 15, 106MIN

■ Full listings start on p45

PHOTOS: DISNEY/PIXAR

Weekday movies over page

Monday 13 April

DRAMA

A Different Man

9.50pm, Sky Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●

Sebastian Stan plays a nervous mouse of a man with a facial deformity who, through a revolutionary therapy, is transformed into the handsome 'Guy'. But he's still the sad sack he always was. So when he meets Oswald (Adam Pearson), a genial, confident man with the same condition (neurofibromatosis) he had, Guy's increasingly bitter. Writer-director Aaron Schimberg's sharp cringe comedy raises too many questions, but Stan and Pearson make a brilliantly awkward odd couple. 2024, 15, 112MIN

Skin deep: Adam and Sebastian

COMEDY

Uncle Buck

4.25pm, Sky Greats ★★★

Sex ●●● Violence ●●● Language ●●●

John Hughes' slickly packaged comedy is perfectly tailored for John Candy as a slob drafted in to look after his brother's kids (Jean Louisa Kelly, Macaulay Culkin and Gaby Hoffman). Culkin has a couple of attention-grabbing scenes involving a letterbox and some high-speed talk with Candy, but most of the plot involves the unimpressed Kelly, whose boyfriend (Jay Underwood) is the target for some of the best gags. 1989, 12, 94MIN

THRILLER

Tinker Tailor Soldier Spy

11.10pm, BBC1 (11.40pm NI/ Wales, 12.10am Scot) ★★★★

Sex ●●● Violence ●●● Language ●●●

John le Carré's classic spy novel is turned into a superbly clever thriller. Gary Oldman is subtle and patient as George Smiley, brought in by John Hurt to find a Soviet mole at the heart of British intelligence. Could the culprit be Ciarán Hinds, Toby Jones, Colin Firth or David Dencik? Thanks to brilliant acting and Tomas Alfredson's deft direction, it's rewarding finding out. 2011, 15, 127MIN

ANIMATION

The Amazing Maurice

7.20pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

Talking cat Maurice (voiced by Hugh Laurie) scams gullible townsfolk by ridding them of an apparent rodent infestation with the aid of a clan of rats and a timid human accomplice (Himesh Patel). Adapted from Terry Pratchett's *The Amazing Maurice and His Educated Rodents*, this movie beautifully captures the author's ideas with its great gags and quirky characters. 2022, PG, 93MIN

DRAMA

American Woman

11.15pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Sienna Miller is brilliant as a working-class woman in small-town Pennsylvania whose teenage daughter goes missing. The film spans some 11 years, during which Miller brings up her young grandson and has relationships with various dodgy men (including Aaron Paul), but still manages to grow from being flighty and impulsive to mature and grounded. 2018, 15, 109MIN

■ Full listings start on p55

Tuesday 14 April

HORROR

Never Let Go

Starts today, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

A frantically wild-eyed Halle Berry lives alone in the wilderness with her young twin boys (Percy Daggs IV and Anthony B Jenkins), where she claims there is an intangible evil that has taken over the world and all that keeps them safe from it are the ropes that they must keep attached to themselves and the cabin. But it's an evil only she can see – so what exactly is going on..? Director Alexandre Aja's film is fraught and intense and will keep you guessing all the way to the fiery finale. 2024, 15, 101MIN

Strung out: Halle, Anthony and Percy

MUSICAL

Chicago

8pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

This Oscar-winning adaptation of Bob Fosse's long-running stage hit marked a convincing return to the traditional screen musical. Both Renée Zellweger and Catherine Zeta-Jones have their claws fully extended as a pair of imprisoned murderers. The film is a treat for both the eyes and the ears, with the only false note being struck by a miscast Richard Gere, who simply isn't slimy enough to convince as the gals' conniving lawyer. 2002, 12, 112MIN

THRILLER

Zero Dark Thirty

9pm, Legend ★★★★★

Sex ●●● Violence ●●● Language ●●●

Brilliantly capturing the intensity and uncertainty of America's decade-long quest to catch al-Qaeda terrorist leader Osama bin Laden after 9/11, director Kathryn Bigelow's intelligent, complex and nerve-shredding drama is breathtaking. Oscar-nominated Jessica Chastain is outstanding as a CIA agent who follows even the thinnest of clues, hints and hunches with steely resolve and single-minded tenacity. 2012, 15, 157MIN

DRAMA

Escape to Victory

8pm, Sky Greats ★★★

Sex ●●● Violence ●●● Language ●●●

During World War Two, a football match is arranged in Paris between the Germans and a team of Allied prisoners who have to decide whether they should escape at half time. Canadian commando Sylvester Stallone saves a penalty, Michael Caine pretends to dribble and Pelé tries to act. Also there's a few lines of dialogue for the likes of Bobby Moore and Ossie Ardiles. It's tosh, but the football sequences are a hoot. 1981, PG, 111MIN

COMEDY FANTASY

Yesterday

10.40pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

A pleasing comedy in which failing Lowestoft singer Himesh Patel finds he is the only person who remembers The Beatles – so launches his career using the Fab Four's hits. Written by Richard Curtis and directed by Danny Boyle, this has class, but fails to make the most of its set-up. Still, Patel is a likeable hero and is ably supported by Lily James as his childhood pal. 2019, 12, 116MIN

■ Full listings start on p65

Wednesday

THRILLER

Se7en

11.30pm, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

A sadistic killer picks his victims to exemplify each of the seven deadly sins. Stoical veteran detective Morgan Freeman and his keen new partner Brad Pitt are the ones trying to work out what's going on in

MUSICAL

A Star is Born

8pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Previously filmed in 1937, 1954 and 1976, this showbiz saga proves as fresh as ever thanks to co-writer-director-star Bradley Cooper and Lady Gaga. He's a hard-drinking country-rock star and she's a struggling singer-songwriter who fall in love, but as her career takes off his begins to slide... Gaga is electrifying and Cooper is similarly wonderful. The film was nominated for eight Oscars and won for best song, *Shallow*. 2018, 15, 136MIN

ACTION COMEDY

Violent Night

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

This derivative but entertaining comedy sees a hostile takeover of a rich family's mansion by John Leguizamo's thief Scrooge thwarted by hammer-wielding Santa (David Harbour) and the clan's youngest member (Leah Brady). Harbour lends an amusing world-weariness to his homicidal gift-giver and the film lives up to its title with inventive deaths using the likes of an ice-skate, a wood-chipper and a Christmas tree decoration. 2022, 15, 107MIN

15 April

director David Fincher's film, which is an unremittingly dark and disturbing delve into the mind of a psychopath. One of the best thrillers of the 1990s, there is brilliance everywhere as the story carefully unfolds all the way to the shocking ending that's a jolting antidote to the usual catch-them-in-the-act cliché. 1995, 18, 127MIN

On the case: Morgan and Brad

DRAMA

Nowhere Special

12m't, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

James Norton stars in this utterly heartbreaking tale as a window cleaner and single dad living in Northern Ireland with his little son (Daniel Lamont). Terminally ill, he's determined to find his boy a suitable foster home before he dies – a decision he rightly agonises over. Drawing on a true story, writer-director Uberto Pasolini's film teeters into sentimentality, but even the stoniest of hearts will melt at Norton and Lamont's bond. 2020, 12, 92MIN

THRILLER

Heatwave

2.45am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Merritt Patterson's seductive femme fatale lures Kat Graham's go-getter into a tangled intrigue involving illicit liaisons, big-bucks property deals – and murder. Though it doesn't really live up to its sultry promise, this mystery thriller is an enjoyably overheated yarn with good performances and satisfying twists and turns you won't see coming. 2022, 15, 105MIN

■ Full listings start on p75

Thursday 16 April

HORROR

Bring Her Back

11.35pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

After the sudden death of their dad, Billy Barratt and his partially sighted tween stepsister Sora Wong are fostered by Sally Hawkins. In her house there's also another foster child, the near-catatonic Jonah Wren Phillips, and, with Hawkins' cheerful demeanour occasionally slipping, it's clear that something is very wrong… Grief and despair play a pivotal part here, but Australian film-making siblings Danny and Michael Philippou also deliver plenty of squirm-inducing shocks right up to the devastating finale. 2025, 18, 104MIN

Scare package: Sally and Sora

SUPERHERO

Shazam!

3.20pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

A 14-year-old foster kid, Billy (Asher Angel), ends up able to turn himself into a mighty superhero (Zachary Levi) when he says the magic word of the title. Levi has a ball and gets the silliness just right, especially when flexing his new powers for the first time. Things get a little darker when Mark Strong's embittered villain, Dr Thaddeus Sivana, is on the scene, but refreshingly for DC, the overall mood is one of playful, frivolous fun. 2019, 12, 132MIN

THRILLER

The Thirty Nine Steps

9.20pm, Talking Pictures ★★★

Sex ●●● Violence ●●● Language ●●●

In this sterling third screen version of John Buchan's classic spy thriller, Robert Powell's Richard Hannay is on the run from dastardly enemy agents in pre-World War One Scotland. David Warner is the villain, John Mills plays a British good guy, Karen Dotrice is Powell's reluctant travelling companion and matters come to a dizzy head on the clock tower of Big Ben. 1978, PG, 102MIN

DRAMA

Dead Man's Shoes

11.05pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

As a brooding ex-soldier, Paddy Considine turns up in a Midlands town and takes some relentless revenge on a gang of drug dealers who targeted his brother (Toby Kebbell). An engrossing, gripping British thriller, writer-director Shane Meadows' brutal film makes every second count. The acting is superb (including an outstanding turn from ex-boxer Gary Stretch as the villain) and the plot is full of chilling twists. 2004, 18, 90MIN

BIOPIC

Jackie

12.40am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

This compelling portrait of one of the 20th-century's most iconic women, Jackie Kennedy, ricochets back and forth between events in the hours and days after the assassination of her husband, US president John F Kennedy, in November 1963. Natalie Portman's searingly intense portrayal as Jackie mixes traumatised frailty, shell-shocked sorrow and determination. 2016, 15, 99MIN

■ Full listings start on p85

Friday 17 April

DRAMA

The Royal Hotel

11.25pm, BBC1 (12.10am Scotland) ★★★

Sex ●●● Violence ●●● Language ●●●

Young Canadian backpackers Hanna (Julia Garner) and Liv (Jessica Henwick) take some work at a pub in a remote Australian mining community. Director Kitty Green's follow-up to 2019's *The Assistant* has a similar disdain for toxic masculinity. It features the most loathsome collection of supporting male characters imaginable and we're soon engulfed in an all-too-familiar nightmare of booze, bad vibes and misogyny, potently played out over a brisk but harrowing hour and a half. 2023, 18, 91MIN

Road to nowhere: Jessica and Julia

ACTION HORROR

Knock at the Cabin

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Vacationing in a woodland holiday home, Jonathan Groff, Ben Aldridge and daughter Kristen Cui are visited by strangers Dave Bautista, Rupert Grint, Abby Quinn and Nikki Amuka-Bird, brandishing weapons and brought together by horrifying visions, and presented with a deadly task – one that will save humanity... Juicily plotted and well-acted, this is one of writer-director M Night Shyamalan's most thrilling films. 2022, 15, 100MIN

CLASSIC DRAMA

Whistle Down the Wind

9pm, Talking Pictures ★★★★★

Sex ●●● Violence ●●● Language ●●●

Complete with a ripe Lancashire accent, a teenage Hayley Mills thinks she's walked in on Jesus when she discovers bearded fugitive Alan Bates asleep in her dad's barn. Bryan Forbes' first film as director was based on a story by the star's mother, Mary Hayley Bell. It's a captivating classic and the last five minutes remain among the most moving movie moments ever seen. 1961, PG, 99MIN

CLASSIC HORROR

The Wicker Man

11.05pm, BBC2 & STUDIOCANAL Presents ★★★★★

Sex ●●● Violence ●●● Language ●●●

Edward Woodward's copper arrives on a remote Scottish island to investigate the disappearance of a 12-year-old girl in this superior British horror film. Though it was taken away from director Robin Hardy and recut, it remains one of the most haunting and unusual films of its type, and Christopher Lee, who leads the island's pagan worshippers, considered it his favourite of all his movies. 1973, 15, 99MIN

CLASSIC HORROR

Psycho

5am, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

Janet Leigh relieves her employer of $40,000 then checks into the Bates Motel, where Anthony Perkins' room service leaves something to be desired. Director Alfred Hitchcock's most famous film is justly regarded as one of the greatest horror films of all time, while the sheer ferocity of the infamous shower murder is still shocking. 1960, 15, 109MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live sport

The Grand National

THE MAIN EVENT

ITV Racing's **Oli Bell** previews the world's greatest steeplechase

The fence at Becher's Brook

LIVE HORSE RACING

Saturday, race starts 4pm, ITV1

The Grand National remarkably hasn't been won by an English-trained horse for over 10 years, but ITV Racing presenter Oli Bell predicts that's about to change.

Recently, Irish-trained horses, including last year's winner Nick Rockett, have dominated the world's greatest steeplechase at Liverpool's Aintree racecourse. Scottish trainers have picked up a couple of victories, but you have to go back to Many Clouds in 2015 for the last English-trained winner.

'The English have not had much luck for a fair while, so there will be a lot of focus on horses like Jagwar and Iroko,' says Bell, who'll be fronting ITV1's *The Opening Show* and reporting from Aintree on the big day. 'Both are trained by joint trainers Josh Guerriero and Oliver Greenall and they have outstanding chances.'

Bell is especially keen on Iroko, who's among the favourites. 'He's got a lot of ability and he's well weighted. He's quirky but undoubtedly very talented,' he says.

Jonjo O'Neill Jr on Iroko

STIFF COMPETITION

'In terms of the more traditional underdogs, there's Beauport for the Twiston-Davies team, Twig for Ben Pauling and Mr Vango for the Bradstocks. I do think Beauport, who's currently 100-1, has a chance. He's a relentless stayer, so the trip isn't an issue and he's run in the race before, so he's seen the fences.'

Meanwhile, Irish race fans will be cheering on Oscars Brother, trained by Connor King and ridden by his brother, Daniel. 'They only have two horses in training and yet they could win the biggest prize in the sport,' says Bell.

Four horses died in March at the Cheltenham Festival, and Aintree has introduced measures in the past few years to improve safety, cutting the number of runners from 40 to

Patrick Mullins (right, in orange) rode Nick Rockett to victory in 2025

34, while fences including the infamous Becher's Brook have been modified.

'Purely from a horse point of view, the race has definitely got better quality,' says Bell. 'The changes in the fences mean they're easier to jump than 20 or 30 years ago, and there's now less risk involved.'

Rachel Malcolm (Scotland), Erin King (Ireland), Manaé Feleu (France), Megan Jones (England), Kate Williams (Wales) and Silvia Turani (Italy)

LIVE RUGBY UNION

Women's Six Nations

Saturday, BBC1, BBC2 & BBC iPlayer

England's World Cup-winning captain Zoe Stratford joins the BBC team for this year's Championship with every match shown live. Saturday's round-one games begin in Grenoble as France host Italy (k-o 12.25pm, BBC iPlayer) before new England captain Megan Jones leads her team against Ireland in front of a record crowd at Twickenham (k-o 2.25pm, BBC1). The Red Roses, featuring superstar Ellie Kildunne, are seeking an eighth consecutive title, having won their last 34 Six Nations matches including a thrilling final-weekend victory over France last year. The action concludes in Cardiff as Kate Williams skippers a Wales squad featuring nine uncapped players against Scotland (k-o 4.40pm, BBC2; BBC1 in Wales). Can Wales improve on a poor 2025 when they won just one of 10 Tests?

Georgia Stanway

LIVE FOOTBALL

England v Spain

Tuesday, kick-off 7pm, ITV1

Wembley hosts a crucial World Cup qualifier as the Lionesses take on world champions Spain in a repeat of the 2023 final. Both sides won their opening two matches in Group A3 as they target a place in Brazil in 2027, with Georgia Stanway scoring in the wins against Ukraine and Iceland. With only the group winners qualifying automatically, coach Sarina Wiegman will want to extend England's 24-match unbeaten home run in World Cup qualifiers.

Tyson Fury's last fight in 2024

LIVE BOXING

Tyson Fury v Arslanbek Makhmudov

Saturday, Netflix

Netflix cameras will be at the Tottenham Hotspur Stadium as former heavyweight world champion Tyson Fury comes out of retirement once again when he takes on Russian-born opponent Arslanbek Makhmudov. Now aged 37, Fury last fought in December 2024 when he was beaten for a second time by Oleksandr Usyk, while Makhmudov defeated British boxer Dave Allen in Sheffield in October. Also on Saturday's card, Conor Benn fights former world light-welterweight champ Regis Prograis of the USA, in his first bout since outpointing rival Chris Eubank Jr in November.

WORDS: DAVID HOLLINGSWORTH, RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

York Knights' Sam Wood

LIVE RUGBY LEAGUE

Challenge Cup

Sat & Sun, BBC2 & BBC1

The BBC is showing two quarter-final ties, beginning on Saturday at Craven Park where holders Hull KR continue their Challenge Cup defence against York Knights (kick-off 1.30pm, BBC2). York delivered a shock victory when the sides met on Super League's opening night in February, with Sam Wood scoring two tries in a 19-18 win. On Sunday, Wakefield Trinity host Wigan Warriors at Belle Vue (kick-off 1pm, BBC1).

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

ATHLETICS

LIVE Paris Marathon
Sun 6.45am TNT Sports 3

AUSTRALIAN RULES

LIVE Sydney Swans v Gold Coast Suns
Sat 7am TNT Sports 1

LIVE Hawthorn Hawks v Western Bulldogs
Sat 10.30am TNT Sports 3

LIVE Geelong Cats v West Coast Eagles
Sat 3.30am TNT Sports 2

LIVE GWS Giants v Richmond Tigers
Sun 6.30am TNT Sports 2

LIVE Port Adelaide Power v St Kilda Saints
Sun 10am TNT Sports 2

LIVE Carlton Blues v Collingwood Magpies
Thu 10.15am TNT Sports 1

LIVE Geelong Cats v Western Bulldogs
Fri 10am TNT Sports 4

LIVE Sydney Swans v GWS Giants
Fri 10.30am TNT Sports 3

LIVE Gold Coast Suns v Essendon Bombers
Fri 4am TNT Sports 1

BASEBALL

LIVE Philadelphia Phillies v Arizona Diamondbacks
Sat 6pm TNT Sports 1
The MLB National League match.

LIVE St Louis Cardinals v Boston Red Sox
Sat 12m't TNT Sports 2

LIVE Toronto Blue Jays v Minnesota Twins
Sun 6.30pm TNT Sports 3

LIVE Atlanta Braves v Cleveland Guardians
Sun 12m't TNT Sports 1

LIVE Philadelphia Phillies v Chicago Cubs
Mon & Tue 11.30pm TNT Sports 1; Tue 11.30pm TNT Sports 2

LIVE Baltimore Orioles v Arizona Diamondbacks
Wed 5.30pm TNT Sports 3

LIVE Los Angeles Dodgers v New York Mets
Wed 3am TNT Sports 1

LIVE San Diego Padres v Seattle Mariners
Thu 1.30am TNT Sports 1

Cycling
Wales' Josh Tarling will be aiming for a strong showing in Paris-Roubaix on Sunday

LIVE Chicago Cubs v New York Mets
Fri 7pm TNT Sports 3

LIVE Philadelphia Phillies v Atlanta Braves
Fri 11.30pm TNT Sports 1

BASKETBALL

LIVE NBA
Sun 11pm & 1.30am Sky Sports Action; Sun 12.30am & 1.30am Sky Sports Main Event

BOXING

LIVE Tyson Fury v Arslanbek Makhmudov
Sat 7pm Netflix
The heavyweight bout at Tottenham Hotspur Stadium, London. See p29.

COMBAT SPORTS

LIVE UFC 327 Prelims
Sat 12m't TNT Sports 1

LIVE Jiri Prochazka v Carlos Ulberg
Sat 2am TNT Sports 1

CRICKET

LIVE Punjab Kings v Sunrisers Hyderabad
Sat 10.50am Sky Sports Cricket

LIVE Chennai Super Kings v Delhi Capitals
Sat 2.50pm Sky Sports Cricket

LIVE Lucknow Super Giants v Gujarat Titans
Sun 10.50am Sky Sports Cricket

LIVE Mumbai Indians v Royal Challengers Bengaluru
Sun 2.50pm Sky Sports Cricket

LIVE Sunrisers Hyderabad v Rajasthan Royals
Mon 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Chennai Super Kings v Kolkata Knight Riders
Tue 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Royal Challengers Bengaluru v Lucknow Super Giants
Wed 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Mumbai Indians v Punjab Kings
Thu 2.50pm Sky Sports Cricket

LIVE Gujarat Titans v Kolkata Knight Riders
Fri 2.50pm Sky Sports Cricket

CYCLING

LIVE Tour of the Basque Country
Sat 2.30pm TNT Sports 3
The men's sixth and final stage.

LIVE Paris-Roubaix
Sun 9.30am & 4pm TNT Sports 1
The men's and women's one-day races around Paris, France.

LIVE O Gran Camino
Tue & Thu 2.30pm, Wed & Fri 12.30pm TNT Sports 1
The first to fourth stages of the race.

LIVE Tour of Limburg
Wed 2.30pm TNT Sports 1
The one-day race in Belgium.

LIVE La Fleche Brabanconne
Fri 2.30pm TNT Sports 1

DARTS

LIVE Premier League
Thu 6pm Sky Sports Main Event & Sky Sports Action
The 11th night at Rotterdam Ahoy.

GAELIC GAMES

LIVE Armagh v Tyrone
Sun 4pm BBC2 (N Ireland only)

GOLF

LIVE The Masters
Sat & Sun 4.30pm Sky Sports Golf; Sat 5pm & Sun 4.45pm Sky Sports+; Sat 7.45pm & Sun 6.45pm Sky Sports Main Event
Rounds three and four at Augusta National Golf Club in Georgia.

LIVE RBC Heritage
Thu 12noon & 10pm, Fri 12noon & 10.30pm Sky Sports Main Event; Thu & Fri 12noon Sky Sports Golf
Days one and two from Harbour Town Golf Links in South Carolina.

LIVE LIV Golf
Thu 7.30pm TNT Sports 4 & 11pm TNT Sports 1; Fri 6.30pm TNT Sports 2
Day one and two of the sixth round of the season in Mexico.

LIVE JM Eagle LA Championship
Thu & Fri 11pm Sky Sports Main Event & Sky Sports Golf
Days one and two from El Caballero Country Club in Los Angeles.

HORSE RACING

LIVE Grand National Festival
Sat 12.45pm ITV1
Day three from Aintree, featuring the Grand National (4pm). See p28.

LIVE Sky Bet Sunday Series
Sun 3.30pm ITV4

LIVE Newmarket
Wed & Thu 1.30pm ITV4
Craven Meeting days one and two.

ICE HOCKEY

LIVE Boston Bruins v Tampa Bay Lightning
Sat 5.30pm ITV4
NHL Eastern Conference game.

LIVE Colorado Avalanche v Vegas Golden Knights
Sat 1am Premier Sports 1
NHL Western Conference match.

LIVE Calgary Flames v Utah Mammoth
Sun 2am Premier Sports 2
NHL Western Conference fixture.

LIVE Tampa Bay Lightning v Detroit Red Wings
Mon 12m't Premier Sports 2
NHL Eastern Conference match.

LIVE Edmonton Oilers v Colorado Avalanche
Mon 2.30am Premier Sports 1
NHL Western Conference game.

LIVE Vegas Golden Knights v Winnipeg Jets
Mon 3am Premier Sports 2
NHL Western Conference fixture.

LIVE Boston Bruins v New Jersey Devils
Tue 12m't Premier Sports 2
NHL Eastern Conference match.

LIVE Minnesota Wild v Anaheim Ducks
Tue 1am Premier Sports 1
NHL Western Conference fixture.

LIVE Vancouver Canucks v Los Angeles Kings
Tue 3am Premier Sports 2
NHL Western Conference game.

LIVE Tampa Bay Lightning v New York Rangers
Wed 12m't Premier Sports 1
NHL Eastern Conference fixture.

LIVE Ottawa Senators v Toronto Maple Leafs
Wed 12.30am Premier Sports 2
NHL Eastern Conference match.

LIVE Vegas Golden Knights v Seattle Kraken
Wed 3am Premier Sports 1
NHL Western Conference game.

LIVE Winnipeg Jets v San Jose Sharks
Thu 12m't Premier Sports 2
NHL Western Conference fixture.

LIVE Colorado Avalanche v Seattle Kraken
Thu 3.30am Premier Sports 1
NHL Western Conference game.

MOTORSPORT

LIVE World Rally Championship
Sat 7.15am, Sun 8am, 9.30am & 12noon TNT Sports 4; Sat 10am, 12.45pm, 2pm & 3.15pm TNT Sports 2; Sat 3.15pm, Sun 7am & 8am TNT Sports 1

LIVE GT World Challenge
Sat 5pm Sky Sports F1

LIVE V8 Supercars
Sat 4am TNT Sports 3

LIVE Motocross World Championship
Sun 12noon & 3pm TNT Sports 3

LIVE NASCAR
Sun 7pm Premier Sports 2

LIVE World Superbikes
Fri 9.15am, 1pm & 2pm TNT Sports 2

LIVE Women's Circuit Racing World Championship
Fri 3.45pm TNT Sports 2

LIVE Indycar
Fri 11pm Sky Sports F1

LIVE V8 Supercars
Fri 1.45am & 5am TNT Sports 3

NETBALL

LIVE Birmingham Panthers v Nottingham Forest
Fri 6.55pm Sky Sports Mix

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

RUGBY LEAGUE

LIVE Cronulla-Sutherland Sharks v Sydney Roosters
Sat 8.30am Sky Sports Action

LIVE Melbourne Storm v New Zealand Warriors
Sat 10.30am Sky Sports Action

LIVE Hull Kingston Rovers v York Knights
Sat 1pm BBC2 (kick-off 1.30pm)
The Challenge Cup quarter-final staged at Craven Park. See p29.

LIVE Wakefield Trinity v Wigan Warriors
Sun 12.30pm BBC1 (kick-off 1pm)
The Challenge Cup quarter-final at DIY Kitchens Stadium. See p29.

LIVE Hull FC v St Helens
Thu 7.30pm Sky Sports+ & Sky One (kick-off 8pm) The Super League match staged at MKM Stadium.

LIVE Canberra Raiders v Melbourne Storm
Fri 9am Sky Sports Main Event & Sky Sports Action

LIVE Huddersfield Giants v Leeds Rhinos
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)
The Super League match staged at Accu Stadium.

RUGBY UNION

LIVE Hurricanes v Blues
Sat 8am Sky Sports+

LIVE Reds v Crusaders
Sat 10.30am Sky Sports Mix

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LIVE Challenge Cup first quarter-final
Sat 12noon Premier Sports 2

LIVE France v Italy
Sat 12.25pm BBC iPlayer (kick-off 12.25pm) The Women's Six Nations match at Stade des Alpes.

LIVE England v Ireland
Sat 1.30pm BBC1 (kick-off 2.25pm) The Women's Six Nations match staged at Twickenham. See page 29.

LIVE Champions Cup second quarter-final
Sat 2.30pm Premier Sports 1

LIVE Wales v Scotland
Sat 4.25pm BBC2 (Wales, BBC1) (kick-off 4.40pm) The Women's Six Nations match. See p29.

LIVE Champions Cup third quarter-final
Sat 5.15pm Premier Sports 1

LIVE Challenge Cup second quarter-final
Sat 5.25pm Premier Sports 2

LIVE Challenge Cup third quarter-final
Sat 7.55pm Premier Sports 2

LIVE Llandaff North v Bonymaen
Sun 12.45pm S4C (kick-off1pm)

LIVE Champions Cup fourth quarter-final
Sun 2.30pm Premier Sports 1

LIVE Neath v Merthyr
Sun 5.30pm S4C (kick-off 5.45pm)

LIVE Blues v Highlanders
Fri 8am Sky Sports+

LIVE NSW Waratahs v Moana Pasifika
Fri 10.30am Sky Sports+

LIVE Bristol Bears v Gloucester
Fri 7pm TNT Sports 1 (kick-off 7.45pm) The Prem match from Ashton Gate.

LIVE Ulster v Leinster
Fri 7pm Premier Sports 1 (kick-off 7.45pm) The United Rugby Championship game.

LIVE Edinburgh v Zebre Parma
Fri 7pm Premier Sports 2 (kick-off 7.45pm) The United Rugby Championship fixture.

LIVE Dragons v Bulls
Fri 7.30pm S4C (kick-off 7.45pm) United Rugby Championship.

SAILING

LIVE SailGP
Sat & Sun 7pm TNT Sports 2

TENNIS

LIVE ATP Monte-Carlo Masters
Sat 10am & 12.30pm, Sun 11am & 2pm Sky Sports Tennis

LIVE ATP Monte-Carlo Masters and WTA Linz Open
Sat 2.30pm Sky Sports Tennis & 3pm Sky Sports Main Event

LIVE WTA Linz Open
Sat 4.30pm & Sun 1pm Sky Sports Tennis

LIVE ATP Barcelona Open and ATP Munich Open
Mon 10am Sky Sports Main Event & Sky Sports+; Mon & Fri 10am Sky Sports Tennis

LIVE WTA Stuttgart Open and WTA Rouen Open
Mon, Wed & Fri 7pm, Tue & Thu 8pm Sky Sports Tennis; Wed 7pm Sky Sports Main Event & Sky Sports+

Football planner

Saturday 11

LIVE Auckland FC v Melbourne Victory
6am TNT Sports 2 (kick-off 6am)

LIVE Newcastle Jets v Adelaide United
8am TNT Sports 3 (kick-off 8am)

LIVE Western Sydney Wanderers v Sydney FC
10.30am TNT Sports 4 (kick-off 10.35am)

LIVE Norwich City v Ipswich Town
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm) Championship match from Carrow Road.

LIVE Arsenal v Bournemouth
11am TNT Sports 1 (kick-off 12.30pm) The Premier League game at Emirates Stadium.

LIVE Coventry City v Sheffield Wednesday
12.25pm Sky Sports+ (kick-off 12.30pm) The Championship match at Coventry Building Society Arena.

LIVE Liverpool v Fulham
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League fixture staged at Anfield.

LIVE Stenhousemuir v Inverness Caledonian Thistle
5.20pm BBC Alba (kick-off 5.30pm)

LIVE FC St Pauli v Bayern Munich
5.20pm Sky Sports Football (kick-off 5.30pm) The Bundesliga fixture from Millerntor-Stadion.

LIVE Heracles v Ajax
8pm Premier Sports 1 (kick-off 8pm) The Eredivisie match from Asito Stadion.

LIVE Sevilla v Atlético Madrid
8pm Disney+ (kick-off 8pm) The LaLiga match from Ramón Sánchez-Pizjuán Stadium.

LIVE Fluminense v Flamengo
10.25pm Premier Sports 1 (kick-off 10.30pm)

LIVE Boca Juniors v Independiente
11.25pm Premier Sports 2 (kick-off 11.30pm)

Sunday 12

LIVE Melbourne City v Wellington Phoenix
6am TNT Sports 4 (kick-off 6am)

LIVE Perth Glory v Macarthur Bulls
10am TNT Sports 3 (kick-off 10am)

LIVE Falkirk v Rangers
11am Sky Sports+ (kick-off 12noon) The Scottish Premiership game at Falkirk Stadium.

LIVE Birmingham City v Wrexham
11.30am Sky Sports Main Event & Sky Sports Football (kick-off 12noon) Championship match staged at St Andrew's.

LIVE Crystal Palace v Newcastle United
12.30pm Sky Sports Action (kick-off 2pm) The Premier League match from Selhurst Park.

LIVE PREMIER LEAGUE

Arsenal v Bournemouth

Saturday, kick-off 12.30pm, TNT Sports 1

Arsenal have the chance to go 12 points clear of Manchester City if they beat Bournemouth at the Emirates. Defender Ben White made a return to the England team in the World Cup warm-up against Uruguay, scoring in the 1-1 draw.

LIVE PREMIER LEAGUE

Sunderland v Tottenham Hotspur

Sunday, kick-off 2pm, Sky Sports Main Event

Tottenham desperately need goals from England's Dominic Solanke or Brazil's Richarlison as they battle for survival. Coach Igor Tudor departed at the end of March, with former Brighton boss Roberto de Zerbi hired as Spurs' third manager of 2026.

LIVE CHAMPIONS LEAGUE

Liverpool v Paris Saint-Germain

Tue, kick-off 8pm, Prime Video

Liverpool's Dominik Szoboszlai will be aiming for a semi-final against Bayern Munich or Real Madrid as the Reds host the European champions in their last-eight second leg. Arsenal face Sporting Lisbon (Wed, 8pm, TNT Sports 1) with Atlético Madrid or Barcelona awaiting.

LIVE Nottingham Forest v Aston Villa
12.30pm Sky Sports Premier League (kick-off 2pm) Premier League match at The City Ground.

LIVE Osasuna v Real Betis
12.55pm Premier Sports 2 (kick-off 1pm) The LaLiga game staged at Estadio El Sadar.

LIVE Sunderland v Tottenham Hotspur
1pm Sky Sports Main Event (kick-off 2pm) Premier League match at the Stadium of Light.

LIVE Parma v Napoli
1.45pm TNT Sports 2 (kick-off 2pm) The Serie A fixture staged at Stadio Ennio Tardini.

LIVE Luton Town v Stockport County
2.30pm Sky Sports Football (kick-off 3pm) The EFL Trophy final held at Wembley Stadium.

LIVE Caernarfon Town v Flint Town
3pm S4C (kick-off 3.15pm)

LIVE Mallorca v Rayo Vallecano
3.10pm Premier Sports 2 (kick-off 3.15pm) The LaLiga match at Estadi Mallorca San Moix.

LIVE Chelsea v Manchester City
4pm Sky Sports Premier League & 4.25pm Sky Sports Main Event (kick-off 4.30pm) The Premier League game at Stamford Bridge.

LIVE Celta Vigo v Real Oviedo
5.30pm Premier Sports 1 (kick-off 5.30pm) The LaLiga fixture at Estadio Abanca-Balaídos.

LIVE FC Como v Inter Milan
7.30pm TNT Sports 1 (kick-off 7.45pm) The Serie A game at Stadio Guiseppe Sinigaglia.

LIVE Racing Club v River Plate
11.55pm Premier Sports 1 (kick-off 12m't)

Monday 13

LIVE Baller League
5pm Sky Sports+ & Sky Sports Mix

LIVE Manchester United v Leeds United
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match from Old Trafford.

LIVE Levante v Getafe
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga fixture from Estadi Ciutat de València.

Tuesday 14

LIVE England v Spain
6.30pm ITV1 (kick-off 7pm) The women's World Cup Group A3 qualifying match held at Wembley Stadium. These teams met in the finals of the 2023 World Cup and Euro 2025, with Spain taking the honours in the first of them, before the Lionesses avenged that defeat on penalties last year. See p29.

LIVE Liverpool v Paris Saint-Germain
6.30pm Prime Video (kick-off 8pm) The Champions League quarter-final second leg at Anfield.

LIVE Wales v Albania
7pm BBC1 (Wales only) (kick-off 7.15pm) The women's World Cup Group B1 qualifier at the Racecourse Ground.

LIVE Scotland v Belgium
7.15pm BBC Scotland (kick-off 7.30pm) The women's World Cup Group B4 qualifying match from Easter Road.

LIVE Portsmouth v Ipswich Town
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship match staged at Fratton Park.

LIVE Atlético Madrid v Barcelona
7.30pm TNT Sports 1 (kick-off 8pm) The Champions League quarter-final second leg staged at Riyadh Air Metropolitano.

LIVE Peterhead v Inverness Caledonian Thistle
7.35pm BBC Alba (kick-off 7.45pm)

LIVE Huddersfield Town v Cardiff City
7.35pm Sky Sports+ (kick-off 7.45pm) The League One match from Accu Stadium.

Wednesday 15

LIVE Arsenal v Sporting
7pm TNT Sports 1 (kick-off 8pm) Champions League quarter-final second leg from Emirates Stadium.

LIVE Bayern Munich v Real Madrid
7.30pm TNT Sports 2 (kick-off 8pm) The Champions League quarter-final second leg from Allianz Arena.

Thursday 16

LIVE Celta Vigo v SC Freiburg
5.40pm TNT Sports 5 & HBO Max (kick-off 5.45pm) The Europa League quarter-final second leg from Estadio Abanca-Balaídos.

LIVE Nottingham Forest v FC Porto
7pm TNT Sports 1 (kick-off 8pm) The Europa League quarter-final second leg from The City Ground.

LIVE Aston Villa v Bologna
7pm TNT Sports 2 (kick-off 8pm) The Europa League quarter-final second leg staged at Villa Park.

LIVE Fiorentina v Crystal Palace
7pm TNT Sports 3 (kick-off 8pm) The Conference League quarter-final second leg staged at Stadio Artemio Franchi.

LIVE Bromley v Cambridge United
7.30pm Sky Sports Football (kick-off 8pm) League Two match at Copperjax Community Stadium.

LIVE Real Betis v SC Braga
7.55pm TNT Sports 6 & HBO Max (kick-off 8pm) The Europa League quarter-final second leg.

Friday 17

LIVE Melbourne Victory v Newcastle Jets
10.30am TNT Sports 2

LIVE Benfica v Club Brugge
1pm TNT Sports 4 (kick-off 1pm) The Youth League first semi-final.

LIVE Real Madrid v Paris Saint-Germain
5.45pm TNT Sports 4 (kick-off 5.45pm) The Youth League second semi-final.

LIVE FC St Pauli v FC Köln
7.30pm BBC iPlayer (kick-off 7.30pm) The Bundesliga match from Millerntor-Stadion.

LIVE Blackburn Rovers v Coventry City
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) Championship at Ewood Park.

PHOTOS: GETTY

HOW TO STREAM TV

Everything you need to know about all the channels available to stream...

BBC iPlayer

A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Free to watch

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs and streaming devices via channel5.com and the app.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also American box sets, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

Subscription services

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There are also new and classic films such as *I Swear* and *Mean Girls*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean with David Attenborough*. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of US TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US network Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means that you can also stream Sky Sports to enjoy Formula One and other sporting events, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for streaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

HBO MAX

This new streaming giant is a paid-for service that offers access to the vast library of new and past HBO shows including some huge series such as *The Pitt*, *The White Lotus*, *Game of Thrones*, *House of the Dragon*, *The Comeback*, *Euphoria* and *Hacks*. It's also the new home of all seasons of *Friends* and (for extra) TNT Sports, which includes football, cricket, French Open tennis and Premiership rugby union. The service is available on smart TVs, plus on a downloadable app and online.

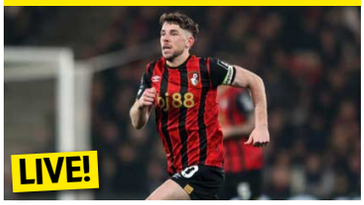
WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: NIJAT/STOCK.ADOBE.COM

Saturday

11 April

Evening Planner

Football



Premier League
TNT Sports 1 & Sky Sports 1
Arsenal play host to Bournemouth (k-o 12.30pm), before Fulham journey to Anfield to face Liverpool (k-o 5.30pm).

Horse Racing

Grand National
ITV1, race starts 4pm
Irish horse Nick Rockett was victorious last year but faces competition today from 2025 runner-up I Am Maximus.

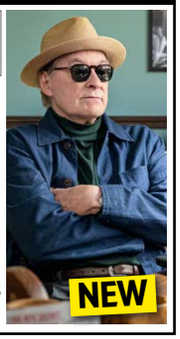
Documentary

McCartney: The Hunt for the Lost Bass
BBC2, 10.15pm
How Sir Paul McCartney was reunited with his original Höfner bass guitar.

OnDemand

MGM+

American Classic
Available today
Kevin Kline plays a Broadway star who, after a very public meltdown, returns home to his family's theatre.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Michael McIntyre's Big Show		8.00 The Weakest Link	8.45 Casualty		9.35 Not Going Out	10.05 News	10.25 Match of the Day
	102 BBC2	7.00 Eric Morecambe: My Comedy Hero by...		8.00 The Morecambe and Wise...	8.45 McCartney: The Hunt for the Lost Bass				10.15 Paul McCartney at the BBC
	103 ITV1	◂ 6.45 Britain's Got Talent		8.00 Celebrity Sabotage		9.00 The 1% Club		10.00 The Jonathan Ross Show	
	104 CHANNEL 4	◂ 5.25 Film: Transformers: Rise...	7.45 Film: Jumanji: Welcome to the Jungle					10.00 Film: No Hard Feelings	
	105 5	◂ 6.40 Michael Portillo's Madrid		8.05 Frogmore House: A Royal Retreat		9.00 Death of a Prince: The Tragedy of...		10.00 1974: Most Shocking Moments	
	106 SKY ONE	◂ 6.45 The Ultimate Adventure...	7.45 Film: Indiana Jones and the Last Crusade					10.00 Saturday Night Live UK	
ENTERTAINMENT	115 BBC3	7.00 Doctor Who; Proper Ladies		8.00 Doctor Who; The Close		8.55 Ghosts; Yaxlont	9.40 Ghosts; The Doghouse		10.25 Mrs Brown's Boys
	116 BBC4	7.00 The Great British Year		8.00 The Good Old Days	8.45 Hetty Wainthropp Investigates		9.35 Hidden Assets		
	118 ITV2	◂ 5.45 Film: E.T. The Extra Terrestrial		8.00 Film: Transformers: The Last Knight					
	136 MORE4	◂ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	◂ 6.50 Film: Men in Black: International				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Burn Notice		10.00 Elsbeth	
	108 SKY ATLANTIC	◂ 6.35 House of the Dragon				9.00 The Miniature Wife		10.00 True Detective: Night Country	
	110 U&GOLD	◂ 6.55 Only Fools and Horses				9.00 Bottom			10.20 Only Fools and Horses
	111 U&DAVE	7.00 Would I Lie to You?		8.20 Would I Lie to You?...		9.00 Red Dwarf			
	119 ITV3	◂ 6.10 Midsomer Murders						10.05 McDonald & Dodds	
	120 ITV4	◂ 5.30 National Hockey League – Live		8.00 River Monsters	8.30 World of Sport	9.00 English Football League Highlights			10.30 Wrestling...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: The Spy Who Shagged Me			
	145 SKY SCI-FI	7.00 Star Trek: Voyager						10.00 The Walking Dead	
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Whitechapel		10.00 The Inspector Lynley Mysteries	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Allegiance		9.00 Father Brown		10.00 Death in Paradise	
	122 SKY ARTS	◂ 6.00 Bjork: Cornucopia		8.00 The Cure: Live in Hyde Park				10.00 Siouxsie and the Banshees: Nocturne	
	132 U&W	7.00 First Responders				9.00 Gavin & Stacey			
DOCUMENTARY	125 DISCOVERY	7.00 Filthy Fortunes		8.00 Maine Cabin Masters		9.00 Naked and Afraid			10.30 Discovery...
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Man-Eating Super Squid		9.00 Alaska: Surviving the Last Frontier		10.00 Tanked	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Car S.O.S.		9.00 Flintoff			
	123 SKY HISTORY	7.00 Secrets of Great British Castles				9.00 Royal Mob			
	155 U&YESTERDAY	7.00 David Jason's Great British Inventions		8.00 Bangers & Cash				10.00 Train Truckers	
	114 SKY DOCS	7.00 Lancaster				9.00 The Essex Murders			
FILMS - Sky Cinema	301 PREMIERE		7.05 Final Destination: Bloodlines			9.00 Weapons			
	302 ADVENTURE	◂ 5.00 The Lord of the Rings: Fellowship...		8.00 The Lord of the Rings: The Two Towers					
	303 BOX SET	◂ 6.10 Jurassic Park III		8.00 Ghostbusters				9.50 Ghostbusters II	
	307 GREATS	◂ 6.15 Billy Madison		8.00 Ace Ventura Pet Detective			9.30 Ace Ventura: When Nature Calls		
	312 ANIMATION	◂ 5.35 Lego...	7.20 The Bad Guys 2			9.10 10 Lives			10.40 Super...
	304 FAMILY	◂ 6.00 The Hobbit: An Unexpected Journey			8.50 The Hobbit: The Desolation of Smaug				
	306 ACTION	◂ 5.50 Jurassic World		8.00 Spider-Man 2					10.20 Troy
	308 COMEDY	◂ 6.35 The Naked Gun 33⅓: The Final Insult		8.00 The Naked Gun			9.30 Police Academy		
	309 THRILLER	◂ 6.00 The Bourne Ultimatum		8.00 The Bourne Legacy					10.30 Snatch
	310 DRAMA	◂ 5.35 Jerry Maguire		8.00 About Time				10.10 It Ends with Us	
	311 SCI-FI	◂ 6.00 Back to the Future Part III		8.00 Mickey 17					10.20 M3GAN 2.0
	313 FILM4	◂ 6.55 Dad's Army				9.00 Peppermint			
SPORT	401 MAIN EVENT	◂ 5.00 SNF – Live (Kick-off 5.30)	7.45 The Masters – Live: Coverage of round three of the first Major of the year						
	402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Liverpool v Fulham (Kick-off 5.30)			8.30 Game of the Day				10.30 PL Highlights
	403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 EFL				9.30 EFL Trophy Football		10.30 EFL Highlights
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	◂ 6.00 MLB – Live: Philadelphia Phillies v Arizona Diamondbacks (Start-time 6.05)				9.00 UEFA Europa League & Conference...		10.00 Stories of the...	10.30 Fight Week
	411 TNT SPORTS 2	7.00 SailGP – Live: Coverage of the first day in Rio de Janeiro, Brazil			8.30 Paris-Roubaix				10.30 World Rally...

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With musician Jack Savoretti. (S)
11.30 **Bargain Hunt** (S)(R)(AD)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **Rugby Union: Women's Six Nations Preview** (S)
1.30 LIVE **Rugby Union: Women's Six Nations** England v Ireland: Coverage of both teams' opening match of the championship, held at Allianz Stadium Twickenham. Kick-off is at 2.25. (S)
4.30 **Final Score** Results round-up. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 NEW SERIES **Celebrity Bridge of Lies** 1/10. Kriss Akabusi, Sammi Kinghorn, Karenjeet Kaur-Bains and Matt Baker take part. (S)

8.45 Casualty

6 PM
6.25 NEW SERIES **Blankety Blank** 1/9. Bradley Walsh returns with the comedy quiz show. Richard Ayoade, Alex Jones, Stephen Bailey, Nadia Jae, Gyles Brandreth and Roisin Conaty attempt to fill in the blanks. (S)

7 PM
7.00 **Michael McIntyre's Big Show** Nile Rodgers and Chic surprise members of the audience, Chris and Rosie Ramsey are rudely awakened for a Midnight Gameshow, and Jonathan Ross takes part in Send to All. (S)(R)

8 PM
8.00 **The Weakest Link** A special edition of the quiz featuring pairs of celebrities, including Stephen and Daniel Lustig-Webb, and Mollie Pearce and Harry Clark. (S)(R)
8.45 **Casualty** *Learning Curve – Part 11:* The ED faces a make-or-break CQC inspection. (S)(AD)

9 PM
9.35 **Not Going Out** 2/6. Lee soon has cause to regret bringing a battered box home from the tip. (S14) (S)(R)

10 PM
10.05 **BBC News** (S)
10.25 **Match of the Day** Highlights of the latest Premier League matches, including Arsenal v Bournemouth and Brentford v Everton. (S)
■ More tomorrow at 10.45pm
11.35 **The Football Interview** Kelly Somers chats to Aston Villa and England striker Ollie Watkins. (S)
11.50 FILM **Legend** Biopic of the Kray brothers, exploring their rise to power from the point of view of Reggie's wife Frances. Stars Tom Hardy and Emily Browning. (S)(AD) (2015, 18, 125min) ★★★
1.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **Pilgrimage: The Road to Holy Island** 1&2/3. (S)(R)(AD)
12.00 NOON **Great British Menu** Chefs from London and south-east England cook canapes, starters and fish dishes. (S)(R)(AD)
1.00 PM LIVE **Rugby League: Challenge Cup** Hull Kingston Rovers v York Knights: Coverage of today's quarter-final staged at Craven Park. Kick-off is at 1.30. (S)
3.30 **Flog It!** Paul Martin hosts from Southwell, near Nottingham. (S)(R)
4.25 LIVE **Rugby Union: Women's Six Nations** Wales v Scotland: All the action from the final match in the opening round of fixtures – staged at the Principality Stadium in Cardiff. Kick-off is at 4.40. (S)

1.00 Rugby League: Challenge Cup

6 PM
LIVE **Rugby Union: Women's Six Nations** (started at 4.25pm)

7 PM
7.00 **Eric Morecambe: My Comedy Hero by Miranda Hart** Miranda pays tribute to Eric Morecambe, visiting the places he appeared with double act partner Ernie Wise and meeting people who knew him. (S)(R)

8 PM
8.00 **The Morecambe and Wise Show 1970: The Lost Tape** A complete episode that had been considered lost for more than 50 years. (S)(R)(AD)
8.45 NEW **McCartney: The Hunt for the Lost Bass** One-off documentary telling the story of Paul McCartney's original Höfner 500/1 bass, which was stolen from a van in west London in 1972, and the fan-powered quest to reunite Paul with the guitar. (S)(AD)

9 PM

10 PM
10.15 **Paul McCartney at the BBC** A compilation of appearances from the musician's post-Beatles career, with interviews and backstage footage. (S)(R)
11.45 **Sings the Beatles** A look through the BBC's archives at memorable covers of Beatles songs. (S)(R)
12.45 AM FILM **One Fine Morning** French-German drama starring Léa Seydoux. A young widow juggling work and a difficult home life embarks on an affair. Subtitled. (S) (2022, 15, 105min) ★★★★
2.30 **Sign Zone: The Capture** 5/6. Drama. (S3) (S)(R)(AD)
3.30 **to 5.55** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Celebrity Lingo** (S)(R)
6.30 **Love Your Garden** (S)(R)(AD)
7.30 **Love Your Weekend with Alan Titchmarsh** Talk show. (S)(R)
9.25 **ITV News** (S)
9.30 **Racing: The Opening Show** (S)
10.30 **James Martin's Saturday Morning** New edition With Amy Dowden. (S)
12.30 PM **ITV News** (S)
12.45 LIVE **Racing: Grand National Festival** Coverage of day three. (S)
3.15 LIVE **Racing: Grand National** Ed Chamberlin presents coverage of the 4.00 Grand National from Aintree. *See feature, page 28.* (S)
5.00 **ITV News** (S)
5.10 **Local News** (S)
5.20 **Millionaire Hot Seat** Quiz. (S)(R)
5.50 **Celebrity Catchphrase** New edition With Tom Allen, Kemi Rodgers and Stephen Mangan. (S)

8.00 Celebrity Sabotage

6 PM
6.45 **Britain's Got Talent** New edition Ant and Dec host as the auditions continue, with more acts taking to the stage hoping to impress the crowd and Simon Cowell, Amanda Holden, Alesha Dixon and KSI. The acts will be aiming to win themselves a coveted space in the semi-finals and the chance of a prize of £250,000 and a sought-after slot at the Royal Variety Performance. (S)(AD)

7 PM

8 PM
8.00 **Celebrity Sabotage** New edition 4/6. Joel Dommett, Judi Love, Sam Thompson and GK Barry take part in *SOS: Survive or Surrender* hosted by Jason Fox, while Guz Khan is the guest saboteur. (S)(AD)

9 PM
9.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are based around logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(R)(AD)

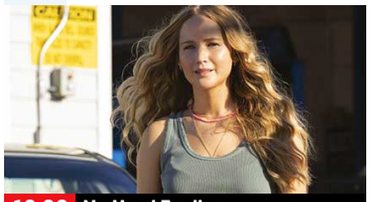
10 PM
10.00 **The Jonathan Ross Show** New edition Jonathan is joined by *Small Prophets* star Michael Palin, and actors Anna Maxwell Martin and Catherine Tate. Plus, music from singer-songwriter Myles Smith. (S)
11.00 **ITV News** (S)
11.20 **English Football League Highlights** Recent action. (S)(R)
12.45 AM **Teleshopping**
3.00 FILM **Willy Wonka and the Chocolate Factory** Musical fantasy starring Gene Wilder as the eccentric owner of a strange and marvellous chocolate factory. (S)(SL)(AD) (1971, U, 110min) ★★★★
4.50 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.05 AM **The King of Queens** (S)(R)(AD)
7.20 **Everybody Loves Raymond** (S)(R)
8.45 **Frasier** 5-7/24. (S9) (S)(R)(AD)
10.15 **The Simpsons** (S)(R)(AD)
12.10 PM **A New Life in the Sun** A busy summer season comes to a close for Paul and Fiona in France. (S)(R)
1.10 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.50 **Kirstie and Phil's Love It or List It** The duo offer advice to a couple in Caterham, Surrey. (S)(R)(AD)
4.55 **News** (S)
5.25 FILM **Transformers: Rise of the Beasts** Adventure prequel starring Anthony Ramos and Dominique Fishback. An ex-soldier-turned-car thief is pulled into the hunt for a device that could help the robots return to their own world. (S) (2022, 12, 140min) ★★★



10.00 No Hard Feelings

6 PM
FILM **Transformers: Rise of the Beasts** (film started at 5.25pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7 PM
7.45 FILM **Jumanji: Welcome to the Jungle** Fantasy action comedy starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Four teenagers play a jungle-themed game on an old console, only to find themselves transported into the game and transformed into its heroic characters. They must embark upon a death-defying journey through the game's wilderness setting to make it back to the real world, or be stuck as video game characters forever. (S)(AD) (2017, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8 PM

9 PM

10 PM
10.00 FILM **No Hard Feelings** Comedy starring Jennifer Lawrence and Andrew Barth Feldman. A hard-up woman agrees to date a wealthy couple's awkward son to force him out of his shell before college. (S) (2023, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Taskmaster** 1/10. A new batch of contestants take part in the comedy challenge show. (S)(R)
1.00 AM **Ramsay's Hotel Hell** An allegedly haunted hotel. (S)(SL)(R)
1.50 **Couples Come Dine with Me** (R)
2.45 **George Clarke's Old House, New Home** From Surrey. (S)(R)(AD)
3.40 **Devon and Cornwall** (S)(R)
4.20 **to 6.15** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **Susan Calman's Grand Day Out** The Cotswolds. (S)(R)
10.00 **Ben Fogle: New Lives in the Wild** Double bill. (S)(R)
12.05 PM **Dogs Behaving (Very) Badly** Graeme meets a potential future therapy dog. (S)(R)
1.05 **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
2.05 FILM **Zulu** Historical action adventure starring Stanley Baker and Michael Caine. (S) (1963, PG, 160min) ★★★★★
4.45 **Reuben: Life in the Dales** Reuben expands his business by training up his work force. (S)(R) **5.45** Reuben and Sarah try to help their community. (S)(R)

9.00 Death of a Prince

6.35 **News** (S)
6.40 **Michael Portillo's Madrid** 1/3. The presenter explores one of his favourite European cities – the vibrant and bustling Spanish capital of Madrid. Home to more than three million people, the Spanish Parliament and one of the world's most successful football teams, it welcomes nearly 10 million visitors every year. (S)(R)
8.05 **Frogmore House: A Royal Retreat** Journalists and historians reveal the secrets of the estate in the grounds of Home Park in Windsor. (S)(R)
9.00 NEW **Death of a Prince: The Tragedy of William of Gloucester** The death of Prince William of Gloucester, cousin of Elizabeth II, who was killed in a plane crash in 1972. (S)
10.00 **1974: Most Shocking Moments** Jan Leeming narrates a look back at outrageous events of 1974, reflecting on the most controversial moments in TV, cinema, music, showbiz and politics. (S)(R)
12.00 M'T NEW **The Best Ever Disco Music** Featuring a selection of classics from the genre. (S)
1.20 AM **Entertainment News** (S)
1.30 **Teleshopping** (S)(R)
2.30 **Friends** (S5) (S)(R)(AD)
2.50 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Hawaii Five-0** (S2) (S)(R)
9.00 **The Simpsons** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday** A look ahead to today's key football fixtures.
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football up and down the country.
5.00 **The Simpsons** *From Beer to Paternity:* Homer goes on a road trip with Duffman and Lisa that threatens to expose his bad parenting. (S)(R) **5.25** *Step Brother from the Same Planet:* Grampa becomes a doting stepfather. (S)(R) **5.50** *When Nelson Met Lisa:* An episode set in the future in which Lisa and Nelson become an unlikely couple. (S)(R)

10.00 Saturday Night Live UK

6.15 **The Simpsons** *Game Done Changed:* Bart discovers a profitable glitch in an online game. (S)(R)
6.45 **The Ultimate Adventure Movies** A look at outstanding films from the genre. (S)(R)(AD)
7.45 FILM **Indiana Jones and the Last Crusade** Steven Spielberg's period adventure sequel starring Harrison Ford and Sean Connery. The adventurous archaeologist takes on the Nazis when he goes in search of his father, medievalist Dr Henry Jones, who has disappeared while searching for the Holy Grail. Also stars Denholm Elliott, Alison Doody and John Rhys-Davies. (S) (1989, PG, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.00 **Saturday Night Live UK** New edition 4/8. Actor and comedian Jack Whitehall hosts the sketch and variety show based on the long-running US programme, featuring music by singer-songwriter Jorja Smith.
11.15 **Ania Magliano: I Can't Believe You've Done This** The writer and comedian performs her 2022 stand-up show about the worst haircut of her life. (S)(R)
12.30 AM **Road Wars** (S)(R)
1.30 **The Force: North East** Officers race to save a man who is threatening to kill himself. (S)(R)
2.30 **Brit Cops: War on Crime** (S)(R)
3.30 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
4.30-5.20pm Sportscene: Open All Mics (S) **11.35** Sportscene: Premiership Highlights (S) **12.50am** The Football Interview (S) **1.05** Weather for the Week Ahead (S) **1.10-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
11.30am-12.00noon Weatherman Walking: The Welsh Coast (S)(R)
4.25-7.00pm LIVE Rugby Union: Women's Six Nations (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
4.25pm Florida: America's Animal Paradise (S)(R) **4.30** Final Score (S) **5.20-5.30** BBC News (S) **5.35** Weather (S) **5.40** NEW SERIES Celebrity Bridge of Lies (S) **6.25-7.00pm** NEW SERIES Blankety Blank (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Ne-wff-ion **10.15** Garddio a Mwy **10.45** Priodas Pum Mil **11.45** Cefn Gwlad **12.45pm** Gwladfa: Gwilym Bowen Rhys **1.15** Cyfrinachau'r Llyfrgell **2.15** Taith Bywyd (AD) **3.15** Hen Dy Newydd (AD) **4.15** Nol o'r Dibyn gyda Iolo Williams (AD) **4.40** Y Cyfweliad **5.15** Cynefin **6.15** Craig Bellamy: Byd y Bel a Mi **7.15** Newyddion a'r Tywydd **7.30** Gwlad y Basg: Gwilym Bowen Rhys **8.00** Noson Lawen New edition **9.00** Clwb Rygbi Rhyngwladol **10.00** Elis James: Cic Lan Yr Archif **10.30-11.35pm** Sean Fletcher: Cyfrinachau'r Llong

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *Nightmare in Silver:* 13/16. A force of Cybermen are ressurected in an abandoned theme park. With Warwick Davis (S7)
7.45 NEW **Proper Ladies** The first of six short comedy films showcasing fresh talent.
8.00 **Doctor Who** *The Name of the Doctor:* 14/16. The Doctor travels to the planet where he will one day die. (S7)
8.45 NEW **The Close** Short film.
8.55 **Ghosts** 3/6. The spirits become fixated on solving the mystery of Kitty's death. (S5)
9.25 NEW **Yaxlont** Short film.
9.40 **Ghosts** 4/6. Mike and Alison host an important guest at Button House. (S5)
10.10 NEW **The Doghouse**
10.25 **Mrs Brown's Boys** 1/4. The mother-of-six becomes a podcast sensation. (S5)
10.55 NEW **Thames View**
11.10 **Mrs Brown's Boys** (S5)
11.40 NEW **Glue** Animated short.
11.55 **Funboys** 1-4/4. (S1)
1.35 **to 4.00** AM **Two Pints of Lager and a Packet of Crisps**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Great British Year** Wildlife in the spring.
8.00 **The Good Old Days** With John Inman, Barry Cryer and Barry Howard.
8.45 **Hetty Wainthropp Investigates** *Serving the Community:* Hetty searches for a gang of thugs.
9.35 **Hidden Assets** New episode 5/6. O'Neill is hospitalised due to exposure to medical waste. **10.25** Series finale 6/6. Pearse is tipped off and diverts the truck, while Niamh admits Tar Le used KYV to remove waste. Partly subtitled. (S3)
■ Entire series on BBC iPlayer
11.15 **Parkinson** With Julian Lloyd Webber, Andrew Lloyd Webber and Tim Rice.
12.20 AM **Keeping Up Appearances**
12.50 **Sorry!**
1.15 **The Great British Year**
2.15 **Hetty Wainthropp Investigates** As 8.45pm.
3.05 **to 3.50** AM **The Good Old Days**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.30 **A Place in the Sun** Four editions of the property show.
3.40 PM **Come Dine with Me** Five editions of the culinary contest from Gloucestershire.
6.20 **Four in a Bed** The contest begins at Rooms@119 in Ramsgate, Kent. **6.50** The rivals go self-catering at Stable Oak Cottages in Maidstone, Kent. **7.25** The third visit is to Hedgerow Luxury Glamping in Clitheroe, Lancashire.
7.55 **Four in a Bed** The week's final visit is to the Antelope Inn in Upavon, Wiltshire. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** Staff at St George's Hospital tackle one of their most dramatic emergencies when 60-year-old rail worker Alan is airlifted to the helipad after being hit by a high-speed train.
10.00 **24 Hours in A&E** An 11-month-old baby is rushed in after suffering a seizure, and a 68-year-old man is flown in by air ambulance having fallen from a ladder.
11.05 **Emergency Helicopter Medics** A woman is trapped in her car on the A66. **12.10** AM A motorcyclist breaks his thigh bone.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia**
7.20 **The Amazing Race Australia** The remaining racers arrive in Langkawi.
8.30 FILM **Patrick** Comedy. (2018, PG, 94min) ★★★
10.20 **Made in Chelsea**
11.20 **Married at First Sight Australia** Double bill.
2.30 PM **The Great Celebrity Bake Off for Stand Up to Cancer** With Alex Brooker.
3.50 FILM **Toy Story 3** Animated fantasy sequel. (2010, U, 109min) ★★★★★
5.50 **The Simpsons** *The Joy of Sect:* The family are recruited by a religious cult. **6.20** *Das Bus:* Bart and Lisa find themselves stranded on a remote island.
6.50 FILM **Men in Black: International** Fantasy comedy sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat – a mole within the MiB organisation. (2019, 12, 110min) ★★★
9.00 **Celebrity Gogglebox** A look back at standout moments from series six.
10.00 **Gogglebox** Opinions on *Celebrity Bear Hunt, The Apprentice* and *Boarders*
11.05 **Gogglebox**
12.05 AM **First Dates**
2.15 **Gogglebox**
4.05 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Brit Cops: Law & Disorder**
9.00 **Stop, Search, Seize**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Law & Disorder**
12.00 NOON **Caught Red Handed** A supermarket cashier stands up to armed robbers. **12.40** PM A shop owner, recently burgled, is convinced she knows the thief's identity. **1.20** Two shop owners are subjected to racial abuse.
2.00 PM **Stop, Search, Seize**
3.00 **Nothing to Declare**

10.00 Elsbeth

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **Burn Notice** *Identity:* 3/14. Michael agrees to help his mother's friend who has been tricked by a con artist. (S1)

10 PM
10.00 **Elsbeth** *A Fitting Finale:* 10/10. The team look into the murder of an unpopular photographer at a fashion show. (S1)
11.00 **Law & Order: Special Victims Unit** 14/22. (S26)
12.00 M'T **The Equalizer** 4/18. (S2)
1.00 AM **Chicago Fire** 5/13. (S12)
2.00 **Watson** New episode (S2)
3.00 **The Good Doctor** 2/22. (S6)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Billions** 1–4/12. (S1)
12.05 PM **Deadwood** 1–4/12. (S1)
4.20 **House of the Dragon** 1/10. King Viserys Targaryen hosts a tournament to celebrate the birth of his second child. **5.30** 2/10. Viserys is urged to secure the succession through a new marriage and Daemon announces his intentions. **6.35** 3/10. The realm celebrates Aegon's second nameday and Rhaenyra faces the prospect of marriage. (S1)

10.00 True Detective

7.45 **House of the Dragon** *King of the Narrow Sea:* 4/10. Rhaenyra continues her search for a suitable match, while Daemon returns and stirs more trouble for the king. (S1)

9.00 **The Miniature Wife** *Lady Tomato and Mr F Tomato-Head:* 1/10. Comedy drama starring Elizabeth Banks. (S1)

10.00 **True Detective: Night Country** 1/6. Eight men from an Arctic research station in Alaska vanish without trace. (S4)
11.10 **True Detective: Night Country** 2/6. Danvers and Prior learn more about Tsalal. (S4)
12.25 AM **Homicide: Life on the Street** 1/9. Lewis and Crosetti expose a serial murderer. **1.25** 2–5/9. Four episodes. (S1)
5.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.45 **Backyard Builds**
7.35 **Buying the View**
8.00 **The Only Way Is Essex**
9.00 **The Only Way Is Barcelona**
10.00 **Deal or No Deal**
12.05 PM **FILM Sing** Animation. (2016, U, 108min) ★★★
2.15 **Britain's Got Talent**
3.35 **FILM Peter Pan** Adventure. (2003, PG, 113min) ★★★★
5.45 **FILM E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy with Henry Thomas. (1982, U, 114min) ★★★★★

3.35 Peter Pan

FILM E.T. The Extra Terrestrial (film started at 5.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **FILM Transformers: The Last Knight** Sci-fi adventure sequel starring Mark Wahlberg and Anthony Hopkins. The shape-changing robots must find an ancient artefact to protect Earth from their own creator. With Gemma Chan and Stanley Tucci. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Family Guy** 7/22. A humiliating throw causes Peter to lose his family's respect. (S23)
11.35 **Family Guy** (S21&20)
12.35 AM **American Dad!** (S17)
1.35 **Plebs** 4/8. (S3)
2.05 **Piglets** 4/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** 7&8/9. (S4)
8.10 **Lewis** Double bill.
12.05 PM **Goodnight Mister Tom** Drama starring John Thaw.
2.15 **Midsomer Murders** *King's Crystal:* A family business collapses following the death of one of its partners. **4.15** *The Axeman Cometh:* A veteran rock band's reunion seems doomed. Guest stars Suzi Quatro. **6.10** *Death and Dust:* A doctor is killed in a hit-and-run. Guest stars Stephanie Cole.

10.05 McDonald & Dodds

Midsomer Murders (started at 6.10pm)

8.10 **Midsomer Murders** *Picture of Innocence:* A photographer is killed shortly after exhibiting a compromising picture of Barnaby – who becomes a suspect in the ensuing investigation. Guest stars Liza Goddard and Richard Lintern.

10.05 **McDonald & Dodds** *The Fall of the House of Crockett:* 1/2. Drama about mismatched police partners solving crimes in Bath, beginning with the murder of a homeless man. Stars Jason Watkins and Tala Gouveia. (S1)
11.55 **A Touch of Frost**
1.55 AM **On the Buses**
2.25 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.35 **The Big Match Revisited**
8.25 **The Sweeney**
9.30 **Racing: The Opening Show**
10.35 **The Big Match Revisited**
11.30 **Hornblower**
1.45 PM **FILM Battle of the Bulge** World War Two drama. (1965, PG, 141min) ★★★
5.05 **Great Racehorses**
5.30 **LIVE Ice Hockey: National Hockey League** Boston Bruins v Tampa Bay Lightning: Coverage of the match from TD Garden. Kick-off is at 5.30.

8.00 River Monsters

LIVE Ice Hockey: National Hockey League (started at 5.30pm)

8.00 **River Monsters**
8.30 **World of Sport**
8.40 **Nine Dart Finishes**
8.50 **Nijinsky's Triple Crown**

9.00 **English Football League Highlights** Action from the latest EFL matches, including Coventry City v Sheffield Wednesday, and Norwich City v Ipswich Town in the Championship.
10.30 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.35 AM **Minder**
1.35 **Two and a Half Men** (S1)
2.25 **Auto Mundial**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Celtic v St Mirren, Hearts v Motherwell and Aberdeen v Hibernian.
8.30 **Scotland's Home of the Year** 1/7. The return of the search for the nation's best property, beginning in the east.
9.00 **Inside Barlinnie** 1/2. A look at the lives of prisoners and staff at Scotland's largest jail.
10.00 **Simple Minds: Everything Is Possible** Documentary charting the rise of the band from working-class Glasgow kids to a chart-topping musical force.
11.25 PM **to 12.00** M'T **TOTP: 1983** With Simple Minds, Billy Joel and Paul Young.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 6&7/8. (S1)
9.00 **Hitmen** 1–6/6. (S1)
12.00 NOON **Hitmen: Reloaded** 1–6/6. (S2)
3.00 PM **Will & Grace** (S6)
4.00 **Community** (S3)
6.30 **The Office (US)** 6/26. Kevin ruins Jim and Pam's honeymoon. **7.00** 7/26. Pam discovers that Michael is dating her mother. **7.30** 8/26. Michael falls into a koi pond. **8.00** 9/26. Jim and Pam go on a double date. **8.30** 10/26. Michael sets up a murder-mystery game. (S6)
9.00 **Sarah Silverman: Someone You Love** Stand-up comedy show.
10.15 **Tom Davis: Underdog** Stand-up performance.
11.30 **Saturday Night Live UK** Jack Whitehall hosts, with music by Jorja Smith.
12.45 AM **Saturday Night Live UK** Double bill.
3.15 **to 5.00** AM **Avenue 5**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Pavarotti in Central Park**
8.20 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Spymasters: The Great Spy Writers**
2.00 **The Hollies: Look Through Any Window**
4.30 **Supershow: The Last Great Jam of the 60s**
6.00 **Bjork: Cornucopia** A 2023 concert at the Altice Arena in Lisbon.
8.00 **The Cure: Live in Hyde Park** A 2018 performance by the veteran indie band.
10.00 **Siouxsie and the Banshees: Nocturne** The band perform at the Royal Albert Hall.
11.20 **The Public Image Is Rotten** The story of John Lydon's band PiL.
1.20 AM **White Riot**
3.00 **London Calling**
4.10 **Classic Albums**
5.10 **to 6.00** AM **Discovering**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Monkey Life** Double bill.
5.00 **Islands** Double bill.
7.00 **Pride Rules** The challenges lions face during the rainy season.
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.
9.00 **FILM Vendetta** Action thriller starring Bruce Willis. When his daughter is brutally murdered and legal justice looks unlikely, a man decides to take the law into his own hands. (2022, 15, 96min) ★★
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show hosted by Warwick Davis.
3.00 **The Floor** Game show hosted by Rob Brydon.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Mick joins him at the table in a bid to take home a life-changing jackpot courtesy of the Banker.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Millionaire Hot Seat** Jeremy Clarkson hosts the quiz show in which six hopefuls compete for £1 million.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
2.00 PM **George Clarke's Old House, New Home**
3.00 **Location, Location, Location** Property show.
4.00 **A Place in the Sun**
8.00 **Help! I Bought It at Auction with Sarah Beeny** A couple take on the renovation of their cosy South Downs cottage.
9.00 **Sarah Millican: Late Bloomer** Stand-up show.
10.00 **The Copenhagen Test** *Claymore:* 1/8. An intelligence analyst is suspected of being the mole at his agency. **11.15** *Glass House:* 2/8. Alexander and the Orphanage must work together in an uneasy alliance. (S1)
12.20 AM **The Copenhagen Test** 3&4/8. (S1)
2.40 **Sky Coppers**
3.40 **24 Hours in A&E**
4.30 **to 4.55** AM **Kirstie's House of Craft**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** Four episodes of the drama, including at: **2.00** PM 11/26. Worf feels that reality is changing. (S7)
3.00 FILM **The Hobbit: An Unexpected Journey** Fantasy starring Martin Freeman. (2012, 12, 165min) ★★★
6.00 **Star Trek: Voyager** 11/26. Janeway is unimpressed by Q's proposal that they should have a child. (S3)

3.00 The Hobbit

7.00 **Star Trek: Voyager** *Macrocosm:* 12/26. The ship is attacked by an alien life form, leaving the Doctor to find a solution.
8.00 **Star Trek: Voyager** *Fair Trade:* 13/26. An old friend tricks Neelix into trafficking drugs, leading the crew into difficulties.
9.00 **Star Trek: Voyager** *Alter Ego:* 14/26. Kim and Tuvok fall for the same holodeck character. (S3)
10.00 **The Walking Dead** *Cherokee Rose:* 4/13. Dale and T-Dog get a shock when they collect water from the well. (S2)
11.00 **The Walking Dead** 5/13. Daryl finds Sophia's doll, only to be thrown from his horse and injured, leaving him open to attack from walkers. Meanwhile, Glenn discovers a secret in the barn. (S2)
12.00 M'T **Grimm** 19-22/22. (S1)
4.00 AM **Reginald the Vampire**
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Inspector George Gently** *Gently in the Night.*
2.00 PM **Father Brown** Four episodes, including at: **5.00** *The Invisible Friends:* Murder threatens to derail the live broadcast of an agricultural radio drama.
6.00 **Shakespeare & Hathaway: Private Investigators** 7/10. An energy tycoon hires Frank and Lu to keep an eye on his daughters. (S3)

8.00 Allegiance

7.00 **Shakespeare & Hathaway: Private Investigators** 8/10. Frank and Lu investigate a car accident. (S3)
8.00 **Allegiance** *Pilot:* 1/10. Crime drama about a rookie police officer who grapples with the limits of the justice system. (S1)
9.00 **Father Brown** *The Wayward Girls:* Bunty reunites with Father Brown to uncover a dark secret at a girls' borstal.
10.00 **Death in Paradise** *A Murder Forewarned – Part One:* 6/8. The team investigate the murder of a water taxi driver. (S12)
11.00 **Father Brown** *The Battle of Kembleford:* A murder takes place at a battle re-enactment. **12.00** M'T *The Kembleston Players:* Rehearsals for a play are derailed by a death.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **Only Fools and Horses**
12.05 PM **Only Fools and Horses** Six episodes, including at: **3.20** Rodney wins a holiday at a five-star hotel in Majorca. **4.35** Del's mother apparently makes contact during a seance at the Nag's Head, **5.45** Rodney ties the knot with Cassandra, while Del tries to dodge a bashing from the dreaded Driscoll brothers. **6.55** Del Boy encounters an old flame, while Rodney experiences the joys of dating.

9.00 Bottom

7.35 **Only Fools and Horses** The Trotters attend Grandad's funeral – and meet a certain long-lost seafaring uncle who ends up outstaying his welcome. **8.20** Uncle Albert falls into the pub cellar, but turns his injury into a profit-making opportunity.
9.00 **Bottom** Richie and Eddie have a run-in with a would-be burglar. **9.40** Eddie and Richie run into bad luck during a night at the funfair.
10.20 **Only Fools and Horses** Rodney aspires to be a pop star, but Del manages to ruin his chances.
11.00 **Only Fools and Horses** Del Boy becomes a yuppie. **12.00** M'T The Trotters agree to dog-sit for Boycie.
12.40 AM **Bottom**
1.20 **Only Fools and Horses**
2.35 **Bottom**
3.35 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Double bill of editions.
9.00 **Would I Lie to You? At Christmas** Guests include Miranda Hart and Miles Jupp.
9.40 **Would I Lie to You?**
2.20 PM **Would I Lie to You? At Christmas** With Ray Winstone, Josh Widdicombe, Rachel Riley and Ricky Tomlinson.
3.00 **Would I Lie to You?** Six editions, including at: **6.20** With Trinny Woodall, Reece Shearsmith, Michael Ball and Charlie Brooker.

9.00 Red Dwarf

7.00 **Would I Lie to You?** With Greg Rutherford, Joanna Scanlan, Henning Wehn and Kirsty Young. **7.40** With Jimmy Carr, Griff Rhys Jones, Dave Myers and Susanna Reid.
8.20 **Would I Lie to You? The Unseen Bits** Extra material from the show.
9.00 **Red Dwarf** Lister and Rimmer finally arrive back on Earth. **9.35** Lister and Rimmer find themselves marooned on an icy planet. **10.15** A salivating genetic mutant goes on the rampage aboard the ship.
10.55 **Not Going Out** Lee and Lucy ponder whether to have another child.
11.30 **Not Going Out Christmas Special** From 2017.
12.25 AM **Have I Got a Bit More News for You** Jo Brand hosts.
1.25 **Live at the Apollo**
3.15 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
8.55 **Lovejoy** Triple bill.
12.15 PM **Father Brown**
1.15 **New Tricks** Double bill.
3.55 **Jonathan Creek** *Miracle in Crooked Lane:* A woman with a promiscuous past suffers a tragic accident that leaves her in a coma, yet is spotted later making her way to her village church to atone for her sins.
5.00 **Signora Volpe** *An Anxious Aunt:* 1/3. A disillusioned British spy-turned-detective starts a new life in Italy. (S1)

5.00 Signora Volpe

7.00 **The Brokenwood Mysteries** *Day of the Dead:* 2/6. When the Brokenwood Small Business Association stage a Mexican 'Day of the Dead' night market, they don't bargain on a real dead body being part of the festivities. (S10)
9.00 **Whitechapel** 3/6. Miles and Chandler's investigate the discovery of a flayed human face at Whitechapel Gallery. (S4)
10.00 **The Inspector Lynley Mysteries** *Natural Causes:* A woman's body is discovered in a lake. Guest star Liza Tarbuck.
12.00 M'T **New Tricks** *Moving Target:* The team investigate a hit-and-run that left a cycle courier unable to recall anything.
1.15 AM **A Small Light**
2.15 **Birds of a Feather**
2.45 **to 4.00** AM **Queens of Mystery**

+1 hour 243 316 60 260

Saturday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S8)
2.00 PM **NCIS: Los Angeles** Eight episodes of the drama, including at: **7.00** *Rude Awakenings:* 6/24. The agents target a Russian arms dealer. **8.00** *Skin Deep:* 7/24. Deeks and Kensi go undercover at the beach. **9.00** *Collateral:* 8/24. A millionaire former CIA man is killed. (S4)
10.00 **Law & Order: Special Victims Unit** *Choice:* 7/25. A man is arrested for assaulting his pregnant wife. **10.55** *Abomination:* 8/25. The detectives investigate the murder of a poster boy for a pressure group. (S5)
11.55 **Law & Order: Special Victims Unit** (S25)
1.45 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Friends** 17-20/24. (S1)
10.10 **Dogs Behaving (Very) Badly** Double bill.
12.10 PM **Nightmare Tenants, Slum Landlords**
4.10 FILM **Volcano** Disaster drama with Tommy Lee Jones and Anne Heche. (1997, 12, 103min) ★★
6.15 **101 Near Misses**
7.10 FILM **Jackie Chan's The Medallion** Action comedy starring Jackie Chan and Claire Forlani. (2003, PG, 88min) ★
9.00 FILM **Face/Off** Thriller starring John Travolta and Nicolas Cage. (1997, 18, 133min) ★★★★
11.45 FILM **Rise of the Footsoldier Part II** Crime thriller sequel. (2015, 18, 111min) ★
2.00 AM **999: Criminals Caught on Camera**
2.50 **Fights, Camera, Action!**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
9.25 **Police Interceptors**
11.25 FILM **True Grit** Oscar-winning Western with John Wayne. (1969, PG, 128min) ★★★★★
2.00 PM LIVE **Snooker: John Virgo Trophy** John Higgins v Mark Williams: The opening semi-final staged at Goffs, Kildare.
5.00 **Motorway Cops: Catching America's Speeders** Double bill.
7.00 LIVE **Snooker: John Virgo Trophy** Ronnie O'Sullivan v Stephen Hendry: The second semi-final held at Goffs in Kildare.
11.00 **The X-Files** *Tooms:* 21/24. A mutant is released to kill again due to a lack of evidence. **12.00** M'T *Born Again:* 22/24. A police officer is thrown to his death from a window. (S1)
1.00 **to 4.00** AM **The X-Files**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad** Six editions, including at: **6.00** Paramedics treat a lorry driver who is trapped behind his twisted steering wheel.
7.00 **First Responders** Paramedics find a motocross rider near death in a remote forest. **8.00** A man is at risk of losing his leg after an accident with a propeller.
9.00 **Gavin & Stacey** The Shipmans drive to Wales for a wedding fayre. **9.40** Gavin embarks on two stag nights. **10.20** The day of the wedding arrives.
11.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
12.55 AM **Louis Theroux Interviews... Yungblud**
1.45 **to 3.00** AM **Dangerous Breed: Crime. Cons. Cats**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Restoration Workshop**
10.00 **Dream Car Fixers**
12.00 NOON **Porridge**
2.00 PM **Canal Boat Diaries**
4.00 **Dom Chinea's Cornish Workshop** In St Agnes.
5.00 **Simon Reeve's South America** Double bill.
7.00 **David Jason's Great British Inventions**
8.00 **Bangers & Cash** A 1970s Morris van brings a taste of *Carry On Camping* to Pickering. **9.00** Dave heads to Lincolnshire to pick up a 1935 Riley Falcon.
10.00 **Train Truckers** Expert hauliers Eric Harrison and Chris Case move an iconic Deltic diesel. **11.00** A CBD80 battery-powered loco needs to be hauled 20 miles.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** North Yorkshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing**
9.00 **My Lottery Dream Home** Double bill.
10.00 **100 Day Dream Home** New edition Brian and Mika Kleinschmidt help their friend and builder Walt complete a starter home renovation.
11.00 **Celebrity IOU** New edition Hollywood star Kate Hudson joins forces with Jonathan and Drew to give her future mother-in-law a surprise backyard makeover.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** (S3)
1.00 PM **Little House on the Prairie** 16-21/23. (S3)
7.00 FILM **George and Mildred** Comedy spin-off starring Yootha Joyce and Brian Murphy. (1980, PG, 93min) ★
9.00 **The Ruth Rendell Mysteries** *You Can't Be Too Careful:* A landlady's security concerns lead to a tragic encounter. **10.10** *The Fallen Curtain:* A student finds that his problems relate to his disappearance when he was six.
11.20 FILM **The Bone Collector** Crime thriller starring Denzel Washington, Angelina Jolie and Queen Latifah. (1999, 15, 117min) ★★★
1.50 AM **Home to Roost**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM FILM **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
10.50 FILM **Destry Rides Again** Western. (1939, b/w, PG, 94min) ★★★★★
1.00 PM FILM **The High and the Mighty** Aerial adventure. (1954, U, 147min) ★★★★
4.05 FILM **Midway** War drama. (1976, PG, 130min) ★★
6.55 FILM **Redemption Day** Action thriller starring Gary Dourdan. (2021, 15, 99min) ★★
9.00 FILM **2 Guns** Thriller with Denzel Washington and Mark Wahlberg. (2013, 15, 104min) ★★★
11.20 FILM **Shadow Wolves** Adventure drama. (2019, 15, 95min) ★★
1.25 AM **The Baron**
4.00 FILM **Rage at Dawn** Western adventure. (1955, U, 87min) ★★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Murder, She Wrote**
1.20 PM FILM **A Beautiful Place to Die** Drama. (2020, PG, 84min) ★★
3.15 FILM **Riddled with Deceit** Crime drama. (2020, PG, 85min) ★★
5.10 FILM **Ships in the Night** Drama. (2021, PG) ★★
7.05 FILM **Poisoned In Paradise** Crime thriller. (2021, PG, 84min) ★★
9.00 FILM **Murder, She Baked: A Deadly Recipe** Crime drama. (2016, PG, 86min) ★★
10.55 FILM **The Gourmet Detective: A Healthy Place to Die** Drama sequel. (2015, PG) ★★
12.50 AM FILM **A Murderer Upstairs** Crime thriller. (2017, PG, 95min) ★★
2.25 FILM **Cry for Justice** Fact-based drama. (2013, 12, 107min) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **Love on the Rise** Romantic drama. (2020, U, 86min) ★★
10.00 FILM **Fishing for Love** Drama. (2021, U) ★★
12.00 NOON FILM **Puppy Love** Romantic drama. (2012, U, 90min) ★★
1.50 PM FILM **Dog Lovers Guide to Dating** Comedy. (2023, U) ★★
3.40 FILM **Hometown Hero** Drama. (2016, PG) ★★
5.30 FILM **A Tail of Love** Drama. (2022, U) ★★
7.25 FILM **Sweet Home Carolina** Romance. (2017, PG, 84min) ★★
9.20 FILM **Christmas at the Greenbrier** Comedy. (2022, PG, 89min) ★★
11.20 FILM **A Christmas Break** Romantic drama. (2020, PG, 90min) ★★
1.30 AM FILM **Just One Kiss** Comedy. (2022, PG) ★★
3.10 **to 5.00** AM FILM **Sweet Home Carolina**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM FILM **Commandos** Wartime adventure. (1968, 18, 112min) ★★
3.15 FILM **The Dirty Heroes** Wartime adventure. (1967, 15, 105min) ★★
5.30 FILM **Gold** Action thriller. (1974, 12, 124min) ★★
8.00 **Garden Rescue** Charlie Dimmock and Chris Hull create a Mediterranean-inspired space in Bristol. **9.00** Charlie and Chris try to create a wooded wonderland in Witney.
10.00 FILM **Mary Millington: Confessions from the David Galaxy Affair** Comedy with Alan Lake. (1979, 18, 92min) ★★
12.00 M'T FILM **Sex and the Other Woman** Comedy. (1972, 18, 105min) ★★
1.45 AM **Musketeer**
2.00 FILM **Cool It, Carol!** Drama. (1970, 18) ★★
4.00 **to 5.00** AM **In the Spotlight**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **The Fenn Street Gang**
9.00 **The Dustbinmen**
10.00 **Agony** 1&2/6. (S1)
11.00 **The Champions**
12.00 NOON **Boon** 8/13. (S4)
1.05 PM **Space 1999** (S2)
4.20 **The Scarlet and the Black** Wartime drama.
5.45 **Rewind Time Machine**
5.50 **Second Thoughts** (S1)
6.50 **The Brian Conley Show**
8.20 **Boon** 8/13. (S4)
9.25 **Rik Mayall Presents** *The Big One:* A liar assumes a dead man's identity.
10.30 FILM **Game Show Models** Comedy drama starring John Vickery. (1977, 18, 88min) ★★
12.20 AM FILM **Confessions of a Sex Maniac** Comedy. (1974, 18, 78min) ★★
1.55 **Stereo Underground**
2.55 **We Had One of Those**
3.05 **Rik Mayall Presents**
4.10 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Extreme Cheapskates** Four editions of the series, including at: **8.00** A couple plan cheap funerals. **8.30** A woman who saves money by living with her parents.
9.00 **Paranormal: Caught on Camera** A couple have a cabinet that holds knick-knacks and a whole lot of ghosts.
10.00 **Kindred Spirits** A dark entity has reportedly taken refuge in an abandoned schoolhouse. **11.00** A restaurant rumoured to be haunted.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Jamie Oliver: Cooking for Less**
12.00 NOON **Jamie's Comfort Food** Double bill.
1.00 PM **James Martin's Islands to Highlands**
3.00 **Hairy Bikers Go Local**
7.00 **Jamie Oliver: Cooking for Less** Jamie prepares delicious dishes that won't break the budget.
8.00 **Jamie's Comfort Food** Lasagne with roasted duck and the ultimate bacon sandwich. **8.30** Fish and chips, and crab linguine.
9.00 **Diners, Drive-Ins and Dives** Guy Fieri heads to Brooklyn, New York. **9.30** Guy samples Jamaican jerk chicken.
10.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Weather Wars** Sci-fi disaster thriller. (2011, 15, 82min) ★★
9.00 **Six Million Dollar Man**
2.00 PM FILM **Gold** Adventure. (1974, 12, 124min) ★★
4.20 FILM **Doomwatch** Ecological chiller. (1972, 12, 92min) ★★★
6.10 FILM **Coast of Skeletons** Adventure sequel with Richard Todd and Dale Robertson. (1964, U, 90min) ★★
8.00 **The Twilight Zone** (S5)
9.00 FILM **Congo** Adventure starring Laura Linney. (1995, 12, 108min) ★★★
11.10 FILM **The Last Son** Western adventure. (2021, 15, 96min) ★★
1.15 AM FILM **Backtrace** Crime thriller. (2018, 15, 92min) ★★★
3.10 **to 5.00** AM FILM **The Lawnmower Man 2: Beyond Cyberspace** Sci-fi thriller sequel. (1995, 12, 92min) ★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 FILM **Dark Storm** Sci-fi action adventure. (2006, 15, 89min) ★★
12.00 NOON FILM **The Lost Future** Sci-fi adventure. (2010, 15, 90min) ★★
2.00 PM FILM **Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
4.00 **The Lost World** (S3)
9.00 FILM **The Quick and the Dead** Western with Sharon Stone and Gene Hackman. (1995, 15, 108min) ★★★
11.15 FILM **Sword of Vengeance** Adventure starring Stanley Weber. (2014, 15, 83min) ★★
1.05 AM FILM **The Quick and the Dead** (1995)
3.15 FILM **The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Wicked Tuna**
7.30 **Swamp People: Serpent Invasion**
10.10 **Ancient Aliens**
11.10 **The UnXplained with William Shatner**
1.05 PM **The Proof Is Out There** Double bill.
3.05 **What on Earth?**
6.00 **Forbidden History** Triple bill, including at: **8.00** Fresh clues about the whereabouts of King Solomon's mines.
9.00 **Holy Marvels with Dennis Quaid** Secret codes embedded in sacred texts, paintings and the Earth itself.
10.00 **Celts: The Untold Story** A look at why the Celts moved from prosperous cities into smaller fortified settlements.
11.00 **Strange Evidence**
1.00 AM **National Park Mysteries** Double bill.
2.00 **to 6.00** AM **Alien Files: Unsealed**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **6.00** *Sing a Song of Murder:* Jessica's cousin is targeted by a killer.
7.00 **Abandoned Engineering** Ruins from the time before the fall of the Berlin Wall.
8.00 **Battle Front: WWII Road to Victory** The battle for an island in the Kwajalein Atoll. **8.30** The battle for the tiny Palau Islands.
9.00 **How the Nazis Lost the War** Germany's doomed allyship with despots and dictators. **10.00** A look at how Germany started to feel overstretched during World War Two. **11.00** Hitler's almost daily injection of opioids and methamphetamines.
12.00 M'T **Wentworth Prison**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Anthony Quinlan, Louisa Clein, James Moore and Dominic Brunt take part. **6.00** Adam Thomas, Brendan Cole, Amanda Byram and Naga Munchetty compete.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With Ken Bruce, Paul Ince, Laila Morse and David Haye.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 23/24. Amy is offered a fellowship. **8.30** 24/24. Sheldon's former admirer Ramona Nowitzki returns. (S10) **9.00** 21/24. Raj tries to take the credit for Penny's discovery. **9.30** 22/24. Sheldon heads to Las Vegas. (S11)
10.00 **Zero Stars** A preview of the series, with Roisin Conaty and Sara Pascoe.
10.15 FILM **xXx: Return of Xander Cage** Action thriller sequel starring Vin Diesel, Donnie Yen and Samuel L Jackson. (2016, 12, 107min) ★★★
12.15 AM **Dr Pimple Popper**
2.15 **My 600lb Life**
4.15 **Say Yes to the Dress: UK** Reality series.
5.15 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
11.00 **Friends** (S1&2)
8.00 PM **Friends** 3/24. The gang's neighbour Mr Heckles passes away. **8.30** 4/24. Phoebe shocks everyone by announcing that she is married. (S2)
9.00 FILM **Austin Powers: The Spy Who Shagged Me** Spoof thriller sequel starring Mike Myers and Heather Graham. (1999, 12, 94min) ★★★
10.55 **Lee Evans Live from the West End** From London's Lyric Theatre.
12.25 AM **8 Out of 10 Cats**
2.05 **Whose Line Is It Anyway? USA**
2.35 **Utopia** 3/8. (S1)
3.05 **David O'Doherty: Comedy Central Live**
3.30 **Jimmy Carr's Am I the A**hole?**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Friends** (S1&2)
11.00 **Michael McIntyre's Big Show** As 3.00pm.
12.00 NOON **Everybody Loves Raymond** (S1)
3.00 PM **Michael McIntyre's Big Show** Featuring music by Rod Stewart and James Morrison.
4.00 **Everybody Loves Raymond** (S1)
9.00 **Friends** 3/24. The gang's neighbour passes away. **9.30** 4/24. Phoebe reveals she is married. **10.00** 5/24. Ross celebrates his birthday. **10.30** 6/24. Monica poisons Ross. (S2)
11.00 **Friends** (S2)
2.00 AM **New Girl** (S3)
3.00 **South Park** (S18&19)
4.30 **Iain Stirling's Roast the Internet**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Man About the House** 1&2/7. (S1)
9.05 **Rising Damp** (S3&4)
11.05 **Are You Being Served? Again!** 1-6/6. (S1)
2.45 **Birds of a Feather**
7.55 **Minder** *The Great Depression of1994:* 7/10. Arthur suffers depression. (S10)
9.00 **Benidorm** 7/9. Joyce is furious with Sam and Monty. (S10)
9.55 **Shameless** 10/16. Shane discovers that he is infertile. (S7)
10.55 **Man About the House**
11.25 **Rising Damp Xmas 1975** 8/8. (S2)
11.55 **Benidorm** 7/9. (S10)
12.55 AM **Minder** 4/11. (S4)
1.55 **In Sickness and in Health** 4/8. (S4)
2.25 **Man About the House**
2.50 **Duty Free** 1/7. (S3)
3.10 **That's 60s**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **Journeys: Isle of Man Steam Rail**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Catfish: On the Run**
8.00 **Catfish: The Dramatic** A woman attempts to find out why her lover ended their relationship.
9.00 **Ink Master Redemption** Human canvases unhappy with their tattoos return for a new one. **9.30** Egos collide when the team must tag team with a fan favourite.
10.00 **Dating Naked UK** The newbie wastes no time.
11.00 **All Star Shore**
12.00 M'T **Jersey Shore**
2.00 AM **Jackass**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Jeremy Wade's Dark Waters**
12.00 NOON **Gold Rush: Mine Rescue with Freddy & Juan**
1.30 PM **Discovery Changed My Life** Extraordinary individuals.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy and Juan rescue their first-ever hard rock operation. **4.00** The guys attempt to fix a 4,000ft-high problem.
6.00 **Gold Rush** Rick returns to Las Vegas and receives a proposition from Parker.

9.00 Dark Waters

7.00 **Filthy Fortunes** Matt Paxton and the team scramble to sell boats, vintage motorcycles and barbershop equipment.
8.00 **Maine Cabin Masters** Chase Morrill and his team are called in to renovate a neglected camp for a growing family.
9.00 **Naked and Afraid** Veteran survivalists Ky Furneaux and Dan Link take on the toughest challenge of their lives – surviving 14 days in Thailand with no tools.
10.30 **Discovery Changed My Life** People reveal how shows they watched on Discovery inspired them and changed their lives.
11.00 **Expedition X** Heather and Phil investigate Ocracoke Island.
12.00 M'T **Conspiracies & Cover-Ups** Documentary.
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Must Love Cats**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A couple are afraid to have a child due to their hostile cat. **4.00** Jackson Galaxy helps a cat stand up to its attackers.
5.00 **Treehouse Masters** Pete is on a treehouse holiday to the pine forest glory of Scandinavia.
6.00 **Preposterous Pets** Featuring a couple who live with hippos.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How whales can sing with no vocal cords. **7.30** A look into how ostriches can run so fast.
8.00 **Man-Eating Super Squid** Documentary searching for the truth behind the tales of the Kraken, a monstrous killer squid.
9.00 **Alaska: Surviving the Last Frontier** The group struggle to find food, so Tim hunts for goats in the Wrangell Mountains.
10.00 **Tanked** Brothers-in-law Brett Raymer and Wayde King are asked to transform a disused photo booth into an aquarium.
11.00 **Tanked** Memorable tanks.
12.00 M'T **Project Grizzly** Jeff teaches his grizzlies to forage. **1.00** AM Jeff tries to teach Bob and Screech to hunt.
2.00 **Expedition Bigfoot**
3.00 **Man-Eating Super Squid**
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
10.00 **Car S.O.S** Double bill.
12.00 NOON **Construction Fails**
1.00 PM **Air Crash Investigation**
3.00 **WW2's Biggest Wrecks: Drain the Oceans**
4.00 **Apocalypse: Hitler Takes on the West** 1/2. A look at Nazi offensives on Western nations during World War Two. **5.00** 2/2. The story of France under German occupation.
6.00 **Air Crash Investigation** British Airways Flight 38's crash-landing at Heathrow in 2008.

9.00 Flintoff

7.00 **Seconds from Disaster** The case of a delayed flight from Washington that crashed into a bridge on the River Potomac.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend revive a Land Rover Discovery Series 1 which is a beloved family heirloom.
9.00 **NEW Flintoff** Documentary following the former England cricket captain and TV presenter as he spends 12 months recovering from a car accident and considering his career.
11.00 **Planes That Changed History** The story of the F117 Nighthawk, the world's first stealth jet, through rare footage and pilot accounts of its Gulf War missions.
12.00 M'T **Plane Crash Recreated**
2.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens: Origins**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Six editions.
2.00 PM **Iconic Combat Machines** Appraisals of the Spitfire aircraft and the Tiger tank. **3.00** The Phantom Cobra. **4.00** Icons of the Royal Navy. **5.00** Two mass-produced combat machines.
6.00 **The Last Hunt for Nazi Gold** Guy Walters and Justine Ostrowska explore the Amber Room mysteries of Czechia.

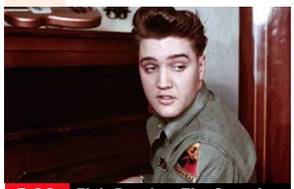
6.00 Last Hunt for Nazi Gold

7.00 **Secrets of Great British Castles** Exploring the history of Warwick Castle, which was established by William the Conqueror.
8.00 **Secrets of Great British Castles** Presenter Dan Jones heads to Gwynedd to explore the history of Caernarfon Castle.
9.00 **Royal Mob** Docu-drama about the story of Queen Victoria's four favourite grand-daughters – the Hesse sisters.
10.00 **Royal Mob** Willy at last ascends the German throne and tries to find evidence of his parents conspiring with Britain.
11.00 **Royal Mob** At the turn of the century, Queen Victoria dies. **12.00** M'T Victoria learns Alix and Nicky have been executed.
1.00 AM **Secret Sex Lives of Tyrants** The secretive system of control behind Muammar Gaddafi's regime.
2.00 **Iconic Combat Machines**
5.00 **to 6.00** AM **The Last Hunt for Nazi Gold**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Leonardo DiCaprio** Profile of the actor.
7.00 **Discovering: Kate Winslet**
8.00 **The Directors**
9.00 **I Am Raquel Welch**
10.45 **Paul Simon: In Restless Dreams** 1&2/2. Documentary exploring the 60-year career of the singer-songwriter.
3.00 PM **Elvis Presley: The Searcher** 1/2. Documentary about the singer, beginning with his early life in Tupelo. **5.00** 2/2. How Elvis dealt with a rapidly changing pop scene.



5.00 Elvis Presley: The Searcher

7.00 **Lancaster** The story of the legendary bomber synonymous with the Dambusters, the night raids against Germany and the brave men and women who made them possible.
9.00 **The Essex Murders** 1/3. Documentary about the 1995 killing of three notorious criminals known as the Essex Boys.
10.00 **The Essex Murders** 2/3. A look at whether Jack Whomes and Michael Steele were really guilty of the Essex Boys murders.
11.00 **The Essex Murders** 3/3 The hunt for an alternative suspect in the Essex Boys murders.
12.00 M'T **Schmeichel** A profile of former Manchester United goalkeeper Peter Schmeichel.
2.00 AM **Dettori** The story of arguably the world's greatest jockey, Frankie Dettori.
4.10 **to 6.00** AM **The Loneliest Whale: The Search for 52**

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried: Classic Cars**
7.00 **Francis Bourgeois & Chris Harris: We Saved a Train** A restoration of diesel royalty.
8.00 **Shed and Buried: Classic Cars** Henry Cole and Fuzz Townshend head to Cheltenham to take on a Model T Ford.
9.00 **The Repair Shop** Items include a painting, a Beatles souvenir and a stained-glass window.
10.00 **The Derbyshire Auction House** Irita finds old Italian paintings and the rarest porcelain she has ever sold.
11.00 **Aussie Gold Hunters**
12.00 M'T **The Snake Catcher**
1.00 AM **Ancient Unexplained Files**
3.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Faking It: Tears of a Crime** Laci Peterson.
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **True Crime with Aphrodite Jones**
7.00 **True Crime with Aphrodite Jones** The disappearance of a woman known to have attracted the attentions of a stalker. **8.00** A woman shot dead while working in the office of her church.
9.00 **Inside the Arrest**
10.00 **Killer Confessions: Case Files of a Texas Ranger** New edition A store robbery turns into an abduction.
11.00 **Faking It: Tears of a Crime** Tracie Andrews.
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murdered For Love**
8.00 **UK Crime Files: Kidnap and Murder of an Heiress** Jackie Malton examines the kidnap and murder of Muriel McKay in Wimbledon.
9.00 **UK Crime Files: Connecting a Killer** SIO Steve Wilkins reopens a series of Pembrokeshire crimes.
10.00 **UK Crime Files: Murder – A Fight for Justice** Satish Sekar.
11.00 **UK Crime Files: Murder – The Tattoo Clue**
12.00 M'T **UK Crime Files: Tracking a Serial Killer**
1.00 AM **Donal MacIntyre's UK Killer Evidence**
2.00 **Fatal Fraud**
3.00 **Handsome Devils**
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Fraud Squad**
4.00 **Millionaire Murders**
6.00 **See No Evil** DJ Ervin Holton is shot dead on his friend's porch.
7.00 **Judge Judy** Back-to-back real-life cases, including at: **10.00** A grandmother who was ten minutes late in returning her grandson to his father. **10.25** After a high-speed chase, the driver of a getaway car serves time for robbery. **10.50** A mother sues her teenager for over £2,000 in damages. **11.15** A woman finds out that her husband is loaning money to another woman.
11.40 **Judge Judy**
2.00 AM **Millionaire Murders**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **A1: Britain's Longest Road** Double bill.
9.00 **Caught on Dashcam**
10.00 **Send in the Dogs**
11.00 **How I Caught the Killer**
12.00 NOON **Murder Next Door** Paige Doherty.
1.00 PM **World's Most Evil Killers** Double bill.
3.00 **How I Caught the Killer**
4.00 **The Murderer & Me**
5.20 **Britain's Most Evil Killers** Double bill.
7.10 **Forensics: Catching the Killer** Double bill.
9.00 **Libby, Are You Home Yet?** 1-3/3. An investigation of the 2019 murder of Libby Squire.
12.15 AM **The Real CSI: Miami** Documentary.
1.10 **How I Caught the Killer**
2.05 **World's Most Evil Killers** Double bill.
4.00 **to 6.00** AM **Caught Red Handed**

+1hour 221/222 322

PBS America

170 84 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 **World of Stonehenge**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **World of Stonehenge**
6.15 **Who Killed Ivan the Terrible?** Documentary.
7.15 **The Anti-Soviet Fighters** Documentary.
8.25 **Iron Curtain: Living Under Soviet Occupation** 1/3. The occupation of Poland, Hungary, East Germany and Czechoslovakia. **9.35** 2/3. A look at how, by late 1949, Soviet domination of Eastern Europe was total. **10.50** 3/3. How Moscow's grip over the Eastern Bloc remained strong after Stalin's death.
12.00 M'T **Who Killed Ivan the Terrible?**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SATURDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **My Best Friend's an Animal**
8.00 **The Great Elephant Tale**
9.00 **How the Wild Things Sleep**
10.00 **Bugs That Ruled the World**
12.00 NOON **Wolves and Lions: Old Enemies** Documentary.
1.00 PM **The Kimberley: Australia's Wild West** Documentary.
2.00 **Monkey Island** Triple bill.
5.00 **Great Barrier Reef with David Attenborough** 1-3/3. Triple bill. David unlocks the secrets of the natural wonder.
8.00 **A Cheetah's Pride** Following a pair of warring cheetahs.
9.00 **Predators** Following a wild dog pack in Zimbabwe.
10.00 **Wild Dogs: Pack vs Pride** Roaming with the pups of the Manzi and Kakumbi packs in South Luangwa, Zambia. **11.00** A pup has gone missing from the Kakumbi den.
12.00 M'T **A Cheetah's Pride**
1.00 AM **Predators** As 9.00pm.
2.00 NEW SERIES **The Island of Giants** How whale sharks drive the culture of Santa Maria.
3.00 **to 6.00** AM **Shadowlands**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
10.00 **Digging for Britain**
12.00 NOON **Weird Britain**
2.00 PM **Ancient Aliens**
4.00 **The Lost Women Spies**
5.00 **The Secret Nazi Expeditions**
6.00 **WWII's Most Daring Raids**
7.00 **Clash of Ancient Warriors** A look back at how a Parisian army repelled the Vikings. **8.00** The Battle of Cannae.
9.00 **The Abyss: Rise & Fall of the Nazis** The story of how the Nazis conquered Germany in the wake of World War One. **10.00** A look at how the failed coup on 9 November 1923 eliminated Hitler's movement.
11.00 **Ancient Aliens** The Mutual UFO Network and possible proof of extraterrestrial visitation. **12.00** M'T Meteor impacts.
1.00 AM **The Nostradamus Effect**
3.00 **The Abyss: Rise & Fall of the Nazis** The defeat at Stalingrad.
4.00 **Strangest Things**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made** Four editions.
12.00 NOON **How Do They Do It?**
2.00 PM **Truth Behind the Moon Landing** Double bill.
4.00 **Alien Highway**
6.00 **How It's Made** Four editions of the series, including at: **7.00** How the world's smallest car is made. **7.30** Making LED tubes.
8.00 **Paranormal Declassified** Paul Beban looks for answers in a 60-year-old string of unsolved cattle mutilations across the US. **9.00** Paul searches for evidence of extra-terrestrials.
10.00 **Curse of the Bermuda Triangle** Investigating a sea monster. **11.00** Searching for the truth behind one of the Triangle's most infamous mysteries.
12.00 M'T **In Search of Monsters**
2.00 AM **The Alaska Triangle**
3.00 **Alien Highway**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** True-crime.
3.40 PM **My Strange Arrest**
5.00 **Witness to Murder: Digital Evidence** Documentary.
6.00 **The Real Murders of Los Angeles** A man mysteriously dies in his doctor's office. **7.00** The murder of a Van Nuys newlywed goes cold for 23-years until detectives revisit the brutal evidence.
8.00 **Buried in the Backyard** A car robbery and a Santa Claus bandit dominate headlines.
9.00 **Spring Break Murders** A mother and two teenagers vanish on a trip to Yosemite.
10.00 **Interview with a Killer** 1&2/2. An interview with imprisoned double murder Adam Williams.
12.00 M'T **Predator Files**
1.00 AM **Ozark Law** Documentary.
2.00 **Hometown Tragedy**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Pacific Ocean Paradise**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** The vets are challenged with a rat that was attacked by a dog, and a canine with a life-threatening condition.
8.00 **Legends of Venom** Documentary exploring the world of venomous snakes, beginning by focusing on cobras. **9.00** Focusing on vipers, a snake family as diverse as the challenges they face.
10.00 **Galapagos: Enchanted Isle** A look at the wildlife of the volcanic islands in the Pacific.
11.00 **Snakes in the City** Simon and Nadine are invited to view the birth of 15 baby snakes.
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **Lost Mines: Restored** A third-generation miner has big dreams of re-opening his father's silver mine. **7.00** Alex and Kevin battle the tough Arizona climate to help mine owner James. **8.00** Alex and Kevin transform dormant gold mines claims.
9.00 **How the Universe Works** Exploring binary star systems, which make around half of the Milky Way, and their potential to create habitats for alien life. **10.00** A look into how Uranus and Neptune may have influenced life on Earth. **11.00** The destructive power of quasars, and the role they likely played in the universe's creation.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering** A bizarre block in Taiwan resembling a giant speaker. **2.00** An ominous tower in the forests of Croatia. **3.00** Exploring a desert island with an infected past adrift from the US mainland. **4.00** Featuring Italian ruins immortalised by Hollywood.
5.00 **The Two Ronnies**
7.30 **The Two Ronnies** Vintage comedy sketches, featuring music by Thelma Houston. **8.20** With guests Diane Keen and Sue Lloyd, and music by Georgie Fame and Alan Price. **9.10** Vintage comedy sketches, including *Done to Death*. Featuring music by Georgie Fame and Alan Price. **10.00** The duo continue their gripping serial *Done to Death*, plus music from Chelsea Brown.
10.50 **The Two Ronnies**
5.00 **to 6.00** AM **Abandoned Engineering**

+1hour 266 376

ID

154 140 166

8.00 AM **Betrayed** Double bill.
10.00 **Murder Comes to Town**
12.00 NOON **Evil Stepmothers**
2.00 PM **Diabolical: Deadly Love**
4.00 **People Magazine Investigates**
6.00 **Still a Mystery** A look into the disappearance of three teenagers in 2017. **7.00** A mother-of-five who vanished without a trace.
8.00 **Betrayed** The case of Cathy Stroup, in which investigators initially believed her husband James was responsible, until the true killers emerged.
9.00 **Married to Evil** A sudden knock at the door turns a couple's life upside down.
10.00 **Til Death Do Us Part** How a 'tragic accident' proved to be something more sinister.
11.00 **Twisted Love**
12.00 M'T **Toxic** True-crime.
1.00 AM **Deadly Sins**
2.00 **Death by Fame**
4.00 **to 6.00** AM **Til Death Do Us Part**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Massive Engineering Mistakes** Triple bill.
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Supertruckers**
4.00 PM **Hell Roads**
5.00 **Kindig Customs** Triple bill.
8.00 **Shed and Buried** Sam and Henry rescue interesting items from a scrapyard in Devon. **8.30** Sam and Henry visit a vast collection of Ford vehicles in Worcestershire. **9.00** The duo are in Dorset. **9.30** A visit to a father and daughter who own a shed full of vintage Americana.
10.00 **Richard Hammond's Big** Richard joins the crew of the *Marie Maersk* container ship. **11.00** Richard ventures into the world's longest underground railway connection. **12.00** M'T Richard visits the huge Tottenham Hotspur Football Stadium in London.
1.00 **to 4.00** AM **Massive Engineering Mistakes**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **On Swift Horses** Drama. (2024, 15, 119min) ★★★
8.05 **The Bad Guys 2** Animation. (2025, PG, 104) ★★★★
10.05 PREMIERE **Caught Stealing**
12.00 NOON **Final Destination: Bloodlines** As 7.05pm.
2.00 PM **Superman** Adventure. (2025, 12, 129min) ★★★★
4.15 **One Battle After Another** Thriller. (2025, 15) ★★★★★
7.05 **Final Destination: Bloodlines** Horror. (2025, 15) ★★★★

11.15 Caught Stealing

Final Destination: Bloodlines (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Weapons** Horror starring Julia Garner, Josh Brolin and Amy Madigan. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 PREMIERE **Caught Stealing** Comedy thriller starring Austin Butler, Zoë Kravitz and Matt Smith. (2025, 15, 107min) ★★★★ *See review, page 23.*
1.15 AM **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. (2025, 15, 89min) ★★★
2.50 **Coyotes** Comedy thriller with Justin Long and Mila Harris. (2025, 15, 100min) ★★★
4.30 **to 6.10** AM **Flavia** Adventure. (2025, PG, 100min) ★★★

Sky Cinema Box Set

303 303 403 503 517

7.45 AM **Beverly Hills Cop** (1984)
9.45 **Beverly Hills Cop II** (1987)
11.45 **Beverly Hills Cop 3** Comedy thriller. (1994, 15, 104min) ★★
1.45 PM **Jurassic Park** Thriller. (1993, PG, 127min) ★★★★★
3.55 **The Lost World: Jurassic Park** Steven Spielberg's monster adventure sequel. (1997, PG, 129min) ★★★
6.10 **Jurassic Park III** Adventure sequel starring Sam Neill. (2001, PG, 92min) ★★★

8.00 Ghostbusters

8.00 **Ghostbusters** Action comedy starring Bill Murray, Sigourney Weaver and Dan Aykroyd. A trio of New York university parapsychologists go into business as ghost exterminators. (1984, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Ghostbusters II** Supernatural comedy sequel with Bill Murray. The Ghostbusters battle another batch of spooks in the Big Apple. (1989, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Ghostbusters** Fantasy comedy starring Kristen Wiig. (2016, 12, 113min) ★★★
1.40 AM **Beverly Hills Cop** Comedy thriller with Eddie Murphy. (1984, 15, 105min) ★★★★
3.30 **Beverly Hills Cop II** Comedy thriller starring Eddie Murphy. (1987, 15, 99min) ★★★
5.15 **The Cinema List: Bingeable**
5.30 **to 7.15** AM **Beverly Hills Cop 3**

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Two Mules for Sister Sara** Western. (1969, 15, 114min) ★★★
9.15 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★
11.15 **Dunkirk** World War Two drama. (2017, 12, 106min) ★★★★★
1.10 PM **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
3.45 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
5.35 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
8.00 **About Time** Romantic comedy fantasy with Domhnall Gleeson, Rachel McAdams and Bill Nighy. A young man inherits the ability to time-travel into his past. (2013, 12, 120min) ★★★
10.10 **It Ends with Us** Drama based on Colleen Hoover's novel starring Blake Lively. A woman's abusive relationship is shaken after her first love reappears. (2024, 15, 125min) ★★★
12.30 AM **About a Boy** Comedy drama starring Hugh Grant. (2002, 12, 101min) ★★★★
2.20 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
5.10 **to 7.25** AM **Girl You Know It's True** Biographical drama. (2023, 15, 124min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **Battleship** (2012, 12) ★★★
9.15 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
11.10 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★
1.10 PM **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
4.00 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
6.00 **Back to the Future Part III** Time-travel comedy adventure sequel starring Michael J Fox. (1990, PG, 112min) ★★★★
8.00 **Mickey 17** Sci-fi comedy starring Robert Pattinson. (2024, 15, 137min) ★★★
10.20 **M3GAN 2.0** Sci-fi thriller sequel starring Allison Williams. Two years after a robot's rampage, her creator is forced to resurrect the doll to take down a military-grade weapon. (2025, 15, 120min) ★★★
12.30 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
2.10 **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
4.10 **Westworld** Sci-fi Western. (1973, 15, 89min) ★★★★
5.50 **to 7.45** AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.45 AM **Paddington** As 1.15am.
8.35 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
10.35 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
12.35 PM **Flushed Away** Animation. (2006, U, 85min) ★★★★
2.15 **Karate Kid: Legends** Drama sequel. (2025, 12, 94min) ★★★
4.05 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
6.00 **The Hobbit: An Unexpected Journey** (2012, 12) ★★★

6.00 The Hobbit

8.50 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure, the second part of his adaptation of JRR Tolkien's children's novel, starring Martin Freeman, Ian McKellen and Richard Armitage. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Peter Rabbit** Comedy with the voice of James Corden. (2018, PG, 95min) ★★★
1.15 AM **Paddington** Family comedy with Hugh Bonneville. (2014, PG, 95min) ★★★★★
2.55 **Antz** Animated comedy with the voice of Woody Allen. (1998, PG, 83min) ★★★
4.25 **to 6.00** AM **The Witches** Scary fantasy adventure starring Anjelica Huston. (1989, PG, 90min) ★★★★

Sky Cinema Action

306 306 407 507 521

6.45 AM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
8.50 **The Mummy Returns** Fantasy. (2001, 12, 129min) ★★★★
11.05 **Spider-Man** (2002, 12) ★★★★
1.10 PM **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
3.30 **Fast & Furious 8** Adventure sequel. (2017, 12, 136min) ★★★
5.50 **Jurassic World** Fantasy sequel. (2015, 12, 124min) ★★★★

10.20 Troy

8.00 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as crime-fighting superhero Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. With Kirsten Dunst. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Troy** Historical drama starring Brad Pitt, Eric Bana and Orlando Bloom. Trojan prince Paris elopes with Greek royal consort Helen. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Twisters** Disaster sequel. (2024, 12, 122min) ★★★★
3.15 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
5.35 **The Cinema List: Heroes**
5.50 **to 7.40** AM **Rampage** Fantasy. (2018, 12, 107min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **Team America: World Police** (2004, 15) ★★★★
8.30 **48 Hrs** (1982, 15) ★★★★★
10.15 **Hope Springs** (2012, 12) ★★★
12.00 NOON **Zoolander 2** (2016)
1.45 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
3.35 **The Naked Gun** Thriller. (1988, 15, 85min) ★★★★
5.05 **The Naked Gun 2½: Smell of Fear** (1991, 15) ★★★
6.35 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★

3.35 The Naked Gun

8.00 **The Naked Gun** Comedy reboot starring Liam Neeson. Following in the footsteps of his father, Frank Drebin Jr must save his police department by solving a complex case. (2025, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Police Academy** Comedy starring Steve Guttenberg, Kim Cattrall and GW Bailey. A city police force opens its doors to some very unlikely recruits. (1984, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
12.40 AM **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
2.10 **Uncle Buck** Comedy. (1989, 12, 94min) ★★★
3.55 **The Death of Stalin** Comedy. (2017, 15, 106min) ★★★★
5.45 **to 7.35** AM **The Hangover Part III** Dark comedy sequel. (2013, 15, 100min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.40 AM **Vanilla Sky** Fantasy. (2001, 15, 136min) ★★★
9.10 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
11.15 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
1.20 PM **Sherlock Holmes** Thriller. (2009, 12, 128min) ★★★★
3.40 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
6.00 **Bourne Ultimatum** Thriller sequel. (2007, 12) ★★★★

10.30 Snatch

8.00 **The Bourne Legacy** Espionage thriller sequel starring Jeremy Renner and Rachel Weisz. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. With Edward Norton. (2012, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Snatch** Crime comedy drama starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **GoodFellas** Crime drama. (1990, 18, 143min) ★★★★★
2.45 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
4.45 **to 6.45** AM **The Bikeriders** Crime drama with Tom Hardy. (2023, 15, 116min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Lost World** Fantasy. (1960, PG, 98min) ★★
12.55 PM **The Simpsons Movie** Animated comedy spin-off. (2007, PG, 83min) ★★★★★
2.40 **Secret Headquarters** Family comedy adventure. (2022, PG, 104min) ★★★
4.40 **The Poseidon Adventure** Thriller. (1972, PG) ★★★★★
6.55 **Dad's Army** Wartime comedy. (2016, PG, 98min) ★★★

6.55 Dad's Army

Dad's Army (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Peppermint** Revenge thriller starring Jennifer Garner. A Los Angeles banker sets out on a one-woman vengeance mission after her husband and daughter are killed. With Jeff Hephner and Juan Pablo Raba. (2018, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **The Dive** Thriller starring Louisa Krause and Sophie Lowe. A woman is struck by a rock and trapped underwater while deep-sea diving, leaving her sister to try and save her. (2023, 15, 91min) ★★★
12.50 **to 3.05** AM **Hustlers** Comedy crime drama starring Jennifer Lopez and Constance Wu. (2019, 15, 110min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

7.00 AM **Peter Pan** As 2.20am.
8.55 **The Hobbit: An Unexpected Journey** Fantasy adventure. (2012, 12, 165min) ★★★
11.45 **The Hobbit: The Desolation of Smaug** Fantasy adventure. (2013, 12, 161min) ★★★★
2.30 PM **The Hobbit: The Battle of the Five Armies** Fantasy adventure with Martin Freeman. (2014, 12, 144min) ★★★

5.00 **The Lord of the Rings: The Fellowship of the Ring** Fantasy adventure starring Elijah Wood. (2001, PG, 178min) ★★★★★
8.00 **The Lord of the Rings: The Two Towers** Fantasy adventure with Elijah Wood. As the power of Sauron continues to grow, the fellowship of the ring dissolves. (2002, 12, 179min) ★★★★★
11.00 **The Lord of the Rings: The Return of the King** Fantasy adventure starring Elijah Wood. (2003, 12, 201min) ★★★★★

2.20 AM **Peter Pan** Family adventure starring Jeremy Sumpter, Rachel Hurd-Wood and Jason Isaacs. (2003, PG, 113min) ★★★★
4.20 **to 6.00** AM **Harold and the Purple Crayon** Family adventure starring Zachary Levi. (2024, PG, 87min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.10 AM **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
7.55 **The First Wives Club** (1996)
9.40 **The Blues Brothers** (1980)
11.55 **Twister** Disaster movie. (1996, PG, 114min) ★★★
1.55 PM **First Knight** Romantic drama. (1995, PG, 134min) ★★★
4.15 **Bad Boys** Action comedy thriller starring Martin Lawrence. (1995, 15, 118min) ★★★

6.15 **Billy Madison** Comedy starring Adam Sandler, Darren McGavin and Bridgette Wilson. (1995, PG, 90min) ★★
8.00 **Ace Ventura Pet Detective** Comedy starring Jim Carrey as a wacky Miami private detective who specialises in tracking down lost pets. With Courteney Cox. (1993, 12, 86min) ★★★★
9.30 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★

11.10 **In & Out** Comedy starring Kevin Kline. (1997, 12, 91min) ★★★
12.45 AM **The Blues Brothers** Cult comedy starring John Belushi. (1980, 15, 135min) ★★★★★
3.00 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.45 **to 6.20** AM **Billy Madison**

Sky Cinema Animation

312 315 405 500 514

6.55 AM **Noah's Ark** As 12.15am.
8.40 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
10.20 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
12.25 PM **Cloudy with a Chance of Meatballs 2** Animated comedy sequel with the voice of Bill Hader. (2013, U, 93min) ★★★

2.05 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
4.00 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
5.35 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★
7.20 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
9.10 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
10.40 **Super Charlie** Animation. (2025, PG, 82min) ★★★

12.15 AM **Noah's Ark** Animation. (2024, U, 96min) ★★★
2.00 **Rock Dog 3: Battle the Beat** Animation. (2022, U) ★★
3.40 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
5.25 **to 7.15** AM **Paws of Fury: The Legend of Hank** (2022) ★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
7.15 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
8.50 **Bedtime Stories** Family fantasy. (2008, PG, 99min) ★★★
10.30 **Mufasa: The Lion King** (2024)
12.30 PM **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
2.15 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★

3.50 **Pocahontas** Animation. (1995, U, 81min) ★★★
5.15 **Freaky Friday** Fantasy comedy. (2003, PG, 97min) ★★★
6.55 **Mufasa: The Lion King** Musical adventure prequel. (2024, PG, 118min) ★★★
9.00 **PREMIERE A Real Pain** Comedy drama starring Kieran Culkin and Jesse Eisenberg. (2024, 15, 90min) ★★★★★
10.30 **The Omen** Occult horror thriller remake starring Liev Schreiber. (2006, 15, 110min) ★★

12.25 AM **The Maze Runner** Sci-fi thriller. (2014, 12, 110min) ★★★
2.20 **Freaky Friday** As 5.15pm.
4.00 **The Sorcerer's Apprentice** Fantasy starring Nicolas Cage. (2010, PG, 109min) ★★★★
5.50 **to 6.00** AM **Forky Asks a Question** Animated short.

Talking Pictures

328 445 82 306 36

6.00 AM **Daniel Boone, Trail Blazer** Western. (1956, PG, 76min) ★★
7.35 **Look at Life** Documentary.
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 4/26. (S3)
9.30 **The Roy Rogers Show** (S5)
10.00 **Captain Scarlet and the Mysterons** 7/32. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 18/39. (S1)

11.30 **The Adventures of Robin Hood**
12.00 NOON **12 to the Moon** Thriller. (1960, b/w, U, 74min) ★★
1.35 PM **The Silent Enemy** Adventure. (1958, b/w, PG, 112min) ★★
3.55 **Cinebox Memories**
4.00 **Whiplash** 12/34. (S1)
4.35 **Our Man in Havana** Spy drama. (1959, b/w, PG, 112min) ★★★★
6.45 **Look at Life** Documentary.
7.00 **Maigret** 3/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **X, Y and Zee** (1972, PG) ★★★
11.20 **Look at Life** Documentary.

11.30 **One Step Beyond** 1/22. (S1)
12.00 M'T **Eurotrash** 3/7. (S5)
12.30 AM **Enter the Dragon**
1.35 **Brides of Blood** (1968, 15) ★★
3.30 **The Starlost** 3/18. (S1)
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

Saturday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **The Masters**
7.30 **Sky Sports Breakfast**
9.00 **Masters Breakfast**
11.00 LIVE **EFL** **Norwich City v Ipswich Town.** The Championship match from Carrow Road. Kick-off **12.30pm**.
3.00 PM LIVE **WTA & ATP Tennis** The ATP Monte-Carlo Masters and WTA Linz Open, both of which are clay-court tournaments held at Monte Carlo Country Club in Roquebrune-Cap-Martin, and Design Center Linz respectively.
4.30 **Gillette Labs Soccer Saturday**
5.00 LIVE **SNF** **Liverpool v Fulham.** Coverage of the Premier League match from Anfield. Harrison Reed scored an incredible equaliser in the reverse fixture back in January to earn the London club a 2-2 draw at Craven Cottage. Kick-off **5.30pm**.
7.45 LIVE **The Masters** Coverage of round three of the first Major of the year, held at Augusta National Golf Club. Eventual champion Rory McIlroy's second successive six-under round of 66 saw him end day three last year in the lead.
12.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Stories**
7.30 **The Big Interview**
8.00 **FNF** West Ham v Wolves.
8.30 **Premier League Stories**
9.00 **The Big Interview**
9.30 **FNF** West Ham v Wolves.
10.00 **Saturday Social**
11.00 **Premier League One on One**
11.30 **FNF** West Ham v Wolves.
12.00 NOON **Gillette Soccer Saturday**
5.00 PM LIVE **SNF** **Liverpool v Fulham.** Coverage of the Premier League match from Anfield. Harrison Reed scored an incredible equaliser in the reverse fixture back in January to earn the London club a 2-2 draw at Craven Cottage. Kick-off **5.30pm**.
8.30 **Game of the Day**
10.30 **Premier League Highlights** Action from Brentford v Everton. **11.00** Action from Burnley v Brighton & Hove Albion.
11.30 **SNF** Liverpool v Fulham.
12.00 M'T **Premier League Highlights** Action from Brentford v Everton.
12.30 AM **Premier League Highlights**
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL** The 2018/19 play-off finals.
8.15 **Old Firm Derby Best Goals**
8.45 **EFL Highlights** Championship.
9.00 **EFL Trophy** The semi-finals.
10.00 **Saturday Social**
11.00 LIVE **EFL** **Norwich City v Ipswich Town.** The Championship match from Carrow Road. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.20 LIVE **Bundesliga** **FC St. Pauli v Bayern Munich.** Coverage of the German top-flight match staged at Millerntor-Stadion. Kick-off is at **5.30pm**.
7.30 **EFL** Another chance to see Norwich City v Ipswich Town.
9.30 **EFL Trophy** Doncaster Rovers v Stockport County in the semi-finals. **10.00** Luton Town v Northampton Town in the semi-finals.
10.30 **EFL Highlights** Highlights from West Bromwich Albion v Millwall. **10.45** Norwich v Ipswich.
11.00 **EFL Highlights** Championship.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **There's Only One Sauzee**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 LIVE **IPL** **Punjab Kings v Sunrisers Hyderabad.** Coverage of the T20 match staged at Maharaja Yadavindra Singh International Cricket Stadium, New Chandigarh. These two sides met just the once last season with Sunrisers claiming the victory thanks to an impressive performance in Hyderabad.
2.50 PM LIVE **IPL** **Chennai Super Kings v Delhi Capitals.** Coverage of the T20 match from MA Chidambaram Stadium. The visitors won this fixture last year thanks to a relatively simple 25-run victory.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights from Punjab Kings v Sunrisers Hyderabad. **9.00** Action from Chennai Super Kings v Delhi Capitals.
10.00 **IPL** Punjab Kings v Sunrisers Hyderabad in New Chandigarh. **11.00** Highlights from Chennai Super Kings v Delhi Capitals.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A replay of Kolkata Knight Riders v Lucknow Super Giants.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Vamos! Garcia's Glory**
6.30 **Masters: Faldo '96**
7.30 **The Masters** The second round.
9.00 **Masters Breakfast**
11.00 **McGinley & Chamblee at The Masters**
12.00 NOON **The Masters** Round two.
1.30 PM **McGinley & Chamblee at The Masters** Round two analysis.
2.30 **Masters Breakfast**
4.30 LIVE **The Masters** Coverage of round three of the first Major of the year held at Augusta National Golf Club. Eventual champion Rory McIlroy's second successive six-under round of 66 saw him end day three last year in the lead.
12.30 AM **Masters Official Film 2025**
1.30 **Masters Official Film 2013**
2.30 **The Magnificent Masters 1975**
3.00 **The Masters** The third round.
4.30 **The Masters Official Film 2017**
5.30 **to 6.00** AM **Masters 1986**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Coverage of the doubles competition on day seven of the Monte-Carlo Masters.
11.30 **Tennis** Indian Wells Open finals.
12.00 NOON **WTA All Access**
12.30 PM LIVE **ATP Tennis** Further coverage of day seven of the ATP Monte-Carlo Masters at Monte Carlo Country Club in France.
2.30 LIVE **WTA & ATP Tennis** Coverage of the ATP Monte-Carlo Masters and WTA Linz Open.
4.30 LIVE **WTA Tennis** Coverage of day six of the WTA Linz Open at Design Center Linz in Austria.
6.30 **WTA All Access**
7.00 **WTA & ATP Tennis**
12.00 M'T **ATP Tennis** Bucharest Open.
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.30 AM **Premier League Preview**
7.00 LIVE **AFL** **Sydney Swans v Gold Coast Suns.** Bounce-up **7.15am**.
10.00 **Champions League Magazine**
10.30 **Premier League Preview**
11.00 LIVE **Premier League** **Arsenal v Bournemouth.** The top-flight clash from the Emirates Stadium. Kick-off **12.30pm**.
3.00 PM **Xtra Time** Analysis.
3.15 LIVE **World Rally Championship** The Rally Croatia special stages 15 and 16.
5.00 **MLB Highlights**
6.00 LIVE **MLB** **Philadelphia Phillies v Arizona Diamondbacks.** Coverage of the National League match at Citizens Bank Park. Start-time **6.05pm**.
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **UEFA Champions League**
10.30 **Fight Week** UFC 327 preview.
11.00 **UFC Countdown**
12.00 M'T LIVE **UFC** Preliminary bouts.
2.00 **to 7.00** AM LIVE **UFC** **Jiri Prochazka v Carlos Ulberg.** The light heavyweight title bout from Kaseya Center in Miami.

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **Isuzu UTE A-League** **Auckland FC v Melbourne Victory.** Kick-off **6.00am**.
8.00 **Premier League Preview**
8.30 **Ultimate Pool** Pairs Cup.
10.00 LIVE **World Rally Championship** Rally Croatia.
11.45 **Men's Cycling**
12.45 PM LIVE **World Rally Championship** Rally Croatia.
1.45 **TNT Sports Reload**
2.00 LIVE **World Rally Championship** Rally Croatia.
3.00 **TNT Sports Cricket Reload**
3.15 LIVE **World Rally Championship** Rally Croatia.
5.00 **WRC: More Than Machine**
5.45 **TNT Sports Reload**
6.00 **Rolex SailGP Championship**
7.00 LIVE **SailGP** In Rio de Janeiro.
8.30 **Paris-Roubaix** Highlights.
10.30 **World Rally Championship**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB** **St Louis Cardinals v Boston Red Sox.** Start-time **12.15am**.
3.00 AM **TNT Sports Reload**
3.30 **to 6.30** AM LIVE **AFL** **Geelong Cats v West Coast Eagles.** Bounce-up **3.30am**.

Sky Sports Action

412 410 510 426 446

6.00 AM **NFL Highlights**
8.00 **Super League Highlights**
8.15 **Women's Super League**
8.30 LIVE **NRL** **Cronulla-Sutherland Sharks v Sydney Roosters.** Coverage of the match from the sixth round of fixtures staged at Optus Stadium in Perth. Kick-off **8.30am**.
10.30 LIVE **NRL** **Melbourne Storm v New Zealand Warriors.** Coverage of the match from the sixth round of fixtures staged at AAMI Park in Melbourne. Kick-off **10.35am**.
12.30 PM **NFL Bitesize Highlights**
1.00 **Super League**
4.00 **NFL Highlights**
5.00 **Super League Highlights**
6.00 **Premier League Darts** Another chance to see the 10th night staged at Brighton Centre.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
1.00 AM **Super League Highlights**
2.00 **Super League** Wigan Warriors v Warrington Wolves from 2025.
4.45 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

7.30 AM **Sky Sports Breakfast**
8.00 LIVE **Super Rugby** **Hurricanes v Blues.** Coverage of the match staged at Hnry Stadium in Wellington. Kick-off **8.05am**.
10.00 **Gillette Labs Soccer Saturday**
11.00 **EFL Build-Up**
12.25 PM LIVE **EFL** **Coventry City v Sheffield Wendesday.** Coverage of the Championship match staged at Coventry Building Society Arena. Title-chasing Coventry claimed an emphatic 5-0 win in October's reverse fixture at Hillsborough and they will be expecting another victory against a team who will be playing League One football next term. Kick-off **12.30pm**.
3.00 **Gillette Labs Soccer Saturday**
5.00 LIVE **The Masters** Coverage of the featured holes in round three of the first Major of the year, focusing on Amen Corner at Augusta National Golf Club.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Aston Villa v Wolves from 2017/18. **12.15** AM Fulham v Queens Park Rangers in the 2017/18 season.
12.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **IPL** T20 highlights.
9.00 **Ladies European Tour Golf**
10.00 **EFL Greatest Games**
10.30 LIVE **Super Rugby** **Reds v Crusaders.** Coverage of the match from Suncorp Stadium in Brisbane. Kick-off **10.35am**.
12.30 PM **Ladies European Tour Golf**
1.30 **PGA Tour Golf** Texas Open.
2.30 **EFL Greatest Games**
3.00 **WTA Tennis** Charleston Open.
4.00 **Ladies European Tour Golf**
5.00 **PGA Tour Golf** Texas Open.
6.00 **Premier League Darts**
10.00 **WTA Tennis** Bogota Open final.
11.00 **IPL** Recent T20 highlights.
3.00 **to 6.00** AM **Darts Features**

TNT Sports 3

413 415 523 410 432

7.00 AM **Men's Cycling**
8.00 LIVE **Isuzu UTE A-League** **Newcastle Jets v Adelaide United.** Kick-off **8.00am**.
10.00 **TNT Sports Reload**
10.30 LIVE **AFL** **Hawthorn Hawks v Western Bulldogs.** Bounce-up **10.35am**.
1.30 PM **Cycling** Highlights.
2.30 LIVE **Cycling** Stage six of the men's Tour of the Basque Country.
4.45 **Playing for Our Future**
5.00 **UEFA Europa League & Conference League Highlights**
6.00 **Isuzu UTE A-League**
9.00 **Premier League: Big Interview**
9.30 **Ultimate Pool** Pairs Cup.
11.00 **Cycling** Men's highlights.
12.00 M'T **Premier League**
1.30 AM **UEFA Champions League**
2.00 **Men's Cycling** Highlights.
3.00 **Race Bikes** Mountain Bike racing.
3.30 **World Rally Championship**
4.00 **to 6.00** AM LIVE **V8 Supercars** ITM Taupo Super 440 race 10.

TNT Sports 4

414 416 524 411 434

6.30 AM **The Gruppetto**
6.45 **World Rally Championship**
7.15 LIVE **World Rally Championship** The Rally Croatia special stages nine and 10.
9.30 **WRC: More Than Machine**
10.15 **TNT Sports Cricket Reload**
10.30 LIVE **Isuzu UTE A-League** **Western Sydney Wanderers v Sydney FC.** Coverage of the match staged at CommBank Stadium. Kick-off **10.35am**.
12.30 PM **Ultimate Pool**
2.00 **Fishing: On the Bank**
3.00 **AFL** Three match replays.
7.30 **AFL** A replay of Essendon Bombers v Melbourne Demons. **9.00** Another chance to see Sydney Swans v Gold Coast Suns. **10.30** A replay of Hawthorn Hawks v Western Bulldogs.
12.00 M'T **World Rally Championship**
12.30 AM **Isuzu UTE A-League**
3.30 **Premier League: Big Interview**
4.00 **to 6.00** AM **Paris-Roubaix**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** Highlights.
8.00 **Eredivisie** Ajax v FC Twente.
10.00 **Sporting Greats**
11.00 **The Rugby Pod**
12.30 PM **Champions Cup**
2.30 LIVE **Champions Cup** Coverage of the second quarter-final.
5.15 LIVE **Champions Cup** Coverage of the third quarter-final.
8.00 LIVE **Eredivisie** **Heracles v Ajax.** Coverage from Asito Stadion. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights**
10.25 LIVE **Brasileiro Serie A** **Fluminense v Flamengo.** From Maracana. Kick-off **10.30pm**.
12.30 AM **Football's Greatest**
1.00 LIVE **NHL Ice Hockey** **Colorado Avalanche v Vegas Golden Knights.** Coverage from Ball Arena. Face-off **1.00am**.
4.00 **NHL: This is Hockey**
5.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **NHL Ice Hockey**
8.00 **LaLiga** Real Madrid v Girona.
10.00 **Challenge Cup**
12.00 NOON LIVE **Challenge Cup** Coverage of the first quarter-final.
2.30 PM **Temples of Sport**
3.30 **Challenge Cup** A quarter-final.
5.25 LIVE **Challenge Cup** Coverage of the second quarter-final.
7.30 **LaLiga Match Highlights**
7.55 LIVE **Challenge Cup** Coverage from the third quarter-final.
10.00 **Temples of Sport**
10.30 **Bike World** Magazine.
11.00 **LaLiga Match Highlights**
11.25 LIVE **Argentine Primera Division** **Boca Juniors v Independiente.** Coverage of the match from La Bombonera. Kick-off **11.30pm**.
1.30 AM **Football's Greatest**
2.00 **NHL Specials** Florida Panthers.
3.00 **NHL: This is Hockey**
3.30 **Bike World** Highlights.
4.00 **to 6.00** AM **NHL Ice Hockey**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 3** From Australia.
8.15 **Formula 2** Australian Grand Prix.
11.00 **The New F1 Rules**
11.05 **F1 Feature**
12.05 PM **Ted Looks Back at the Australian GP**
12.10 **Formula 1** Australian Grand Prix.
1.10 **Ted's Notebook**
1.40 **F1 Features**
4.30 **Ferrari Challenge UK**
5.00 LIVE **GT World Challenge Europe** Coverage of the latest round of the season.
11.00 **Formula 1** Japanese Grand Prix.
12.00 M'T **Ted's Notebook**
12.30 AM **Ferrari Challenge UK**
1.00 **F1 Explained** The inner workings.
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

12 April

Evening Planner

Football

Premier League
Sky Sports
Today's 2pm kick-offs include Palace v Newcastle and Forest v Aston Villa – before Chelsea host Man City (4.30pm).

Comedy

Georgie & Mandy's First Marriage
TLC, 8pm
Season two of the comedy which stars Montana Jordan and Emily Osment.

Entertainment

Your Song
C4, 9pm
Alison Hammond offers amateur singers a chance to perform in public – Paloma Faith and Sam Ryder are their mentors.

Travelogue

Zero Stars
TLC, 9pm
Comedian pals Sara Pascoe and Roisin Conaty visit destinations and experience activities that have truly appalling reviews.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Antiques Roadshow †		8.00 The Other Bennet Sister †		9.00 The Capture		10.15 News; Local News	
	102 BBC2	7.00 Olivier Awards				9.00 Forensics: The Real CSI		10.00 Film: The Good, the Bad and the Ugly	
	103 ITV1	7.00 Emmerdale	7.30 Coronation...	8.00 Grace				10.15 Savage River	
	104 CHANNEL 4	◂ 6.40 Inside Legoland at...	7.40 The Great Celebrity Bake Off for Stand Up to Cancer			9.00 Your Song		10.00 Gogglebox	
	105 5		7.05 Inside M&S: Food Secrets Revealed	8.00 Rich Holiday, Poor Holiday		9.00 Rich House, Poor House			10.30 When Train...
	106 SKY ONE	◂ 5.45 Agatha Raisin		7.45 Film: Indiana Jones and the Kingdom of the Crystal Skull				10.00 Saturday Night Live	
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Sort Your Life Out with Stacey Solomon		10.00 Film: Tenet	
	116 BBC4	7.00 Travels with Pevsner		8.00 Rebuilding Notre-Dame: The Final...		9.00 Krapp's Last Tape		9.55 Searching for Sam: Adrian Dunbar on...	
	118 ITV2	◂ 6.20 Film: Liar Liar		8.00 Film: Fast & Furious Presents Hobbs & Shaw					
	136 MORE4	◂ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	◂ 6.30 The Amazing Race Australia		8.00 The Simpsons		9.00 Film: Die Hard			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.40 House of the Dragon				9.00 All Her Fault		10.00 DTF St Louis	
	110 U&GOLD	7.00 Only Fools and Horses			8.20 Dad's Army	9.00 Not Going Out		10.15 Only Fools and Horses	
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal				9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.05 Agatha Christie's Marple		8.05 Midsomer Murders					
	120 ITV4	7.00 Film: Octopussy					9.45 Film: Universal Soldier		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Midnight Run			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine						10.00 The Walking Dead	
	143 U&DRAMA	◂ 6.50 Campion		8.00 Harry Wild		9.00 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Father Brown		9.00 Death in Paradise		10.00 NCIS: Sydney	
	122 SKY ARTS	7.00 Spymasters: The Great Spy Writers		8.00 Film: Under Capricorn				10.15 Opry Live	
	132 U&W	7.00 Inside the Ambulance: Coast and...		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Moonshiners: Master Distiller		9.00 Barnwood Builders		10.00 Wheeler Dealers	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 The Diamond Collar		9.00 Alaska: Surviving the Last Frontier		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Lost Treasures of the Bible		9.00 Planes that Changed History		10.00 Egypt's Sun King: Secrets and...	
	123 SKY HISTORY	7.00 Greatest Prison Escapes with Billy Hayes				9.00 Hitler's Holocaust Railways with Chris Tarrant			10.30 Britain's...
	155 U&YESTERDAY	7.00 Dom Chinea's Cornish Workshop		8.00 Whatever Happened to the Likely Lads?				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Spitfire				9.00 God Bless Ozzy Osbourne			
FILMS - Sky Cinema	301 PREMIERE		7.10 Blue Moon			9.00 Weapons			
	302 ADVENTURE	◂ 5.00 The Lord of the Rings: The Two...		8.00 The Lord of the Rings: The Return of the King					
	303 BOX SET	◂ 6.15 The Hangover		8.00 The Hangover Part II			9.45 The Hangover Part III		
	307 GREATS	◂ 6.10 Beverly Hills Cop		8.00 Beverly Hills Cop II			9.45 Beverly Hills Cop 3		
	312 ANIMATION		7.15 Rock Dog 3: Battle The Beat			9.00 Monster Family			
	304 FAMILY	◂ 6.00 Antz	7.40 E.T. The Extra Terrestrial				9.40 The Hobbit: The Battle of the Five Armies		
	306 ACTION	◂ 6.00 Uncharted		8.00 Spider-Man 3					10.20 Fast & Furious 8
	308 COMEDY	◂ 6.00 How to Lose a Guy in 10 Days		8.00 Bridget Jones: Mad About the Boy				10.10 Miss Congeniality 2: Armed...	
	309 THRILLER	◂ 5.35 The Bourne Legacy		8.00 Jason Bourne				10.10 The Girl on the Train	
	310 DRAMA	◂ 5.45 It Ends with Us		8.00 An Officer and a Gentleman				10.10 The Brutalist	
	311 SCI-FI	◂ 5.55 Interview with the Vampire		8.00 Nosferatu					10.15 I Know What You Did Last...
	313 FILM4	◂ 6.45 Gemini Man				9.00 Tombstone			
SPORT	401 MAIN EVENT	◂ 6.45 The Masters – Live: Coverage of the fourth and final round from Augusta							
	402 PREMIER LEAGUE	◂ 4.00 Super...	7.30 Premier League 360 – Big Sam's Bolton				9.30 Away From...	10.00 Premier League Highlights	
	403 FOOTBALL	7.00 EFL Goals		8.00 EFL Highlights	8.30 SPFL Highlights	9.00 EFL Trophy Football			
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	◂ 6.30 UEFA Europa...	7.30 Serie A – Live: FC Como v Inter Milan (Kick-off 7.45)				9.45 UEFA Magazine	10.15 PL Stories	
	411 TNT SPORTS 2	7.00 SailGP – Live: The second day in Rio de Janeiro, Brazil			8.30 Isuzu UTE A-League				10.30 UFC

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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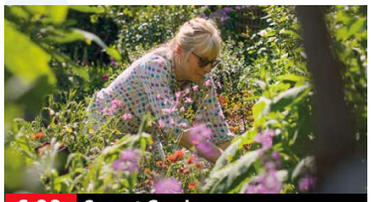
Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
7.50 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.10 FILM **Puss in Boots** Animation. (S)(AD) (2011, U, 85min) ★★★★
11.35 **BBC News** (S)
11.50 **Songs of Praise** New edition (S)
12.30 PM LIVE **Rugby League: Challenge Cup** Wakefield Trinity v Wigan Warriors: The quarter-final at DIY Kitchens Stadium. Kick-off 1.00. (S)
3.05 **Crookhaven** New episode 7/8. The Crooklings compete at the cutthroat trials. (S)(AD)
3.50 Series finale 8/8. Caspian's plan starts to unravel. (S1) (S)(AD)
■ Entire series on BBC iPlayer
4.35 **BBC News** (S)
4.50 **Local News** (S)
5.00 **Countryfile** New edition A visit to the National Forest. (S)



6.00 Secret Garden

6 PM

6.00 Secret Garden
New edition 2/5. Naturalist David Attenborough reveals the hidden lives of animals making a life for themselves in a small urban garden in Bristol. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.00 Antiques Roadshow
Fiona Bruce revisits to Cromford Mills in Derbyshire, where visitors include a pilot who has constructed her own planes and brought along a wooden propeller from a biplane. (S)(R)

8 PM

8.00 The Other Bennet Sister
New episode 9/10. A group hike up Scafell Pike is disrupted by an unforeseen storm. (S)(AD)
8.30 Series finale 10/10. Mary receives an unexpected offer in London. (S1) (S)(AD)

9 PM

9.00 The Capture
Series finale *Someone to Watch Over Me:* 6/6. The Correction Inquiry hears a shocking revelation that puts Garland in the glare of the world's media. (S3) (S)(AD)

10 PM

10.15 **BBC News** (S)
10.40 **Local News** (S)
10.45 **Match of the Day**
Highlights of the latest Premier League matches, including Chelsea v Manchester City at Stamford Bridge and Nottingham Forest v Aston Villa at the City Ground. (S)
12.00 M'T **The Claudia Winkleman Show** 5/6. With guests Ralph Fiennes, Anna Faris, Olivia Cooke and Michelle de Swarte. (S)(R)
12.45 AM **The Repair Shop** Items include a model Range Rover, a pair of ballet shoes and a fragile scrapbook from 1917. (S)(R)(AD)
1.45 **Weather for the Week Ahead** (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

5.55 AM **Countryfile** (S)(R)
6.50 **Landward** New edition (S)
7.20 **Beechgrove Garden** (S)(R)
7.50 **Breakfast** (S)
9.00 **Saturday Kitchen Best Bites** New edition With Stacey Dooley. (S)
10.30 **Great British Menu** (S)(R)(AD)
12.30 PM **Bargain Hunt** (S)(R)(AD)
1.10 **Pilgrimage: The Road to Holy Island** 3/3. The pilgrims are in the Scottish Borders. (S)(R)(AD)
2.10 FILM **Rear Window** Hitchcock thriller starring James Stewart and Grace Kelly. A photographer stuck at home with a broken leg comes to believe his neighbour is a killer. (S) (1954, PG, 110min) ★★★★★
4.00 **Secret Garden** 1/5. The wild world of Britain's backyards. (S)(R)(AD)
5.00 **Big Cats 24/7** 6/6. Serami's tiny cubs surprise the crew (S)(R)(AD)

10.00 The Good, the Bad and the Ugly

6.00 This Farming Life
7/12. Adam and Lucy come up with a plan to pair up dairy cows with motherless beef calves, while Emma's parents are shown the ropes and left in charge of the farm. (S)(R)

7.00 NEW Olivier Awards
Nick Mohammed hosts the biggest night in theatre, with a star-studded line-up at the Royal Albert Hall. Tonight marks the Olivier Awards 50th anniversary and highlights include performances from nominated musicals *Paddington the Musical*, *Evita*, *Into the Woods*, *The Unlikely Pilgrimage of Harold Fry*, *Shucked* and *The Producers*. Plus, Elaine Paige is honoured with this year's Special Award. (S)

9.00 Forensics: The Real CSI
After a decomposed body is found in a freezer at a waste disposal site, officers in the West Midlands must identify who it is and track down the person who concealed it. (S)(R)(AD)

10.00 FILM The Good, the Bad and the Ugly
Director Sergio Leone's vintage spaghetti western starring Clint Eastwood, Lee Van Cleef and Eli Wallach. During the American Civil War, three very different individuals search for a cache of Confederate gold hidden in an army graveyard. (S) (1966, 15, 170min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Sign Zone: Forensics: The Real CSI** 2/5. When CCTV captures the rape of a woman in a public phone box in Birmingham, police race to identify the attacker before he can strike again. (S)(R)(AD)
1.50 **Sign Zone: Babies** (S)(R)(AD)
3.45 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **James Martin's French Adventure** Saint-Emilion. (S)(R)
6.30 **James Martin's Saturday Morning** With Carlos Gu. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.30 **Fletchers' Family Farm** Series finale Kelvin and Liz host their first farmers market. (S)(AD)
12.30 PM **Love Your Garden** (S)(R)(AD)
1.30 **ITV News** (S)
1.40 **Celebrity Lingo** Quiz show. (S)(R)
2.10 FILM **Jurassic Park** Steven Spielberg's monster thriller starring Sam Neill and Laura Dern. (S)(AD) (1993, PG, 140min) ★★★★★
4.30 **Tipping Point: Lucky Stars** (S)(R)
5.35 **The Chase** Quiz show. (S)(R)

8.00 Grace

6.30 **ITV News** (S)
6.45 **Local News** (S)

7.00 Emmerdale
Robert feels he only has one option, Jacob is relieved, and Kyle goes missing. (S)(AD)

7.30 Coronation Street
Summer quizzes Theo about Billy's final moments. (S)(AD)

8.00 Grace
New episode *Dead Man's Game:* 3/4. Roy and Bella investigate a murder on a council estate after a teenager is stabbed to death, with signs initially pointing to it being drug-related – but the victim's parents are adamant that their son had nothing to do with drugs. The investigation brings Grace face to face with someone from his past and stirs up old demons that cause Bella to worry. (S6) (S)(AD)

10.00 **ITV News** (S)
10.15 **Savage River**
The Return: 1/6. Australian crime drama starring Katherine Langford. A woman returns to her home town after 10 years in prison, but a crime makes her the focus of local suspicion yet again. (S1) (S)(R)(AD)
11.15 **Savage River** 2/6. As the townsfolk prepare for an annual celebration, Hugh's sudden disappearance has Colleen worried. (S1) (S)(R)(AD)
12.15 AM **Teleshopping**
3.00 **Hunting the Silver Killer** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.15 AM **The King of Queens** (S)(R)(AD)
7.30 **Everybody Loves Raymond** (S)(R)
8.55 **Frasier** 8&9/24. (S9) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Felicity Montagu, Francis Bourgeois, Fra Fee, and Leigh and Jill Francis. Plus, music by Jordan Rakei. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.25 **George Clarke's Amazing Spaces** The architect meets master craftsman Paul, who is saving a Victorian circus wagon. (S)(R)(AD)
3.10 **Hamleys: Top 100 Toys of All Time** Famous faces celebrate classic children's playthings. (S)
4.15 FILM **Soul** Animated fantasy with the voices of Jamie Foxx and Tina Fey. A music teacher tumbles down an open manhole and lingers in limbo between life and death. (S) (2020, PG, 115min) ★★★★

7.40 The Great Celebrity Bake Off

6.10 **News** (S)
6.40 **Inside Legoland at Christmas** Preparations for the festive season at Legoland Windsor, as staff transform the site into a winter wonderland ready for the 20,000 guests expected to visit every day. (S)(R)

7.40 The Great Celebrity Bake Off for Stand Up to Cancer
New edition Emmett J Scanlan, Mark Wright, Nella Rose, Mutya Buena and Ralf Little take part in the culinary challenge. They must make Signature pull-apart savoury rolls and grapple with vegan fruit tarts in the Technical, while for the Showstopper, the celebs must recreate their most ridiculous purchase ever. With guest judge Cherish Finden. (S)

9.00 NEW SERIES Your Song
1/6. Alison Hammond hosts the touring singing showcase, in which people around the country perform the song that means the most to them, beginning in Liverpool. (S)

10.00 Gogglebox
The households' opinions on recent TV programmes. (S)(R)

10.55 First Dates
Twenty-seven-year-old yoga instructor Nicole meets Matthew, a 24-year-old mindfulness coach. (S)(R)(AD)

12.00 M'T FILM **Our Ladies** Comedy drama starring Abigail Lawrie. (S)(AD) (2019, 15, 115min) ★★★★
1.55 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.45 **The Simpsons** (S)(R)(AD)
3.55 **Couples Come Dine with Me** (R)
4.50 **George Clarke's Old House, New Home** Kent. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
10.05 **Hotel Benidorm: Sun, Sea & Sangria** Double bill. (S)(R)
12.05 PM **Holidaying with Jane McDonald** Double bill. (S)(R)
2.05 FILM **The Railway Children Return** Family drama sequel starring Beau Gadsdon, Jenny Agutter and Sheridan Smith. (S) (2022, PG, 125min) ★★★
4.10 FILM **Matilda** Roald Dahl's dark children's fantasy starring Danny DeVito, Rhea Perlman, Mara Wilson and Embeth Davidtz. The bright young daughter of selfish parents discovers she has magical gifts. (S) (1996, PG, 120min) ★★★★

8.00 Rich Holiday, Poor Holiday

6.10 **News** (S)
6.15 **Supermarket Clothes: Are You Missing Out?** Investigating the business of supermarket clothing in the UK, exploring whether these clothes are a bargain or a salutary lesson in buy cheap, buy twice. (S)(R)
7.05 **Inside M&S: Food Secrets Revealed** The story behind the creation of Marks & Spencer's new food hall-style stores. (S)(R)
8.00 NEW SERIES **Rich Holiday, Poor Holiday** Hard-up pensioners Hilary and Malcolm join millionaire restaurateurs Michael and Andres on two very different holidays in Tenerife. (S)
9.00 **Rich House, Poor House** New edition Millionaire currency trader Lewis and his wealthy best friend Helen swap their lives of luxury with cleaner Nicole, joiner Grant and their three sons. (S)
10.30 **When Train Journeys Go Horribly Wrong** John Sergeant narrates a selection of first-hand accounts of nightmare trips on the railway, including passengers stuck on a train that lost power on the hottest day of the year. (S)(R)
12.05 AM **Police: Night Shift 999** A drug driver, a collapsed man and a man throwing eggs keep the officers busy. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.30 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM FILM **Dragon Rider** Animated adventure with the voice of Felicity Jones. (S)(AD) (2020, PG, 105min) ★★★
7.45 **The Office (US)** (S6) (S)(R)
9.30 **David Attenborough's Dragons and Damsels** (S)(R)(AD)
10.30 **David Attenborough's Natural History Museum Alive** (S)(R)
12.00 NOON **Police 24/7** (S)(R)
3.00 PM **The Simpsons** Six episodes, including at: **5.20** *Pin Gal:* A mysterious figure from Marge's past returns to coach her for a 10-pin bowling tournament. (S)(R)
5.45 **Agatha Raisin** *Love from Hell:* 3/4. James vanishes after a blazing row with Agatha, leaving behind only a trail of blood and a dead body. (S3) (S)(R)(AD)

7.45 Indiana Jones and the...

Agatha Raisin (started at 5.45pm)

7.45 FILM **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure sequel starring Harrison Ford, Shia LaBeouf and Cate Blanchett. In 1957, swashbuckling archaeologist Indiana Jones tries to stop Soviet agents from seizing a legendary crystal skull with psychic powers. With Karen Allen, Ray Winstone, John Hurt and Jim Broadbent. (S) (2008, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **Saturday Night Live** New edition Actor and playwright Colman Domingo hosts the US sketch show, taking a satirical sideswipe at cultural and political issues. Plus, music from Anitta.
11.30 **Brassic** 1/6. Tommo and Erin attempts to lure Vinnie out of hiding to help fleece a travelling circus. (S2) (S)(R)(AD)
12.30 AM **Evil** 4/13. The team investigate the disappearance of a teenager. (S2) (S)(R)
1.30 **The Force: North East** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Rooster** New episode 6/10. Comedy with Steve Carell. (S1)
3.40 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.10am The Sunday Show (S) **11.05-11.35** Extraordinary Portraits with Bill Bailey New edition (S)(AD) **7.00pm** NEW Debate Night: Leaders Special (S) **8.30-9.00** The Other Bennet Sister New episode (S)(AD) **12.00m't** Sportscene: Premiership Highlights (S)(R) **12.45am** The Claudia Winkleman Show (S)(R) **1.30** The Repair Shop (S)(R)(AD) **2.30** Weather (S) **2.35-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
10.10am Politics Wales (S) **11.15-11.35** Nigel Slater's Simple Cooking (S)(R) **3.05pm** Weatherman Walking: The Welsh Coast (S)(R) **3.35** Flaming Feasts (S)(R) **4.05-4.35** 21st Century TV with Lucy Owen (S)(R) **12.00m't** Rewind: 60 Years of Welsh Pop (S)(R) **12.30am** The Claudia Winkleman Show (S)(R) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
4.00pm LIVE The Championship (S) **6.20** The Chronicles of Strangford New edition (S) **6.30-7.00** Paula McIntyre's Hamely Kitchen (S)(R) **9.00-10.00pm** Hell for Leather: The Story of Gaelic Football (S)(R)

WALES
Sky 968, Freesat 968
2.10pm Secret Garden (S)(R)(AD) **3.10** Crookhaven New episode (S) **3.55** Crookhaven Series finale (S) **4.40-5.00pm** The Pembrokeshire Coast: A Wild Year (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Hen Dy Newydd (AD) **10.05** Clwb Rygbi Rhyngwladol **11.10** Garddio a Mwy **11.45** Dechrau Canu Dechrau Canmol **12.45pm** LIVE Clwb Rygbi **3.00** LIVE Sgorio **5.30** LIVE Clwb Rygbi **7.45** Newyddion **8.00** Y Llais New edition **9.00** Anfamol New episode (AD) **9.35** Pobol y Cwm Omnibws (AD) **10.45-11.50pm** Radio Fa'ma (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **EastEnders** Jasmine receives a visitor, while Ross and Harvey hatch a plan. **7.30** Tensions are high as Jasmine's trial commences. **8.00** Jasmine faces a crucial decision, while Penny confronts Nicola. **8.30** The verdict in Jasmine's trial is revealed.
9.00 **Sort Your Life Out with Stacey Solomon** 5/6. Stacey and the team help a Twickenham family tackle their overflowing home.
10.00 FILM **Tenet** Christopher Nolan's action thriller starring John David Washington and Kenneth Branagh. Fighting for the survival of the world, a troubleshooter journeys through a twilight world of international espionage. (2020, 12, 150min) ★★★★
12.20 AM **Sin City: The Real Las Vegas** 1&2/2. Documentary.
1.50 **Behind Bars: Sex, Bribes and Murder** 1&2/2.
3.50 **to 4.00** AM **Press X on the BBC**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Travels with Pevsner** Germaine Greer explores the architecture of Warwickshire.
7.50 **One Hundred Great Paintings** Examining Thomas Gainsborough's 1750 work *Mr and Mrs Andrew*.
8.00 **Rebuilding Notre-Dame: The Final Chapter** Following the final stages of the restoration before the cathedral reopened.
9.00 **Krapp's Last Tape** Harold Pinter performs Samuel Beckett's one-act play.
9.55 **Searching for Sam: Adrian Dunbar on Samuel Beckett** The *Line of Duty* star examines the life and work of the playwright.
10.55 **Julian Lloyd Webber with the London Philharmonic Orchestra** A performance of Elgar's *Cello Concerto in E minor*.
11.45 **Cynthia Erivo: Legendary Voices at the Proms**
1.15 AM **Travels with Pevsner**
2.05 **to 3.05** AM **Rebuilding Notre-Dame: The Final Chapter**

MORE4

136/137 127 147 18 124 15

8.55 AM **Come Dine with Me Paralympics Special**
11.35 **A Place in the Sun**
2.05 PM **Kirstie and Phil's Love It or List It** The duo help a couple in Wandsworth.
3.10 **George Clarke's Remarkable Renovations**
4.10 **A Place in the Sun**
6.20 **Four in a Bed** The contest begins at the Mevagissey Bay Hotel in Cornwall. **6.50** The second visit of the week takes place at Glebe House Cottages in Devon.
7.25 **Four in a Bed** The third visit is to the Kings Park Hotel in Retford, Nottinghamshire. **7.55** The fourth and final visit is to The Dukes in Heath and Reach, Bedfordshire. **8.25** The owners find out how much they've been paid.
9.00 **The Emergency Ward** New edition A pregnant woman is semi-conscious with a suspected blood clot in her lungs. Dr Scott fears that she could lose her baby and her life.
10.00 **24 Hours in A&E** A man is brought to St George's with a swollen hand after cutting his finger on some wire two weeks earlier.
11.05 **24 Hours in A&E**
12.05 AM **The Emergency Ward**
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **The Perfect Pitch**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 FILM **Wonder Park** Animated family adventure. (2019, PG, 85min) ★★★★
8.50 **Ramsay's Kitchen Nightmares USA**
10.50 **Married at First Sight Australia** Double bill.
1.45 PM FILM **Luca** Animation. (2021, PG, 115min) ★★★★
3.40 **The Simpsons** Six episodes.
6.30 **The Amazing Race Australia** New edition The celebrity teams push on without a break in Langkawi.
8.00 **The Simpsons** *Bart the Cool Kid:* Bart makes friends with a famous influencer. **8.30** *Pretty Whittle Liars:* Cletus discovers his wife has been hiding a secret.
9.00 FILM **Die Hard** Action thriller starring Bruce Willis. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in LA at Christmas. With Bonnie Bedelia and Alan Rickman. (1988, 15, 131min) ★★★★★
11.40 **Gogglebox** Opinions on *The Piano* and *The1% Club*.
12.45 AM **Gogglebox** *Britain's Got Talent, I Kissed a Girl* and *MILF Manor* are appraised.
1.50 **Naked Attraction**
2.50 **Gogglebox**
3.45 **Don't Tell the Bride**
4.40 **to 6.00** AM **Hollyoaks Omnibus**

Sunday

primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **Brit Cops: Law & Disorder**
9.00 **Stop, Search, Seize**
10.00 **Border Patrol**
12.00 NOON **Customs UK** The crew of the cutter *Searcher* search for smugglers off Cornwall. **12.30** PM Officers find a ton of cannabis hidden in a truck.
1.00 **Nothing to Declare UK**
2.00 **The Best of Nothing to Declare** Double bill.
3.00 **Nothing to Declare** Eight editions following the work of customs officers in Australia.

9.00 Watson

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Watson** New episode *Shannon Says Bex Loves Micah:* 9/20. John and the fellows tend to Laila's son Micah. (S2)

10 PM
10.00 **The Rookie** *Grand Theft Aircraft:* 8/18. Nolan and Garza lead a high-stakes operation that quickly goes awry. (S8)
11.00 **Fire Country** 13/22. (S1)
12.00 M'T **The Rookie** 2/22. (S5)
1.00 AM **Law & Order: Special Victims Unit** 14/22. (S26)
2.00 **The Equalizer** 5/18. (S2)
3.00 **Brit Cops: Frontline Crime UK**
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Billions** 5-9/12. (S1)
1.10 PM **Deadwood** 5/12. The trial of Jack McCall continues. **2.15** 6/12. Smallpox threatens Deadwood's existence. **3.15** 7/12. Bullock returns with a fresh ultimatum. (S1)
4.20 **House of the Dragon** 5/10. Alicent seeks the truth about the princess. **5.30** 6/10. Daemon and Laena consider an offer. **6.40** 7/10. The families arrive at Driftmark for a funeral. (S1)

9.00 All Her Fault

7.45 **House of the Dragon** *The Lord of the Tides:* 8/10. The succession plans for Driftmark become critical, and Rhaenyra tries to strike a bargain with Rhaenys. (S1)

9.00 **All Her Fault** 6/8. The Irvines struggle to adjust to their new normal, and Jenny uncovers some of Richie's secrets. (S1)

10.00 **DTF St Louis** *The Denny's Plan:* 6/7. Floyd's ego takes a hit following a failed attempt to reconnect with Carol. (S1)
11.00 **The Trip** Improvised comedy.
1.00 AM **DTF St Louis** Series finale 7/7. Black comedy. (S1)
2.00 NEW SERIES **Euphoria** 1/8. Drama starring Zendaya. (S3)
3.15 **Homicide: Life on the Street** 6&7/9. Double bill. (S1)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.45 **Dress to Impress**
8.40 **The Only Way Is Essex**
10.35 **Deal or No Deal for Soccer Aid** With Alex Brooker.
11.35 **Deal or No Deal: Celebrity Special**
12.40 PM **Celebrity Sabotage**
1.45 **Celebrity Catchphrase**
2.50 FILM **Kung Fu Panda** Animated comedy adventure. (2008, PG, 92min) ★★★
4.40 **Britain's Got Talent**
5.55 **Britain's Got Talent: Unseen** New edition

6.20 Liar Liar

6.20 FILM **Liar Liar** Comedy starring Jim Carrey, Maura Tierney and Justin Cooper. (1997, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 FILM **Fast & Furious Presents Hobbs & Shaw** Action adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. With Vanessa Kirby. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Family Guy** 8/22. Chris tries to use Stewie's time machine to undo a dysfunction. (S23)
11.10 **Family Guy** 20/20. Peter goes to Atlantic City. (S20)
11.40 **Family Guy** 1/20. (S21)
12.10 AM **American Dad!** (S17)
1.10 **Plebs** 5/8. (S3)
1.40 **Deal or No Deal: Celebrity Special**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** 2&4/6. (S5)
8.10 **Lewis** Double bill.
12.10 PM **Doc Martin** 6&7/8. (S4)
2.10 **Rosemary & Thyme** *And No Birds Sing:* A businessman is found unconscious at home. **3.10** *Arabica and the Early Spider:* The duo make a gruesome discovery.
4.10 **McDonald & Dodds** 1/4. Guest stars Alan Davies. (S3)
6.05 **Agatha Christie's Marple** *A Murder Is Announced:* A message in the personal column foretells a murder.

6.05 Agatha Christie's Marple

Agatha Christie's Marple (started at 6.05pm)

8.05 **Midsomer Murders** *They Seek Him Here:* When a film director is found beheaded on set, it transpires he was on poor terms with several people connected to the project – leaving Barnaby with no shortage of suspects.

10.10 **Midsomer Murders** *Death and Dreams:* A depressive gambler is found dead, an apparent victim of suicide, but Dr Jane Moore is adamant he wouldn't have taken his own life – and Barnaby shares her view.
12.00 M'T **Code of Silence** 3&4/6. Double bill. (S1)
2.00 **to 2.30** AM **On the Buses**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **Auto Mundial**
6.50 **Motorsport Mundial**
7.20 **The Sweeney**
8.25 **The Protectors**
9.00 **English Football League Highlights** Featuring action from the latest EFL matches.
10.30 **Made in Britain**
11.00 **Sharpe** (S3&4)
3.30 PM LIVE **Racing: Sky Bet Sunday Series** Oli Bell presents coverage of the first round of the series, which comes from Musselburgh.

9.45 Universal Soldier

7.00 FILM **Octopussy** James Bond adventure starring Roger Moore. British secret agent 007 tangles with an international smuggling gang led by the mysterious Octopussy. With Maud Adams and Louis Jourdan. (1983, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 FILM **Universal Soldier** Sci-fi action drama with Jean-Claude Van Damme and Dolph Lundgren. Two Vietnam vets are brought back from the dead and transformed into cyborg soldiers. With Ally Walker. (1992, 18, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **EFL Trophy Final Highlights** Luton Town v Stockport County: Action from the final held at Wembley Stadium.
12.35 AM **Black Sails** 7/8. (S1)
1.35 **Lost Car Rescue**
2.30 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

10.10 AM **The Sunday Show**
10.30 **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Falkirk v Rangers.
8.00 **Paramedics on Scene** Crews attend a potentially toxic fire on an industrial estate.
9.00 **Still Game** 5/6. Jack and Victor try to get their hands on the last steak pie in the butcher's. (S8)
9.30 **Scot Squad** 2/4. PCs McLaren and Fletcher are involved in a drugs bust. (S1)
10.00 **Situationships with Sophie and Christine** 8/8. Sophie Gravia and Christine McGuinness offer relationship advice.
10.30 PM **to 12.00** M'T **Debate Night: Leaders Special** The leaders of Scotland's six biggest parties face questions from a studio audience.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S1&2)
9.00 **The Reluctant Landlord**
12.00 NOON **Will & Grace**
4.00 PM **Community** (S4)
6.30 **The Office (US)** 11/26. Jim has a hard time. **7.00** 12/26. Jim hopes an Employee of the Month award will raise spirits at Dunder Mifflin. **7.30** 13/26. Andy's Secret Santa gifts prove unsuccessful. **8.00** 14/26. A potential buyer of Dunder Mifflin visits the office. **8.30** 15/26. Michael has trouble adjusting to Dunder Mifflin's acquisition. (S6)
9.00 **Maisie Adam: Appraisal**
10.30 **Kevin Hart: Reality Check** Stand-up show.
11.45 **Saturday Night Live UK**
1.00 AM **Saturday Night Live**
2.30 **Community** (S3&4)
3.30 **The Comeback** New episode 4/8. (S3)
4.10 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Classic FM Live: 25th Anniversary Concert**
8.20 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Julie Andrews Forever** Documentary.
2.00 **Les Misérables: The Staged Concert**
4.50 **Paul Simon: In Restless Dreams**
7.00 **Spymasters: The Great Spy Writers**
8.00 FILM **Under Capricorn** Vintage drama starring Ingrid Bergman. (1948, PG, 117min) ★★★
10.15 **Opry Live** With Lady A, Carly Pearce and Steven Curtis Chapman.
11.15 **Isle of Wight Festival 2025** Featuring Texas.
12.30 AM FILM **What's New Pussycat?** Comedy with Peter O'Toole. (1965, 15, 108min) ★★★
2.35 **London Calling**
3.45 **Classic Albums**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM FILM **For The Love of Lily** Romantic drama starring Ashton Leigh and Britton Webb. (2024, PG, 90min) ★★
4.00 **Dogs with Extraordinary Jobs**
5.00 **Impossible Animals**
6.00 **Shark with Steve Backshall** Documentary.
7.00 **Caught Red Handed**
9.00 **Rob & Romesh vs Classical Music** The duo join the London Philharmonic Orchestra.
10.00 **Brassic** 3/8. Vinnie is called out to be the bag drop man when Ashley's cousin is kidnapped. (S3)
11.00 **Katherine Ryan: Missus** Stand-up performance.
12.30 AM **Caught on Dashcam**
1.30 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **Millionaire Hot Seat**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Maz tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Anton Du Beke and Fred Sirieix compete to win a cash prize for charity.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **A Place in the Sun**
4.00 **Find It, Fix It, Flog It**
6.00 **Grand Designs**
7.00 **A Place in the Sun** Jean Johansson goes house-hunting in Los Cristianos, Tenerife.
8.00 **The Dog House** Puppies Poppy and Fizz may need to be separated.
9.00 **Gogglebox** The households' opinions on recent TV programmes.
10.00 FILM **No Hard Feelings** Comedy starring Jennifer Lawrence and Andrew Barth Feldman. (2023, 15, 103min) ★★★
12.05 AM FILM **Jerry & Marge Go Large** Fact-based comedy drama starring Bryan Cranston and Annette Bening. (2022, 12, 92min) ★★★★
1.55 **Gogglebox**
3.00 **Emergency Helicopter Medics** Documentary.
4.00 **to 5.00** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** (S4)
3.00 PM **FILM The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure, continuing his adaptation of JRR Tolkien's children's novel, starring Martin Freeman. (2013, 12, 161min) ★★★★
6.00 **Star Trek: Deep Space Nine** 9/26. Kira is horrified to discover that her old enemy Dukat has become involved in a Bajoran religious cult. (S7)

10.00 The Walking Dead

7.00 **Star Trek: Deep Space Nine** *It's Only a Paper Moon:* 10/26. A battle-injured Nog seeks refuge in the holosuite.
8.00 **Star Trek: Deep Space Nine** *Prodigal Daughter:* 11/26. Ezri discovers that her brothers are being troubled by sinister events.
9.00 **Star Trek: Deep Space Nine** *The Emperor's New Cloak:* 12/26. Quark and Rom enter an alternative universe. (S7)
10.00 **The Walking Dead** *Secrets:* 6/13. Maggie begs Glenn to keep quiet about the walkers in Hershel's barn. (S2)
11.00 **The Walking Dead** 7/13. Glenn reveals to everyone that the barn is full of captured walkers – news that infuriates Shane. Dale tries to hide the group's weapons in the woods to prevent a conflict. (S2)
12.00 M'T **Grimm** 1-4/22. (S2)
4.00 AM **Reginald the Vampire**
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 7/10. An energy tycoon hires Frank and Lu to keep an eye on his daughters. **5.00** 8/10. Frank and Lu investigate a mysterious car accident which killed a young mother. (S3)
6.00 **Miss Scarlet** 3/6. A treasure hunt brings Moses back to London from Paris. (S6)

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *Game, Set, Murdoch:* 14/21. A 'battle of the sexes' tennis match is disrupted. (S19)
8.00 **Father Brown** *The Wayward Girls:* Bunty reunites with Father Brown to uncover a dark secret at a girls' borstal.
9.00 **Death in Paradise** *A Murder Forewarned – Part One:* 6/8. The team investigate the murder of a water taxi driver. (S12)
10.00 **NCIS: Sydney** *Bunker Down:* 7/8. A US Navy researcher is found dead at a tech launch in an underground bunker. (S1)
11.00 **Death in Paradise** 7/8. The team must prove Neville's innocence when he is arrested on suspicion of killing Professor Cartwright. (S12)
12.00 M'T **Father Brown**
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Del's beloved mum apparently makes contact during a seance at the Nag's Head. **1.55** Rodney ties the knot with Cassandra, while Del tries to dodge a bashing from the dreaded Driscoll brothers over some stolen mobile phones. **3.00** As shown at 7.00pm. **4.20** As shown at 10.15pm. **5.40** Raquel's father finds an old watch among the Trotters' junk, which he claims could net them a fortune at auction.

8.20 Dad's Army

7.00 **Only Fools and Horses** The council reject Del Boy's application for a home improvement grant, but his spirits are raised by news of a fancy-dress party across town.
8.20 **Dad's Army** Mainwaring tries to acquire equipment for his bumbling platoon.
9.00 **Not Going Out** Lee checks himself for lumps – with unexpected results. **9.40** Lee, Lucy and Daisy go on a disastrous skiing trip to eastern Europe.
10.15 **Only Fools and Horses** Del buys a new manual to show him how to make positive decisions, but it only succeeds in helping the Trotters' finances hit an all-time low.
11.40 **Only Fools and Horses**
1.00 AM **Not Going Out**
2.10 **to 4.00** AM **Hancock: Very Nearly an Armful**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Food pairings.
8.00 **Storage Hunters UK**
9.00 **Top Gear** Double bill.
11.00 **The Americas with Simon Reeve** Double bill of editions.
1.00 PM **Mortimer & Whitehouse: Gone Christmas Fishing**
2.20 **Hairy Bikers' Best of British**
4.20 **Robson Green's Weekend Escapes** A visit to Rothbury.
5.00 **The Americas with Simon Reeve** Simon travels from Texas to southern Mexico. **6.00** In Central America.

6.00 The Americas

7.00 **Special Ops: To Catch a Criminal** Police in Dorset uncover an international gang posing as couriers.
8.00 **Special Ops: To Catch a Criminal** Merseyside Police respond to a pair of attacks on the Wirral.
9.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with guest panellists Rylan and Robert Peston.
10.00 **QI** With guests Shazia Mirza, Joe Lycett and Josh Widdicombe.
10.40 **Mock the Week** With panellists Rob Beckett, Ed Byrne, Milton Jones, Holly Walsh and Romesh Ranganathan.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With Sue Perkins.
2.00 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill** Five episodes.
12.05 PM **Call the Midwife** (S7)
2.50 **Catherine Cookson's A Dinner of Herbs** Drama starring Billie Whitelaw as a herbalist who takes an 11-year-old orphan under her wing. With Tim Healy.
5.50 **Sister Boniface Mysteries** *Scoop:* 5/10. The body of a high-level government official's secretary is found at the bottom of a staircase – and Sister Boniface claims she was dead before the fall. (S1)

8.00 Harry Wild

6.50 **Campion** *Look to the Lady – Part Two:* 2/8. Campion thwarts the gang attempting to steal the Gyrth Chalice. (S1)
8.00 **Harry Wild** New episode *For Whom the Bell Tolls:* 2/8. A friend asks Harry to investigate a suspicious suicide. (S4)
9.00 **Silent Witness** *River's Edge:* The Lyell team investigate the murder of a family shot while picnicking by a river, and a detective brought in to help thinks the case has links to a cold case. Guest stars Derek Griffiths.
11.15 **New Tricks** *Communal Living:* The team investigate the death of a university student.
12.35 AM **Call the Midwife** 3/9. A mother abandons her children at the clinic. (S7)
1.55 **A Small Light** 4/8. (S1)
2.50 **to 4.00** AM **Art Detectives**

+1 hour 243 316 60 260

Sunday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
12.05 PM **Blue Bloods** (S8)
5.00 **NCIS: Los Angeles** Five episodes, including at: **7.00** *Drive:* 11/24. Kensi poses as a car thief to crack a kidnapping. **8.00** *Paper Soldiers:* 12/24. Callen and Sam investigate the mysterious death of a Marine in Afghanistan. **9.00** *The Chosen One:* 13/24. Callen goes undercover with Chechen terrorists. (S4)
10.00 **Law & Order: Special Victims Unit** *Control:* 9/25. A man accused of rape and kidnap is killed. Guest stars Jacqueline Bisset. (S5)
11.00 **Law & Order: Special Victims Unit** (S5&25)
1.45 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S1)
10.00 **Dogs Behaving (Very) Badly** Triple bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** Officers come under attack from a gang of armed robbers. **8.00** Jim leads a raid on a suspected drug dealer.
9.00 **Murder Trial: The Suffolk Strangler** Docu-drama centring on the crimes of serial killer Steve Wright.
10.35 **Accused: Guilty or Innocent?** New edition The case of a grandfather who shot and killed his estranged wife's partner.
11.25 **Hidden in My House**
12.25 AM **My Lover, My Killer**
1.25 **Skin A&E**
2.20 **Casualty 24/7: Every Second Counts**
3.10 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
11.00 **FILM Rio Bravo** Howard Hawks Western starring John Wayne and Dean Martin. (1959, PG, 140min) ★★★★★
2.00 PM **LIVE Snooker: John Virgo Trophy** The third-place play-off held at Goffs in Kildare.
5.00 **Cops** Four editions of the series, including at: **6.00** A man found with hundreds of sunglasses claims he was going to give them away. **6.30** Police deploy spike strips to put an end to a dangerous stolen vehicle pursuit.
7.00 **LIVE Snooker: John Virgo Trophy** Coverage of the final staged at Goffs, Kildare.
11.00 **Motorway Cops: Catching America's Speeders** Documentary.
12.00 M'T **Banged Up Abroad**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick** Five editions.
6.00 **Inside the Ambulance: Coast and Country** Crews treat a woman with a mystery illness. **7.00** Paramedics come to the aid of a man who has fallen off his bike.
8.00 **Inside the Operating Theatre** Zoe has a stent replaced in her ureter. **9.00** Dennis undergoes an operation to strengthen his eyelid.
10.00 **The Catherine Tate Show** Triple bill.
12.00 M'T **Inside the Ambulance: Coast and Country** Documentary
1.00 AM **Louis Theroux Interviews... Bear Grylls**
1.45 **Wagspiracy: Vardy v Rooney** Documentary.
2.35 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **The World at War**
12.00 NOON **Canal Boat Diaries** Four editions.
2.00 PM **Britain's Ancient Capital: Secrets of Orkney** Documentary.
3.00 **Cornwall with Simon Reeve** Double bill.
5.00 **Canal Boat Diaries**
7.00 **Dom Chinea's Cornish Workshop** Dom and Sam head to St Agnes to buy Cornish tin.
8.00 **Whatever Happened to the Likely Lads?** Terry finds it difficult to accept that times have changed while he has been away. **8.40** Terry decides to track down some of his former girlfriends. **9.20** Bob throws a surprise party for Terry.
10.00 PM **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Majorca.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** Davina McCall and Nicky Campbell delve into a story that hit the headlines and help a woman search for her missing sisters.
10.00 **Who Do You Think You Are?** Actor and adoptee Lesley Sharp traces her birth father and half siblings.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **A Fine Romance**
8.30 **The Waltons** (S6)
1.30 PM **The Waltons** 20/26. Jason helps Verdie investigate her history. **2.30** 21/26. Elizabeth breaks both her legs. **3.30** 22/26. Elizabeth learns to walk again. (S6)
4.30 FILM **The Great St Trinian's Train Robbery** Farcical British comedy. (1965, U, 94min) ★★★
6.35 FILM **Kindergarten Cop** Comedy thriller starring Arnold Schwarzenegger and Penelope Ann Miller. (1990, 15, 111min) ★★★
9.00 FILM **My Cousin Vinny** Legal comedy with Joe Pesci, Marisa Tomei and Ralph Macchio. (1992, 15, 119min) ★★★★
11.35 **M*A*S*H** 7-9/25. (S6)
1.05 AM **Home to Roost**
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **Hitler's Art Dealer**
10.00 FILM **Frontier Marshal** Western adventure. (1939, U, 71min) ★★
11.40 FILM **Rio Grande** Western drama. (1950, b/w, U, 107min) ★★★★
2.00 PM FILM **Captain from Castile** Adventure. (1947, b/w, U, 140min) ★★★
5.00 FILM **Backlash** Western. (1956, PG, 84min) ★★★
6.55 FILM **In the Line of Fire** Crime thriller starring Clint Eastwood. (1993, 15, 127min) ★★★★
9.45 FILM **The Last Hard Men** Western starring Charlton Heston. (1976, 15, 103min) ★★
11.55 FILM **Seattle Superstorm** Thriller starring Esai Morales. (2012, PG, 95min) ★★
1.55 AM **The Baron**
4.30 **to 6.00** AM FILM **Wrangler** Western. (1989, 12, 92min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Starsky & Hutch**
9.20 **Murder, She Wrote**
5.10 PM **Murder, She Wrote** *The Celtic Riddle:* Jessica travels to Ireland to attend the reading of her friend's will. **7.05** *A Story To Die For:* An author of a book on the KGB is killed.
9.00 FILM **Morning Show Mystery: Mortal Mishaps** Drama starring Holly Robinson Peete. (2018, PG, 85min) ★★
10.55 FILM **Picture Perfect Mysteries: Exit Stage Death** Crime drama starring Alexa PenaVega. (2020, PG, 89min) ★★
12.50 AM FILM **Killer Night Shift** Crime thriller. (2018, 15, 81min) ★★
2.25 FILM **A Night to Regret** Drama with Mollee Gray. (2018, 12, 89min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM FILM **Wedding Wonderland** Drama. (2017, PG, 92min) ★★
10.00 FILM **Falling for the Manny** (2023, PG) ★★
12.00 NOON FILM **The Presence of Love** Drama. (2022, PG, 84min) ★★
1.55 PM FILM **Secrets of Bella Vista** Drama. (2022, U, 84min) ★★
3.50 FILM **Falling for the Competition** Drama. (2023, U, 89min) ★★
5.50 FILM **North to Home** Drama. (2022, PG) ★★
7.45 FILM **The Blessing Bracelet** Romance. (2023, PG, 90min) ★★
9.40 FILM **Christmas at Maple Creek** Comedy. (2020, PG, 85min) ★★
11.45 FILM **12 Toys of Christmas** Comedy. (2025, U, 89min) ★★
2.00 AM **Highway to Heaven**
3.10 **to 5.00** AM FILM **The Blessing Bracelet**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **This Farming Life**
6.00 FILM **Gloves Off** Comedy drama starring Brad Moore, Greg Orvis and Ricky Tomlinson. (2016, 12, 98min) ★★
8.00 **Garden Rescue** Designing a garden in Kettering that stirs memories of the owner's childhood in Ireland. **9.00** Charlie Dimmock and Chris Hull renovate the garden of an 1800s farmhouse in Doncaster.
10.00 FILM **Frustrated Wives** Comedy starring Hilary Farr and Kimi Alexander. (1974, 12, 84min) ★★
12.00 M'T FILM **Secrets of a Door to Door Salesman** Drama starring Brendan Price. (1973, 18, 80min) ★★
1.45 AM **Real Thick Glasses**
2.00 FILM **Gloves Off** (2016)
4.00 **to 5.00** AM **Me and My Alcoholism**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **The Fenn Street Gang**
8.00 **The Gaffer** (S1)
9.30 **Agony** 3-5/6. (S1)
11.00 **The Champions**
1.00 PM **Boon** 5/13. (S4)
2.05 **Space 1999** (S2)
4.15 **The Scarlet and the Black** Fact-based World Two War drama starring Gregory Peck.
5.50 **Second Thoughts**
7.20 **The Brian Conley Show**
8.20 **Boon** 5/13. (S4)
9.25 **McCallum** Drama.
10.30 FILM **CB Hustlers** Action adventure starring John Alderman. (1976, 18, 85min) ★★
12.05 AM FILM **A Clock Work Blue** Comedy drama starring Tracy Handfuss. (1972, 18, 86min) ★★
1.50 **Stereo Underground**
2.50 **Rewind Time Machine**
2.55 **McCallum** Drama.
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Chasing Classic Cars**
12.00 NOON **Garage Rehab**
2.00 PM **Kindig Customs**
5.00 **Shorty's Dream Shop**
7.00 **Expedition Bigfoot** Specialists armed with the latest technology set out to locate Bigfoot. **8.00** Russell and Mireya uncover their first piece of potential evidence.
9.00 **Ancient Unexplained Files** The ancient moai statues of Easter Island. **10.00** Exploring the truth behind a cave wall.
11.00 **Expedition X** Phil Torres and Jessica Chobot visit Utah's Uintah Basin. **12.00** M'T Phil and Jess travel to Ireland. **1.00** AM Phil and Jess search for a beast said to stalk the wilderness.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
1.00 PM **James Martin's Islands to Highlands**
3.00 **Great British Bake Off** The semi-finalists take on patisserie challenges. **4.30** The remaining three bakers compete in the 2021 final. **6.00** A new batch of bakers tackle mini cakes. **7.30** The bakers tackle illusion macarons.
9.00 **Adam Richman Eats Britain** Eton Mess. **9.30** Adam samples Glamorgan sausage.
10.00 **Jamie's Comfort Food** Jamie Oliver makes the ultimate bacon sandwich. **10.30** Prepating gado gado and crab linguine.
11.00 **James Martin's Islands to Highlands**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM FILM **American Warships** Sci-fi thriller. (2012, 15, 85min) ★★
9.00 **T.J. Hooker** (S2)
2.00 PM FILM **Buckskin** Western adventure. (1968, U, 98min) ★★
3.55 FILM **Distant Drums** Western adventure. (1951, U, 99min) ★★
5.55 FILM **The Gambler** Musical drama starring Kenny Rogers. (1980, PG, 95min) ★★★
8.00 **The Twilight Zone** (S5)
9.00 FILM **Mobsters** Gangster thriller starring Christian Slater and Patrick Dempsey. (1991, 18, 104min) ★
11.10 FILM **12 Rounds** Thriller starring John Cena. (2009, 12, 103min) ★★
1.20 AM FILM **First Kill** Thriller with Bruce Willis. (2017, 15, 97min) ★★
3.15 **to 5.00** AM FILM **Inside Out** Crime drama. (2011, 12, 93min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 FILM **The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
12.00 NOON **Impact**
4.00 PM **The Fall Guy** (S3)
9.00 FILM **Damn the Defiant!** Period naval adventure starring Alec Guinness and Dirk Bogarde. Two officers on board a British warship come into conflict. (1962, PG, 97min) ★★★
11.05 FILM **War on the Range** Western thriller starring James Badge Dale and Ethan Embry. (2015, 15, 100min) ★★
1.15 AM FILM **Buried** Thriller with Ryan Reynolds and Robert Paterson. (2010, 15, 94min) ★★★★
3.10 FILM **Geo-Disaster** Sci-fi action drama. (2017, 12, 110min) ★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Road Wars**
6.45 **Hardcore Pawn**
9.15 **Junk & Disorderly**
10.10 **Flipping Bangers**
11.10 **Pawn Stars** Double bill.
1.05 PM **Auction Hunters**
4.05 **Storage Wars**
7.00 **Beyond Skinwalker Ranch** Andy and Paul return to Miller Ranch.
8.00 **Curse of Skinwalker Ranch** Documentary.
9.00 **Titanic: A Dead Reckoning** Examining whether the sinking of the *Titanic* was also the scene of a crime.
10.00 **Secrets of the Lost Liners** Documentary charting the fate of the MTS *Oceanos*.
11.00 **History's Greatest Mysteries** The Ark of the Covenant.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Proof Is Out There**
4.00 **to 6.00** AM **Britain's Most Historic Towns**

5SELECT

153 166 138 46 133 30

9.00 AM **Sunken Warships: Secrets from the Deep**
11.00 **Columbo** Five episodes of the drama, including at: **5.00** PM *Prescription: Murder:* Columbo investigates a psychiatrist who has the perfect alibi for murdering his wife. **7.00** *Troubled Waters:* Columbo investigates a passenger on a cruise who kills his lover to stop her blackmailing him.
9.00 **The Most Embarrassing TV Moments** A selection of TV mishaps and gaffes.
11.00 **Taggart** *Death Without Dishonour:* A war begins between rival taxi firms, giving the team with a series of coincidences to investigate, and Taggart's daughter is implicated in a murder investigation.
1.45 AM **The Blitz with Rob Rinder & Ruth Goodman** Documentary.
3.10 **to 4.00** AM **The Hotel Inspector**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Carrie Grant, Christian O'Connell, Naomi Wilkinson and Dave Johns take part. **6.00** With Aldo Zilli, Mark Billingham, Lucy Pargeter and Joey Essex.
7.00 **The Chase** Double bill.
9.00 **The Celebrity Chase** With Tony Audenshaw, Beth Tweddle, Kara Tointon and Louis Walsh.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
1.00 PM **The Big Bang Theory** 7-20/24. (S11)
8.00 NEW SERIES **Georgie and Mandy's First Marriage** 1/22. Tensions rise between Georgie and Ruben. **8.30** New episode 2/22. Georgie is upset when Mandy's new role as a weekend weather girl attracts male attention. *See feature, page 12.* (S2)
9.00 NEW SERIES **Zero Stars** 1/8. Roisin Conaty and Sara Pascoe visit places with terrible reviews. *See feature, page 8.*
10.00 **The Big Bang Theory**
11.00 **Dr Pimple Popper**
12.00 M'T **Zero Stars**
1.00 AM **Young Sheldon**
1.30 **Say Yes to the Dress**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
11.00 **Friends** (S2)
7.00 PM **Friends** 21/24. Ross and Chandler face two bullies at Central Perk. **7.30** 22/24. Rachel has an eventful birthday. **8.00** 23/24. Phoebe catches chickenpox. **8.30** 24/24. Rachel attends her former fiancé's wedding. (S2)
9.00 FILM **Midnight Run** Comedy thriller starring Robert De Niro and Charles Grodin. (1988, 18, 122min) ★★★★
11.30 **8 Out of 10 Cats**
1.10 AM **Impractical Jokers**
1.40 **Whose Line Is It Anyway? USA**
2.10 **Lee Evans Live from the West End**
3.30 **Iain Stirling's Roast the Internet**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Friends** (S2)
11.00 **Takeshi's Castle**
2.30 **Criminally Funny**
9.00 PM **Friends** 21/24. Ross and Chandler face two bullies at Central Perk. **9.30** 22/24. Rachel has an eventful birthday. (S2) **10.00** 2/25. Ross prepares to make an important speech. **10.30** 3/25. Phoebe learns she has attracted the attentions of a stalker. **11.00** 6/25. The pals reveal their deepest, darkest secrets. **11.30** 9/25. Ross and Monica become football rivals. (S3)
12.00 M'T **Friends** (S3)
2.00 AM **New Girl** (S3)
3.00 **South Park** (S19)
4.30 **Demetri Martin: Person**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Man About the House** 3&4/7. (S1)
9.05 **Rising Damp** (S4)
10.35 **Are You Being Served? Again!** 1-6/6. (S2)
2.20 PM **Birds of a Feather**
7.55 **Minder** *On the Autofront:* 8/10. A rival dealer schemes to put Arthur out of business. (S10)
9.00 **Benidorm** 8/9. Monty is in need of a new job after being sacked. (S10)
9.55 **Shameless** 11/16. Liam befriends a World War Two veteran. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 1/7. (S3)
12.05 AM **Benidorm** (S10)
1.05 **Minder** 5/11. (S4)
2.05 **In Sickness and in Health** 5/8. (S4)
2.35 **Man About the House**
2.55 **Duty Free** 2/7. (S3)
3.20 **That's 60s**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **Journeys: Keighley & Worth Valley Rail**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **8.00** Nev and Kamie Crawford help a man figure out if his four-year online relationship is real.
9.00 **MTV Unplugged: Oasis** A perfomance at London's Royal Festival Hall in August 1996.
10.00 **Tattoo Fixers**
11.00 **Ink Master**
12.00 M'T **Dating Naked UK**
1.00 AM **Caught in the Act: Double Life**
2.00 **Sleeping with My Murderer** True-crime.
2.45 **My Lover, My Killer**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys reveal the five essential watchouts for wannabe homesteaders. **1.00** PM Farmsteaders in Iowa are on the verge of losing the legacy of their late father. **3.00** A family find their off-grid paradise threatened by destructive storms and pests. **5.00** A Florida homestead is devastated by flooding and alligators, and the Raneys must find inventive ways to protect the homestead.

8.00 Moonshiners

7.00 Moonshiners New edition As police raid his underground still site, Josh takes cover with Tickle and Henry.

8.00 Moonshiners: Master Distiller New edition Three distillers resurrect a Civil War-era shine made from Jimmy Red Corn.

9.00 Barnwood Builders Mark Bowe and the crew work through layers of architectural history in a home in Tennessee.

10.00 Wheeler Dealers Elvis convinces Mike to buy a bargain VW Golf convertible, but its bright colour proves divisive.

11.00 Truck Dynasty A repeat client wants a monster-sized truck.
12.00 M'T **Shorty's Dream Shop** Shorty takes on three cars that require some love. **1.00** AM A 1969 Firebird. **2.00** A 1924 fire truck.
3.00 to 5.00 AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 Must Love Cats
10.00 Lone Star Law
11.00 Dr Jeff: Rocky Mountain Vet
1.00 PM **Pit Bulls & Parolees**
3.00 My Cat from Hell Jackson Galaxy visits a house where four cats are always fighting. **4.00** A pet cat that is determined to kill another one.
5.00 Treehouse Masters
6.00 Meet the Sloths The nursery manager has to leave. **6.30** A visit from a wild mother and baby almost ends badly.

10.00 Tanked

7.00 How Do Animals Do That? A look into what lions say when they roar. **7.30** Why cats cannot get down from trees.

8.00 The Diamond Collar James and Lena look for a new animal sanctuary. **8.30** James finds a new home for a Peking duck.

9.00 Alaska: Surviving the Last Frontier Following four groups of ordinary people as they travel into the wilderness of Alaska.

10.00 Tanked The brothers-in-law create unique aquariums for a luxury apartment complex and a knee brace company.

11.00 Tanked A tree trunk aquarium.
12.00 M'T **Fish or Die**
1.00 AM NEW SERIES **Ninja Sharks** A hungry shark needs to get creative.
2.00 Expedition Bigfoot
3.00 The Diamond Collar
4.00 to 5.00 AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Hitler's Last Stand**
10.00 Erased: WWII Heroes of Colour Documentary.
11.00 Nazi Sunken Sub
12.00 NOON **Decoding History's Prophecies** Documentary.
1.00 PM **Pirates: Behind the Legends** Francis Drake.
2.00 Colosseum: Rise and Fall
5.00 The Lost Tomb of Alexander the Great A search for the conqueror's final resting place.
6.00 Air Crash Investigation Korean Air Cargo Flight 8509's accident in 1999.

8.00 Lost Treasures of the Bible

7.00 Air Crash Investigation Investigating evidence from the disappearance of EgyptAir Flight 804.

8.00 Lost Treasures of the Bible New edition Archaeologists use new tech to uncover clues in the Dead Sea Scrolls.

9.00 Planes That Changed History New edition How the DC-3 reshaped flight in the 1930s, and was adapted into the C47.

10.00 Egypt's Sun King: Secrets and Treasures Experts explore the first tomb containing a body to be discovered since Tutankhamun's burial place was unearthed.

11.00 Lost Tombs of the Pyramids Archaeologists embark on an extraordinary excavation.
12.00 M'T **Air Crash Investigation**
1.00 AM **Car S.O.S** Double bill.
3.00 to 5.00 AM **Colossal Machines**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Secrets of Great British Castles** Double bill of editions.
8.00 Storage Wars Six editions.
11.00 Pawn Stars Triple bill.
2.00 PM **Container Wars** Four editions, including at: **3.30** A can of outdoor equipment holds a surprise.
4.00 Secrets in the Ice A grisly site on the Swedish island of Öland. **5.00** A grim discovery in a Swedish lake reveals shocking ancient practices. **6.00** The mutilated ancient bones found in a Danish bog.

7.00 Greatest Prison Escapes

7.00 Greatest Prison Escapes with Billy Hayes Examining audacious jail and prison breaks.

8.00 Greatest Prison Escapes with Billy Hayes Focusing on the exploits of a group of prisoners known as the Texas 7.

9.00 Hitler's Holocaust Railways with Chris Tarrant The broadcaster explores the use of trains in transporting prisoners during the Holocaust.

10.30 Britain's Murder Map with Vicky McClure and Jonny Owen Culturally significant crimes.

11.30 History's Deadliest with Ving Rhames A look at the deadliest secret missions.
12.30 AM **Mysteries Unearthed with Danny Trejo** The world's most significant discoveries.
1.25 The UnBelievable with Dan Aykroyd Shocking near-death experiences.
2.25 Container Wars
4.15 to 6.00 AM **Secrets in the Ice**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Jamie Foxx**
7.00 Discovering: Ryan Gosling
8.00 The Directors
10.00 FILM **The Kid Stays in the Picture** Documentary. (2002, 15, 93min) ★★★
12.00 NOON **Stevie Van Zandt: Disciple** A look at the musician and actor's career.
2.45 PM **After the Bite** The surge in great white sharks patrolling Cape Cod's shallow waters.
4.30 FILM **The Armstrong Lie** Lance Armstrong's fall from grace. (2013, 15, 124min) ★★★★

9.00 God Bless Ozzy Osbourne

7.00 Spitfire The story of the British single-seat fighter plane the Supermarine Spitfire, designed by RJ Mitchell and famous for its role in the Battle of Britain.

9.00 God Bless Ozzy Osbourne A profile of Black Sabbath frontman Ozzy Osbourne, from his years of alcoholism and drug dependency, to the conquering of his demons with the aid of second wife Sharon.

11.00 Nick Cave's Veiled World Documentary exploring the creative universe, enduring influence and impact of the singer-songwriter and artist.
12.30 AM **Wise Guy: David Chase and The Sopranos** 1&2/2. The story behind the drama.
3.30 Striking with Pride: United at the Coalface Documentary.
5.00 to 6.00 AM **The Directors**

Sunday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 Antiques Road Trip
2.00 PM **The Repair Shop**
5.00 The Yorkshire Auction House Double bill.
7.00 The Derbyshire Auction House Irita Marriott finds old Italian paintings and the rarest porcelain she's ever sold.
8.00 The Repair Shop The team restore a sailor doll and a musical chair. **9.00** The experts repair a stuffed toy lamb. **10.00** Items include a model boat and a garden watering syringe. **11.00** A pair of football boots and a vintage globe are restored. **12.00** M'T A painting of a Lebanese landscape.
1.00 AM **Massive Engineering Mistakes**
2.00 Destroyed in Seconds
4.00 to 5.00 AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 FBI Files Double bill.
11.00 Boris Johnson: A Faking It Special
12.00 NOON **FBI Files**
3.00 PM **A Killer's Mistake**
7.00 A Killer's Mistake When Sarah Wellgreen disappears, detectives pour all their resources into finding her. **8.00** When Alice Ruggles is found dead, detectives uncover a tale of obsession. **9.00** Todd Kohlhepp hides a deeply disturbing history of crime.
10.00 Evil Lives Here When Debra marries Randy, his violent side takes over.
11.00 Faking It: Tears of a Crime The cases of Shafilea Ahmed and Gordon Wardell.
12.00 M'T **Forensic Detectives**
2.00 to 4.00 AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 UK Crime Files: Last Taxi Rider Dr Nell Darby looks at how taxi driver Linda Thomas made a fatal error of judgement.
8.00 UK Crime Files: Unravelling the Murder of Janet Commins The story of Janet Commins, whose body was discovered in 1976.
9.00 UK Crime Files: A Murder Without Honour A body is found near a river in Cumbria.
10.00 UK Crime Files: Murder Without Motive A perplexing murder.
11.00 UK Crime Files: Murder in the Family
12.00 M'T **UK Crime Files: The Road Rage Killer**
1.00 AM **Britain's Almost Perfect Murders**
2.00 Handsome Devils
4.00 to 6.00 AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **Fraud Squad**
4.00 Millionaire Murders
6.00 See No Evil Student Julissa Brisman is found dead in a hotel room.
7.00 Judge Judy Back-to-back real-life cases, including at: **10.00** A woman admits that she gained access to her boyfriend's private text messages. **10.25** A mother and daughter who got into a catfight over an estranged husband. **10.50** A wooden barricade blocks a delivery driver who gets stuck in the mud. **11.15** A man is furious at his neighbour's fence shenanigans.
11.40 Judge Judy
2.00 AM **Millionaire Murders**
4.00 to 6.00 AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **A1: Britain's Longest Road**
9.00 Caught on Dashcam
10.00 Send in the Dogs
11.00 Caught Red Handed
3.00 PM **Forensics: Catching the Killer** Zara Aleena.
4.00 How I Caught the Killer
5.00 Britain's Most Evil Killers Double bill.
7.00 Forensics: Catching the Killer A woman dies in a house fire.
8.00 Murder Next Door A teenager disappears.
9.00 Death Row Confidential: Secrets of a Serial Killer 1-3/3. The story of convicted killer Joseph Naso.
12.45 AM **World's Most Evil Killers** The story of Diane and Rachel Staudte.
1.50 The Real CSI: Miami
2.55 How I Caught the Killer
4.00 to 6.00 AM **Caught Red Handed**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.35 The World After Stonehenge
1.00 PM **Grand Tours of the Scottish Islands**
1.40 The World After Stonehenge
6.15 King Arthur's Britain: The Truth Unearthed
7.35 The Great Fire: London Burns 1/3. Dan Jones, Suzannah Lipscomb and Rob Bell examine the Great Fire of London.
8.35 The Great Fire: Death and Destruction 2/3. The worst day of the infamous inferno.
9.40 The Great Fire: A City Rebuilt 3/3. The last day of the fire's rampage through London in 1666.
10.45 King Arthur's Britain: The Truth Unearthed
12.00 M'T **Great Forts of the Mediterranean**
1.10 to 2.00 AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Animal Empires**
8.00 **Land of the Far North**
10.00 **Africa's Claws and Jaws**
12.00 NOON **Europe's Amazon**
2.00 PM **Alien Abyss** Triple bill.
5.00 NEW SERIES **The Island of Giants** Documentary exploring how whale sharks drive the culture of Santa Maria.
6.00 **The Kimberley: Australia's Wild West** New edition A look at the animals who live in Australia's Wild West and tracking the work of those trying to protect them.
7.00 **Micro Monsters with David Attenborough** Six editions of the documentary, including at: **9.00** Featuring bugs that prefer co-operation to conflict. **9.30** A look at insect colonies.
10.00 **The Secret Life of the Hermit Crab** Following Hermit crabs in Guadeloupe during migration.
11.00 **The Island of Giants**
12.00 M'T **The Kimberley: Australia's Wild West** As 6.00pm.
1.00 AM **The Big Dry** Double bill.
3.00 **to 6.00** AM **Wild Pacific Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
10.00 **Digging for Britain**
1.00 PM **Mysteries from Above**
2.00 **Ancient Aliens** Double bill.
4.00 **Life After People**
7.00 **Behind History** A look at collection of figures and groups that have redefined the notion of fame through history.
8.00 **Forbidden History** A look at the historical evidence of Jesus' crucifixion, from the realities behind the legend to piecing together what is known for certain and what is missing.
9.00 **World War II: Witness to War** The German U-boat push into British waters, featuring stories of bravery and new technologies employed in the conflict. **10.00** The Pearl Harbour attack.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Discovered by Disaster**
3.00 **Craig Charles: UFO Conspiracies** Documentary.
4.00 **Conspiracy Files: Unsealed**
5.00 **to 6.00** AM **Full Custom Garage**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Savage Builds**
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions.
8.00 **Legendary Locations** Josh Gates explores Pablo Escobar's secret Colombian hideaway. **8.30** Josh visits sites in Bolivia, French Guiana and Turkey. **9.00** Josh investigates the mystery of the crystal skulls in Belize, Spain and Scotland. **9.30** Josh explores three iconic monuments in New York, Istanbul and Honolulu.
10.00 **American Titans** A look at the influence of Andrew Carnegie and Henry Clay Frick.
11.00 **The Dino Hunters** Mike and his son uncover a triceratops horn.
12.00 M'T **Truth Behind the Moon Landing** Double bill of editions.
2.00 AM **Alien Highway**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Murdertown**
8.00 **Nightmare in Suburbia**
10.00 **When Missing Turns to Murder**
12.00 NOON **Murder Detective**
2.00 PM **Crimes That Shook Britain**
4.00 **Spring Break Murders**
7.00 **Spring Break Murders** Advances in DNA science solve the 40-year cold case of a student's murder.
8.00 **Murder at the Motel** Cleaning staff discovered a body wrapped in bed sheets.
9.00 **Cold Case Files** The murder case of Tonya McKinley. **10.00** The disappearance of New York landlord Bruce Blackwood in March 2006.
11.00 **Tell Me How I Died**
12.00 M'T **Murder on Trial**
1.00 AM **Cold Case Files**
2.00 **Interview with a Killer** New edition A look into how Rachel Wade's teen love triangle ended in murder.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Katavi: Africa's Fallen Paradise**
1.00 PM **Extraordinary Australia**
3.00 **Hostile Planet: Masters of the Freeze** Documentary.
4.00 **Secrets of the Zoo: North Carolina** A porcupine requires a visit to the dentist.
5.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets** New edition The vets attempt to treat a surfing cow.
7.00 **Kingdom of the White Wolf** Photographer Ronan Donovan documents a pack of wolves. **8.00** Ronan attempts to get up close with a family of wolves. **9.00** The pack face an uncertain future when the mother goes missing.
10.00 **Legend of the Giant Squid** David Attenborough narrates a look at the ocean giants thriving in Antarctica.
11.00 **Snakes in the City** Simon must face his fear of heights.
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Lost Mines: Restored**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Experts reveal why Egypt's Black Pyramid collapsed. **7.00** A cutting-edge archaeological investigation uses hi-tech methods to scan the ocean floor in search of sunken sphinxes and temples. **8.00** New discoveries on a strange Mediterranean island might offer new clues in the hunt for the city of Atlantis.
9.00 **Salvage Hunters: The Restorers** An antique anatomy model in need of urgent medical attention. **10.00** French polisher Alex tries to piece a grand Tudor- style four-poster bed back together. **11.00** Restoring a rare 1940s American basketball game.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Great Canal Journeys**
1.00 PM **Great Canal Journeys** Exploring the lost route between London and the sea. **2.00** Timothy West and Prunella Scales go to a festival of vintage canal boats. **3.00** Travelling along the Shannon Erne Waterway. **4.00** Timothy and Prunella set forth from Gothenburg on the first half of the Gota Canal.
5.00 **The Life of Mammals**
7.00 **The Life of Mammals** Observing the mating habits of the blue whale, which left dry land millions of years ago to return to the seas. **8.00** The tree-dwellers of the animal kingdom. **9.00** The hunting tactics of carnivores, including Arctic foxes in the frozen north. **10.00** The adaptability of omnivores, revealing their myriad talents in the wild.
11.00 PM **to 5.30** AM **The Life of Mammals**

+1hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** Double bill of editions.
10.00 **The 1980s: The Deadliest Decade** Double bill.
12.00 NOON **Hometown Homicide**
2.00 PM **Still a Mystery**
4.00 **People Magazine Investigates**
6.00 **Diabolical: Deadly Love** A hunter discovers a woman's body in the woods. **7.00** A case triggered by the discovery of a woman's body.
8.00 **Mean Girl Murders** A friendship ends in tragedy.
9.00 **Mother, May I Murder?** A string of deadly tragedies strikes a suburban family.
10.00 **A Killer Among Friends**
11.00 **Murder Under the Friday Night Lights** True-crime.
12.00 M'T **The Golden State Killer: It's Not Over** Double bill.
2.00 AM **Welcome to Killer Town**
4.00 **Boris Johnson: A Faking It Special** Documentary.
5.00 **to 6.00** AM **Murder of Gabby Petito: A Faking It Special**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Lucky!** Triple bill.
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Ant Anstead: Born Mechanic** A 1978 Land Rover.
1.00 PM **Mike Brewer: Born Dealer**
5.00 **Shed and Buried** Sam and Henry rescue interesting items from a scrapyard in Devon. **5.30** Sam and Henry visit a vast collection of Ford vehicles. **6.00** The duo head to Dorset. **6.30** A father and daughter who own a shed full of Americana.
7.00 **Wheeler Dealers** Mike searches for a Chevrolet Stepside pick-up truck. **8.00** A Jeep CJ-7 Renegade rolls into the workshop. **9.00** Mike and Ant restore a 1971 Chevrolet C10 Truck. **10.00** A Dodge SRT-10 is in need of some serious work. **11.00** Mike and Ant work on a 1964 Falcon Ranchero. **12.00** M'T Mike and Edd restore a 1970 Ford Bronco.
1.00 **to 4.00** AM **Lucky!**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.10 AM **PREMIERE Blue Moon**
8.05 **One Battle After Another** Thriller. (2025, 15) ★★★★★
10.55 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
12.55 PM **Superman** Adventure. (2025, 12, 129min) ★★★★
3.10 **Caught Stealing** As 11.15pm.
5.10 **Final Destination: Bloodlines** Horror. (2025, 15) ★★★★
7.10 **PREMIERE Blue Moon** Biopic. (2025, 15, 100min) ★★★★ *See review, page 23*

7.10 Blue Moon

PREMIERE Blue Moon (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Weapons** Horror starring Julia Garner, Josh Brolin and Amy Madigan. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Caught Stealing** Comedy thriller starring Austin Butler, Zoë Kravitz and Matt Smith. (2025, 15, 107min) ★★★★
1.15 AM **On Swift Horses** Drama starring Daisy Edgar-Jones, Jacob Elordi and Will Poulter. (2024, 15, 119min) ★★★
3.25 **Man Finds Tape** Horror thriller starring Kelsey Pribilski. (2025, 15, 84min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Box Set

303 303 403 503 517

7.15 AM **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
9.00 **The Lego Movie 2: Second Part** (2019, U) ★★★★
10.50 **The Lego Ninjago Movie** Animation. (2017, U) ★★
12.35 PM **Ghostbusters** Comedy. (1984, 12, 105min) ★★★★
2.25 **Ghostbusters II** Comedy. (1989, PG, 99min) ★★★
4.15 **Ghostbusters** (2016, 12) ★★★
6.15 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★

6.15 The Hangover

8.00 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper. A drug-fuelled bachelor party leaves three friends looking for the bride's vanished brother. (2011, 15, 101 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper. The friends go in search of a criminal after they are captured by his rival. (2013, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
1.20 AM **Dumb and Dumberer: When Harry Met Lloyd** Comedy. (2003, 12, 85min) ★
2.50 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
4.45 **Sky Cinema Preview**
5.30 **to 7.30** AM **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Turtles All the Way Down** Drama with Isabela Merced. (2024, 12, 111 min) ★★★★
9.25 **Lee** Biopic with Kate Winslet. (2023, 15, 117min) ★★★
11.25 **About a Boy** Comedy drama. (2002, 12, 101 min) ★★★★
1.15 PM **Jerry Maguire** Comedy. (1996, 15, 139min) ★★★★
3.40 **About Time** Romantic comedy. (2013, 12, 120min) ★★★
5.45 **It Ends with Us** Drama based on Colleen Hoover's novel, with Blake Lively and Justin Baldoni. (2024, 15, 125min) ★★★
8.00 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
10.10 **The Brutalist** Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in the US are changed by a strange client. (2024, 18, 215min) ★★★★★
1.35 AM **The Room Next Door** Drama with Julianne Moore. (2024, 12, 102min) ★★★★
3.30 **Babylon** Ground-breaking drama. (1980, 15, 94min) ★★★
5.15 **to 7.45** AM **Funny Girl** Musical biopic starring Barbra Streisand. (1968, U, 169min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.45 AM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
10.00 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
12.20 PM **M3GAN 2.0** Thriller sequel. (2025, 15, 120min) ★★★
2.25 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91 min) ★★★★★
4.00 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
5.55 **Interview with the Vampire** Horror starring Tom Cruise. (1994, 18, 122min) ★★★★
8.00 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a bond with a mysterious count. (2024, 15, 132min) ★★★★
10.15 **I Know What You Did Last Summer** Horror with Madelyn Cline. A group of friends are terrorised by a stalker who knows about a secret from their past. (2025, 15, 119min) ★★★
12.10 AM **Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★★
2.00 **It Feeds** Horror. (2025, 15) ★★★
3.45 **Cuckoo** Mystery thriller. (2024, 15, 102min) ★★★
5.30 **to 7.10** AM **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **The Bad Guys 2** Animation. (2025, PG) ★★★★
7.50 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
9.45 **Happy Feet** (2006, U) ★★★★
11.40 **Peter Rabbit** (2018, PG) ★★★
1.20 PM **Teenage Mutant Ninja Turtles: Out of the Shadows** Adventure. (2016, 12) ★★★
3.15 **The Hobbit: The Desolation of Smaug** (2013, 12) ★★★★
6.00 **Antz** Animated comedy. (1998, PG, 83min) ★★★

7.40 E.T. The Extra Terrestrial

7.40 E.T. The Extra Terrestrial Steven Spielberg's sci-fi fantasy starring Henry Thomas, Drew Barrymore and Dee Wallace. (1982, U, 114min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

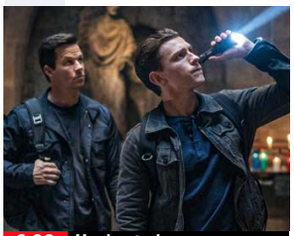
9.40 The Hobbit: The Battle of the Five Armies Epic fantasy adventure starring Martin Freeman. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Last Airbender** Fantasy adventure starring Noah Ringer and Dev Patel. (2010, PG, 103min) ★★
2.05 **Spy Kids** Sci-fi action comedy starring Antonio Banderas. (2001, U, 88min) ★★★★
3.45 **Spy Kids 2: Island of Lost Dreams** Sci-fi comedy sequel. (2002, U, 100min) ★★★★
5.35 **to 7.10** AM **Spy Kids 3: Game Over** Sci-fi comedy sequel. (2003, U, 84min) ★★★

Sky Cinema Action

306 306 407 507 521

7.40 AM **Venom: Let There Be Carnage** Fantasy sequel. (2021, 15, 97min) ★★★
9.20 **Jurassic World** Fantasy sequel. (2015, 12, 124min) ★★★★
11.30 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
1.45 PM **Rampage** Adventure. (2018, 12, 107min) ★★★
3.40 **Fast & Furious 7** Thriller. (2015, 12, 132min) ★★★★
6.00 **Uncharted** Action adventure. (2022, 12, 116min) ★★★


6.00 Uncharted

8.00 Spider-Man 3 Fantasy adventure sequel starring Tobey Maguire and Kirsten Dunst. A strange substance turns Spider-Man's suit jet-black and brings out a dark side to his personality, and he must conquer his inner demons before he can defeat two adversaries. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Fast & Furious 8 Action adventure sequel starring Vin Diesel, Charlize Theron and Jason Statham. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's adventure. (2008, 12, 122min) ★★★
2.45 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
4.10 **Long Gone Heroes** Thriller. (2024, 15, 101min) ★★★
5.55 **to 7.40** AM **Fight or Flight** Thriller. (2025, 15) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **Am I OK?** (2022, 15) ★★★
9.15 **The Golden Child** Adventure. (1986, PG, 93min) ★★
11.05 **Mean Girls** (2004, 12) ★★★★
12.50 PM **Two Weeks Notice** Comedy. (2002, 12) ★★★
2.35 **Finding Your Feet** Comedy. (2017, 12, 109min) ★★
4.30 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
6.00 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★

6.00 How to Lose a Guy in 10...

8.00 Bridget Jones: Mad About the Boy Romantic comedy sequel starring Renée Zellweger. Recently widowed Bridget enters the dating game once again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Miss Congeniality 2: Armed and Fabulous Comedy sequel starring Sandra Bullock. FBI agent Gracie Hart becomes a celebrity until the kidnapping of her friend reawakens her crime-fighting instincts. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
1.55 **The Natural** Baseball drama. (1984, PG, 137min) ★★★
4.20 **to 7.40** AM **Zoolander** Comedy. (2001, 12) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **Black Bag** As 12.10am.
8.30 **Sherlock Holmes** Guy Ritchie's action adventure. (2009, 12, 128min) ★★★★
10.50 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
1.10 PM **The Girl on the Train**
3.15 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
5.35 **The Bourne Legacy** Thriller sequel starring Jeremy Renner. (2012, 12, 129min) ★★★

10.10 The Girl on the Train

8.00 Jason Bourne Action thriller sequel starring Matt Damon and Tommy Lee Jones. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. With Julia Stiles. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Girl on the Train Thriller based on Paula Hawkins' novel, starring Emily Blunt. An alcoholic gets drawn into a web of intrigue when she becomes fascinated by a woman's disappearance. (2016, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Black Bag** Spy thriller. (2024, 15, 94min) ★★★★
1.50 **American Gangster** Ridley Scott's fact-based drama. (2007, 18, 157min) ★★★★
4.30 **to 6.40** AM **The Bikeriders** Crime drama with Tom Hardy. (2023, 15, 116min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Mark of Zorro** Adventure. (1974, PG) ★★
12.30 PM **Cheaper by the Dozen 2** Family comedy sequel. (2006, PG, 94min) ★★★★
2.20 **Dante's Peak** Disaster movie. (1997, 12, 108min) ★★★
4.25 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★
6.45 **Gemini Man** Action drama. (2019, 12, 117min) ★★

9.00 Tombstone

Gemini Man (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Tombstone Western starring Kurt Russell and Val Kilmer. Gunslinger Wyatt Earp abandons his plans to hang up his guns when he runs into a marauding outlaw and his gang. With Sam Elliott and Bill Paxton. (1993, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 The Predator Sci-fi thriller starring Boyd Holbrook and Trevante Rhodes. A band of former soldiers and a scientist attempt to defeat a savage extra-terrestrial warrior. (2018, 15, 102min) ★★★
1.50 **to 3.50** AM **The Mustang** Drama starring Matthias Schoenaerts and Bruce Dern. (2019, 15, 96min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Adventure

302 302 402 502 516

6.00 AM **The Hobbit: An Unexpected Journey** Fantasy. (2012, 12, 165min) ★★★
9.00 **The Hobbit: The Desolation of Smaug** Fantasy adventure. (2013, 12, 161min) ★★★★
11.45 **The Hobbit: The Battle of the Five Armies** Fantasy adventure starring Martin Freeman. (2014, 12, 144min) ★★★
2.10 PM **Wicked** As 11.20pm.
5.00 **The Lord of the Rings: The Two Towers** Epic fantasy adventure starring Elijah Wood. (2002, 12, 179min) ★★★★★
8.00 **The Lord of the Rings: The Return of the King** Epic fantasy adventure starring Elijah Wood and Ian McKellen. As the forces of good and evil contend in a battle before the citadel of Minas Tirith, Frodo Baggins nears the end of his perilous quest to destroy the magic ring. (2003, 12, 201min) ★★★★★
11.20 **Wicked** Musical adventure. (2024, PG, 160min) ★★★★
2.05 AM **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
3.40 **to 6.00** AM **Ready Player One** Sci-fi fantasy adventure. (2018, 12, 140min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.20 AM **The Man with Two Brains**
7.55 **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
9.40 **In & Out** Comedy starring Kevin Kline. (1997, 12, 91min) ★★★
11.15 **Tootsie** As shown at 4.25am.
1.15 PM **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
2.45 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★
4.25 **Big Daddy** As 11.30pm.
6.10 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
9.45 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. Street-smart cop Axel Foley discovers that a theme park is a front for a counterfeiting gang. (1994, 15, 104min) ★★
11.30 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
1.05 AM **Risky Business** Comedy. (1983, 18, 98min) ★★★★
2.50 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
4.25 **to 6.25** AM **Tootsie** Comedy. (1982, 15, 116min) ★★★★

Sky Cinema Animation

312 315 405 500 514

7.15 AM **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
9.05 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
10.40 **The Lego Ninjago Movie** Animated fantasy adventure. (2017, U, 101min) ★★
12.30 PM **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
2.10 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
4.00 **Antz** Animated comedy. (1998, PG, 83min) ★★★
5.35 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
7.15 **Rock Dog 3: Battle the Beat** Animated comedy adventure sequel. (2022, U, 90min) ★★
9.00 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
10.45 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
12.40 AM **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
2.25 **Rebellious** Animated fantasy. (2024, PG, 94min) ★★★
4.15 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
5.40 **to 7.20** AM **Pil's Adventures** Animation. (2021, U, 89min) ★★

Disney+ Cinema

305 305

6.00 AM **Father of the Bride** Comedy. (1991, PG, 105min) ★★
7.45 **Bao** Short animation.
8.00 **Percy Jackson & the Lightning Thief** Fantasy. (2010, PG) ★★★
10.00 **The Tigger Movie** Animation. (2000, U, 77min) ★★★
11.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
12.55 PM **Toy Story** Animated fantasy. (1995, PG, 77min) ★★★★★
2.20 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
4.15 **Lady and the Tramp** Animation. (1955, U, 76min) ★★★★★
5.35 **Bedtime Stories** Family fantasy. (2008, PG, 99min) ★★★
7.15 **Freaky Friday** Fantasy comedy. (2003, PG, 97min) ★★★
9.00 **Pirates of the Caribbean: Salazar's Revenge** Adventure sequel. (2017, 12, 129min) ★★★
11.10 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
12.50 AM **Black Swan** Psychological thriller starring Natalie Portman, Vincent Cassel and Mila Kunis. (2010, 15, 108min) ★★★
2.40 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
4.00 **Ratatouille** As 2.20pm.
5.50 **to 6.00** AM **Bao** Animation.

Talking Pictures

328 445 82 306 36

6.00 AM **My Favourite Brunette** Comedy. (1947, b/w, PG) ★★★
7.45 **Dick Tracy Meets Gruesome** Comedy. (1947, b/w, PG) ★★★
9.00 **Kansas Pacific** Western. (1952, PG, 73min) ★★
10.30 **The Arsenal Stadium Mystery** Thriller starring Leslie Banks. (1939, b/w, PG, 85min) ★★★
12.15 PM **The Beverly Hillbillies** (S2)
12.45 **Batman** 59/60. (S2)
1.15 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
3.25 **Cinebox Memories**
3.30 **Give Us a Clue**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 4/7. (S2)
7.00 **That's My Boy** 4/9. (S2)
7.30 **The Vise** 16/26. (S2)
8.00 **Sergeant Cork** 12/13. (S3)
9.05 **Who Do You Do?**
9.40 **The Lineup** Crime thriller. (1958, b/w, PG, 86min) ★★★
11.25 **The Heritage Chart Show**
12.30 AM **Every Day's a Holiday** (1964)
2.20 **Look at Life** Documentary.
2.30 **Burke's Law** 7/32. (S1)
3.30 **The Rogues** 10/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 15/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **The Masters**
7.30 **Goals on Sunday**
9.00 **Masters Breakfast**
11.00 **Super Sunday Matchday**
11.30 LIVE **EFL Birmingham City v Wrexham.** The Championship match held at St Andrew's. Kick-off **12.00noon**.
1.00 PM LIVE **Premier League Sunderland v Tottenham Hotspur.** Coverage of the top-flight match from the Stadium of Light. Kick-off **2.00pm**.
4.25 LIVE **Super Sunday Chelsea v Manchester City.** Coverage of the Premier League encounter staged at Stamford Bridge. Kick-off is at **4.30pm**.
6.45 LIVE **The Masters** Coverage of the fourth and final round of the first Major of the year at Augusta National Golf Club in Georgia.
12.30 AM LIVE **NBA Basketball** Coverage of a match from the final day of the regular season.
1.30 LIVE **NBA Basketball** Coverage of a match from the final day of the regular season.
4.00 **to 6.00** AM **Sky Sports Catch Up**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Stories**
6.30 **The Big Interview**
7.00 **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM LIVE **Super Sunday Nottingham Forest v Aston Villa.** Coverage of the Premier League encounter from the City Ground, as the two teams at either ends of the table go head to head. Kick-off is at **2.00pm**.
4.00 LIVE **Super Sunday Chelsea v Manchester City.** Coverage of the Premier League match from Stamford Bridge. The visitors will be desperate for a victory here as they look to keep putting pressure on Arsenal in the title race. Kick-off **4.30pm**.
7.30 **Premier League 360: Big Sam's Bolton**
9.30 **Away From Home**
10.00 **Premier League Highlights** Sunderland v Tottenham Hotspur from the Stadium of Light. **10.30** Highlights of Crystal Palace v Newcastle United.
11.00 **Premier League Highlights**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
10.30 **EFL Trophy** The semi-finals.
11.30 LIVE **EFL Birmingham City v Wrexham.** The Championship match held at St Andrew's. The sides shared the spoils in a 1-1 draw in the reverse fixture. Kick-off **12.00noon**.
2.30 PM LIVE **EFL Trophy Luton Town v Stockport County.** The final from Wembley Stadium. Kick-off **3.00pm**.
5.30 **EFL Highlights**
7.00 **EFL League One & Two Goals**
8.00 **EFL Highlights** Championship.
8.30 **SPFL Highlights**
8.45 **EFL Highlights**
9.00 **EFL Trophy** A replay of the final.
11.00 **EFL League One & Two Goals**
12.00 M'T **EFL Trophy** The final.
12.30 AM **EFL Highlights**
1.15 **SPFL Highlights**
1.30 **EFL Greatest Games**
2.00 **SPFL Best Goals**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Moments from the Championship Play-Off Final**
5.30 **to 6.00** AM **Best Moments from the League 1 & 2 Play-Off Final (1993-2019)**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 LIVE **IPL Lucknow Super Giants v Gujarat Titans.** Coverage of the T20 match from Ekana Cricket Stadium in Lucknow. The hosts won this meeting last year thanks to a thrilling six-wicket victory.
2.50 PM LIVE **IPL Mumbai Indians v Royal Challengers Bengaluru.** Coverage of the T20 match from Wankhede Stadium. These two sides met at this ground last year in a match that saw over 400 runs scored across the two innings. Bengaluru made 221-5 in their 20 overs with Virat Kohli hitting 67 from 42 balls. In reply, Mumbai were limited to 209-9 as Krunal Pandya took 4-45 to earn Royal Challengers a 12-run victory.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights from Lucknow Super Giants v Gujarat Titans. **9.00** Mumbai Indians v Royal Challengers Bengaluru.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A match replay.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **The Masters – The Major Heard Round the World**
6.30 **The Masters Official Film 1993**
7.30 **The Masters** The third round.
9.00 **Masters Breakfast**
11.00 **McGinley & Chamblee at The Masters** Round three analysis.
12.00 NOON **The Masters**
1.30 PM **McGinley & Chamblee at The Masters**
2.30 **The Masters** Round four preview.
4.30 LIVE **The Masters** Coverage of the fourth and final round of the first Major of the year at Augusta National Golf Club. Round three leader Rory McIlroy stuttered slightly on the final day last year, carding a one-over 73, while Justin Rose produced an excellent round of 66 to force a play-off.
12.30 AM **Masters: Faldo '96**
1.30 **The Masters Official Film 1994**
2.30 **The Masters Official Film 1998**
3.30 **Jordan Spieth – From Minor to Major** Action from 2015.
4.00 **The Masters** The fourth round.
5.30 **to 6.00** AM **The Magnificent Masters – 1975**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
11.00 LIVE **ATP Tennis** Coverage of the ATP Monte-Carlo Masters doubles final staged at Monte Carlo Country Club in France.
1.00 PM LIVE **WTA Tennis** Coverage of the WTA Linz Open final, a clay-court tournament staged at Design Center Linz in Austria.
2.00 LIVE **ATP Tennis** Coverage of the ATP Monte-Carlo Masters final from Monte Carlo Country Club in Roquebrune-Cap-Martin.
4.00 **ATP Tour This Week**
4.30 **Tennis** Miami Open review.
6.00 **WTA Tennis** Linz Open final.
8.00 **ATP Tennis** Monte-Carlo Masters.
10.00 **WTA Tennis** Linz Open final.
12.00 M'T **WTA & ATP Tennis**
3.00 AM **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **World Rally Championship** The Rally Croatia special stage 17.
7.45 **TNT Sports Reload**
8.00 LIVE **World Rally Championship** The Rally Croatia special stage 18.
9.00 **Race Bikes** Mountain Bike racing.
9.30 LIVE **Cycling** The Paris Roubaix men's one-day race around Paris.
4.00 PM LIVE **Cycling** The Paris Roubaix women's one-day race.
6.00 **Race Bikes** Mountain Bike racing.
6.30 **UEFA Europa League & Conference League Magazine**
7.30 LIVE **Serie A FC Como v Inter Milan.** Coverage from Stadio Guiseppe Sinigaglia. Kick-off **7.45pm**.
9.45 **UEFA Champions League**
10.15 **Premier League Stories**
10.45 **TNT Sports Reload**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB Atlanta Braves v Cleveland Guardians.** Inter-league match at Truist Park. Start-time **12.20am**.
3.00 AM **MLB Classic** Archive action.
4.30 **Fishing: On the Bank**
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.30 AM LIVE **AFL GWS Giants v Richmond Tigers.** All the action from the match at Barossa Park in Lyndoch. Bounce-up **6.15am**.
9.00 **UEFA Europa League & Conference League Magazine**
10.00 LIVE **AFL Port Adelaide Power v St Kilda Saints.** Coverage from Adelaide Oval. Bounce-up **10.15am**.
1.00 PM **Sign Up – Into Football**
1.45 LIVE **Serie A Parma v Napoli.** Coverage of the Italian top-flight match at Stadio Ennio Tardini. Kick-off **2.00pm**.
4.00 **UEFA Champions League** Real Madrid v Bayern Munich. **5.00** Highlights from Paris Saint-Germain v Liverpool. **6.00** Barcelona v Atletico Madrid.
7.00 LIVE **SailGP** Coverage of the second day of the fourth round of the season in Rio de Janeiro.
8.30 **Isuzu UTE A-League** Melbourne City v Wellington Phoenix. **9.30** Highlights from Perth Glory v Macarthur Bulls.
10.30 **UFC** Another chance to see Jiri Prochazka v Carlos Ulberg.
1.30 **to 6.00** AM **AFL**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
11.30 **NFL Highlights**
12.30 PM LIVE **Premier League Crystal Palace v Newcastle United.** Coverage of the top-flight match staged at Selhurst Park. Second-half goals from captain Bruno Guimarães and Malick Thiaw gave the Magpies all three points when the sides met in the reverse fixture in January, in a hard-fought 2-0 victory at St James' Park. Kick-off **2.00pm**.
4.30 **Nba 90's** Archive action.
5.00 **Super League Highlights**
6.00 **Super League** St Helens v Warrington Wolves from 2025.
9.00 **NBA on Fire** The latest news.
9.30 **Nba 80's** Archive action.
10.00 **Nba 90's** Highlights.
10.30 **NBA on Fire** The latest news.
11.00 LIVE **NBA Basketball** Coverage of a match from the final day of the regular season.
1.30 AM LIVE **NBA Basketball** Coverage of a match from the final day of the regular season.
4.00 **Super League Highlights**
4.45 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 LIVE **SPFL Falkirk v Rangers.** Coverage of the Scottish Premiership match staged at Falkirk Stadium, as the teams meet for the third time this season. The two previous encounters both ended in draws, including a 1-1 stalemate here last October. Kick-off **12.00noon**.
3.00 PM **Sports Sunday**
4.45 LIVE **The Masters** Coverage of the featured holes in round four of the first Major of the year, focusing on Amen Corner at Augusta National Golf Club in Georgia, which consists of the 11th, 12th, and 13th holes. A quadruple bogey on 12 during Sunday's final round in 2016 cost Jordan Spieth a 2-stroke lead and ultimately the championship, which was won by England's Danny Willett.
11.00 **Sky Sports Catch Up**
12.00 M'T **EFL Greatest Games** Peterborough United v Southampton from 2010/11. **12.15** AM Watford v Leicester.
12.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **IPL** T20 highlights.
8.00 **The Masters** Rounds one to three from Augusta National.
12.30 PM **Premier League Darts**
4.30 **Super League** A chance to see St Helens v Wigan Warriors. **7.00** A replay of Hull Kingston Rovers v Hull FC at Craven Park.
9.45 **PL Greatest Games**
10.00 **IPL** Recent T20 highlights.
3.00 AM **Darts Gold** Archive action.
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **MotoGP Rewind**
6.15 **UEFA Champions League**
6.45 LIVE **Marathon** Coverage from the Paris Marathon.
9.45 **Kenny Allstar's Number 1's**
10.00 LIVE **Isuzu UTE A-League Perth Glory v Macarthur Bulls.** The Australian top-flight match at HBF Park. Kick-off **10.00am**.
12.00 NOON LIVE **Motocross World Championship** In Sardinia, Italy.
2.00 PM **MLB Highlights**
3.00 LIVE **Motocross World Championship** In Sardinia, Italy.
5.00 **MLB Highlights**
6.30 LIVE **MLB Toronto Blue Jays v Minnesota Twins.** Start-time **6.37pm**.
9.30 **Cycling** Paris Roubaix.
11.30 **World Rally Championship**
12.00 M'T **Serie A** Action from Italy.
2.00 AM **Isuzu UTE A-League**
4.00 **UEFA Europa League & Conference League Magazine**
5.00 **to 6.00** AM **Champions League**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **Isuzu UTE A-League Melbourne City v Wellington Phoenix.** Coverage of the match at AAMI Park. Kick-off **6.00am**.
8.00 LIVE **World Rally Championship** Rally Croatia.
9.00 **WRC: More Than Machine**
9.30 LIVE **World Rally Championship** Rally Croatia.
10.15 **TNT Sports Reload**
10.30 **Ultimate Pool** Pairs Cup.
12.00 NOON LIVE **World Rally Championship** Rally Croatia.
2.15 PM **WRC: More Than Machine**
3.00 **Champions League Magazine**
3.30 **Premier League Stories**
4.00 **Premier League: Big Interview**
4.30 **TNT Sports Reload**
5.00 **Ultimate Pool** Pairs Cup.
6.30 **AFL** Four match replays.
12.30 AM **Fishing: On the Bank**
1.30 **Ultimate Pool** Pairs Cup.
3.00 **Champions League Magazine**
3.30 **World Rally Championship**
4.00 **to 6.00** AM **Cycling**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
6.30 **LaLiga** Elche v Valencia. **8.30** Barcelona v Espanyol. **10.30** Real Sociedad v Alaves.
12.30 PM **Champions Cup**
2.30 LIVE **Champions Cup** Coverage of the fourth quarter-final.
5.30 LIVE **LaLiga Celta Vigo v Real Oviedo.** Coverage from Estadio Abanca-Balaidos. Kick-off **5.30pm**.
7.30 **LaLiga Match Highlights**
7.55 LIVE **LaLiga** Coverage of a Spanish top-flight match.
10.00 **Sporting Greats**
10.30 **LaLiga Match Highlights**
10.55 **NHL on the Fly** The latest news.
11.55 LIVE **Argentine Primera Division Racing Club v River Plate.** Coverage from Estadio Presidente Perón. Kick-off **12.00m't**.
2.00 AM **Football's Greatest**
3.00 **Eredivisie** A match replay.
5.00 **to 6.00** AM **NHL Ice Hockey**

Premier Sports 2

420 552

6.00 AM **GP Insights**
6.30 **NASCAR Trucks**
9.30 **Bike World** Magazine.
10.00 **Temples of Sport**
11.00 **LaLiga** Real Madrid v Girona.
12.55 PM LIVE **LaLiga Osasuna v Real Betis.** From Estadio El Sadar. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 LIVE **LaLiga Mallorca v Rayo Vallecano.** The top-flight match at Estadi Mallorca San Moix. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.30 **Bike World** Magazine.
6.00 **NASCAR Highlights**
7.00 LIVE **NASCAR** Food City 500.
12.00 M'T **Bike World** Highlights.
12.30 AM **Motorsport** Valentino Rossi.
1.00 **NHL Tonight** Top 50 players.
2.00 AM LIVE **NHL Ice Hockey Calgary Flames v Utah Mammoth.** From Scotiabank Saddledome. Face-off **2.00am**.
5.00 **to 6.00** AM **NHL Ice Hockey**

Sky Sports F1

407 407 507 424 444

6.00 AM **Ferrari Challenge UK**
6.30 **F1 Academy Highlights**
8.30 **F1 Features**
9.30 **Ferrari Challenge UK**
10.00 **F1 Feature**
11.00 **Formula 1** Highlights.
11.30 **F1 Features**
12.30 PM **Formula 1** Chinese Grand Prix.
1.30 **Ted's Notebook**
2.00 **F1 Feature**
2.50 **Arvid Lindblad IV** An interview.
3.00 **Formula 1** Highlights.
3.30 **F1 Feature**
4.30 **Formula 1** Chinese Grand Prix.
7.50 **Ted's Notebook**
8.20 **Charles Leclerc IV** An interview.
8.30 **Formula 1** Japanese Grand Prix.
11.45 **Ted's Notebook**
12.15 AM **Toleman Story**
1.00 **The Best of Australia & China**
2.00 **F1 Explained** The inner workings.
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

13 April

Evening Planner

Travelogue

Great Japanese Railway Journeys
BBC2, 6.30pm
Train aficionado Michael Portillo samples the country's renowned rail network.

Documentary

Miriam Margolyes Made Me Me
BBC2, 9pm
Following the actor at home in London and during a book tour around Australia.

Drama

Missed Call
5, 9pm
Joanna Scanlan stars in this five-parter as a single mother whose teen daughter disappears on a school exchange trip.

Drama

Euphoria
Sky Atlantic, 9pm & HBO Max
Five years have now passed and the former high-schoolers are facing the adult world. Stars Sydney Sweeney.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Panorama †	8.30 Trace, Track... †	9.00 Babies		10.00 News; Local News	10.40 Have I...
102 BBC2	7.00 Global Eye	7.30 Extraordinary...	8.00 Mastermind	8.30 University...	9.00 Miriam Margolyes Made Me Me		10.00 Charmain and...	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 How to Clean...	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa		10.15 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 24 Hours in Police Custody: The Cold...		10.00 The Disappearance of Jay Slater	
105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 Missed Call		10.00 Police: Night Shift 999	
106 SKY ONE	7.00 The Simpsons		8.00 UFO		9.00 Andor		10.00 Rooster	
ENTERTAINMENT								
115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 Louis Theroux's LA Stories		10.00 Louis Theroux: Life and Death in LA	
116 BBC4	7.00 Seven Worlds, One Planet		8.00 The Latest Secrets of Hieroglyphs		9.00 Call My Bluff	9.30 Face the Music	10.00 The Sky at...	10.30 Pluto: Back...
118 ITV2	7.00 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 TikTok: Murder Gone Viral		10.00 Family Guy	
136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.05 Made in Chelsea		10.15 Gogglebox	
107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Criminal Intent		10.00 Blue Bloods	
108 SKY ATLANTIC	◂ 6.50 House of the Dragon				9.00 Euphoria		10.15 DTF St Louis	
110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Frankie Boyle's New...	10.40 QI XL
119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 McDonald & Dodds	
120 ITV4	◂ 6.55 Sharpe				9.00 Film: Tremors			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's The Wheel		10.00 Impractical...	10.30 Jimmy Carr's...
145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Father Brown	
122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Romantic Paradise			9.50 Mozart's Women: A Musical Journey		
132 U&W	7.00 DIY SOS: The Big Build		8.00 Tipping Point				10.00 The Supervet	
DOCUMENTARY								
125 DISCOVERY	7.00 Wheeler Dealers		8.00 Filthy Fortunes		9.00 Maine Cabin Masters		10.00 Expedition X	
162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Ninja Sharks		9.00 Alaska: The Last Frontier		10.00 Alaska Gold Diggers	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 To Catch a Smuggler		10.00 Disaster Autopsy	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Digging for Britain		9.00 The Last Hunt for Nazi Gold		10.00 Secret Sex Lives of Tyrants	
155 U&YESTERDAY	7.00 Australia with Simon Reeve		8.00 Great Australian Railway Journeys		9.00 Incredible Journeys with Simon Reeve		10.00 Bangers & Cash: Restoring Classics	
114 SKY DOCS	◂ 6.55 The Yogurt Shop Murders		8.00 Murder in the Valleys				10.00 Tina	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 One Battle After Another				9.00 Weapons			
302 5 STAR MOVIES	◂ 6.00 I, Tonya		8.00 About a Boy			9.50 A Different Man		
303 BOX SET	◂ 6.00 Miss Congeniality 2: Armed and...		8.00 Mamma Mia!			9.50 Mamma Mia! Here We Go Again		
307 GREATS	◂ 6.10 See No Evil, Hear No Evil		8.00 The Wedding Singer			9.40 Singin' in the Rain		
312 ANIMATION		7.20 The Amazing Maurice			9.05 Rebellious			
304 FAMILY	◂ 6.00 Lemony Snicket's A Series...	7.50 Dog Man			9.25 Paddington 2			
306 ACTION	◂ 6.00 Indiana Jones and the Temple of...		8.00 Fast & Furious 7					10.20 Jurassic World: Fallen...
308 COMEDY	◂ 6.25 In & Out		8.00 The Holiday					10.20 Two Weeks Notice
309 THRILLER	◂ 5.55 Jason Bourne		8.00 Ocean's Eleven				10.05 Icefall	
310 DRAMA	◂ 5.25 Nuremberg		8.00 Darkest Hour				10.10 Amadeus	
311 SCI-FI	◂ 6.00 Arrival		8.00 Ready Player One					10.25 28 Days Later...
313 FILM4	◂ 6.50 Romancing the Stone				9.00 Memory			
SPORT								
401 MAIN EVENT	◂ 6.30 MNF – Live: Manchester United v Leeds United (Kick-off 8.00)							
402 PREMIER LEAGUE	◂ 6.30 MNF – Live: Manchester United v Leeds United (Kick-off 8.00)							
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 EFL Goals		8.30 EFL Trophy...	9.00 SPFL Round-Up	9.30 EFL Highlights		10.30 Bundesliga...
405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
410 TNT SPORTS 1	◂ 6.00 Ultimate Pool – Live: Coverage from Group 4 of the Pairs Cup					9.30 Fight Week	10.00 Isuzu UTE...	10.30 MLB Highlights
411 TNT SPORTS 2	◂ 6.30 Serie A	7.45 August 4th: An Olympic Odyssey			9.00 Fishing: On the Bank		10.00 WRC Review	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Farm 999** New edition (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.10 **Local News** (S)
1.45 **BBC News** (S)
2.00 NEW SERIES **Shift the Thrift** 1/12. Contestants scour the UK's charity shops for bargains. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** New edition Oxfordshire. (S)
3.45 **I Made It at Market** New edition Catching up with a stone carver. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

2.00 Shift the Thrift

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Ross and Vicki celebrate their stag and hen parties, while Jasmine starts to feel part of the Slater family. (S)(AD)

8 PM

8.00 **Panorama: Trump's Immigration Crackdown** A report on Donald Trump's immigration policies. (S)
8.30 **Trace, Track, Get My Car Back** A shipping container is found to be full of stolen cars. (S)(R)

9 PM

9.00 **Babies** New episode 5/6. Lisa hopes to find a way of getting Stephen to talk to her. Meanwhile, Amanda splits up with Dave before beginning the move to start her new life. (S1) (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** 2/10. Monty Don hosts the satirical quiz, with guests Chris McCausland and Helen Lewis joining team captains Paul Merton and Ian Hislop. (S)(R)
11.10 FILM **Tinker Tailor Soldier Spy** Cold War spy thriller based on the classic novel by John le Carré, starring Gary Oldman. A veteran spycatcher strives to unmask a Soviet mole lurking in the highest reaches of the British secret intelligence service. With Benedict Cumberbatch and Colin Firth. (S)(AD) (2011, 15, 120min) ★★★★
1.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.00 AM **Bargain Hunt** (S)(R)(AD)
6.45 **Sign Zone: Secret Garden** (S)(R)
7.45 **Match of the Day** (S)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz. (S)(R)
2.30 **Lightning** Quiz show. (S)(R)
3.00 **Clive Myrie's Caribbean Adventure** Kingston. (S)(R)
3.30 **Nature's Epic Journeys** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** The team visit Hartlepool. (S)(R)
5.10 **Flog It!** From Kent. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 NEW SERIES **Great Japanese Railway Journeys** 1/20. Michael Portillo travels around the country, starting with a route from Osaka to Nagoya. *See feature, page 21*. (S)

8.30 University Challenge

7.00 **Global Eye** Featuring investigations from BBC correspondents. (S)
7.30 **Extraordinary Portraits with Bill Bailey** 3/6. A wildlife sanctuary owner is matched to singer and animal lover Ricky Wilson. (S)(R)(AD)

8.00 **Mastermind** New edition Clive Myrie hosts the concluding semi-final. (S)
8.30 **University Challenge** New edition Manchester take on Imperial College London in the concluding semi-final. (S)

9.00 NEW **Miriam Margolyes Made Me Me** Documentary following director Simon Draper's attempt to make a podcast with actor Miriam Margolyes, which turned into a chaotic, joyful road trip. (S)(AD)

10.00 NEW SERIES **Charmain and the Prophet** 1/3. The story of an Arbroath single mother who married a Ghanaian preacher. (S)(AD)
10.30 **Newsnight** (S)
11.00 **Michael Jackson: An American Tragedy** 1/3. Documentary charting the pop star's journey from child prodigy to global icon. (S)(R)(AD)
12.00 M'T **The Misadventures of Romesh Ranganathan** 1/3. The comedian visits Uganda. (S)(R)(AD)
1.00 AM **Sign Zone: Countryfile** (S)(R)
1.55 **Sign Zone: Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
2.55 **Sign Zone: Twenty Twenty Six** 1/6. Spoof sequel. (S1) (S)(R)(AD)
3.25 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** With Mark Bonnar, Alexandra Burke and Claire Sweeney. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Stoke-on-Trent, where Stewart Hofgartner shows interest in novelty nutcrackers. (S)(R)
3.00 **Deal or No Deal** Game show with Stephen Mulhern. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Bradley Walsh. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7.30 NEW SERIES **How to Clean Up for Cash** 1/6. Josie Gibson presents as families have a loved one's clutter cleared and valued in secret by antiques expert Dan Hatfield and declutterer Jacqueline McLeod. (S)

8.00 **Emmerdale** Cain tries to convince Moira, and new evidence is found. (S)(AD)
8.30 **Coronation Street** Debbie learns that Carl offered Summer a bribe, and Eva tries to reunite her family. (S)(AD)

9.00 **I'm a Celebrity... South Africa** New edition 6/15. Ant and Dec host as two new campmates join the famous faces and it remains to be seen if the latest celebrities fit into camp or drama will ensue. (S)
■ Continues tomorrow

10.15 **ITV News** (S)
10.50 **Local News** (S)
11.05 **The Thief, His Wife and the Canoe: The Real Story** Documentary about John Darwin, who faked his death in a canoeing accident and started a new life with his wife Anna in Panama. (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **I'm a Celebrity... South Africa** As 9.00pm. (S)(SL)(R)
4.00 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 15-17/22. (S2) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 10-13/24. (S9) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker: Travels with Mum & Dad** 3/4. The Bakers enjoy a trip around Durham Cathedral. (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Kathryn and Steve battle to revive their 14th-century kitchen. (S)
6.00 **Jasmine Harman's Renovation in the Sun** Jasmine speeds up the build by taking a sledgehammer to the walls of the kitchen. (S)(R)

8.00 The Dog House

7.00 **News** (S)

8.00 **The Dog House** New edition The kennel takes a shot on Bulut, a wary stray Malinois that showed up in the middle of the night. Meanwhile, Bailey the cocker spaniel faces the challenge of living up to some high expectations. (S)

9.00 NEW SERIES **24 Hours in Police Custody: The Cold Case Murder** 1/2. The inside story of the cold case investigation into the brutal murder of an 86-year-old woman in 2013. (S)
■ Concludes tomorrow

10.00 **The Disappearance of Jay Slater** The case of a British teenager who disappeared in Tenerife in the summer of 2024, and how mass online interest set conspiracy theories flying. (S)(R)
11.20 **Gogglebox** (S)(R)
12.20 AM NEW SERIES **Walter Presents: French Roulette** 1/4. French mystery. Subtitled. (S1)
■ Entire series on C4 streaming
1.15 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
2.05 **Couples Come Dine with Me** (R)
3.00 **Click to Kill: The AI War Machine** *Dispatches* investigation. (S)(SL)(R)
3.55 **Unreported World** (S)(R)
4.20 **Kirstie's House of Craft** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Hardacres** 5/6. Sam and Mary agree to call a truce in the aftermath of the events of the party. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** There is love in the air at a speed-dating event. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition A once neglected walkway in Normanton, Derby. (S)
6.05 **Susan Calman's Grand Day Out** Susan recalls her favourite home and garden adventures. (S)(R)
6.55 **News** (S)

6.05 Susan Calman's Grand Day Out

7.00 **Police Interceptors** Several units are on the tail of a white van being driven around town at four times the speed limit. (S)(R)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition Nicky Campbell narrates as the series follows the work of Staffordshire police, with PC Ed Clarke being taken on a wild ride after a car fails to stop. (S)
9.00 NEW SERIES **Missed Call** 1/5. Thriller starring Joanna Scanlan. An English girl stops answering messages during a school exchange in France, so her mother investigates. *See feature, page 6.* (S1) (S)(AD) ■ Continues tomorrow
10.00 **Police: Night Shift 999** PC Smith spots a suspected burglar, but the man takes off on foot as he calls his colleagues for back-up. Student officer West gets the chance to make his first drugs stop and arrest. (S)(R)
11.05 **Traffic Cops** A dangerous driver fails to stop for officers for more than 45 minutes. (S)(R)
12.05 AM **Police Interceptors** Charlie and Wayne are in hot pursuit of a van. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S3) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Whale with Steve Backshall** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 11/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 14/26. Michael, Dwight, Andy and Pam try their best to impress a prospective buyer of Dunder Mifflin. (S)(R) **6.30** 15/26. Michael struggles to adjust to Dunder Mifflin's acquisition. With Kathy Bates and Christian Slater. (S6) (S)(R)

9.00 Andor

7.00 **The Simpsons** *Write Off This Episode:* Marge and Lisa launch a charity together. (S)(R) **7.30** *The Very Hungry Caterpillars:* A plague of insects shuts down the entire town of Springfield. (S)(R)
8.00 **UFO** 3/4. The world reels from the *New York Times* bombshell, and some begin to wonder whether the government may be using the alien narrative to cover up something more sinister. (S)(R)(AD)
9.00 **Andor** New episode *Aldhani:* 4/10. Cassian is out of options and reluctantly takes up Luthen's proposal to take part in a dangerous mission to infiltrate an imperial garrison and stealing the payroll. (S1) (S)
10.00 **Rooster** New episode 6/10. Comedy about an author's complicated relationship with his daughter. Stars Steve Carell and Charly Clive. (S1)
10.40 **Saturday Night Live UK** 4/8. Actor and comedian Jack Whitehall hosts the sketch and variety show, with music from Jorja Smith. (R)
11.55 **Grimm** 13/22. Nick finds out about Juliette's relationship with Renard, who is frantically searching for the key. (S2) (S)(R)
12.50 AM **Police 24/7** (S)(R)
1.45 **The Force: North East** (S)(R)
2.35 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 9/23. (S2) (S)(R)
4.00 **S.W.A.T.** 11/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm The Other Bennet Sister **8.00** Charmain and the Prophet **8.30-9.00** Scotland's Home of the Year **11.10** Panorama: Trump's Immigration Crackdown **11.40** Scotcast **12.10am** FILM Tinker Tailor Soldier Spy (2011, 15, 120min) ★★★★ **2.10** Weather **2.15-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00pm Ronan Keating's Wild Atlantic **8.30-9.00** Greatest Gardens with Diarmuid Gavin and Carol Klein **10.40** Panorama: Trump's Immigration Crackdown **11.10** Have I Got News for You **11.40** FILM Tinker Tailor Soldier Spy: As Scotland. **1.40-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm Shift the Thrift **8.30-9.00** 21st Century TV with Lucy Owen **10.40** Feast of Football **11.10** Panorama: Trump's Immigration Crackdown **11.40** FILM Tinker Tailor Soldier Spy: As Scotland. **1.40-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Éadaí SOS **11.00** Charmain and the Prophet **11.30pm-12.00m't** Mortimer & Whitehouse: Gone Fishing

WALES
Sky 968, Freesat 968
11.00pm New Voices From Wales – Growing up with Grief **11.15** New Voices From Wales – Bitter Gourd: Our Legacy **11.30** New Voices From Wales – He Fought the Fight **11.45pm-12.00m't** Coast

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Dylan ar Daith: Thomas Picton **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymry ar Gynfas **6.25** Darllediad Etholiadol **6.30** Rownd a Rownd **6.59** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Y Byd yn ei Le **8.25** Garddio a Mwy **8.55** Newyddion a'r Tywydd **9.00** Ffermio **9.35** Ralïo+ **10.10** Sgorio **10.40** Tabw **11.10-11.40pm** GISDA: Drws I'r Digartre

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Exploring the world of parasites. **7.30** A look at dangerous animals in Venezuela.
8.00 **Top Gear** The team try to impress Oxford residents by building an electric car.
9.00 **Louis Theroux's LA Stories** 1/3. Louis explores different aspects of Los Angeles, starting by meeting the characters whose lives revolve around the city's neglected and feral dogs.
10.00 **Louis Theroux's LA Stories** 2/3. Louis explores the American attitude to death as he visits Cedars-Sinai Medical Centre.
11.00 **Louis Theroux's LA Stories** 3/3. Louis spends time at Los Angeles hostels that are home to sex offenders who are on parole.
12.00 M'T **High: Confessions of an Ibiza Drug Mule**
1.50 AM **Louis Theroux's LA Stories** 2&3/3. Double bill.
3.50 **to 4.00** AM **Press X on the BBC**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Seven Worlds, One Planet** David Attenborough looks at the wildlife of Africa.
8.00 **The Latest Secrets of Hieroglyphs** Research into the creation of the ancient Egyptians' written language.
9.00 **Call My Bluff** With Joanna Lumley, Pauline Yates, Donald Churchill and Frank Kearton.
9.30 **Face the Music** With Annette Page, Richard Baker and Robin Ray, and guest musician Murray Perahia.
10.00 NEW SERIES **The Sky at Night** The team explore the progress of NASA's Artemis II mission, the first crewed journey back toward the Moon in more than 50 years.
10.30 **Pluto: Back from the Dead** A look at how images of the dwarf planet revealed it to be an active world.
11.30 **Art That Made Us**
12.30 AM **Seven Worlds, One Planet** As 7.00pm.
1.30 **The Latest Secrets of Hieroglyphs** As 8.00pm.
2.30 **to 3.30** AM **Art That Made Us**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest heads to France, and the first visit is to Les Chimeres in the south of the country. **4.50** The second visit is to Le Manoir in the Dordogne. **5.20** The third visit of the week is to Le Clos Rabelais in central France. **5.50** The final visit is to Moulin de la Civiere, Brittany. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie and Phil head to Hertfordshire.
7.55 **Kirstie and Phil's Love It or List It** Anne-Marie and Paul need help deciding whether to sell or renovate their home in Milton Keynes.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** 3/5. A second Christmas during the Owens' farmhouse renovation is fast approaching, and Amanda and the kids are preparing their farm animals and pets for the cold weather
10.00 **24 Hours in A&E** A man is airlifted in after falling 20ft from a ladder.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** With guest judge Nicki Minaj.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Frankie prepares to say goodbye to the village.
7.30 **Married at First Sight Australia** New edition The fourth Commitment Ceremony has arrived. While some couples resolve to move forward, the ceremony soon descends into chaos.
9.05 **Made in Chelsea** New edition Philip brings a new girl on a rural retreat.
10.15 **Gogglebox** Opinions on the Eurovision Song Contest.
11.20 **First Dates**
12.25 AM **Naked Attraction**
1.30 **Married at First Sight Australia** As 7.30pm.
2.55 **Made in Chelsea**
3.50 **The Goldbergs**
4.40 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 6&7/22. (S1)
1.00 PM **The Rookie** 2/22. Nolan tries to uncover the truth about a colleague's death. **2.00** 3/22. Nolan is assigned his first rookie. (S5)
3.00 **Law & Order: Criminal Intent** 4/23. The detectives search for a jewel thief. (S4)
4.00 **Nothing to Declare**

10.00 Blue Bloods

7 PM
7.00 **Police 24/7** A shoplifter is caught with several IDs and credit cards that don't belong to her.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Law & Order: Criminal Intent** *Jones:* 5/22. The detectives investigate a notoriously abusive lawyer. (S1)

10 PM
10.00 **Blue Bloods** *The Reagan Way:* 12/20. Eddie tries to get justice for a sexual assault survivor. (S12)
11.00 **The Rookie** 2/20. (S1)
12.00 M'T **FBI** 3&4/22. (S1)
2.00 AM **The Rookie** New episode 9/18. (S8)
3.00 **Law & Order: Criminal Intent**
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 8&9/12. (S1)
12.15 PM **Billions** 9&10/12. (S1)
2.25 **My Brilliant Friend** 5/8. (S1)
3.30 **Hacks** Double bill. (S2&3)
4.45 **Billions** 9/12. A mysterious disappearance sends both Axe and Chuck spinning. **5.45** 10/12. Axe and Wendy are forced to do some soul searching. (S1)
6.50 **House of the Dragon** 9/10. Alicent enlists help to track down Aegon. (S1)

10.15 DTF St Louis

7.55 **House of the Dragon** *The Black Queen:* 10/10. While mourning a loss, Rhaenyra tries desperately to hold the realm together and Daemon prepares for war. (S1)
9.00 **NEW SERIES Euphoria** 1/8. The return of the drama starring Zendaya and Jacob Elordi. *See feature, page16.* (S3)
10.15 **DTF St Louis** Series finale 7/7. With Tiger Tiger out of the picture, Clark comes up with a new plan. (S1)
11.20 **All Her Fault** 7/8. Carrie is forced to ask for help when things go awry. (S1)
12.25 AM **House of the Dragon** (S1)
2.45 **Homicide: Life on the Street**
3.45 **Fish Town**
4.35 **Sort Of** 5/8. (S1)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Sam and Billie: Sister Act**
9.10 **The Only Way Is Essex**
10.10 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Supermarket Sweep**
1.00 PM **I'm a Celebrity... South Africa** Reality series.
2.05 **Celebrity Catchphrase**
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
5.55 **Celebrity Catchphrase**

9.00 TikTok: Murder Gone Viral

7.00 **I'm a Celebrity... South Africa** Two campmates must face their ultimate fears as they are dropped from a great height.
8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.
9.00 **TikTok: Murder Gone Viral** The case of Charlie Cosser, who was fatally stabbed by Yura Varybrus at an end-of-term party.
10.00 **Family Guy** 6/20. Peter makes a hologram. **10.35** 7/20. Stewie becomes addicted to hide-and-seek. (S21)
11.05 **Family Guy** 2/20. Lois tries to get her family to spend the day together. (S21)
11.35 **American Dad!** (S17)
12.35 AM **Bob's Burgers** (S12&14)
1.35 **Plebs** 6/8. (S3)
2.00 **Deep Fake Neighbour Wars**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Lewis** *The Quality of Mercy.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Down Among the Dead Men:* The death of a blackmailer is investigated.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Wild Thing:* Nick and Kate suspect there may be a beast on the moors.

8.00 Midsomer Murders

6.55 **Heartbeat** *Witch Hunt:* Nick is drawn into a family feud after three children claim to have seen a witch vandalising a funeral urn.
8.00 **Midsomer Murders** *Death in a Chocolate Box:* A sex scandal resurfaces following the murder of a former detective, and Barnaby assesses the involvement of staff at a centre for reformed criminals.
10.00 **McDonald & Dodds** *A Billion Beats:* 2/4. The duo are sucked into the fast and furious world of Formula 1 after a driver dies in suspicious circumstances. (S3)
11.50 **Lewis** *The Quality of Mercy:* The lead actor in a student Shakespeare production is killed during the performance.
1.50 AM **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.10 **Boon**
10.15 **The Sweeney**
11.20 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **The Sweeney** *Supersnout:* The squad seek a gang of thieves.
5.50 **Minder** *From Fulham with Love:* Arthur unwittingly causes a diplomatic incident.

9.00 Tremors

6.55 **Sharpe** *Sharpe's Sword:* 3/3. Despatched by Munro to kill a French colonel, Sharpe is wounded in battle and hovers at death's door – but Harper and a mute nun set about nursing him back to health. (S3)
9.00 **FILM Tremors** Monster chiller starring Kevin Bacon and Fred Ward as Nevada handymen battling giant flesh-eating worms that are attacking their desert town. With Reba McEntire. (1990, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Who Wants to Be a Millionaire?** Quiz show.
12.05 AM **Lost** 17/25. (S1)
1.00 **Minder**
1.55 **Made in Britain**
2.20 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Our Lives: The Island That Saved My Life**
8.00 **Life on the Bay** The team install a new beer cellar ahead of The Open at St Andrews. **8.30** Entertainments manager Laura organises a summer family fun day.
9.00 **Only Child** 3/6. Richard takes Ken to the golf club. **9.30** 4/6. Richard worries about his father. (S1)
10.00 **River City** New episode Nicole's plan to befriend Mikey is thwarted.
10.30 **Two Doors Down** (S3)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Street Gangs**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **Two Weeks to Live** (S1)
10.15 **Avenue 5** 9/9. (S1)
10.55 **Upright** 8/8. (S1)
11.30 **American Auto** (S2)
12.30 PM **Will & Grace** (S8)
1.30 **Two Weeks to Live** (S1)
2.45 **Upright** 7&8/8. (S1)
4.00 **Breeders** 7&8/10. (S2)
5.00 **Smothered** 5&6/6. (S1)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 2/13. Pierce locks himself in a panic room on Halloween. **8.30** 3/13. The students go to a convention. Guest stars Tricia Helfer. (S4)
9.00 **Real Time with Bill Maher** New edition
10.10 **Seth Meyers: Dad Man Walking** Stand-up show.
11.30 **The Comeback** New episode 4/8. (S3)
12.10 AM **Breeders** (S2)
1.10 **Community** (S4)
2.10 **Upright** 7&8/8. (S1)
3.30 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **John Williams: The Berlin Concert**
7.50 **Watercolour Challenge**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **André Rieu: I Lost My Heart in Heidelberg**
1.00 PM **Tales of the Unexpected** Double bill.
2.00 **Wonderland: From JM Barrie to JRR Tolkien**
3.00 **Stories from the National Portrait Gallery** With Jim Moir.
4.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Romantic Paradise** From Tuscany.
9.50 **Mozart's Women: A Musical Journey**
11.20 **Comedy Legends**
12.20 AM **Urban Myths**
1.20 **Peter O'Toole: Along the Sky Road to Aqaba**
3.20 **Perspectives: Eddie Redmayne on War Art**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 21/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *Skin of Evil:* 23/26. Sci-fi drama. (S1)
8.00 **Nothing to Declare**
9.00 **FBI** 6/13. (S6)
10.00 **FBI: Most Wanted** (S1)
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** 5/8.
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Game show.
2.00 **Tenable** A team from the Harlow Amateur Theatre Society take part.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** With Anton Du Beke and Fred Sirieix.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Jemma tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Julie Hesmondhalgh and Tony Bellew take part.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Our Farm in the Dales**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Help! I Bought It at Auction with Sarah Beeny** The renovation of a South Downs cottage.
8.00 **Grand Designs**
9.00 **Gogglebox**
10.00 **First Dates**
11.05 **Taskmaster**
12.05 AM **24 Hours in A&E**
1.05 **Emergency Helicopter Medics** Documentary.
2.10 **Sky Coppers**
3.05 **Open House: The Great Sex Experiment**
4.05 **to 5.00** AM **Naked Attraction**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: The Next Generation** 12/26. (S7)
- **12.00** NOON **Star Trek: Voyager**
- **1.00** PM **Star Trek: Deep Space Nine** 13/26. (S7)
- **2.00** **Warehouse 13** 11&12/13. (S3)
- **4.00** **Stargate SG-1** 9/22. (S4)
- **5.00** **Star Trek: Voyager** (S3)
- **6.00** **Star Trek: The Next Generation** 12/26. Riker's former commander tells him to keep the purpose of a mission a secret from Picard. (S7)

2.00 Warehouse 13

7.00 Star Trek: Deep Space Nine *Field of Fire:* 13/26. A murder on the station is linked to a strange dream experienced by Ezri. (S7)

8.00 Stargate SG-1 *Scorched Earth:* 9/22. Two civilisations try to colonise the same planet. (S4)

9.00 Grimm *The Good Shepherd:* 5/22. A preacher asks for Nick's help when his church is robbed.

10.00 Grimm *Over My Dead Body:* 6/22. A Wesen puts a contract out on Monroe, but the individual approached for the job turns out to be his former girlfriend Angelina. (S2)

- **11.00** **The Walking Dead** 8/13. The survivors bury Sophia, and Hershel disappears. (S2)
- **12.00** M'T **Warehouse 13** (S3)
- **2.00** AM **The Walking Dead** (S2)
- **3.00** **Reginald the Vampire** (S2)
- **4.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.10** AM **Murdoch Mysteries** (S16)
- **9.00** **Father Brown** As 7.00pm.
- **10.00** **The Mentalist** As 4.00pm.
- **11.00** **Hudson & Rex** As 5.00pm.
- **12.00** NOON **My Life Is Murder** (S3)
- **1.00** PM **Death in Paradise** (S13)
- **2.00** **Murdoch Mysteries** (S16)
- **4.00** **The Mentalist** 3/23. Lisbon is accused of murder. (S2)
- **5.00** **Hudson & Rex** 15/16. Charlie and Rex investigate the death of a figure skating coach. (S1)
- **6.00** **My Life Is Murder** 4/10. Alexa looks into a suspicious death at a retirement village. (S3)

7.00 Father Brown

7.00 Father Brown *The Great Train Robbery:* Lady Felicia and Mrs McCarthy are taken hostage when a train robbery goes awry.

8.00 Death in Paradise *Going Round in Circles:* 1/8. Commissioner Patterson is targeted by a mysterious assassin. (S13)

9.00 Death in Paradise *Sins of the Detective – Part Two:* 7/8. The team must prove Neville's innocence. Guest stars Robert Webb. (S12)

10.00 Father Brown *The Final Devotion:* The priest joins forces with Flambeau to search for a lost treasure in a 15th-century castle.

- **11.00** **Father Brown** As 7.00pm.
- **12.00** M'T **Death in Paradise** (S13)
- **1.00** AM **My Life Is Murder** (S3)
- **2.00** **Murdoch Mysteries** 16/24. A face from Murdoch's past seeks help. (S16)
- **2.50** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.10** AM **Highlights**
- **9.10** **Are You Being Served?**
- **9.50** **Last of the Summer Wine**
- **11.05** **Ever Decreasing Circles**
- **11.45** **Porridge**
- **12.25** PM **Keeping Up Appearances**
- **1.00** **The Green Green Grass**
- **1.40** **Dad's Army**
- **2.20** **Ever Decreasing Circles**
- **3.00** **Are You Being Served?**
- **3.40** **Porridge**
- **4.20** **Dad's Army**
- **5.00** **Last of the Summer Wine**
- **6.20** **Keeping Up Appearances**

5.00 Last of the Summer Wine

7.00 Porridge Betting fever sweeps Slade Prison.

7.40 Dad's Army Captain Mainwaring puts the defence of the realm before personal pride.

8.20 Are You Being Served? The store holds a week promoting German goods. Guest stars Joanna Lumley.

9.00 Not Going Out Tim picks up a coat containing a pocket full of drugs. **9.40** Tim puts the flat on the market in the wake of Kate's departure.

10.20 Men Behaving Badly Gary fixes a burglar alarm to impress Deborah.

10.55 Harry Enfield and Chums Kevin and Perry try to befriend some girls.

- **11.35** **Not Going Out** Double bill.
- **12.55** AM **Men Behaving Badly**
- **1.30** **Harry Enfield and Chums**
- **2.05** **Keeping Up Appearances**
- **2.40** **Ghosts** Double bill.
- **3.35** **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Hairy Bikers' Best of British** Britain's love of cheese.
- **8.00** **Special Ops: Crime Squad UK**
- **10.00** **Train Rescue Down Under**
- **11.00** **Rick Stein's Road to Mexico**
- **12.00** NOON **Border Force: America's Gatekeepers**
- **2.00** PM **Speed with Guy Martin**
- **3.00** **Top Gear** Double bill.
- **5.00** **Hairy Bikers Everyday Gourmets** Creating a gourmet dinner for two on a budget.
- **6.00** **Rick Stein's Road to Mexico** Rick's journey draws to a close on the Yucatan Peninsula.

10.00 New World Order

7.00 Would I Lie to You? – Unseen Bits Highlights from the third series.

7.40 Richard Osman's House of Games Guests include Josie Lawrence and Raj Bisram. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.

9.00 Have I Got a Bit More News for You Bill Bailey hosts the satirical quiz, with guest panellists Fin Taylor and Dawn Butler.

10.00 Frankie Boyle's New World Order Topical show.

10.40 QI XL With guests Sue Perkins, Ross Noble and David Mitchell.

- **11.40** **Mock the Week**
- **12.20** AM **Would I Lie to You?**
- **1.00** **Would I Lie to You? – The Unseen Bits** As 7.00pm.
- **1.40** **QI XL** With Bill Bailey.
- **2.35** **Frankie Boyle's New World Order** As shown at 10.00pm.
- **3.10** **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

- **7.00** AM **Birds of a Feather**
- **7.45** **The Bill**
- **8.40** **Doctors**
- **9.55** **Classic Holby City**
- **10.50** **Classic Casualty**
- **11.55** **The Bill**
- **12.55** PM **Classic EastEnders**
- **2.05** **All Creatures Great and Small** Rural drama.
- **3.10** **Howards' Way**
- **4.20** **Hetty Wainthropp Investigates** The sleuth is hired to find a woman's son.
- **5.20** **Birds of a Feather**
- **6.00** **Last of the Summer Wine**

8.00 The Brokenwood Mysteries

7.20 Last of the Summer Wine Sid and Wally's wives become suspicious of their husbands' antics in the woods.

8.00 The Brokenwood Mysteries *Playing the Lie:* 3/4. Mike and Kristin investigate when the wealthy owner of Brokenwood Golf Club is apparently poisoned. (S1)

10.00 New Tricks *Communal Living:* The team investigate the death of a university student.

- **11.20** **Dalziel & Pascoe** *An Advancement of Learning:* A body is found at a university.
- **1.20** AM **Hetty Wainthropp Investigates** As 4.20pm.
- **2.15** **Whitstable Pearl** 4/6. (S1)
- **3.05** **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

Monday

7 PM

8 PM

9 PM

10 PM

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Entertainment News**
- **9.10** **NCIS** 20-22/24. (S9)
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS** *Shabbat Shalom:* 11/24. Part one of two. Ziva returns to her car after a workout at the gym to find her father hiding inside. Guest stars Michael Nouri. **7.00** *Shiva:* 12/24. Part two of two. The team identify the killer as a Swedish mercenary. **8.00** *Hit-and-Run:* 13/24. A Marine lance corporal is involved in a fatal car crash. (S10) **9.00** New episode *Bad Blood:* 13/20. The team probe a US Navy lieutenant's death at a blood bank. (S22)
- **10.00** **Law & Order: Special Victims Unit** (S5&25)
- **2.35** AM **Criminal Minds: Evolution** 1/10. (S17)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Bargain-Loving Brits in the Sun**
- **10.00** **Dogs Behaving (Very) Badly**
- **11.00** **Traffic Cops** Triple bill.
- **2.00** PM **Police Interceptors**
- **5.00** **Shoplifters: Caught Red Handed**
- **6.00** **Home and Away**
- **7.00** **GPs: Behind Closed Doors** Medical series.
- **8.00** **Casualty 24/7: Every Second Counts** A 79-year-old man needs an urgent CT scan.
- **9.00** **Ambulance: Code Red**
- **10.00** **A&E After Dark** A woman becomes increasingly aggressive.
- **11.00** **Skin A&E**
- **12.00** M'T **Cops 'n' Robbers: Caught on Camera**
- **1.00** AM **GPs: Behind Closed Doors** Medical series.
- **2.00** **Casualty 24/7: Every Second Counts**
- **2.45** **Skin A&E**
- **3.35** **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Winter Road Rescue**
- **9.35** **Police Interceptors**
- **10.35** FILM **Once Upon a Time in the West** Vintage Western starring Charles Bronson. (1968, 15, 165min) ★★★★★
- **1.50** PM FILM **The Four Musketeers** Comedy sequel with Oliver Reed. (1974, PG, 105min) ★★★
- **4.00** **Mud Mountain Haulers**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **8.00** **Motorway Cops: Catching Britain's Speeders** Armed officers chase a group of potential car thieves.
- **9.00** **Highway Thru Hell** The team must pull a truck up a sheer cliff.
- **10.00** **Motorway: Hell on the Highway** Documentary.
- **11.00** **The X-Files** 2/25. (S2)
- **12.00** M'T **Scam City**
- **1.00** AM **Outback Truckers**
- **2.00** **Trucking Hell**
- **3.55** **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **Pete Wicks: For Dogs' Sake**
- **7.00** **Tipping Point** Triple bill.
- **10.00** **DIY SOS: The Big Build**
- **12.00** NOON **DIY SOS: Grenfell**
- **1.00** PM **Tipping Point**
- **4.00** **The Supervet**
- **6.00** **DIY SOS: The Big Build** The team transform the home of a police officer who was injured in the Westminster Bridge terrorist attack in 2017. **7.00** Nick Knowles and the team help a grieving grandmother and her family in West Bromwich.
- **8.00** **Tipping Point** Double bill of the game show.
- **10.00** **The Supervet** Noel helps a Newfoundland and a Yorkshire terrier.
- **11.00** **Wife Swap USA**
- **12.50** AM **Louis Theroux Interviews... Katherine Ryan**
- **1.40** **to 3.00** AM **The Mormons Are Coming**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

- **6.10** AM **Great Coastal Railway Journeys**
- **8.00** **Bangers & Cash**
- **10.00** **The World at War**
- **11.00** **True Evil: The Making of a Nazi** Heinrich Himmler.
- **12.00** NOON **Antiques Roadshow** Double bill.
- **2.00** PM **Bangers & Cash: Restoring Classics**
- **4.00** **The World at War**
- **5.00** **True Evil: The Making of a Nazi** Heinrich Himmler.
- **6.00** **Antiques Roadshow**
- **7.00** **Australia with Simon Reeve** Simon visits Kakadu National Park.
- **8.00** **Great Australian Railway Journeys**
- **9.00** **Incredible Journeys with Simon Reeve**
- **10.00** **Bangers & Cash: Restoring Classics**
- **12.00** M'T **Bangers & Cash**
- **1.00** AM **Find It, Fix It, Flog It**
- **2.00** **to 3.00** AM **American History's Biggest Fibs with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

- **6.00** AM **Fantasy Homes by the Sea** From Cornwall.
- **7.00** **Teleshopping**
- **8.00** **Escape to the Country**
- **9.00** **Salvage Hunters**
- **12.00** NOON **Antiques Road Trip** Double bill.
- **2.00** PM **The Repair Shop**
- **3.00** **The Yorkshire Auction House** Featuring a huge collection of bells.
- **4.00** **Long Lost Family: What Happened Next**
- **6.00** **The Yorkshire Auction House** Angus unearths a treasure trove of toys. **7.00** A couple want to sell their toy collection.
- **8.00** **Antiques Road Trip** Raj Bisram and Charles Hanson head to Wales.
- **9.00** **The Yorkshire Auction House** Double bill.
- **11.00** **Help! My House Is Haunted** Triple bill.
- **2.00** AM **Teleshopping**
- **4.00** **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** (S3&4)
1.00 PM **The Waltons** (S6)
3.00 **Ballykissangel** 1/8. (S6)
4.10 **Born and Bred** (S4)
5.20 **Bramwell** 7/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 22/25. Hawkeye is transferred. **8.00** 23/25. Potter's leadership is questioned. **8.30** 24/25. Hawkeye and BJ suspect Charles of being a drug addict. **9.00** 25/25. A soldier is relieved of duty. (S6) **9.30** 1/26. Hawkeye takes command. **10.00** 2/26. Hawkeye attempts to speed up peace talks. (S7)
10.30 **M*A*S*H** (S7&6)
12.30 AM **The Avengers** (S5)
1.30 **Home to Roost** (S4)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **FILM War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM The Vault** Action thriller. (2021, 15, 118min) ★★
4.10 **The Persuaders!** (S1)
5.10 **The Avengers** (S5)
7.10 **FILM The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
9.00 **FILM Déjà Vu** Sci-fi thriller starring Denzel Washington. (2006, 12, 126min) ★★★★
11.25 **FILM A Fistful of Dollars** Sergio Leone's Spaghetti Western with Clint Eastwood. (1964, 15, 96min) ★★★★★
1.40 AM **The Persuaders!**
2.40 **The Avengers** (S5)
4.15 **to 5.50** AM **FILM Hellgate** Western. (1952, b/w, PG, 87min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM A Deadly Recipe** (2016, PG) ★★
10.05 **In Plain Sight** (S2)
11.05 **Castle** 13/22. (S8)
12.05 PM **FILM Martha's Vineyard Mysteries: Poisoned in Paradise** Thriller. (2021, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Robin Hood** 6/13. (S1)
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 14/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** (S2)
10.00 **FILM An Emma Fielding Mystery: Past Malice** Crime drama. (2018, PG, 90min) ★★
11.55 **FILM Lost Letter Mysteries: The Vows We've Made** Drama. (2021, PG, 86min) ★★
1.50 AM **FILM The Killer Downstairs** Drama. (2019, 12, 90min) ★
3.20 **to 5.00** AM **FILM Lost and Found** (2019) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Aloha With Love** (2022, PG) ★★
10.15 **FILM Valentine Ever After** (2016, PG) ★★
12.05 PM **FILM My One and Only** Romantic drama. (2019, PG, 85min) ★★
2.00 **FILM The Engagement Plot** Romantic comedy. (2022, PG, 87min) ★★
4.00 **FILM Love, Alaska** Romantic comedy. (2019, PG, 95min) ★★
6.05 **FILM Be My Valentine** Romantic comedy. (2013, PG, 90min) ★★
8.00 **FILM Love Finds You in Valentine** Romance. (2016, PG, 87min) ★★
10.00 **FILM The Christmas Break** Festive drama. (2023, PG, 100min) ★★
12.05 AM **FILM Memories of Christmas** Romance. (2018, PG, 90min) ★★
2.05 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love Finds You in Valentine**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **Garden Rescue**
4.30 **New Home DIY**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **You, Me, Garden?**
7.30 **New Home DIY**
8.00 **Garden Rescue** A garden for a couple of sun worshippers. **9.00** A colourful garden with Moroccan influence.
10.00 **Random Series**
10.30 **New Home DIY**
11.00 **Me and My Affair**
12.00 M'T **FILM School for Sex** Erotic comedy. (1969, 18, 80min) ★★
1.45 AM **Real Thick Glasses**
2.00 **The Greatest Auction**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **The Fenn Street Gang**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 15/24. (S2)
11.05 **Lady Killers** Dr Crippen.
12.10 PM **The Gaffer** (S1)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 6/6. (S1)
1.40 **The Champions**
2.40 **Space 1999** 15/24. (S2)
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 4/6. (S1)
6.30 **Agony** 6/6. (S1)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions**
9.00 **Drop the Dead Donkey**
10.00 **FILM Sex with the Stars** Comedy. (1980, 18) ★
11.50 **The Man Who Made Husbands Jealous**
12.55 AM **Stereo Underground**
1.55 **The Rewind Jukebox**
2.55 **Mysterious Tales**
3.00 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The *Saga* and the *Cornelia Marie* battle huge waves. **8.00** Sig pushes Mandy to invade the *Cornelia Marie*'s ground.
9.00 **Crikey! It's the Irwins** Bindi and the family plan a surprise for Terri.
10.00 **The Zoo** Olga the ostrich is ready to be reunited with her flock.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Man v Food with Casey Webb**
7.00 **Rick Stein's Food...**
8.00 **The Pioneer Woman**
9.00 **Jamie's Money Saving Meals** Double bill.
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Money Saving Meals** Double bill.
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Marcus in the Med: Mallorca** Double bill.
10.00 **Rick Stein's Food Heroes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 20/22. (S6)
9.00 **T.J. Hooker** 11/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
1.00 PM **FILM The Spy Who Came in from the Cold** Spy thriller. (1965, b/w, PG, 107min) ★★★★
3.10 **FILM The Criminal** Crime drama. (1960, b/w, 12, 97min) ★★★
5.00 **Star Trek** 7/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 12/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Chain Reaction** Espionage thriller. (1996, 12, 106min) ★★
11.10 **FILM Beyond the Law** Thriller. (2019, 15) ★
1.05 AM **FILM Speed Kills** Action adventure. (2018, 15, 102min) ★★
3.05 **to 5.00** AM **FILM Steel Sharks** Adventure. (1996, 18, 91min) ★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Geo-Disaster** Sci-fi action drama. (2017, 12, 87min) ★
11.00 **The Lost World** (S3)
12.00 NOON **FILM Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
2.00 PM **FILM 40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
4.00 **Walker, Texas Ranger**
5.00 **FILM Battle Star Wars** Sci-fi action drama. (2020, 12, 86min) ★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 1/23. (S4)
9.00 **FILM Chaos** Thriller with Jason Statham and Ryan Phillippe. (2005, 15, 106min) ★★★
11.10 **FILM Hot Seat** Action adventure starring Mel Gibson and Kevin Dillon. (2022, 15, 99min) ★★
1.15 AM **FILM Chaos** (2005)
3.20 **FILM Battle Star Wars**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Derbyshire.
6.40 **Pawn Stars**
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Skinwalker Ranch**
11.00 **Egypt's Unexplained Files** Double bill.
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** The Baltic.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Europe's Greatest Train Journeys** Portugal.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Jane McDonald: From Pole to Pole** Jane tours Montevideo.
10.00 **Inside the Tower of London** Staff at the Tower launch a display to celebrate the 80th anniversary of VE Day.
11.00 **Susan Calman's Grand Day Out**
12.00 M'T **Wentworth Prison**
1.10 AM **The Yorkshire Vet**
2.10 **Cruising with Jane McDonald** Alaska.
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** With famous faces from BBC radio programme *Test Match Special*.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Five London Underground workers take part in the quiz.
7.00 **The Chase** Triple bill of the quiz show.
10.00 **The Chase Celebrity Special** With Jonathan Ross, Katy Brand, Chris Hollins and Jo Wood.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 5/24. Raj and Howard clash over a show at the planetarium. **8.30** 6/24. Howard causes trouble by dressing up as Sheldon for Halloween. (S12)
9.00 **Mock the Week** With guests Rhys James, Ahir Shah, Angela Barnes, Sara Pascoe, Ed Byrne and Russell Howard.
10.00 **Zero Stars** Comedians Roisin Conaty and Sara Pascoe visit places with hilariously bad reviews.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S2)
1.00 PM **Michael McIntyre's The Wheel** Game show.
2.00 **Friends** (S2&2)
8.00 **Friends** 7/25. Joey gets a job teaching a soap opera acting class. **8.30** 8/25. Phoebe convinces herself she is a walking jinx. (S3)
9.00 **Michael McIntyre's The Wheel** Game show.
10.00 **Impractical Jokers** New edition The guys pitch strange new community programmes.
10.30 **Jimmy Carr's Am I the A**hole?**
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **South Park**
2.00 **Kevin Bridges Live in Glasgow** Stand-up.
3.00 **David O'Doherty: Comedy Central Live**
3.25 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Spin City** (S4)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S3)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S2)
10.00 **Friends** (S2)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Utopia** 7/8. (S4)
2.30 **Teachers** 5/10. (S1)
3.00 **Reno 911!** 6&7/14. (S1)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 7/14. (S6)
10.45 **Steptoe and Son** (S6)
11.20 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 7/8. (S2)
12.30 PM **Man About the...**
1.00 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 6/13. Drama. (S2)
2.40 **Minder** 3/6. (S7)
3.50 **Just Good Friends** (S1)
4.20 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 5/7. Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.50 **Rising Damp** 6/8. (S2)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 9/10. (S10)
9.00 **Benidorm** 9/9. (S10)
10.00 **Shameless** 12/16. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 2/7. (S3)
12.05 AM **Benidorm** (S10)
1.05 **Minder** 6/11. (S4)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Judge Geordie**
9.00 **Just Tattoo of Us**
10.00 **Tattoo Fixers** A man wants to disguise the tattoo he got to win an argument.
11.00 **Ink Master**
12.00 M'T **Ridiculousness** Series finale Rob, Steelo, Lolo and guest Polo G escape disaster.
12.30 AM **Ridiculousness**
1.00 **Black Ink Crew New York** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** A fridge aquarium.
9.00 **Devil's Canyon**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** How fish decoys and cylinder stoves are made. **4.30** The making of bamboo bicycles and breath mints.
5.00 **Alaska: Homestead Rescue** Rookie homesteaders may not survive their first desert winter.

8.00 Filthy Fortunes

7.00 **Wheeler Dealers** Mike and Elvis take on a Fiat Coupe 20 Valve Turbo, aka a 'baby Ferrari', but want to keep their costs low

8.00 **Filthy Fortunes** New edition Matt Paxton takes down a hazardous barn and salvages the wood for hard cash.

9.00 **Maine Cabin Masters** Chase and the team hope to dismantle, move and restore a log cabin before Lance's wedding.

10.00 **Expedition X** The Trans-Allegheny Lunatic Asylum, where thousands died after disturbing medical procedures.

11.00 **Expedition Bigfoot** After finding strange evidence in California, the team journey to Prince of Wales Island.
12.00 M'T **Border Control: Europe**
1.00 AM **Maine Cabin Masters**
2.00 **Expedition X** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** With DJ Ashba.
11.00 **Animal Cops Houston**
1.00 PM **Must Love Cats**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A Bengal is spraying house furniture. **4.00** Two cats are having a territorial spraying match.
5.00 **Lone Star Law** The wardens investigate the death of a deer.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff treats a cat with several mysterious injuries.

8.00 Ninja Sharks

7.00 **Treehouse Masters** Treehouse visionary Alain Laurens joins Pete on his travels through France.

8.00 NEW SERIES **Ninja Sharks** When fish huddle together for protection, a hungry shark needs to get creative.

9.00 **Alaska: The Last Frontier** As spring draws to a close, Otto and August work on a large-scale plumbing project.

10.00 **Alaska Gold Diggers** A power struggle erupts in Gold Run when SJ and John disagree over mining locations.

11.00 **The Haunted** A woman feels the presence of another.
12.00 M'T **Must Love Cats**
1.00 AM **My Extreme Animal Phobia** Documentary.
2.00 **Treehouse Masters: Out on a Limb** An Alpine treehouse.
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation**
10.00 **D-Day Revealed: Drain the Oceans** Sonar technology.
11.00 **Lost Treasures of the Bible**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** A Land Rover.
2.00 **Air Crash Investigation**
3.00 **Planes That Changed History**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Tim and Fuzz restore a Toyota Celica.
6.00 **Inside Sydney Airport** Security screening discovers a passenger travelling with a gun.

10.00 Disaster Autopsy

7.00 **Air Crash Investigation** A dramatic reconstruction of how Singapore Airlines flight 006 came to crash in Taiwan in 2000.

8.00 NEW SERIES **Construction Fails** A highway bridge collapse sparks a probe into hidden structural flaws.

9.00 **To Catch a Smuggler** New edition A sailboat is intercepted coming from Colombia with bricks of cocaine onboard.

10.00 **Disaster Autopsy** New edition Investigators use new technology to reveal the design flaws hiding in plain sight.

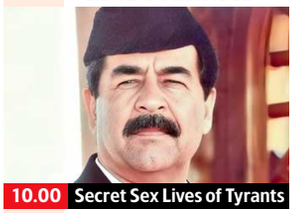
11.00 **Air Crash Investigation** The case of Alitalia Flight 404.
12.00 M'T **Car S.O.S**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Hardcore Pawn**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **The Last Hunt for Nazi Gold** Documentary.
2.00 **Digging Up Britain's Past** Four editions, including at: **4.00** Experts seek a lost garden planted in 1592. **5.00** One of the best-preserved Roman sites.
6.00 **American Pickers** One of the rarest motorbikes in the world is discovered.



10.00 Secret Sex Lives of Tyrants

7.00 **Forged in Fire** Four elite smiths are challenged to create an oversized version of a traditional pig hunting spear.

8.00 **Digging for Britain** Alice Roberts explores treasures in the west of Britain, including the remains of Snodhill Castle.

9.00 **The Last Hunt for Nazi Gold** New edition The story of the world's biggest art heist.

10.00 **Secret Sex Lives of Tyrants** New edition The sexual power plays and obsessions that influenced Saddam Hussein.

11.00 **Hitler's Secret Sex Life** Rumours, theories and disputed historical accounts of Hitler's sexual psychology.
12.00 M'T **Digging Up Britain's Past**
2.50 AM **The Last Hunt for Nazi Gold** As shown at 9.00pm.
3.40 **Secret Sex Lives of Tyrants**
4.25 **Pawn Stars** A signature worthy of presidential praise.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Rolling Stone: Stories from the Edge**
7.00 **Discovering: John Mills**
8.00 **The Directors**
9.00 **Spector**
10.00 **The Yogurt Shop Murders**
11.05 **The Eighties**
12.00 NOON FILM **Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
2.00 PM **I Am Joe Frazier**
3.45 **My Icon: Duke McKenzie**
4.00 **The Directors**
5.00 **Discovering: John Mills**
5.55 **Spector** 1/4. Documentary.

5.55 Spector

6.55 **The Yogurt Shop Murders** 1/4. The story of the 1991 killing of four teenage girls in Texas.

8.00 **Murder in the Valleys** 1/4. Documentary examining the biggest criminal investigation in Welsh history.

9.00 **Murder in the Valleys** 2/4. It emerges that the prime suspect is a very well-connected former police officer.

10.00 **Tina** A celebration of Tina Turner's life and career, featuring contributions from the Grammy Award-winning artist, as well as Angela Bassett and Oprah Winfrey.

12.15 AM **Look Away** Women groomed in their early teenage years by rock stars.
2.00 **Albert Brooks: Defending My Life** A profile of the actor, comedian and film-maker.
3.50 **Adam Hills: Foot Fault**
5.00 **to 6.00** AM **Discovering: John Mills**

7 PM
8 PM
9 PM
10 PM

Monday

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Shed and Buried: Classic Cars** New edition Henry and Fuzz work on a 1965 Sunbeam Alpine.
10.00 **Francis Bourgeois & Chris Harris: We Saved a Train** A restoration of diesel royalty.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Married to Evil**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Ben Butler.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** The murders of police officers Nicola Hughes and Fiona Bone.
8.00 **Murder on CCTV**
9.00 **The Real Death in Paradise** The case of Stephen Bennett.
10.00 **Britain's Deadliest Kids** The case of Ellie Gould.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Railway Killers**
8.00 **UK Crime Files: Bus Stop Rapist** A look at an attack in Nottingham which led to a decades-long investigation.
9.00 **Britain's Countryside Killers** The tragic story of Sarah Williams.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition The story of a high-speed chase which turned into a murder investigation.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Railway Killers**
1.00 AM **UK Crime Files: Bus Stop Rapist**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** A UK student is raped and murdered. **3.00** Summer Tatum is shot by her husband.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Police use evidence inside a car to track down the missing driver. **5.30** A reported suicide turns out to be much worse than it seems. **6.00** Investigators piece together evidence of a woman's murder. **6.30** Arsenic is found in the blood of a woman who was due to testify.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops: Law & Disorder** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **World's Most Notorious Killers**
10.45 **World's Most Evil Killers**
11.50 **Catching the Killer**
12.55 AM **How I Caught the Killer** Documentary.
2.00 **Britain's Most Evil Killers** Series finale
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Wrecks That Changed...**
9.40 **Pirates: Behind the Legends** William Kidd.
10.40 **The Truth About Franco**
11.50 **Franco: The Last...**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed the World** U-Boats.
2.40 **Pirates: Behind the Legends** William Kidd.
3.40 **The Truth About Franco**
4.50 **Franco: The Last...**
6.00 **Grand Tours of the Scottish Islands**
6.40 **Wrecks That Changed the World** U-Boats.
7.40 **Pirates: Behind the Legends** William Kidd.
8.40 **The Truth About Franco**
9.50 **Franco: The Last Inquisitor** Documentary.
11.00 **Pirates: Behind the Legends** William Kidd.
12.00 M'T **The Truth About...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Arabian Inferno**
10.00 **Land of Primates**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Arabian Inferno**
4.00 **Land of Primates**
5.00 **Africa's Hunters**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **The Island of Giants**
9.00 **Dawn to Dusk**
10.00 **Mysteries of the Mekong** A journey through the Mekong basin, one of the richest areas of biodiversity in the world.
11.00 **Africa's Hunters**
12.00 M'T **Gangs of Lemur Island**
1.00 AM **Undiscovered Vistas**
2.00 **The Island of Giants**
3.00 **Dawn to Dusk**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Arabian Inferno**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Secret Nazi Expeditions**
9.00 **Iconic Combat Machines**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Alien Corridors**
2.00 **Ross Kemp: Deep Sea Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **History's Greatest Mysteries**
6.00 **The Proof Is Out There**
7.00 **Iconic Combat Machines** The Messerschmitt Me 262 and the P-51 Mustang.
8.00 **History's Greatest Aircraft** The Douglas A-1 Skyraider.
9.00 **Bone Detectives: Britain's Buried Secrets** The discovery of a Roman cemetery in Amesbury, Wiltshire.
10.00 **Cracking the Code**
11.00 **Ancient Aliens**
1.00 AM **Alien Corridors**
2.00 **Ross Kemp: Deep Sea Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Savage Builds**
12.00 NOON **Incredible Engineering Blunders: Fixed** Justin tries to keep the Glasgow Tower turning.
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **How the Universe Works** New discoveries surrounding interstellar space, the space between the universe's stars, which reveal it may not be as desolate as previous thought. **10.00** New discoveries lead scientists to question if the Big Bang really happened.
11.00 **NASA's Unexplained Files** Experts investigate whether a nearby exoplanet could be the home to an alien civilisation. **12.00** M'T An investigation into a strange discovery made by the Mars Curiosity rover.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murdertown**
2.00 PM **I Met My Murderer Online**
3.00 **Somebody's Hiding Something** Triple bill.
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 NEW SERIES **I Met My Murderer Online** Exploring the case of Zohreh Sadeghi. **8.30** New edition The case of Zoraida Bartolomei.
9.00 **Interview with a Killer** New edition Rachel Wade.
10.00 **Cold Case UK**
11.00 **Houses of Horror: Secrets of College Life**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interview with a Killer**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Alaska Fish Wars**
4.00 **Critter Fixers: Country Vets**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Wild, Smart and Deadly** The extraordinary superpowers that help animals survive. **8.00** A look at how animals use deception to survive.
9.00 **Monsters of the Deep** The unique physical characteristics of cephalopods.
10.00 **Alaska: The Next Generation** Alaska's unforgiving winter shows no letting up.
11.00 **Ice Road Rescue**
12.00 M'T **Predator Bloodlines**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Abandoned: Chernobyl's Deadly Secrets** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Documentary.
1.00 PM **NASA's Unexplained Files**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Abandoned: Chernobyl's Deadly Secrets** Examining the causes and outcomes of the events at the Chernobyl site.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Cabinet-maker Alex resurrects a 300-year-old chest.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Top Gear**
1.00 PM **Top Gear** Four editions of the series, including at: **3.00** The supercars of the 1980s are pitted against their modern-day counterparts. **4.00** Jeremy puts the Land Rover Discovery 3 through its paces when he takes it off road.
5.00 **The Two Ronnies**
7.35 **The Two Ronnies** Vintage comedy sketches from Messrs Barker and Corbett, with Pan's People and Dana. **8.30** Alan Price and Georgie Fame guest on the vintage comedy show, starring Messrs Barker and Corbett. **9.20** Vintage comedy, including the sketch Done to Death. Plus, music by Elaine Delmar who sings *Summer Knows*. **10.20** Vintage comedy, with sketches including Done to Death. Plus, music by Georgie Fame and Alan Price.
11.10 PM **to 5.25** AM **The Two Ronnies**

+1hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** The search for the man who murdered a single mother.
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Diabolical: Deadly Love** The case of army sergeant Re'Mano Campbell.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Betrayed** Double bill.
7.00 **Death by Fame** Examining the disappearance of Adea Shabani, who crossed oceans to pursue her Hollywood dream. **8.00** The case of James Brown's son-in-law, Darren Lumar, who was shot dead.
9.00 **Faking It: Tears of a Crime** The story of Emile Cilliers. **10.00** The cases of Tracie Andrews and Mike Gifford-Hull.
11.00 **A Body in the Basement**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Betrayed** Double bill.
4.00 **to 6.00** AM **Death by Fame**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **Hell Roads**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike takes the family on a trip down memory lane.
9.00 **Roadworthy Rescues** Derek works on an Oldsmobile F-85.
10.00 **James May and the Dull Men** James addresses the fascinating quandaries that most people dismiss as dull.
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

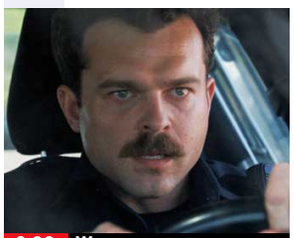
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Blue Moon** As 11.15pm.
7.55 **Flavia** Family adventure. (2026, PG, 110min) ★★★
9.45 **The Bad Guys 2** As 4.00pm.
11.45 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★
2.00 PM **On Swift Horses** Drama. (2024, 15, 119min) ★★★
4.00 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
6.00 **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★



9.00 Weapons

One Battle After Another (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Weapons** Horror starring Julia Garner, Josh Brolin, Alden Ehrenreich and Amy Madigan. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Blue Moon** Biopic starring Ethan Hawke. Lyricist Lorenz Hart finds his life unravelling on the opening night of his ex-partner's show, *Oklahoma*! (2025, 15, 100min) ★★★★
1.05 AM **Caught Stealing** Comedy thriller starring Austin Butler. (2025, 15, 107min) ★★★★
3.05 **On Swift Horses** As 2.00pm.
5.10 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Box Set

303 303 403 503 517

7.30 AM **Dumb and Dumber** Comedy. (1994, 12) ★★★
9.20 **Dumb and Dumberer: When Harry Met Lloyd** (2003, 12) ★
10.50 **The Hangover** (2009) ★★★★
12.35 PM **The Hangover Part II** Comedy sequel. (2011, 15) ★★
2.20 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
4.05 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
6.00 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★

4.05 Miss Congeniality

8.00 **Mamma Mia!** Musical starring Meryl Streep. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Mamma Mia! Here We Go Again** Musical sequel starring Amanda Seyfried. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
1.15 AM **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
2.55 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
4.40 **to 6.05** AM **Look Who's Talking Too** Comedy sequel. (1990, 12, 77min) ★

Sky Cinema Drama

310 310 410 510 524

7.45 AM **Two Mules for Sister Sara** Comedy Western set in Mexico. (1969, 15, 114min) ★★★
9.45 **Boy Meets Boy** Romantic drama. (2021, 15, 75min) ★★★
11.05 **...And Justice for All** (1979)
1.15 PM **Rob Peace** As 12.50am.
3.20 **Touch** Icelandic romantic drama. (2024, 15, 121min) ★★★★
5.25 **Nuremberg** Legal thriller. (2025, 15, 148min) ★★★★★
8.00 **Darkest Hour** Period drama starring Gary Oldman. British prime minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (2017, PG, 122min) ★★★
10.10 **Amadeus** Historical drama about the rivalry between 18th-century composers Antonio Salieri and Wolfgang Amadeus Mozart. Stars F Murray Abraham and Tom Hulce. (1984, PG, 158min) ★★★★★
12.50 AM **Rob Peace** Drama directed by and starring Chiwetel Ejiofor, with Jay Will and Mary J Blige. (2024, 15, 120min) ★★★
2.55 **...And Justice for All** Satirical black comedy starring Al Pacino. (1979, 15, 119min) ★★★
5.00 **to 7.05** AM **Touch** As 3.20pm.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **Zombie Town** Horror comedy. (2023, 12, 92min) ★★
8.50 **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★
10.20 **Men in Black 3** Sci-fi comedy sequel starring Will Smith. (2012, PG, 105min) ★★★★
12.15 PM **Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★★
2.05 **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
4.20 **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
6.00 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
8.00 **Ready Player One** Steven Spielberg's adventure starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
10.25 **28 Days Later** Horror starring Cillian Murphy, Naomie Harris and Christopher Eccleston. (2002, 18, 113min) ★★★★
12.25 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
2.35 **Interview with the Vampire** Gothic horror with Tom Cruise. (1994, 18, 122min) ★★★★
4.40 **Sky Cinema Preview**
5.05 **to 7.00** AM **Edge of Tomorrow** Sci-fi. (2014, 12, 113min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.10 AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy. (2016, 12) ★★★
9.15 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
11.10 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
1.00 PM **Paddington 2** (2017)
3.00 **The Hobbit: An Unexpected Journey** As shown at 11.15pm.
6.00 **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★

9.15 The Lego Movie

7.50 **Dog Man** Animation featuring the voice of Pete Davidson. A half-human canine faces feline supervillain Petey the Cat. (2025, U, 89min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **Paddington 2** Family comedy adventure sequel featuring the voice of Ben Whishaw. The lovable bear's search for the perfect birthday present for his aunt leads to being framed as a thief. (2017, PG, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure with Martin Freeman and Ian McKellen. (2012, 12, 165min) ★★★
2.05 AM **Stardust** Fantasy comedy adventure starring Claire Danes and Charlie Cox. (2007, PG, 127min) ★★★★
4.15 **to 6.15** AM **Jack the Giant Slayer** Fantasy with Nicholas Hoult and Eleanor Tomlinson. (2013, 12, 114min) ★★★

Sky Cinema Action

306 306 407 507 521

7.40 AM **Retribution** (2023, 12) ★★
9.15 **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
11.45 **Twister** Disaster movie. (1996, PG, 114min) ★★★
1.40 PM **Spider-Man 3** Fantasy. (2007, 12, 139min) ★★★
4.00 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
6.00 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

6.00 ...the Temple of Doom

8.00 **Fast & Furious 7** Action thriller sequel starring Vin Diesel, Paul Walker and Jason Statham. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. (2015, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Jurassic World: Fallen Kingdom** Adventure sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Uncharted** Adventure. (2022, 12, 116min) ★★★
2.30 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
4.20 **to 6.00** AM **The Dark Tower** Fantasy. (2017, 12, 95min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.40 AM **Tootsie** (1982, 15) ★★★★
9.45 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
11.15 **The Naked Gun 2½: The Smell of Fear** (1991, 15) ★★★
12.45 PM **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
2.15 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
4.25 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
6.25 **In & Out** Comedy with Kevin Kline. (1997, 12, 91min) ★★★

8.00 The Holiday

8.00 **The Holiday** Romantic comedy starring Cameron Diaz and Kate Winslet. Two women living on opposite sides of the Atlantic swap homes for Christmas and embark on new romances. With Jude Law and Jack Black. (2006, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Two Weeks Notice** Romantic comedy starring Sandra Bullock and Hugh Grant. A liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Liar Liar** Comedy. (1997, 12, 86min) ★★★★
1.35 **Mean Machine** Sports drama. (2001, 15, 99min) ★★
3.20 **So I Married an Axe Murderer** Comedy thriller. (1993, 15, 92min) ★★★
4.55 **to 6.55** AM **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.40 AM **The Day of the Jackal** Thriller. (1973, 15) ★★★★★
9.10 **Psycho** Horror chiller remake. (1998, 15, 100min) ★
11.00 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
1.15 PM **Murder by Numbers** Thriller. (2002, 15) ★★★
3.20 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
5.55 **Jason Bourne** Action thriller. (2016, 12, 123min) ★★★

10.05 Icefall

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. With Andy Garcia. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Icefall** Action thriller starring Joel Kinnaman. A game warden captures a poacher, only to discover he's aware of the location of a plane carrying millions of dollars frozen in a lake. (2025, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **American Gangster** Ridley Scott's epic crime drama. (2007, 18, 157min) ★★★★
2.40 AM **Sleepers** Fact-based drama starring Kevin Bacon. (1996, 18, 146min) ★★★
5.15 **to 7.20** AM **The Prosecutors** Rod Holcomb's legal drama. (1996, PG, 105min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Mysterious Island** Adventure starring Michael Craig. (1961, U, 97min) ★★★
1.05 PM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
2.55 **The Lady Eve** Vintage comedy. (1941, b/w, U, 93min) ★★★★
4.45 **Jubal** Western adventure. (1956, PG, 101min) ★★★
6.50 **Romancing the Stone** Romantic mystery adventure. (1984, 12, 105min) ★★★★

11.15 American Woman

Romancing the Stone (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Memory** Thriller starring Liam Neeson and Guy Pearce. A veteran hitman decides to retire as he confronts the symptoms of Alzheimer's but reluctantly accepts one final job. With Taj Atwal and Monica Bellucci. (2022, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **American Woman** Drama starring Sienna Miller, Christina Hendricks and Sky Ferreira. A woman seeks the answers behind her daughter's disappearance while raising her infant grandson alone. (2018, 15, 111min) ★★★★
1.30 **to 3.45** AM **Sweat** Polish drama. Subtitled. (2020, 15, 106min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.00 AM **The Ballad of Wallis Island**
7.55 **My First Summer** As 1.05pm.
9.30 **Rurangi** As shown at 2.40pm.
11.10 **The Ballad of Wallis Island** Comedy drama starring Tim Key. (2025, 12, 100min) ★★★★
1.05 PM **My First Summer** Drama. (2020, 15, 80min) ★★★
2.40 **Rurangi** Drama starring Elz Carrad and Arlo Green. (2020, 15, 87min) ★★★★
4.20 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min) ★★★
6.00 **I, Tonya** Biopic starring Margot Robbie and Allison Janney. (2017, 15, 119min) ★★★★
8.00 **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant, Nicholas Hoult and Toni Collette. (2002, 12, 101min) ★★★★
9.50 **A Different Man** Thriller starring Sebastian Stan, Adam Pearson and Renate Reinsve. (2024, 15, 112min) ★★★★
11.55 **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
2.30 AM **The Swimmer** Israeli drama starring Omer Perelman Striks. Subtitled. (2021, 18, 84min) ★★★
4.10 **Sky Cinema Preview**
5.00 **to 6.50** AM **A Nice Indian Boy**

Sky Cinema Greats

307 307 404 504 518

6.25 AM **Police Academy** (1984)
8.05 **Police Academy 2: Their First Assignment** As 1.05am.
9.35 **Police Academy 3: Back in Training** As shown at 2.35am.
11.05 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
12.55 PM **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
2.40 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★
4.25 **Uncle Buck** Comedy with John Candy. (1989, 12, 94min) ★★★
6.10 **See No Evil, Hear No Evil** Comedy thriller. (1989, 15) ★★★
8.00 **The Wedding Singer** Romantic comedy starring Adam Sandler. (1998, 12, 97min) ★★★★
9.40 **Singin' in the Rain** Vintage musical starring Gene Kelly. (1952, U, 102min) ★★★★★
11.25 **Police Academy** Comedy. (1984, 15, 95min) ★★★
1.05 AM **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
2.35 **Police Academy 3: Back in Training** Crime comedy sequel. (1986, PG, 82min) ★
4.05 **Sky Cinema Preview**
4.50 **to 6.35** AM **Uncle Buck** (1989)

Sky Cinema Animation

312 315 405 500 514

7.20 AM **Sneaks** Animated family comedy. (2025, PG, 92min) ★★
9.05 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
10.50 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
12.45 PM **Antz** Animated comedy. (1998, PG, 83min) ★★★
2.20 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
4.00 **The Secret Life of Pets 2** Animated comedy adventure sequel. (2019, U, 86min) ★★★
5.35 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
7.20 **The Amazing Maurice** Animated adventure featuring the voice of Hugh Laurie. (2022, PG, 93min) ★★★★
9.05 **Rebellious** Animated adventure. (2024, PG, 94min) ★★★
10.55 **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
12.35 AM **Fox and Hare Save the Forest** (2024, U) ★★★
1.55 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
3.55 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
5.40 **to 7.20** AM **The Sloth Lane** Animation. (2024, PG) ★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.20 **Piglet's Big Movie** (2003, U) ★★
8.35 **The Many Adventures of Winnie the Pooh** (1977, U) ★★★
9.55 **Pocahontas** Animation. (1995, U, 81min) ★★★
11.20 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
1.45 PM **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
3.05 **Percy Jackson & the Lightning Thief** Fantasy. (2010, PG) ★★★
5.05 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
6.40 **John Carter** Sci-fi adventure. (2012, 12, 126min) ★★★
9.00 **The Wild** Animated comedy adventure. (2005, U, 82min) ★★
10.55 **The Beach** Exotic drama. (2000, 15, 118min) ★★★
12.55 AM **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★
2.55 **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★
4.25 **Freaky Friday** Fantasy remake. (2003, PG, 97min) ★★★
5.55 **to 8.00** AM **Ratatouille** Animated comedy adventure. (2007, U, 106min) ★★★★★

Talking Pictures

328 445 82 306 36

6.00 AM **What Every Woman Wants** Drama. (1954, b/w, PG) ★★★
7.45 **The Crowded Day** Comedy drama. (1954, b/w, PG) ★★★
9.25 **Operation Diplomat** Drama. (1953, b/w, U, 70min) ★★
10.45 **Links of Justice** Legal drama. (1958, b/w, U, 68min) ★★★
12.05 PM **Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
1.45 **Richard the Lionheart** 5/39.
2.15 **The Great Van Robbery** Crime thriller. (1958, PG, 80min) ★★★
3.35 **River Patrol** Crime drama. (1948, b/w, PG, 48min) ★★★
4.35 **Assignment Paris** Thriller. (1952, U, 85min) ★★★★
6.20 **Look at Life**
6.30 **The Vise** 16/26. (S2)
7.00 **The Footage Detectives**
8.00 **A Game of Murder** 3/6. (S1)
9.05 **Play for Today: The Flipside of Dominick Hyde** Sci-fi drama.
10.55 **The Anderson Tapes** Heist thriller. (1971, 15, 98min) ★★★
12.55 AM **Budgie** 12/13. (S2)
1.55 **The Broken Horseshoe** Thriller. (1953, b/w, U, 79min) ★★
3.30 **Double Confession** Drama. (1950, b/w, PG, 85min) ★★★
5.10 **A Lifetime Ago with The Baim Collection**
5.30 **to 6.00** AM **Honey West**

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 LIVE **ATP Tennis** Day one of the ATP Barcelona Open and ATP Munich Open, the respective ATP 500 events held at Real Club de Tenis Barcelona 1899 and MTTC Iphitos Complex respectively.
12.30 PM LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
3.00 LIVE **IPL** **Sunrisers Hyderabad v Rajasthan Royals.** Coverage of the T20 match staged at Rajiv Gandhi Stadium in Hyderabad.
6.30 LIVE **MNF** **Manchester United v Leeds United.** Coverage of the Premier League match from Old Trafford. The visitors are fighting to stay in the top flight and a victory against their rivals would put them on course for another season in the Premier League. Kick-off **8.00pm**.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **FNF** West Ham v Wolves.
7.30 **SNF** Liverpool v Fulham.
8.00 **Premier League Highlights**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Stories**
12.30 PM **The Big Interview**
1.00 **FNF** West Ham v Wolves.
1.30 **Premier League Highlights**
3.30 **SNF** Liverpool v Fulham.
4.00 **Premier League Highlights**
5.00 **The Premier League Show**
6.00 **Ref Watch** Refereeing decisions.
6.30 LIVE **MNF** **Manchester United v Leeds United.** Coverage of the Premier League encounter staged at Old Trafford. Kick-off is at **8.00pm**.
11.00 **Ref Watch** Refereeing decisions.
11.30 **Premier League Stories** Focusing on Victor Moses.
12.00 M'T **MNF Hlts** Action from Manchester United v Leeds United.
12.30 AM **The Big Interview**
1.00 **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 1997/98**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights** Championship.
9.00 **SPFL Highlights**
9.30 **EFL Highlights**
10.30 **EFL League One Goals**
11.00 **EFL League Two Goals**
11.30 **SPFL Round-Up**
11.45 **SPFL Highlights**
12.00 NOON **EFL Trophy** The final.
2.00 PM **EFL League One Goals**
2.30 **EFL League Two Goals**
3.00 **EFL Highlights** Championship.
4.00 **SPFL Highlights**
4.30 **EFL Highlights**
5.30 **EFL Trophy** The final.
6.00 **SPFL Round-Up**
6.15 **SPFL Highlights**
6.30 **Bundesliga Highlights Show**
7.30 **EFL League One Goals**
8.00 **EFL League Two Goals**
8.30 **EFL Trophy** Action from the final.
9.00 **SPFL Highlights**
9.30 **EFL Highlights** Championship.
10.30 **Bundesliga Highlights Show**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **There's Only One Sauzee**
5.30 **to 6.00** AM **Dundee United – Champions 83**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
7.00 **IPL** A chance to see Chennai Super Kings v Punjab Kings.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Recent highlights.
2.50 PM LIVE **IPL** **Sunrisers Hyderabad v Rajasthan Royals.** Coverage of the T20 match staged at Rajiv Gandhi Stadium in Hyderabad.
7.00 **Best of ICC WT20** Highlights of England v India from 2007. **7.15** Action from England v Sri Lanka from 2014. **7.30** Action from England v South Africa in 2016. **7.45** England v Sri Lanka in 2014.
8.00 **IPL** Mumbai Indians v Royal Challengers Bengaluru from Wankhede Stadium, Mumbai. **9.00** Highlights from Sunrisers Hyderabad v Rajasthan Royals staged at Rajiv Gandhi Stadium. **10.00** Action from Lucknow Super Giants v Gujarat Titans. **11.00** Highlights of Sunrisers Hyderabad v Rajasthan Royals.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see Sunrisers Hyderabad v Rajasthan Royals.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Masters: The Last Nine on Sunday** Insight and analysis.
7.00 **The Masters** The final round.
3.00 PM **Masters: The One from November** The 2020 event.
3.30 **Jordan Spieth: From Minor to Major** A look back at Jordan Spieth's 2015 Masters victory.
4.00 **Steel Magnolia: Willett's Masters** A look back at Danny Willett's 2016 Masters win.
4.30 **Masters Official Film 2025**
5.30 **The Masters** Action from the fourth and final round at Augusta National Golf Club in Georgia.
7.00 **McGinley & Chamblee at The Masters** Event review.
8.30 **Scotland's Greatest Golf Holes**
9.00 **The Masters** Action from the fourth and final round in Georgia.
10.30 **McGinley & Chamblee at The Masters** Event review.
12.00 M'T **The Masters** Round four.
1.30 AM **Vamos! Garcia's Glory**
2.00 **to 6.00** AM **The Masters**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tennis** Highlights.
10.00 LIVE **ATP Tennis** Coverage of day one of the ATP Barcelona Open and ATP Munich Open.
12.30 PM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
7.00 LIVE **WTA Tennis** Coverage of the WTA Stuttgart Open and WTA Rouen Open.
9.30 **ATP Tennis** Monte-Carlo Masters.
10.30 **WTA Tennis** Linz Open final.
11.30 **WTA All Access**
12.00 M'T **ATP Tennis** Marrakech Open.
1.00 AM **US Open Classic Matches**
2.00 **ATP Tennis** Monte-Carlo Masters.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League**
7.30 **Premier League Stories**
8.00 **Premier League: Big Interview**
8.30 **Serie A** Highlights from Italy.
10.30 **UEFA Champions League Magazine** News and updates.
11.00 **UEFA Europa League & Conference League Magazine**
12.00 NOON **Premier League**
1.30 PM **UEFA Champions League**
4.00 **UEFA Champions League – Stories of the Finals**
4.30 **Premier League**
6.00 LIVE **Ultimate Pool** Coverage from Group Four of the Pairs Cup, as some of the country's leading eightball players battle it out for places in the next stage.
9.30 **Fight Week** UFC 327 review.
10.00 **Isuzu UTE A-League Highlights**
10.30 **MLB Highlights** Baseball action.
11.30 LIVE **MLB** **Philadelphia Phillies v Chicago Cubs.** Coverage of the National League match staged at Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **MLB Classic** Baseball action.
4.00 **UEFA Champions League**
5.00 **to 6.00** AM **UEFA Europa League & Conference League Highlights Show**

TNT Sports 2

411 414 522 409 431

6.00 AM **International T20 Cricket** New Zealand v South Africa.
11.00 **Cycling** Highlights from the women's and men's Paris Roubaix.
1.00 PM **MLB Highlights**
2.00 **Simon Yates: Giro Redemption**
3.00 **Serie A** Parma v Napoli.
4.00 **Race Bikes** A deeper look into the world of Mountain Bike racing.
4.30 **Cycling** Highlights from the women's and men's Paris Roubaix.
6.30 **Serie A** FC Como v Inter Milan.
7.30 **Playing for Our Future – Football** Asking what the future holds for football in the battle against global warming.
7.45 **August 4th: Olympic Odyssey** Some of the most historic moments in the Olympic Games.
9.00 **Fishing: On the Bank** Angling magazine show presented by Rob Hughes and Andy Ford.
10.00 **WRC Review** Rally Croatia.
11.00 **UEFA Europa League & Conference League Magazine**
12.00 M'T **Isuzu UTE A-League** Action from Central Coast Mariners v Brisbane Roar. **1.00** AM Highlights from Auckland FC v Melbourne Victory.
2.00 **to 6.00** AM **Isuzu UTE A-League**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Warrington Wolves v Hull KR from 2025. **9.00** A replay of Leeds Rhinos v Wigan Warriors from 2025.
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **Super Bowl LX Highlights**
4.00 **Super League Highlights**
5.00 **NFL Highlights** Seattle Seahawks v San Francisco 49ers.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA Basketball** Golden State Warriors v Oklahoma City Thunder.
10.00 **NBA on Fire** The latest news.
10.30 **Super Bowl LX Bitesize Highlights** Seattle Seahawks v New England Patriots at Levi's Stadium in Santa Clara, California.
10.45 **NFL Bitesize Highlights** Carolina Panthers v Los Angeles Rams at Bank of America Stadium.
11.00 **NFL Highlights** Washington Commanders v Seattle Seahawks.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
1.45 **Women's Super League**
2.00 **Super League** St Helens v Catalans Dragons from 2025.
4.45 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 LIVE **ATP Tennis** Coverage from the opening day of the ATP Barcelona Open and ATP Munich Open, the respective ATP 500 events, both of which are clay-court tournaments at Real Club de Tenis Barcelona 1899 and MTTC Iphitos Complex respectively.
12.30 PM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
5.00 LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league staged at Copper Box Arena in London.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Sheffield Wednesday v Newcastle United from the 2016/17 season. **12.15** AM Highlights of Fulham v Aston Villa from 2016/17. **12.30** Nottingham Forest v Ipswich Town from 2016/17. **12.45** Bradford City v Swindon Town in the 2013/14 season.
1.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Linz Open final.
9.00 **ATP Tennis** Monte-Carlo Masters.
11.00 **The Masters** The fourth and final round held at Augusta National.
12.30 PM **Men's T20 World Cup**
1.00 **IPL** Action from Royal Challengers Bengaluru v Sunrisers Hyderabad.
2.00 **PL Greatest Games**
3.00 **Men's T20 World Cup** India v New Zealand in the final.
4.00 **Ladies European Tour Golf** The Aramco Championship USA.
5.00 LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league staged at Copper Box Arena in London.
11.00 **IPL** Punjab Kings v Gujarat Titans.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Men's T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Isuzu UTE A-League**
12.00 NOON **International T20 Cricket Highlights**
2.00 PM **TNT Sports Cricket Reload**
2.30 **Isuzu UTE A-League** Central Coast Mariners v Brisbane Roar. **3.30** Highlights from Auckland FC v Melbourne Victory. **4.30** Action from Newcastle Jets v Adelaide United. **5.30** Highlights from Western Sydney Wanderers v Sydney FC. **6.30** Action from Melbourne City v Wellington Phoenix. **7.30** Perth Glory v Macarthur Bulls.
8.30 **Sign Up – Into Football**
9.15 **The Gruppetto** Cycling news.
9.30 **Cycling** Action from the men's and women's Paris Roubaix.
11.30 **Serie A** Parma v Napoli. **12.30** AM FC Como v Inter Milan.
1.30 **UFC** Another chance to see Jiri Prochazka v Carlos Ulberg.
4.30 **UFC Fight Flashback**
5.30 **to 6.00** AM **Formula E**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Highlights from Adelaide Crows v Carlton Blues. **7.30** Action from Collingwood Magpies v Fremantle Dockers. **9.00** North Melbourne Kangaroos v Brisbane Lions. **10.30** Essendon Bombers v Melbourne Demons. **12.00** NOON Action from Sydney Swans v Gold Coast Suns.
1.30 PM **Classic Premier League**
4.30 **Formula E Flashback**
5.00 **MLB Highlights** Baseball action.
6.00 **AFL** Another chance to see Adelaide Crows v Carlton Blues. **7.30** A replay of Collingwood Magpies v Fremantle Dockers. **9.00** North Melbourne Kangaroos v Brisbane Lions. **10.30** A replay of Essendon Bombers v Melbourne Demons. **12.00** M'T A chance to see Sydney Swans v Gold Coast Suns.
1.30 AM **WRC Review**
2.30 **Cycling** Paris Roubaix.
4.30 **to 6.00** AM **Premier League**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 **Champions Cup**
1.00 PM **Sporting Greats**
2.00 **NHL on the Fly** The latest news.
2.30 **Football's Greatest**
3.00 **Champions Cup** Highlights from the fourth and final quarter-final.
5.00 **LaLiga** A Spanish top-flight clash.
6.55 **Champions Cup Highlights** Action from the quarter-finals.
7.55 LIVE **LaLiga** **Levante v Getafe.** Coverage of the Spanish top-flight match staged at Estadi Ciutat de València. Kick-off **8.00pm**.
10.00 **Sporting Greats**
10.30 **Champions Cup Highlights**
11.30 **NHL Specials** Florida Panthers.
12.30 AM **NHL Ice Hockey**
2.30 LIVE **NHL Ice Hockey** **Edmonton Oilers v Colorado Avalanche.** Coverage of the Western Conference match from Rogers Place. Face-off **2.30am**.
5.30 **to 6.00** AM **NHL Specials**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **NHL Ice Hockey**
10.30 **Bike World** Magazine.
11.00 **NASCAR O'Reilly Series**
2.00 PM **Motorsport** Valentino Rossi.
2.30 **Temples of Sport**
3.00 **Brasileiro Serie A**
5.00 **Temples of Sport**
5.30 **Challenge Cup** Another chance to see the first quarter-final. **7.30** The second quarter-final.
9.30 **Temples of Sport**
10.00 **NHL Ice Hockey**
12.00 M'T LIVE **NHL Ice Hockey** **Tampa Bay Lightning v Detroit Red Wings.** Coverage of the Eastern Conference match staged at Benchmark International Arena. Face-off **12.00m't**.
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** **Vegas Golden Knights v Winnipeg Jets.** Coverage of the Western Conference match from T-Mobile Arena. Face-off **3.00am**.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** The Saudi Arabian Grand Prix from 2021 to 2024.
10.00 **Formula 1** Highlights.
2.00 PM **Ferrari Challenge Europe**
3.00 **Formula 1** Japanese Grand Prix.
5.15 **Oscar Piastri Drives a Supercar**
5.30 **Ferrari Challenge UK**
6.00 **Formula 1** Australian Grand Prix. **7.00** The Chinese Grand Prix. **9.00** The Japanese Grand Prix.
10.00 **GT World Challenge Europe**
12.00 M'T **Indycar** From Alabama.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained** The inner workings.
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

14 April

Evening Planner

Tuesday

Football

Women's World Cup Qualifier
ITV1, kick-off 7pm
The Lionesses face Spain at Wembley Stadium in this qualifying tie for 2027.

Football

Champions League
TNT Sports 1, HBO Max & Prime Video, kick-offs 8pm
This evening's quarter-final, second-leg games include Liverpool v PSG at Anfield.

Factual

Sam & Ade Go Birding
5, 8pm
Actor and seasoned birder Samuel West takes friend and birdwatching beginner Adrian Edmondson under his wing.

Reality

Gordon Ramsay's Secret Service
C4, 10pm
The notoriously fiery celebrity chef goes undercover at struggling restaurants.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Babies		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu		8.00 Britain's Biggest Warship Goes to Sea		9.00 QI XL	9.45 Mastermind: To Think Like...		10.30 Newsnight
	103 ITV1	◂ 6.30 Football: Women's European Qualifier – Live: England v Spain (Kick-off 7.00)				9.10 I'm a Celebrity... South Africa		10.10 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Our Welsh Chapel Dream		9.00 24 Hours in Police Custody: The Cold...		10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 Does Your Child Have ADHD?		8.00 Sam & Ade Go Birding		9.00 Missed Call		10.00 Fare Dodgers: At War with the Law	
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Heavy Metal		9.00 Film: Fast & Furious 6			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Race Across the World		9.00 Muslim Matchmaker		10.05 Film: Respect	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 Keeping Up...	8.30 Sorry!	9.00 A History of Britain by Simon Schama		10.00 Storyville: Speechless	
	118 ITV2	◂ 6.40 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 TikTok: Murder Gone Viral		10.00 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Great Estates from Above		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.10 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.45 House of the Dragon				9.00 Ligas			
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Frankie Boyle's New...	10.40 QI XL
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 McDonald & Dodds	
	120 ITV4	◂ 6.55 Underwater Grand Fishing Adventure		8.00 World Rally Championship Highlights		9.00 Film: Rocky III			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: The Spy Who Shagged Me			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 PD James: The Murder Room				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Miss Scarlet		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Stories from the National Portrait...		9.00 Spymasters: The Great Spy Writers		10.00 Alec Guinness: A Class Act	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Gaia: A Death on Dancing Ledge			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Gold Rush		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 The Pool Master		9.00 Alaska: The Last Frontier		10.00 Alaska Gold Diggers	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Planes that Changed History		9.00 Nazi Megastructures: America's War		10.00 Killing Hitler	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Weird Britain		9.00 Britain's Murder Map with Vicky...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Australia with Simon Reeve		8.00 Bangers & Cash				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	◂ 6.55 The Yogurt Shop Murders		8.00 Murder in the Valleys				10.00 Schmeichel	
FILMS – Sky Cinema	301 PREMIERE	7.00 Final Destination: Bloodlines				9.00 Roofman			
	302 5 STAR MOVIES	◂ 6.15 Lost in Translation		8.00 A Star Is Born					10.20 Promising Young...
	303 BOX SET	◂ 6.15 Bridget Jones's Diary		8.00 Bridget Jones: The Edge of Reason			9.55 Bridget Jones's Baby		
	307 GREATS	◂ 5.45 Terms of Endearment		8.00 Escape to Victory				10.00 Little Women	
	312 ANIMATION	◂ 5.40 DC League of...	7.40 Extinct			9.15 Deep Sea			
	304 FAMILY	◂ 6.00 The Hobbit: The Desolation of Smaug			8.55 Smallfoot				
	306 ACTION	◂ 5.50 Indiana Jones and the Last Crusade		8.00 Spider-Man: No Way Home					10.35 Twister
	308 COMEDY	◂ 6.15 Daddy's Home 2		8.00 Miss Congeniality			9.55 Miss Congeniality 2: Armed and Fabulous		
	309 THRILLER	◂ 5.50 Ocean's Twelve		8.00 RocknRolla				10.00 Sleepers	
	310 DRAMA	◂ 6.00 Footloose		8.00 Chicago				10.00 The Bodyguard	
	311 SCI-FI	◂ 6.00 Salem's Lot		8.00 Annabelle			9.45 Annabelle: Creation		
	313 FILM4	◂ 6.25 Battleship				9.00 Independence Day			
SPORT	401 MAIN EVENT	7.00 Gillette Labs...	7.30 EFL – Live: Portsmouth v Ipswich Town (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 Match Officials...
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Portsmouth v Ipswich Town (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 PL Stories	7.30 UEFA Champions League – Live: Atlético Madrid v Barcelona (Kick-off 8.00)						10.30 UEFA Highlights
	411 TNT SPORTS 2	7.00 Cycling Show	7.30 Race Bikes	8.00 Marathons		9.00 Rolex SailGP Championship		10.00 MLB Highlights	

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Farm 999** New edition (S)
11.15 **Homes Under the Hammer** New edition From Leeds. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition From High Wycombe. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** New edition Norfolk and Suffolk. (S)
3.45 **I Made It at Market** New edition A metal sculptor and keepsake artist discuss their success. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Babies

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Bea becomes very jealous of Honey, Vicky finds herself in an escalating situation, and Oscar tries to avoid Josh. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** Series finale 6/6. Stacey and the team head to Yorkshire to help the Mann-Monro family, a six-strong household overwhelmed by years of clutter and emotional memories. (S)

9 PM

9.00 **Babies** Series finale 6/6. Conclusion of the drama. Lisa and Stephen navigate their new pregnancy, while Dave tries to connect with his son. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Yesterday** Comedy written by Richard Curtis, directed by Danny Boyle and starring Himesh Patel. A struggling musician gets hit by a bus during a mysterious event. When he regains consciousness, he finds that he is the only person who can remember The Beatles, and sets out to exploit the opportunity by passing their hits off as his own compositions. (S)(AD) (2019, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Ambulance** 5/6. Documentary series following the work of the ambulance service. (S)(R)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Shift the Thrift** (S)(R)(AD)
6.45 **Bargain Hunt** (S)(R)
7.30 **Just One Thing** (S)(R)(AD)
8.00 **Sign Zone: Farm 999** (S)(R)
8.30 **Sign Zone: Lost and Found in the Lakes** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz. (S)(R)
2.30 **Lightning** Quiz show. (S)(R)
3.00 **Clive Myrie's Caribbean Adventure** Kingston. (S)(R)
3.30 **Nature's Epic Journeys** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** (R)
5.15 **Flog It!** Richmond. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo travels to Kyoto. (S)(AD)

6.30 Great Japanese Railway...

7.00 **Great British Menu** New edition Four chefs from south west England cook canapes, starters and fish dishes and their creations are judged by Michelin-starred chef Simon Rogan. (S)(AD)
■ Continues tomorrow

8.00 **Britain's Biggest Warship Goes to Sea** 2/3. The captain of HMS *Queen Elizabeth* seeks out the worst possible weather – including a hurricane – so he can test how the F35 jets cope under extreme conditions. (S)(R)(AD)

9.00 **QI XL** *Viral:* Guests Ignacio Lopez, Zoe Lyons and Rhod Gilbert join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
9.45 **NEW SERIES Mastermind: To Think Like a Killer** 1/3. The story of Dr Ann Burgess, the mastermind behind the development of modern serial killer profiling and solving America's most infamous true-crime cases. (S)(AD)
10.30 **Newsnight** (S)
11.00 **FILM The Haunting** Vintage chiller starring Julie Harris and Claire Bloom. A haunted house claims the souls of those that enter it. (S) (1963, b/w, 12, 110min) ★★★★★
12.50 AM **Sign Zone: The Apprentice** 11/12. The final five face a gruelling round of interviews. (S)(R)(AD)
1.50 **Sign Zone: The Apprentice: Unfinished Business** (S)(R)(AD)
2.20 **Sign Zone: The Young Offenders**
2.50 **Sign Zone: Race Across the World**
3.50 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with Rickie Haywood-Williams, Roisin Conaty and Sunetra Sarker taking part for charity. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and his team help people in Stoke-on-Trent. (S)(R)
3.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant takes on the infamous Banker. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.15 **ITV News** (S)

9.10 I'm a Celebrity... South Africa

6.30 **LIVE Football: Women's World Cup Qualifier** England v Spain: Seema Jaswal presents all the action from the World Cup Group A3 qualifier from Wembley Stadium. These teams met in the finals of both the 2023 World Cup and Euro 2025, with Spain taking the honours of the first of them, before the Lionesses avenged that defeat on penalties last year. Commentary is provided by Seb Hutchinson and Siobhan Chamberlain. Kick-off 7.00. (S)

9.10 **I'm a Celebrity... South Africa** New edition 7/15. Ant and Dec host as the two new kings choose campmates to take on the trials and who will ultimately be victorious and win the bush banquet and safari. (S)
■ Continues tomorrow
10.10 **ITV News** (S)
10.45 **Local News** (S)
11.00 **The Real Manhunt: The Night Stalker** Susanna Reid interviews senior officers from Operation Minstead to tell the real story of the 17-year hunt for a serial rapist known as the Night Stalker. (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **I'm a Celebrity... South Africa** As 9.10pm. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Celebrity Sabotage** 3/6. With Jill Scott. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 18-20/22. (S2) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 14-17/24. (S9) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** California. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker: Travels with Mum & Dad** 4/4. The Bakers journey to Hexham Racecourse. (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Bart and Sarah race to turn their home into a wedding venue. (S)
6.00 **Jasmine Harman's Renovation in the Sun** The basement finally starts to take shape and work on the gym is completed. (S)(R)

8.00 Our Welsh Chapel Dream

7.00 **News** (S)

8.00 **Our Welsh Chapel Dream** New edition Keith Brymer Jones and Marj Hogarth transform two dark, damp storerooms into a guest suite leading out to a courtyard, complete with a fire trench, night lights and a canopy. (S)

9.00 **24 Hours in Police Custody: The Cold Case Murder** Series finale 2/2. Forensics get a partial DNA match to a previous suspect in the murder of Una Crown, prompting police to make an arrest in the hope the man will finally confess. (S)

10.00 **NEW SERIES Gordon Ramsay's Secret Service** The no-nonsense chef spies on restaurants in need of help, beginning with a Greek family eatery in Washington, DC. (S)
■ Continues tomorrow
11.00 **The Copenhagen Test** New episodes 5/8. Alexander decides to follow his own plan. (S)
12.10 AM 6/8. Alexander faces an impossible choice. (S1) (S)
■ Continues tomorrow
1.00 **Naked Attraction** (S)(R)(AD)
1.55 **Open House: The Great Sex Experiment** (S)(R)
2.50 **Kitchen Nightmares USA** (S)(R)
3.40 **Couples Come Dine with Me** (R)
4.35 **Find It, Fix It, Flog It** (S)(R)
4.50 **Old House, New Home** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Hardacres** 6/6. The Hardacres receive some shocking news. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** Colin from Essex is determined to live a healthier life on the Costa Blanca. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition Following the work of Nurture through Nature in Brighton. (S)
6.05 **The Pennines with Susan Calman** The Pennines and Northumberland coast. (S)(R)
6.55 **News** (S)

9.00 Missed Call

7.00 NEW **Does Your Child Have ADHD?** Documentary following three families as they navigate the challenges of raising children with ADHD. (S)
7.55 **News** (S)

8.00 NEW SERIES **Sam & Ade Go Birding** 1/3. Actor and keen bird watcher Samuel West invites his friend Adrian Edmondson, a birding novice, to see some beautiful birds and habitats. *See feature, page 20.* (S)

9.00 **Missed Call** New episode 2/5. Sarah brings the alarming message on Katie's phone to the police. However, when she tries to show it, the message has disappeared. (S1) (S)(AD) ■ Continues tomorrow

10.00 **Fare Dodgers: At War with the Law** Six revenue protection officers from South Western Railway set a trap to block rush-hour fare dodgers at London's Vauxhall. (S)(R)

11.05 **Forensics: Crash Scene Investigators** An 81-year-old cyclist is knocked down by a speeding car. (S)(R)
12.05 AM **Police Code Zero: Officer Under Attack** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.30 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S3) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Whale with Steve Backshall** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 12/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 16/26. Sabre's CEO visits and reveals that either Michael or Jim must demoted back to sales. (S)(R) **6.30** 17/26. Part one of two. The office staff try to distract mother-to-be Pam during her contractions. (S6) (S)(R)

8.00 Rob & Romesh vs Heavy Metal

7.00 **The Simpsons** *Homer's Adventure Through the Windshield Glass:* Homer crashes his car. (S)(R) **7.30** *Lard of the Dance:* Homer comes up with the bright idea of making money by selling used grease. (S)(R)

8.00 **Rob & Romesh vs Heavy Metal** Scottish band Bleed from Within try to educate the duo in the ways of the headbanger in time for a performance of Metallica's *Enter Sandman* at the Download Festival. (S)(R)

9.00 FILM **Fast & Furious 6** Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to prevent a criminal mastermind from constructing a superweapon. With Michelle Rodriguez and Jordana Brewster. (S) (2013, 12, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.20 **The 'Burbs** 3/8. Samira uses the disappearance of a neighbour's dog as a ruse to persuade her new friends to break into the Victorian so she can confirm her suspicions about Gary. (S1) (S)(R)(AD)
12.20 AM **Grimm** 14/22. (S2) (S)(R)
1.15 **Police 24/7** (S)(R)
2.10 **The Force: North East** (S)(R)
3.00 **Hawaii Five-0** 10/23. (S2) (S)(R)
4.00 **S.W.A.T.** 12/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55pm Party Election Broadcast **7.00-7.30** River City **12.30am** Scotcast **1.00** Ambulance **2.00** Weather **2.05-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
6.55pm Party Election Broadcast **7.00** LIVE Match of the Day Wales **9.30-10.00pm** Extraordinary Portraits with Bill Bailey

BBC2

N. IRELAND
Sky 969, Freesat 969
9.45pm The Chronicles of Strangford Shorts **10.00-10.30** Greatest Gardens with Diarmuid Gavin and Carol Klein **11.00** Mastermind: To Think Like a Killer **11.45** Miriam Margolyes Made Me Me **12.45-12.50am** The Chronicles of Strangford

WALES
Sky 968, Freesat 968
7.00pm The One Show **7.30** EastEnders **8.00** Sort Your Life Out with Stacey Solomon **9.00** Babies **10.00-10.30** Greatest Gardens with Diarmuid Gavin and Carol Klein **11.00** Mastermind: To Think Like a Killer **11.45** QI XL **12.30-12.50am** The Fens: A Wild Year

ITV1

As main ITV1 except:
WALES
6.10-6.15pm Party Election Broadcast

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Byd o Liw: Arlunwyr **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Mike Bubbins: Un Mewn Miliwn **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ralïo+ **6.25** Darlledlad Etholiadol **6.30** Sgorio **6.59** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion a'r Tywydd **9.00** Y Wal **10.00** Clwb Rygbi **10.30-11.35pm** Pêl-Droed Rhyngwladol

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall searches for jaguars and wolf fish in South America. **7.30** A search for dangerous predators in Sri Lanka.
8.00 **Race Across the World** 2/9. The teams race through Greece to reach Istanbul.
9.00 **Muslim Matchmaker** New episode 7/8. Bucky, Uneeb and Yasmine hit dating hurdles, while Hoda takes on new client Imran. **9.35** Series finale 8/8. There is a new match for Yasmine, it is decision day for Imran, and Bucky learns the truth about Rehan. ■ Entire series on BBC iPlayer
10.05 FILM **Respect** Biopic of the 'Queen of Soul' Aretha Franklin, starring Jennifer Hudson and Forest Whitaker. (2021, 12, 145min) ★★★
12.25 AM **High: Confessions of an Ibiza Drug Mule**
1.45 **Top Gear**
2.45 **The Close** Short film.
2.55 **to 3.55** AM **Louis Theroux's LA Stories**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Industrial Age** A tour of Britain's mining heritage.
7.30 **Canal Boat Diaries** Robbie Cumming travels along the Rochdale Canal.
8.00 **Keeping Up Appearances** Hyacinth plans to show off her singing talents.
8.30 **Sorry!** Timothy makes plans to seduce Veronica at his bring-a-bottle party.
9.00 **A History of Britain by Simon Schama** The story of Queen Elizabeth I's feud with Mary, Queen of Scots.
10.00 NEW SERIES **Storyville: Speechless** 1/2. Exploring the ideological conflicts reshaping higher education in the western world.
11.30 **The Sky at Night**
12.00 M'T **The Secret Life of Waves** Documentary.
1.00 AM **Fred Dibnah's Industrial Age**
1.30 **Canal Boat Diaries**
2.00 **Face the Music**
2.30 **to 3.30** AM **The Secret Life of Waves**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The first visit is to Fountains Court Holistic Health Hotel, Scarborough. **4.50** The second visit is to the Whittington & Cat in Hull. **5.20** The third visit of the week is to Khurram Saba's Saba Hotel in west London. **5.50** The fourth and final visit of the week is to Bower Inn in Bridgwater, Somerset. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Catching up with house-hunters in East Lothian and Wolverhampton.
7.55 **Kirstie and Phil's Love It or List It** Sarah and Caradog from Swansea need help with their cramped home.
9.00 **Great Estates from Above** 4/4. Following the seasons at Burghley House's 10,000 acres of Lincolnshire countryside, where the preparations for the Burghley Horse Trials continue.
10.00 **24 Hours in A&E** A war veteran is rushed in with breathing difficulties, and a builder has broken his neck after falling off his shed.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.40 **Rude(ish) Tube Shorts**
11.50 **First Dates**
12.50 PM **Ramsay's Kitchen Nightmares USA**
1.50 **The Simpsons**
2.50 **Modern Family**
3.20 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** With guest judge Ashlee Simpson.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** A resident's buried secret is revealed.
7.30 **Married at First Sight Australia** New edition There's a mood of celebration at the Couples' Retreat, until one bride makes a joke about another couple's intimacy milestone.
9.10 **Gogglebox** *The Piano* and *Bridgerton* are appraised.
10.15 **Gogglebox** Opinions on the best TV shows of early 2024.
11.15 **Naked Attraction**
12.20 AM **First Dates**
1.25 **Married at First Sight Australia** As 7.30pm.
2.50 **Gogglebox**
3.45 **Modern Family**
4.10 **The Goldbergs**
5.00 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Tuesday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 8&9/22. (S1)
1.00 PM **The Rookie** 4/22. Bailey's life hangs in the balance. **2.00** 5/22. John and Celina hunt for a fugitive. (S5)
3.00 **Law & Order: Criminal Intent** 6/23. Goren and Eames uncover a series of frauds. (S4)
4.00 **Nothing to Declare** Six editions of the documentary.

9.00 The Rookie

7 PM
7.00 **Police 24/7** A river rescue proves challenging, and a high-speed motorcycle chase leads to a sad confession by the rider.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **The Rookie** New episode *Fun and Games:* 9/18. Nolan and Celina are called to a robbery and meet a familiar face. (S8)

10 PM
10.00 **Law & Order: Special Victims Unit** *Excavation:* 2/22. Repressed memories come back to a woman when she finds an old notebook. (S26)
11.00 **The Rookie** 3/20. (S1)
12.00 M'T **FBI** 5&6/22. (S1)
2.00 AM **Doc** SERIES RESUMES
3.00 **Matlock** 18/19. (S1)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 10&11/12. (S1)
12.15 PM **Billions** 11&12/12. (S1)
2.25 **My Brilliant Friend** 6/8. (S1)
3.30 **Hacks** 2&3/9. (S3)
4.45 **Billions** 11/12. Axe loses millions of dollars on a trade and turns to Wendy for help. **5.45** 12/12. Axe and Chuck meet for an explosive confrontation. (S1)
6.45 **House of the Dragon** 1/8. Alicent grows concerned by Aegon's Small Council. (S2)

9.00 Ligas

7.45 **House of the Dragon** *Rhaenyra the Cruel:* 2/8. Rhaenyra questions Daemon's loyalty, while Ser Criston Cole concocts a misguided plan for revenge. (S2)

9.00 **Ligas** New episode 3/6. Lorenzo agrees to defend a former bodybuilder accused of murder, solely for the publicity.

10.15 **Ligas** New episode 4/6. Lorenzo defends a radio host accused of incitement. Subtitled. (S1)
11.25 **House of the Dragon** (S2)
1.55 AM **Homicide: Life on the Street** 2/4. Pembleton investigates police brutality. **2.55** 3/4. Tensions rise between Pembleton and Gee. (S2)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Sam and Billie: Sister Act**
9.10 **The Only Way Is Essex**
10.10 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Supermarket Sweep**
1.00 PM **I'm a Celebrity... South Africa** Reality series.
2.20 **Catchphrase** Game show.
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
5.55 **Catchphrase** Game show.

8.00 The 1% Club

6.40 **I'm a Celebrity... South Africa** Ant and Dec host as two new campmates join the famous faces.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **TikTok: Murder Gone Viral** Investigating the murder of 13-year-old Tristyn Bailey, who was stabbed 114 times in 2021.

10.00 **Family Guy** 8/20. Peter gets lap band surgery with an unusual side-effect. **10.35** 9/20. Peter and Chris reconnect. (S21)
11.05 **Family Guy** 3/20. Peter and Lois are gifted a Range Rover from Carter. (S21)
11.35 **American Dad!** (S12&17)
12.35 AM **Bob's Burgers** (S12&14)
1.35 **Piglets** 5/6. (S1)
2.00 **Plebs** 7/8. (S3)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *Dark Matter.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Death in Chorus:* A choir member is killed before a competition.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Midday Sun:* A new family cause panic in Aidensfield when their rabid dog goes missing.

8.00 Vera

6.55 **Heartbeat** *Turn of the Tide:* Nick goes undercover to investigate smuggling in Whitby, while Kate is the bearer of bad news.

8.00 **Vera** *As the Crow Flies:* The detective investigates the death of a school teacher, and it quickly becomes a murder case when she discovers evidence the body has been tampered with.

10.00 **McDonald & Dodds** *The War of the Rose:* 3/4. A social media influencer checks into an exclusive clinic for a nose job, but the procedure goes horribly wrong. (S3)
11.50 **Lewis** *Dark Matter:* A college master is found dead at the university's astronomical observatory.
1.45 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.30 **Kojak**
2.35 **The Saint**
3.45 **Boon**
4.50 **Sharpe** *Sharpe's Regiment:* 1/3. Harper and Sharpe fake their own deaths and re-enlist in the Army to weed out top-level corruption. (S4)

9.00 Rocky III

6.55 **Underwater Grand Fishing Adventure** Ali Hamidi, Bobby Zamora and Roo Abbott head to the Lake of Dreams.

8.00 **World Rally Championship Highlights** Action from the Croatia Rally, the fourth round of the campaign.

9.00 **FILM** **Rocky III** Boxing drama sequel starring Sylvester Stallone. Rocky Balboa is enjoying his life as world heavyweight champion until a brutal contender demands a shot at the title. With Talia Shire and Burt Young. (1982, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley and Miro.
12.55 AM **Dark Side of the Ring**
1.50 **Auf Wiedersehen, Pet**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 LIVE **Sportscene: International Football** Scotland v Belgium: All the action from the Women's World Cup Group B4 qualifier at Easter Road. Scotland have made an excellent start to their group campaign by thrashing Luxembourg 5-0 away and 7-0 at Hampden Park. Kick-off is at 7.30.
9.45 **Sacked in the Morning** Hosts Craig Levein and Amy Irons are joined by Alastair Campbell.
10.00 **Inside Barlinnie** Series finale 2/2. Bobby heads to rehab, and Alan is released.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim** 2/6. Jules and Greg head to the Fife coast.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **The Chair Company** (S1)
10.15 **Upright** 1&2/8. (S2)
11.30 **American Auto** (S2)
12.30 PM **Will & Grace** (S8)
1.30 **The Chair Company**
2.45 **Upright** 1&2/8. (S2)
4.00 **Breeders** 9&10/10. (S2)
5.00 **Bloods** 1&2/6. (S1)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 4/13. The group take a course in European history. Guest stars Malcolm McDowell. **8.30** 5/13. Shirley invites the study group over for Thanksgiving. (S4)
9.00 **Saturday Night Live UK** Jack Whitehall hosts, with music by Jorja Smith.
10.15 **Saturday Night Live** Colman Domingo hosts.
11.45 **Breeders** 9&10/10. (S2)
12.45 AM **Bloods** 1&2/6. (S1)
1.45 **Community** (S4)
2.45 **Upright** 1&2/8. (S2)
4.00 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **A Swan Lake**
7.55 **Watercolour Challenge**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **André Rieu: Dancing Through the Skies**
1.00 PM **Tales of the...**
2.00 **Master Crafters: The Next Generation**
3.00 **Skinner & Mina's Literary Road Trip**
4.00 **Discovering**
5.00 **Portrait Artist 2013**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Stories from the National Portrait Gallery**
9.00 **Spymasters: The Great Spy Writers** New edition
10.00 **Alec Guinness: A Class Act** Documentary.
12.00 M'T **National Theatre Live: Dr Strangelove**
1.55 AM **Life & Rhymes**
3.25 **Douglas Adams: The Man Who Imagined Our Future**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 22/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *We'll Always Have Paris:* 24/26. (S1)
8.00 **Nothing to Declare**
9.00 **Fire Country** 15/22. (S1)
10.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Julie Hesmondhalgh and Tony Bellew compete.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Rob tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** Graham Norton invites an operations manager, a partnerships manager and a consultant to solve tricky puzzles for the chance to spin the wheel and win big money.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Our Farm in the Dales**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Grand Designs**
8.00 **Primark vs John Lewis: Battle of the Brands**
9.00 **24 Hours in A&E**
10.00 **The Disappearance of Jay Slater** An insight into the 2024 case of a missing British teenager in Tenerife.
11.20 **24 Hours in Police Custody: The Cold Case Murder** 1&2/2.
1.25 AM **Gogglebox**
2.25 **First Dates**
3.25 **Taskmaster**
4.25 **to 5.00** AM **Devon and Cornwall**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 13/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 14/26. (S7)
2.00 **Warehouse 13** (S3&4)
4.00 **Stargate SG-1** 10/22. (S4)
5.00 **Star Trek: Voyager** (S3)
6.00 **Star Trek: The Next Generation** 13/26. Worf's foster brother violates the Prime Directive in an effort to save a doomed alien race. (S7)

9.00 Grimm

7.00 **Star Trek: Deep Space Nine** *Chimera:* 14/26. A Changeling forces Odo to reassess his life. (S7)
8.00 **Stargate SG-1** *Beneath the Surface:* 10/22. O'Neill, Carter, Daniel and Teal'c are brainwashed and given new memories. (S4)
9.00 **Grimm** *The Bottle Imp:* 7/22. Nick and Hank's investigation into a murder leads them to an unstable fugitive.
10.00 **Grimm** *The Other Side:* 8/22. Nick and Hank investigate when a high-school competition turns deadly. (S2)
11.00 **The Walking Dead** 9/13. Rick, Hershel and Glenn face foes both dead and alive following their altercation with two strangers, leading to a fierce shoot-out at the bar. (S2)
12.00 M'T **Warehouse 13** (S3&4)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 4/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 4/23. (S2)
5.00 **Hudson & Rex** 16/16. Charlie and Rex uncover a high-stakes smuggling operation. (S1)
6.00 **My Life Is Murder** 5/10. After a man falls from his roof, his widow accuses their neighbours of murder. (S3)

9.00 Miss Scarlet

7.00 **Father Brown** *The Passing Bell:* The sleuthing priest tries to solve a case involving a musical director.
8.00 **Death in Paradise** *Your Number's Up:* 2/8. A game of bingo at a care home ends in murder. Guest stars Hayley Mills. (S13)
9.00 **Miss Scarlet** New episode *Bad Blood:* 4/6. New Detective Inspector Charlie Phelps hires Eliza. (S6) ■ Entire series on Box Sets
10.00 **Death in Paradise** *A Calypso Caramba:* 8/8. The team investigate the murder of a calypso singer's husband. (S12)
11.00 **Father Brown** As 7pm.
12.00 M'T **Death in Paradise** (S13)
1.00 AM **My Life Is Murder** (S3)
2.00 **Murdoch Mysteries** 18/24. Murdoch looks into the murder of an art dealer. (S16)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
9.00 **Are You Being Served?**
9.40 **Last of the Summer Wine**
11.00 **Ever Decreasing Circles**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

10.20 Men Behaving Badly

7.00 **Porridge** Fletcher helps cellmate Godber make it through a long night.
7.40 **Dad's Army** The platoon have their hands full with two German prisoners.
8.20 **Are You Being Served?** Young Mr Grace discusses marriage plans with Mrs Slocombe.
9.00 **Not Going Out** Lucy announces to the friends that she is pregnant. **9.40** First-ever episode of the sitcom. Lee wants to discover his serious side.
10.20 **Men Behaving Badly** Dermot woos Deborah.
10.55 **Harry Enfield and Chums** Frank Doberman lectures Damon Hill.
11.30 **Not Going Out** Double bill.
12.50 AM **Men Behaving Badly**
1.25 **Harry Enfield and Chums**
2.00 **Keeping Up Appearances**
2.30 **Hi-de-Hi!**
3.00 **Ghosts**
3.30 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Comfort food.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Train Rescue Down Under**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers Everyday Gourmets** Indulgent dishes.
6.00 **Rick Stein's Cornwall** The chef champions the county. **6.30** Rick makes a tortilla dish.

6.00 Rick Stein's Cornwall

7.00 **Would I Lie to You?** With Fern Britton, Richard E Grant, Sanjeev Bhaskar and Martin Clunes.
7.40 **Richard Osman's House of Games** With Mark Watson and Raj Bisram. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.
9.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with Roisin Conaty and Andy Hamilton.
10.00 **Frankie Boyle's New World Order** Topical show.
10.40 **QI XL** With guests Bill Bailey, Jimmy Carr and Jeremy Clarkson.
11.40 **Mock the Week** With James Acaster and Dane Baptiste.
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Sandi Toksvig, Jason Manford and Trevor Noah.
2.35 **Frankie Boyle's New World Order** As shown at 10.00pm.
3.10 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill**
8.30 **Doctors**
9.40 **Classic Holby City**
10.40 **Classic Casualty**
11.50 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** James takes part in the annual village cricket match.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** The sleuth investigates a case of arson.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

6.00 Last of the Summer Wine

7 PM — **7.20** **Last of the Summer Wine** Part two of two. Wally finishes the hang-glider and declares that it is ready to be tested.
8 PM — **8.00** **PD James: The Murder Room** 1/2. Commander Adam Dalgliesh probes a case involving a family at war and a death that imitates a museum exhibition dedicated to real-life murders. Stars Martin Shaw.
9 PM
10 PM — **10.00** **New Tricks** *Mad Dogs:* Jack and Strickland form an unlikely alliance that sees them break the rules to solve a case.
11.20 **Dalziel & Pascoe** *An Autumn Shroud:* Dalziel has an eventful holiday in East Anglia.
1.20 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.15 **Whitstable Pearl** 5/6. (S1)
3.10 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S9&10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Canary:* 14/24. The team race to stop a terrorist unleashing the Ebola virus. **7.00** *Hereafter:* 15/24. Vance discovers a key to a safety deposit box in his late wife's effects. **8.00** *Detour:* 16/24. Ducky and Jimmy are abducted while transporting a body to the morgue. (S10)
9.00 **Law & Order** New episode *Greater Good:* 10/22. When a music mogul is found dead, Shaw and Riley clash with an undercover officer who is unwilling to cooperate. (S24)
10.00 **Law & Order: Special Victims Unit** (S5)
1.50 AM **Blue Bloods**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Hannah takes on her new role.
9.00 **A&E: Crash Scene Emergency** Two sisters are critically injured when their car flips over.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Traffic Cops**
10.35 **Police Interceptors**
12.35 PM **FILM Track of the Cat** Western starring Robert Mitchum. (1954, PG, 102min) ★★★★
2.50 **FILM Red River Range** Western adventure with John Wayne. (1938, b/w, U, 56min) ★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Two men with sledgehammers try to break into a supermarket.
9.00 **Platoon 24/7** The soldiers start training for Eastern European combat.
10.30 **Cops** Documentary.
11.00 **The X-Files** 3/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point** Triple bill.
10.00 **DIY SOS: Grenfell**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: Grenfell**
7.00 **DIY SOS: The Big Build**
8.00 **999 Rescue Squad**
9.00 **Gaia: A Death on Dancing Ledge** 1/3. Zara McDermott investigates the death of 19-year-old Gaia Pope-Sutherland. **10.00** 2/3. Zara's investigation uncovers a world of online grooming. **11.00** 3/3. The inquest into Gaia's death reveals some vital information.
12.00 M'T **Missing Persons Investigation**
1.00 AM **Louis Theroux Interviews... Rita Ora**
1.45 **to 3.00** AM **Deepfake Porn: Could You Be Next?**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **True Evil: The Making of a Nazi** Albert Speer.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **True Evil: The Making of a Nazi** Albert Speer.
6.00 **Antiques Roadshow**
7.00 **Australia with Simon Reeve** Simon concludes his journey in Melbourne.
8.00 **Bangers & Cash** Paul collects a 1924 Rover 9. **9.00** Charlie picks up a Ford Cortina Deluxe.
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **A Very British Murder with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Corfu.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** A coin collection.
4.00 **Long Lost Family: What Happened Next**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** Raj Bisram and Charles Hanson pick up a rare toby jug and some art deco items in Wales.
9.00 **Who Do You Think You Are?** With Gary Lineker.
10.00 **Long Lost Family: What Happened Next**
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 2-4/24. (S4)
1.00 PM **The Waltons** (S6)
3.00 **Ballykissangel** (S6)
4.10 **Down to Earth** 1/6. (S1)
5.20 **Bramwell** 8/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 4/26. Reporter Clete Roberts interviews members of the 4077th. **8.00** 5/26. Clete continues his interviews. **8.30** 6/26. Charles sulks in his tent. (S7)
9.00 **Brush Strokes** 11/13. Lionel plans to celebrate. **9.40** 12/13. Sandra's new boyfriend puts all his cards on the table. **10.20** 13/13. Veronica has a proposition. (S1)
11.00 **Robin's Nest** (S2)
12.00 M'T **M*A*S*H** (S7)
1.30 AM **Home to Roost**
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **FILM Frontier Marshal** Western. (1939, U, 71min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM Assault on Station 33** Thriller. (2021, 15, 110min) ★★
3.50 **The Persuaders!** (S1)
4.50 **The Avengers** (S5)
6.50 **FILM Renegades** Action adventure. (2017, 15, 106min) ★★
9.00 **FILM Sniper Elite** Sci-fi action adventure. (2014, 15, 91min) ★★
11.05 **FILM Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
1.05 AM **The Persuaders!**
2.05 **The Avengers** (S5)
3.55 **FILM The Doolins of Oklahoma** Western. (1949, b/w, U) ★★
5.25 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Emma Fielding Mystery: Site Unseen** (2017, PG) ★★
10.05 **In Plain Sight** (S2)
11.05 **Castle** 14/22. (S8)
12.05 PM **FILM Murder, She Baked: Just Desserts** Drama. (2017, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 15/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** (S2)
10.00 **FILM Morning Show Mystery: Mortal Mishaps** Crime drama. (2018, PG, 85min) ★★
11.55 **FILM Garage Sale Mysteries: A Case of Murder** Crime thriller. (2017, PG, 90min) ★★
2.00 AM **FILM Killer Contractor** Thriller. (2019, 12, 84min) ★★
3.25 **to 5.00** AM **FILM The Wrong Patient** Thriller. (2018, PG, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Romantic Rewrite** Comedy. (2022, PG, 82min) ★★
10.20 **FILM Love is on the Air** Drama. (2021, PG) ★★
12.20 PM **FILM Sunrise in Heaven** Drama. (2019, PG, 85min) ★★
2.15 **FILM Same Time Next Week** Drama. (2016, PG, 90min) ★★
4.10 **FILM Accidentally in Love** Romantic comedy. (2021, PG, 88min) ★★
6.05 **FILM Love in Store** Comedy. (2020, PG) ★★
8.00 **FILM Love, Romance and Chocolate** Drama. (2019, U, 84min) ★★
10.00 **FILM Christmas in My Heart** Festive drama. (2021, PG, 84min) ★★
12.00 M'T **FILM The Perfect Christmas Village** Fantasy. (2018, PG) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love, Romance and Chocolate**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **Garden Rescue**
4.30 **New Home DIY**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden**
8.00 **Garden Rescue** Chris Hull and Lee Burkhill create a garden with peace at its core. **9.00** Charlie Dimmock revisits Gloucestershire.
10.00 **FILM Cruel Passion** Drama with Koo Stark. (1977, 18, 99min) ★★
12.00 M'T **FILM Spaced Out** Sci-fi action comedy. (1979, 18, 78min) ★★
1.45 AM **Musketeer**
2.00 **The Greatest Auction**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 16/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Gaffer** (S1)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 1/7. (S2)
1.40 **Boon** 7/13. (S1)
2.40 **Rewind Time Machine**
2.45 **Space 1999** 16/24. (S2)
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 5/6. (S1)
6.30 **Agony** 1/7. (S2)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **Boon** 6/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 **FILM Massage Parlour Murders** (1973, 18) ★★
11.45 **The Man Who Made Husbands Jealous**
12.50 AM **Stereo Underground**
1.50 **Rewind Time Machine**
1.55 **The Rewind Jukebox**
2.55 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A greenhorn's life hangs in the balance. **8.00** Jake and Sean must make life or death decisions for their crews.
9.00 **Harpoon Hunters** Four harpooners compete to land a bluefin tuna.
10.00 **Deadliest Catch** A giant wave crushes a *Titan Explorer* deckhand.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Rick Stein's Food Heroes** Four editions.
8.00 **The Pioneer Woman**
9.00 **Jamie's Money Saving Meals: Extra Portions**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Money Saving Meals: Extra Portions**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **24 in 24: Last Chef Standing** New edition
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 21/22. (S6)
9.00 **T.J. Hooker** 12/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Global Meltdown** Thriller with Michael Paré. (2017, PG, 105min) ★
1.00 PM **FILM Boot Hill** Comedy Western. (1969, PG, 91min) ★★
3.00 **FILM Apache Uprising** Western adventure. (1966, PG, 90min) ★★
5.00 **Star Trek** 8/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 13/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Zero Dark Thirty** Kathryn Bigelow's fact-based drama. (2012, 15, 157min) ★★★★★
12.10 AM **FILM Age of Kill** Action thriller. (2015, 15, 82min) ★★
1.55 **FILM The Hitman's Apprentice** Thriller. (2012, 15, 82min) ★★
3.40 **to 5.15** AM **FILM Gun** Thriller. (2010, 18) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM 40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
11.00 **The Lost World** (S3)
12.00 NOON **FILM Battle Star Wars** Sci-fi drama. (2020, 12, 86min) ★
2.00 PM **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
4.00 **Walker, Texas Ranger**
5.00 **Jules Verne's Mysterious Island**
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 2/23. (S4)
9.00 **FILM Interview with a Hitman** Action thriller starring Luke Goss. (2012, 18, 95min) ★★
11.00 **FILM Red Sun** Western with Charles Bronson. (1971, 15, 112min) ★★
1.25 AM **FILM Interview with a Hitman** (2012)
3.20 **Jules Verne's Mysterious Island**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars Canada**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Gold Wars Downunder**
11.00 **Swamp People: Serpent Invasion**
12.00 M'T **Bermuda Triangle: Into Cursed Waters**
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Naples.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Europe's Greatest Train Journeys** Andalusia.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Hotel Inspector** Alex Polizzi is called to help Lantern Theatre and Cafe in Brighton.
10.00 **Inside the Four Seasons: Park Lane** An important pooch gets a VIP welcome.
11.00 **Rich Holiday, Poor Holiday** From Poland.
12.00 M'T **Wentworth Prison**
1.10 AM **The Yorkshire Vet**
2.10 **Cruising with Jane McDonald** The Baltic.
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** Featuring famous faces from children's TV.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Five foreign language students compete in the quiz.
7.00 **The Chase** Triple bill of the quiz show.
10.00 **The Celebrity Chase** With Kian Egan, Sharron Davies, Matt Johnson and Larry Lamb.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 13/24. Sheldon and Amy are thrilled when their theory is proved correct. **8.30** 14/24. Bernadette and Howard enlist Sheldon in their fight against a balcony. (S12)
9.00 **Sister Wives** New editions Meri digs through boxes of her wedding memorabilia. **10.00** Kody, Robyn, Janelle and Meri anxiously prepare to meet on the land.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S2)
12.00 NOON **Michael McIntyre's The Wheel**
1.00 PM **Friends** (S3)
8.30 **Friends** 15/25. Rachel and Ross take a break from each other. **8.30** 16/25. Rachel learns about Ross's infidelity. (S3)
9.00 **FILM Austin Powers: The Spy Who Shagged Me** Spoof thriller sequel. (1999, 12, 94min) ★★★
10.55 **Lee Evans Live from the West End** Stand-up.
12.25 AM **Whose Line Is It Anyway? USA**
1.25 **South Park** (S20)
2.50 **Michael McIntyre: Happy & Glorious**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Spin City** (S4)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S3&8)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S2)
10.00 **Friends** (S2&3)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Utopia** 8/8. (S4)
2.30 **Teachers** 6/10. (S1)
3.00 **Reno 911!** 8&9/14. (S1)
3.45 **Iain Stirling's Roast the Internet**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S6)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp Xmas 1975** 8/8. Sitcom. (S2)
12.35 **Man About the House**
1.00 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 7/13. Drama. (S2)
2.45 **Minder** 4/6. (S7)
3.50 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 6/7. Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.45 **Rising Damp** 7/8. (S2)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 10/10. (S10)
9.00 **Benidorm** 1&2/6. (S1)
9.55 **Shameless** 13/16. (S7)
10.55 **Man About the House**
11.25 **Rising Damp** 3/7. (S3)
11.55 **Benidorm** 1&2/6. (S1)
12.50 AM **Minder** 7/11. (S4)
1.55 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **MTV Cribs: Best Bachelor Pads**
9.00 **Skin A&E** Dr Adil treats a patient with five lipomas.
10.00 **Dating Naked UK** Two newbies arrive at the house to shake things up.
11.00 **Tattoo Fixers**
12.00 M'T **NEW SERIES Ridiculousness** Rob, Steelo and Lolo get their spokes in the sand.
12.30 AM **Ridiculousness**
1.00 **Black Ink Crew New York** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Devil's Canyon** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** The making of tasers, soup and diving boards. **4.30** How Navajo rugs and kaleidoscopes are made.
5.00 **Alaska: Homestead Rescue** The Raneys pull out creative builds to help a veteran.

9.00 Gold Rush

7.00 **Wheeler Dealers** Mike buys a 58-year-old Dormobile campervan, but Elvis finds it needs a huge amount of work.
8.00 **Wheeler Dealers** Mike finds a rare Land Rover Series 1, which becomes a complicated and expensive restoration.
9.00 **Gold Rush** New edition Parker brings Sluicifer out of retirement for a big week, and Kevin staffs up for the final push.
10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Dave Turin joins Juan in Alaska to save a mining dream.
11.00 **Expedition Bigfoot** The team investigate a shapeshifting creature from Alaskan folklore.
12.00 M'T **Border Control: Europe**
12.30 AM **Border Control: Spain**
1.00 **Gold Rush** As 9.00pm.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Catfishin' Kings**
10.00 **Tanked** With Bill Engvall.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat that is terrifying its owner's children. **4.00** A veteran whose therapy cat is making him feel worse.
5.00 **Lone Star Law** A raccoon is released back into the wild.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff performs a risky operation.

7.00 Treehouse Masters

7.00 **Treehouse Masters** Pete Nelson heads to Alabama's Appalachia to build a treehouse fit for a budding James Bond.
8.00 **The Pool Master** Anthony and his team rip out a dull backyard and replace it with a Japanese-style garden.
9.00 **Alaska: The Last Frontier** The Kilchers pay tribute to Yule and Ruth by preparing a feast using old-fashioned methods.
10.00 **Alaska Gold Diggers** Everyone is forced to evacuate the camp when freezing winter storms approach.
11.00 **Beasts of the Bayou** Searching for 'the rougarou'.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Ninja Sharks**
2.00 **Treehouse Masters: Out on a Limb** A bear observation point.
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans: Secrets of the Spanish Armada**
11.00 **Mysterious Islands**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** Restoring a Daimler SP250 'Dart'.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Car S.O.S** Double bill.
6.00 **Inside Sydney Airport** The discovery of an unidentified white powder causes problems.

6.00 Inside Sydney Airport

7.00 **Air Crash Investigation** The crash of SilkAir flight 185 in 1997, which plunged 35,000ft while flying over Indonesia.
8.00 **Planes that Changed History** A look into how the DC-3 reshaped flight in the 1930s, and was adapted into the C47.
9.00 **Nazi Megastructures: America's War** The attack on Pearl Harbour, revealing how it required months of preparation.
10.00 **Killing Hitler** Documentary about an attempt to assassinate Hitler by members of his own inner circle.
11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** Shooter heads to the range with an MP5 gun.
2.30 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Deadman's Curse**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **Walking Through History** Five editions, including at: **4.00** Tony Robinson examines the Jacobite uprisings. **5.00** Tony embarks on a walk across Wiltshire.
6.00 **American Pickers** In Michigan, Danielle falls for a collection of John Deere toys.

9.00 Britain's Murder Map

7.00 **Forged in Fire** Visits to bladesmiths in their home forges in every state in the US, starting in Texarkana, Texas.
8.00 **Weird Britain** Andy McGrath goes searching for dragons in Somerset and visits the grave of Arthur and Guinevere.
9.00 **Britain's Murder Map with Vicky McClure and Jonny Owen** New edition The case of John Christie. ■ Entire series on Box Sets
10.00 **History's Greatest Mysteries** New edition Actor Laurence Fishburne explores the legend of the werewolf.
11.00 **Mission Unexplained** In Cyprus, a UN peacekeeper fights off deadly foe with the help of a mysterious power.
12.00 M'T **Walking Through History**
2.50 AM **Britain's Murder Map with Vicky McClure and Jonny Owen** As 9.00pm.
3.40 **History's Greatest Mysteries**
4.25 **Pawn Stars** A rare card.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.05 **Discovering: Michelle Yeoh**
8.00 **The Directors**
9.00 **Spector**
10.00 **The Yogurt Shop Murders**
11.05 **The Eighties**
12.00 NOON **Quant** The life of fashion designer Mary Quant.
1.50 PM **My Icon: Pam Cookey**
2.00 **Billy Joel: And So It Goes**
4.45 **My Icon: John Amaechi**
5.00 **Discovering: Michelle Yeoh**
5.55 **Spector** 2/4. How Phil Spector gained a sinister reputation.

10.00 Schmeichel

6.55 **The Yogurt Shop Murders** 2/4. Family members search for ways to hold on to the memories of the girls.
8.00 **Murder in the Valleys** 3/4. A new suspect emerges and the police are convinced they have got their man.
9.00 **Murder in the Valleys** 4/4. The story of how a new witness came forward and sparked a review of the case.
10.00 **Schmeichel** Documentary profile of Peter Schmeichel, the goalkeeper who won the Euros with Denmark in 1992 and was part of Manchester United's 1999 treble-winning squad.
12.00 M'T **The Golden Boy: Oscar De La Hoya** 1&2/2. Documentary about the boxer-turned-promoter.
3.00 AM **Lennox: The Untold Story** The career of Lennox Lewis.
5.00 **to 6.00** AM **Discovering: Michelle Yeoh**

Tuesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Francis Bourgeois & Chris Harris: We Saved a Train** New edition Francis and Chris have 48 hours to strip their locomotive for painting.
10.00 **Shed and Buried: Classic Cars**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Becky Watts.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** A woman who defrauded her friend out of thousands of pounds.
8.00 **Murder on CCTV**
9.00 **Feds** New edition A series of unsolved murders leaves southern Florida terrorised.
10.00 **Road Rage** Double bill.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Seaside Strangler** Revisiting the case of Stephen Akinmurele.
8.00 **UK Crime Files: A Random Murder** The murder of Kevin Bennett.
9.00 **Britain's Countryside Killers** The village of Bosham in Sussex is rocked by the murder of Valerie Graves.
10.00 **Killers: Caught on Camera** A five-year-old boy is found dead after a trip to Disneyland.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Seaside Strangler**
1.00 AM **UK Crime Files: A Random Murder**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** A contestant on *The Dating Game* becomes a serial killer.
5.00 **Medical Detectives** The murder of a dry cleaning employee. **5.30** Police officers believe the death of a millionaire was made to look like a robbery. **6.00** Officers investigate the suspicious disappearance of a young woman. **6.30** A witness's home explodes shortly after he gives his testimony.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers** **9.00** Series finale The crimes of Ian McLoughlin.
10.00 **Catching the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **Catching the Killer**
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Murder Uncut**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Wrecks That Changed the World** Documentary.
9.35 **Pirates: Behind the Legends** Blackbeard.
10.35 **The Truth About Franco**
11.50 **Franco: Last Inquisitor**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed the World** Documentary.
2.35 **Pirates: Behind the Legends** Blackbeard.
3.35 **The Truth About Franco**
4.50 **Franco: Last Inquisitor**
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8.35 **The Truth About Franco**
9.50 **Franco: Last Inquisitor**
11.00 **Pirates: Behind the Legends** Blackbeard.
12.00 M'T **Truth About Franco**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Undiscovered Vistas**
- 7.00 **Monkey Life**
- 8.00 **Great Blue Wild**
- 9.00 **Arabian Inferno**
- 10.00 **Land of Primates**
- 11.00 **Africa's Hunters**
- 12.00 NOON **Mysteries of the Mekong** Documentary.
- 1.00 PM **Monkey Life**
- 2.00 **Great Blue Wild**
- 3.00 **Arabian Inferno**
- 4.00 **Land of Primates**
- 5.00 **Africa's Hunters**
- 6.00 **Mysteries of the Mekong**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Jaguar Journals**
- 9.00 **The Kimberley: Australia's Wild West** A look at the animals of Australia's Wild West.
- 10.00 **Mysteries of the Mekong**
- 11.00 **Africa's Hunters**
- 12.00 M'T **Gangs of Lemur Island**
- 1.00 AM **Undiscovered Vistas**
- 2.00 **Jaguar Journals**
- 3.00 **The Kimberley: Australia's Wild West** As 9.00pm.
- 4.00 **Great Blue Wild**
- 5.00 **to 6.00** AM **Arabian Inferno**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **The Sound and the Fury**
- 9.00 **Iconic Combat Machines**
- 10.00 **History's Greatest Aircraft**
- 11.00 **Ancient Aliens**
- 1.00 PM **Alien Corridors**
- 2.00 **Ross Kemp: Deep Sea Treasure Hunter**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **History's Greatest Mysteries**
- 6.00 **The Proof Is Out There**
- 7.00 **Iconic Combat Machines** The F-16 Fighting Falcon and MiG-29 Fulcrum.
- 8.00 **History's Greatest Aircraft** The Bell UH-1 Huey helicopter.
- 9.00 **Deadly Standoff** The Ruby Ridge stand-off of 1992.
- 10.00 **Dark Marvels: Killing Machines** Torture devices.
- 11.00 **Ancient Aliens**
- 1.00 AM **Alien Corridors**
- 2.00 **Ross Kemp: Deep Sea Treasure Hunter**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **Incredible Engineering Blunders: Fixed** Double bill.
- 1.00 PM **Cooper's Treasure**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made**
- 9.00 **Savage Builds** Adam Savage and a demolition expert stage a series of daring experiments on one of the world's most dangerous and explosive substances – Nitroglycerin. **10.00** Adam teams up with actor Gary Oldman to build one of Hollywood's deadliest weapons – the ZF1 multi-artillery gun from sci-fi film *The Fifth Element*.
- 11.00 **You Have Been Warned** Tattoos that can create sound and a double sunset. **12.00** M'T Using trees as dominos and tips on cutting through walls with a fire hose.
- 1.00 AM **How the Universe Works**
- 4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Fugitives Caught on Tape**
- 9.30 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **Crimes That Shook Britain**
- 2.00 PM **I Met My Murderer Online**
- 3.00 **Imperfect Murder**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **I Met My Murderer Online** New editions Focusing on the case of Steven Mineo. **8.30** The case of Troy Laferrara.
- 9.00 **Buried in the Backyard** New edition A tattoo is the only clue to identify a body.
- 10.00 **Spring Break Murders** New edition A student vanishes on her drive back to university.
- 11.00 **Murder at the Motel**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **Yukon Vet**
- 9.00 **Bizarre Animal Friends**
- 10.00 **World's Weirdest**
- 11.00 **Africa's Deadliest**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Wild Vietnam**
- 3.00 **Alaska Fish Wars**
- 4.00 **Critter Fixers: Country Vets**
- 5.00 **Snakes in the City**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo** A red panda makes a play for attention.
- 8.00 **Predator Bloodlines** Five lionesses and their offspring attempt to overcome challenges through teamwork. **9.00** The matriarch of a clan nears the end of her life, with the question of who will assume leadership in her place still unanswered.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Predator Bloodlines**
- 1.00 AM **Animal Fight Club**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

- 7.00 AM **America's Most Secret: Structures** As 8.00pm.
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Documentary.
- 1.00 PM **NASA's Unexplained Files**
- 2.00 **Alien Highway**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **America's Most Secret: Structures** Behind the scenes of America's most classified sites and their activities.
- 9.00 **Secrets Underground**
- 10.00 **How Do They Do It?**
- 11.00 **Salvage Hunters: The Restorers** Upholsterer Craig is tested by an Edwardian sofa.
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **Expedition X**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **999 Rescue Squad**
- 1.00 PM **999 Rescue Squad**
- 5.00 **American History's Biggest Fibs with Lucy Worsley**
- 8.00 **Agatha Christie: Lucy Worsley on the Mystery Queen** The historian explores Agatha Christie's haunted, unconventional early life.
- 9.00 **American History's Biggest Fibs with Lucy Worsley** The historian examines the American Revolution. **10.00** Lucy debunks the myths behind the American Civil War. **11.00** Examining the lies told following the United States' emergence as a superpower after World War Two.
- 12.00 M'T **Agatha Christie: Lucy Worsley on the Mystery Queen**
- 1.00 AM **American History's Biggest Fibs with Lucy Worsley**
- 3.45 **Agatha Christie: Lucy Worsley on the Mystery Queen**
- 4.35 **to 5.20** AM **American History's Biggest Fibs with Lucy Worsley**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Betrayed**
- 9.00 **Still a Mystery**
- 11.00 **People Magazine Investigates**
- 12.00 NOON **Diabolical: Deadly Love** The case of Penny Knell.
- 1.00 PM **Still a Mystery**
- 3.00 **People Magazine Investigates**
- 4.00 **Diabolical: Deadly Love**
- 5.00 **Evil Stepmothers**
- 7.00 **Til Death Do Us Part** The case of a missing person that led to a shocking final act. **8.00** The death of police officer Robert McElrath.
- 9.00 **A Crime to Remember** The battle to overturn a rape allegation with racist overtones.
- 10.00 **Mother, May I Murder?** After the murder of a mother on a remote road, police dig into her bitter custody battle and uncover a disturbing bond between her ex and his mother.
- 11.00 **Evil Lives Here**
- 1.00 AM **Blood Relatives**
- 2.00 **Evil Stepmothers**
- 4.00 **to 6.00** AM **Til Death Do Us Part**

+1hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Big**
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Garage Rehab**
- 2.00 **Ant Anstead: Born Mechanic**
- 3.00 **James May and the Dull Men**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Mike Brewer: Born Dealer**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Mike Brewer: Born Dealer** A visit to a car show inspires Mike to organise his own event.
- 9.00 **Roadworthy Rescues** Derek and Dave Chappelle find an old Chevy dually in rural Kentucky.
- 10.00 **James May and the Dull Men** James invents a homemade solution for potholes.
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Mike Brewer: Born Dealer**
- 1.00 AM **Richard Hammond's Big**
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.10 AM **Blue Moon** As 1.30am.
- 8.05 PREMIERE **Roofman** (2025)
- 10.25 **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★
- 1.25 PM **The Bad Guys 2** Animation. (2025, PG) ★★★★
- 3.25 **Caught Stealing** As 3.20am.
- 5.20 **Nobody 2** Comedy thriller. (2025, 15, 89min) ★★★
- 7.00 **Final Destination: Bloodlines** Supernatural horror thriller. (2025, 15, 110min) ★★★★

9.00 Roofman

Final Destination: Bloodlines (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 PREMIERE Roofman Comedy drama starring Channing Tatum and Kirsten Dunst. A fugitive hides in a toy shop while on the run from the police, and gets into a relationship with a female employee. (2025, 15, 126min) ★★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.15 **Weapons** Horror starring Julia Garner, Amy Madigan, Josh Brolin and Alden Ehrenreich. (2025, 18, 128min) ★★★★★
- 1.30 AM **Blue Moon** Biographical drama starring Ethan Hawke. (2025, 15, 100min) ★★★★
- 3.20 **Caught Stealing** Comedy thriller starring Austin Butler. (2025, 15, 107min) ★★★★
- 5.20 **to 6.50** AM **Man Finds Tape** Horror starring Kelsey Pribilski. (2025, 15, 84min) ★★★★

Sky Cinema Box Set

303 303 403 503 517

- 6.05 AM **Look Who's Talking Now** Comedy. (1993, 12, 95min) ★
- 7.50 **Beverly Hills Cop** (1984)
- 9.40 **Beverly Hills Cop II** (1987)
- 11.25 **Beverly Hills Cop 3** (1994)
- 1.10 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
- 3.00 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
- 4.35 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
- 6.15 **Bridget Jones's Diary** Comedy. (2001, 15, 96min) ★★★★

6.15 Bridget Jones's Diary

8.00 Bridget Jones: The Edge of Reason Romantic comedy sequel based on the best-selling novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Bridget Jones's Baby Romantic comedy sequel starring Renée Zellweger and Colin Firth. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.05 AM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy and Judge Reinhold. (1984, 15, 105min) ★★★★
- 2.00 **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15) ★★★
- 3.50 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★
- 5.45 **to 8.00** AM **The Karate Kid** Martial arts adventure. (1984, 12, 127min) ★★★★

Sky Cinema Drama

310 310 410 510 524

- 7.05 AM **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
- 8.25 **Footloose** As 12.15am.
- 10.25 **Cicada** As shown at 4.35am.
- 12.10 PM **The Room Next Door** Pedro Almodovar's drama. (2024, 12, 102min) ★★★★
- 2.00 **A Mistake** Medical drama. (2024, 15, 101min) ★★★
- 3.50 **Darkest Hour** Period drama. (2017, PG, 122min) ★★★
- 6.00 **Footloose** Teen dance drama starring Kevin Bacon and Lori Singer. (1984, 12, 107min) ★★★
- 8.00 **Chicago** Oscar-winning screen version of the Broadway musical, with Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
- 10.00 **The Bodyguard** Romantic thriller with Kevin Costner and Whitney Houston. A bodyguard falls in love with the singer-actor he has been assigned to protect. (1992, 15, 129min) ★★★
- 12.15 AM **Footloose** Teen dance drama remake starring Kenny Wormald. (2011, 12, 113min) ★★★
- 2.15 **The Survivor** Fact-based drama starring Ben Foster. (2021, 15, 129min) ★★★★
- 4.35 **to 6.20** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 7.00 AM **Arrival** Sci-fi drama. (2016, 12, 116min) ★★★★★
- 9.00 **Lovely, Dark, and Deep** (2023)
- 10.40 **AfrAld** As shown at 3.50am.
- 12.15 PM **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
- 2.05 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
- 4.30 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
- 6.00 **Salem's Lot** Horror based on Stephen King's novel, starring Lewis Pullman and Makenzie Leigh. (2024, 15, 109min) ★★★
- 8.00 **Annabelle** Horror spin-off from *The Conjuring*, starring Annabelle Wallis and Ward Horton. A couple are attacked by members of a satanic cult, who transform a vintage doll into a monster. (2014, 15, 97min) ★★
- 9.45 **Annabelle: Creation** Horror with Anthony LaPaglia and Samara Lee. (2017, 15, 109min) ★★★
- 11.40 **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
- 1.50 AM **28 Days Later** Horror. (2002, 18, 113min) ★★★★
- 3.50 **AfrAld** Horror. (2024, 15) ★★
- 5.20 **Sky Cinema Preview**
- 5.45 **to 7.20** AM **Aeon Flux** Sci-fi thriller. (2005, 15, 93min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.15 AM **Super Charlie** Animation. (2025, PG, 82min) ★★★
7.45 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
9.20 **Dog Man** (2025, U) ★★★★
10.55 **The SpongeBob Movie...**
12.30 PM **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG) ★★★★
2.20 **A Dog's Purpose** (2017) ★★★
4.05 **Paddington in Peru** (2024)
6.00 **The Hobbit: The Desolation of Smaug** As show at 2.30am.

8.55 Smallfoot

8.55 **Smallfoot** Animated adventure featuring the voice of Channing Tatum. An epic journey ensues when a Yeti stumbles across a human being – but is banished from his snowy home. (2018, U, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The SpongeBob Movie: Sponge Out of Water** Animated comedy. (2015, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Paddington in Peru** Comedy adventure sequel. (2024, PG, 106min) ★★★★
2.30 **The Hobbit: The Desolation of Smaug** Fantasy adventure. (2013, 12, 161min) ★★★★
5.15 **to 6.50** AM **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel. (2010, U, 82min) ★★

Sky Cinema Action

306 306 407 507 521

6.00 AM **The Patriot** Epic drama. (2000, 15, 167min) ★★★
8.50 **Jurassic World: Fallen Kingdom** (2018, 12) ★★★
11.00 **Demolition Man** Sci-fi thriller. (1993, 15, 114min) ★★★
1.05 PM **Batman** Adventure. (1989, 15, 121min) ★★★★
3.15 **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
5.50 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★

5.50 ...the Last Crusade

8.00 **Spider-Man: No Way Home** Comic-book adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. With Zendaya, Benedict Cumberbatch, Willem Dafoe and Jamie Foxx. (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Twister** Disaster movie starring Helen Hunt, Bill Paxton and Jami Gertz. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
2.30 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
4.35 **to 6.30** AM **The Italian Job** Crime thriller inspired by the classic 1960s caper film. (2003, 12, 110min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
8.45 **Just Go With It** Romantic comedy. (2011, 12, 117min) ★
10.45 **Spanglish** Comedy drama. (2004, 12, 131min) ★★★
1.00 PM **Ferris Bueller's Day Off** Comedy. (1986, 12) ★★★★
2.55 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.40 **Liar Liar** (1997, 12) ★★★★
6.15 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★

9.55 Miss Congeniality 2

8.00 **Miss Congeniality** Comedy starring Sandra Bullock as a tomboyish FBI agent who receives a radical make-over in order to go undercover at a beauty contest. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel with Sandra Bullock. FBI agent Gracie Hart becomes a celebrity, until the kidnapping of her friend reawakens her crime-fighting instincts. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
1.35 AM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
3.20 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
5.05 **to 6.50** AM **The Hangover Part III** Dark comedy sequel. (2013, 15, 100min) ★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **Murder by Numbers** Thriller with Sandra Bullock. (2002, 15, 120min) ★★★
9.25 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
12.05 PM **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
1.50 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
3.50 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
5.50 **Ocean's Twelve** Thriller sequel. (2004, 12, 125min) ★★★★

10.00 Sleepers

8.00 **RocknRolla** Guy Ritchie's crime comedy thriller starring Gerard Butler and Tom Wilkinson. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. With Thandie Newton and Mark Strong. (2008, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Sleepers** Fact-based drama starring Kevin Bacon, Robert De Niro, Dustin Hoffman, Jason Patric and Brad Pitt. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Hannibal** Chiller sequel to *The Silence of the Lambs*. (2001, 18, 131min) ★★★
2.45 **Speak No Evil** As 1.50pm.
4.40 **to 6.20** AM **The Gentleman** Thriller. (2025, 15, 89min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Anne of the Thousand Days** Historical drama. (1969, PG, 145min) ★★★
1.55 PM **Stagecoach** Western remake starring Ann-Margret. (1966, PG, 114min) ★★
4.10 **Tobruk** World War Two adventure with Rock Hudson. (1967, PG, 110min) ★★★
6.25 **Battleship** Sci-fi action adventure with Taylor Kitsch. (2012, 12, 126min) ★★★

6.25 Battleship

Battleship (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Independence Day** Sci-fi adventure starring Will Smith, Bill Pullman and Jeff Goldblum. The US president, a computer genius and a fighter pilot lead the fight against an alien invasion. (1996, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.50 **Vesper** Sci-fi adventure starring Raffiella Chapman and Eddie Marsan. Vesper and her father struggle to survive on the edge of a city, until they meet a woman who promises to change their lives. (2022, 15, 114min) ★★★★
2.05 **to 4.00** AM **Stuber** Action comedy with Dave Bautista. (2019, 15, 93min) ★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.50 AM **Aisha** As shown at 4.20am.
8.30 **May December** As 12.20am.
10.30 **A Different Man** Psychological thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★
12.30 PM **About a Boy** Comedy drama starring Hugh Grant. (2002, 12, 101min) ★★★★
2.15 **I, Tonya** Biopic starring Margot Robbie. (2017, 15, 119min) ★★★★
4.15 **Exhibiting Forgiveness** (2024)

6.15 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
8.00 **A Star Is Born** Music drama starring Lady Gaga and Bradley Cooper, who also directed. (2018, 15, 136min) ★★★★★
10.20 **Promising Young Woman** Thriller starring Carey Mulligan. A medical-school dropout traumatised by a tragic event in her past seeks vengeance against those who crossed her path. (2020, 15, 113min) ★★★★

12.20 AM **May December** Drama starring Natalie Portman, Chris Tenzis and Julianne Moore. (2023, 15, 117min) ★★★★
2.20 **Exhibiting Forgiveness** Drama. (2024, 15, 117min) ★★★
4.20 **to 6.00** AM **Aisha** Drama. (2022, 12, 94min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.35 AM **Two Mules for Sister Sara** Comedy Western set in Mexico. (1969, 15, 114min) ★★★
8.30 **Jerry Maguire** As 12.00m't.
10.50 **Love Story** As 4.20am.
12.35 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.20 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★

4.05 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
5.45 **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
8.00 **Escape to Victory** World War Two drama starring Sylvester Stallone and Michael Caine. (1981, PG, 111min) ★★★
10.00 **Little Women** Screen version of Louisa May Alcott's classic tale, starring Winona Ryder, Susan Sarandon and Gabriel Byrne. (1994, U, 114min) ★★★

12.00 M'T **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
2.20 AM **The Krays** Crime drama. (1990, 18, 119min) ★★★
4.20 **to 6.05** AM **Love Story** Romantic melodrama. (1970, PG, 100min) ★★★★

Sky Cinema Animation

312 315 405 500 514

7.20 AM **The Amazing Maurice** Animation. (2022, PG) ★★★★
9.00 **The Secret Life of Pets 2** Animated comedy adventure sequel. (2019, U, 86min) ★★★
10.35 **Deep Sea** As shown at 9.15pm.
12.35 PM **Boonie Bears: Guardian Code** As shown at 12.50am.
2.20 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★

4.00 **Mr Peabody & Sherman** Animated family comedy. (2014, U, 97min) ★★★★
5.40 **DC League of Super-Pets** Animated comedy adventure. (2022, PG, 105min) ★★★
7.40 **Extinct** Animated adventure featuring the voices of Adam Devine and Rachel Bloom. (2021, U, 84min) ★★★
9.15 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
11.15 **Pets on a Train** Animation. (2025, PG, 87min) ★★★

12.50 AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min) ★★★
2.40 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
4.15 **Into the Wonderwoods** Animation. (2024, U) ★★★
5.45 **to 7.25** AM **Riverdance: The...**

Disney+ Cinema

305 305

8.00 AM **Finding Nemo** Animated family comedy adventure. (2003, U, 104min) ★★★★★
9.40 **George of the Jungle** Family comedy adventure. (1997, U, 92min) ★★
11.15 **Hannah Montana: The Movie**
1.00 PM **Flubber** Fantasy comedy. (1997, U, 94min) ★★★
2.35 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★

4.30 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
6.55 **Percy Jackson & the Lightning Thief** Fantasy adventure starring Logan Lerman. (2010, PG, 114min) ★★★
9.00 **The East** Political thriller starring and co-written by Brit Marling. (2013, 15, 111min) ★★★★
10.55 **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★

12.25 AM **Let's Be Cops** Comedy. (2014, 15, 101min) ★★
2.15 **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★
4.10 **Hannah Montana: The Movie** Teen musical comedy spin-off. (2009, U, 98min) ★★★
5.50 **to 6.00** AM **Bao**

Talking Pictures

328 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **Web of Suspicion** Crime drama. (1959, b/w, PG, 70min) ★★★
7.50 **Impact** Mystery thriller. (1949, b/w, PG, 111min) ★★★
10.05 **A Matter of Murder** Drama. (1949, b/w, PG, 59min) ★★★
11.15 **The History of Mr Polly** Comedy adapted from HG Wells' novel. (1949, b/w, U, 95min) ★★★★
1.15 PM **Adventures of William Tell**

1.45 **La Fin du Jour** French drama. (1939, b/w, PG, 99min) ★★★
3.55 **Adventures of a Free Soul**
5.00 **Look at Life**
5.10 **Indiscretion of an American Wife** Drama. (1954, b/w, PG) ★
6.25 **Whiplash** 10/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder**
9.00 **PREMIERE** **Murders on Aix Island** French mystery. Subtitled. (2017, 15, 92min) ★★★
10.50 **Accident** Psychological drama. (1967, PG, 105min) ★★

12.55 AM **Budgie** 13/13. (S2)
1.55 **Clash by Night** Thriller. (1963, PG, 76min) ★★★
3.25 **A Gunman Has Escaped** Drama. (1948, b/w, PG, 53min) ★★★
4.30 **Target: The Corruptors**
5.30 **to 6.00** AM **The Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
3.00 PM LIVE **IPL** **Chennai Super Kings v Kolkata Knight Riders.** Coverage of the T20 match staged at the M. A. Chidambaram Stadium. The visitors won this meeting last year in a low-scoring match that saw Kolkata win by eight wickets.
7.00 **Gillette Labs Soccer Special**
7.30 LIVE **EFL** **Portsmouth v Ipswich Town.** Coverage of the Championship match staged at Fratton Park. Both teams are in need of the points for differing reasons, with Pompey battling against relegation and the Tractor Boys competing for promotion. Ipswich claimed a 2-1 win in September's reverse fixture thanks to goals from Jadon Philogene and George Hirst. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **MNF Hlts** Manchester United v Leeds United.
12.30 PM **FNF** West Ham United v Wolverhampton Wanderers.
1.00 **Premier League Highlights** Action from Brentford v Everton. **1.30** Highlights from Burnley v Brighton & Hove Albion. **2.00** Highlights from Nottingham Forest v Aston Villa. **2.30** Action from Crystal Palace v Newcastle United at Selhurst Park.
3.00 **SNF** Liverpool v Fulham.
3.30 **Premier League Highlights** Sunderland v Tottenham Hotspur. **4.00** Chelsea v Manchester City.
4.30 **MNF Hlts** Manchester United v Leeds United from Old Trafford.
5.00 **The Premier League Show**
7.00 **Gillette Labs Soccer Special**
10.30 **Match Officials Mic'd Up**
11.00 **Netbusters** Recent action.
11.30 **Premier League Review**
12.30 AM **Match Officials Mic'd Up**
1.00 **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Best Premier League Goals: Arsenal**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2020/21 play-offs.
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **SPFL Round-Up**
12.15 PM **SPFL Highlights**
12.30 **Bundesliga Highlights Show**
1.30 **EFL League One Goals**
2.00 **EFL League Two Goals**
2.30 **EFL Highlights** Championship.
3.00 **SPFL Round-Up**
3.15 **SPFL Highlights**
3.30 **EFL Highlights**
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights**
6.00 **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights** Championship.
7.30 LIVE **EFL** **Portsmouth v Ipswich Town.** The Championship match at Fratton Park. Kick-off **8.00pm**.
10.30 **SPFL Round-Up**
10.45 **SPFL Highlights**
11.00 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **There's Only One Sauzee**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
7.00 **IPL** A chance to see Sunrisers Hyderabad v Rajasthan Royals.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM LIVE **IPL** **Chennai Super Kings v Kolkata Knight Riders.** Coverage of the T20 match at M. A. Chidambaram Stadium. The visitors won this meeting last year in a low-scoring match that saw Kolkata win by eight wickets. Chennai could only make 103-9 in their 20 overs with Sunil Narine taking 3-13 in his four overs for the Knight Riders. In reply, Narine led the way with a quick-fire 44 from 18 balls as the visitors chased down their target in just over 10 overs.
7.00 **Best of ICC WT20**
8.00 **IPL** Action from Sunrisers Hyderabad v Rajasthan Royals. **9.00** Highlights of Chennai Super Kings v Kolkata Knight Riders.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Chennai Super Kings v Kolkata Knight Riders staged at M. A. Chidambaram Stadium.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **School of Golf** Expert advice.
9.00 **Best of the Open Zone 2023**
9.30 **The Masters** The fourth round.
11.00 **Best of the Open Zone 2024**
12.00 NOON **The Improvers**
12.30 PM **The Golf Fitness Show**
1.00 **Nick Dougherty's Winter Tee Time Tips 2022**
2.00 **Golf Academy** Expert advice.
3.00 **Playing Lessons**
4.00 **Best of the Open Zone 2018**
5.00 **Best of the Shot Centre**
5.30 **Best of the Open Zone 2022**
6.00 **Chronicles of a Champion Golfer** A profile of Rory McIlroy.
6.30 **The Masters** The fourth and final round held at Augusta National.
8.00 **Scotland's Greatest Golf Holes**
9.00 **The Big 5 Roundtable**
11.00 **The Masters** The fourth round.
12.30 AM **Golf Academy**
1.30 **Best of the Open Zone**
3.30 **Nick Dougherty's Tee Time Tips**
4.00 **Chronicles of a Champion Golfer** Profiles of leading players.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
8.00 PM LIVE **WTA Tennis** The Stuttgart Open and Rouen Open at Porsche-Arena and Kindarena Sports Complex respectively.
10.00 **ATP Tennis** Monte-Carlo Masters.
11.00 **WTA Tennis** Linz Open final.
12.00 M'T **ATP Tennis** Highlights from the Monte-Carlo Masters final.
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Features**
7.30 **Serie A** Highlights from Italy.
9.30 **UEFA Europa League & Conference League Magazine**
10.30 **UEFA Champions League**
11.30 **Sign Up – Into Football**
12.15 PM **The Gruppetto**
12.30 **Cycling** Paris Roubaix.
2.30 LIVE **Men's Cycling Pro Series** O Gran Camino first stage.
4.30 **Race Bikes** Mountain Bike racing.
5.00 **The Gruppetto** Cycling news.
5.15 **Playing for Our Future**
5.30 **Premier League: Big Interview**
6.00 **Premier League Netbusters**
6.30 **Match Officials Mic'd Up**
7.00 **Premier League Stories**
7.30 LIVE **UEFA Champions League** **Atletico Madrid v Barcelona.** Coverage of the quarter-final second-leg from Riyadh Air Metropolitano. Kick-off **8.00pm**.
10.30 **UEFA Champions League**
11.00 **MLB Lead Off** A look ahead.
11.30 LIVE **MLB** **Philadelphia Phillies v Chicago Cubs.** Coverage of the National League match held at Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **MLB Closer** A look back.
3.00 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **Motocross World Championship** In Sardinia, Italy.
9.00 **Premier League Review**
10.00 **Beacon of Hope – The Grenfell Athletic Story**
11.00 **True Grit** Speedway.
12.00 NOON **WRC Review**
1.00 PM **MLB Highlights**
2.00 **UEFA Europa League & Conference League Magazine**
3.00 **UEFA Champions League**
4.30 **Premier League Review**
5.30 **UEFA Europa League & Conference League Magazine**
6.30 **UEFA Champions League Magazine** News and highlights.
7.00 **The Cycling Show**
7.30 **Race Bikes** Mountain Bike racing.
8.00 **Marathons** Action from Paris.
9.00 **Rolex SailGP Championship**
10.00 **MLB Highlights**
11.00 **MLB Lead Off** A look ahead.
11.30 LIVE **MLB** **Philadelphia Phillies v Chicago Cubs.** Coverage of the National League match staged at Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **MLB Closer** A look back.
3.00 **Premier League Review**
4.00 **to 6.00** AM **International T20 Cricket Highlights**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Buffalo Bills v Kansas City Chiefs.
4.00 **Super League Highlights**
5.00 **NFL Highlights** Pittsburgh Steelers v Green Bay Packers.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NBA Basketball** Minnesota Timberwolves v Phoenix Suns.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights** Chicago Bears v Green Bay Packers staged at Soldier Field. **10.45** Highlights from Jacksonville Jaguars v Buffalo Bills staged at EverBank Stadium.
11.00 **NFL Highlights** Kansas City Chiefs v Washington Commanders.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
2.00 **Super League** A chance to see Wigan Warriors v Leigh Leopards.
4.45 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
7.35 PM LIVE **EFL** **Huddersfield Town v Cardiff City.** Coverage of the League One match at Accu Stadium. Yousef Salech scored twice in a 3-2 victory for the Bluebirds when these sides faced each other at Cardiff City Stadium in December, which at the time put them top of the table. Kick-off **7.45pm**.
9.45 **EFL Greatest Games** Highlights of Derby County v Nottingham Forest from 2014/15.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Aston Villa v Sheffield United in 2018/19. **12.15** AM Leeds United v Derby County from the 2018/19 season. **12.30** Charlton Athletic v Doncaster Rovers from 2018/19.
12.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent T20 highlights.
8.00 **WTA & ATP Tennis**
10.00 **The Masters** The fourth round.
11.30 **EFL Greatest Games**
12.00 NOON **IPL** T20 highlights.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **WTA Tennis** Linz Open final.
5.00 **IPL** Recent T20 highlights.
6.00 **Premier League Darts** Action from the 10th night in Brighton.
10.00 **IPL** Action from Chennai Super Kings v Punjab Kings in Chennai. **11.00** Action from Delhi Capitals v Mumbai Indians in Delhi.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA Tennis** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Cycling** Paris Roubaix.
8.00 **Isuzu UTE A-League Highlights**
8.30 **WRC Review** Rally Croatia.
9.30 **Fishing: On the Bank**
10.30 **Classic Premier League**
12.30 PM **Premier League Stories**
1.00 **Serie A** Highlights from Italy.
3.00 **Fishing: On the Bank**
4.00 **MLB Highlights**
5.00 **Motocross World Championship**
8.00 **MotoGP Films** Documentary.
8.30 **Isuzu UTE A-League Highlights**
9.00 **Fight Week** UFC 327 review.
9.30 **Premier League Reload**
9.45 **The Gruppetto** Cycling news.
10.00 **Men's Cycling Pro Series** The first stage of the O Gran Camino.
11.00 **Cycling** Men's Paris Roubaix. **12.00** M'T Highlights from the Women's Paris Roubaix.
1.00 AM **UEFA Champions League** Atletico Madrid v Barcelona.
2.00 **UEFA Europa League & Conference League Magazine**
3.00 **to 6.00** AM **Motocross World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Four match replays.
12.00 NOON **Isuzu UTE A-League** Highlights from Central Coast Mariners v Brisbane Roar. **1.00** PM Highlights from Auckland FC v Melbourne Victory. **2.00** Highlights from Newcastle Jets v Adelaide United. **3.00** Action from Western Sydney Wanderers v Sydney FC. **4.00** Highlights from Melbourne City v Wellington Phoenix. **5.00** Action from Perth Glory v Macarthur Bulls.
6.00 **AFL** A chance to see Hawthorn Hawks v Western Bulldogs. **7.30** Another chance to see Geelong Cats v West Coast Eagles. **9.00** A chance to see GWS Giants v Richmond Tigers. **10.30** A replay of Port Adelaide Power v St Kilda Saints.
12.00 M'T **UFC Reloaded**
5.00 **to 6.00** AM **Formula E Flashback**

Premier Sports 1

419 551

6.00 AM **Motorsport** Drew Gibson.
7.00 **LaLiga** Levante v Getafe.
9.00 **NASCAR Highlights**
10.00 **Eredivisie Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
1.30 PM **Champions Cup Show**
2.00 **NHL on the Fly**
3.00 **Champions Cup Highlights**
4.00 **LaLiga** Celta Vigo v Real Oviedo.
5.55 LIVE **Swedish Hockey League** Coverage from the fourth game of a semi-final.
8.30 **Champions Cup Show**
9.00 **Scottish Football Social Club**
10.00 **LaLiga Match Highlights**
11.00 **NHL Ice Hockey** Edmonton Oilers v Colorado Avalanche.
1.00 AM LIVE **NHL Ice Hockey** **Minnesota Wild v Anaheim Ducks.** Coverage of the Western Conference match from Grand Casino Arena. Face-off **1.00am**.
4.00 **NHL Specials** Florida Panthers.
4.30 **to 6.00** AM **NHL Ice Hockey**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **NASCAR Trucks**
9.30 **Bike World** Magazine.
10.00 **Temples of Sport**
10.30 **Argentine Primera**
12.30 PM **Challenge Cup**
2.30 **Temples of Sport**
3.00 **Brasileiro Serie A**
5.00 **Temples of Sport**
5.30 **LaLiga** Osasuna v Real Betis. **7.30** Mallorca v Rayo Vallecano.
9.30 **Temples of Sport**
10.00 **NHL Ice Hockey** Tampa Bay Lightning v Detroit Red Wings.
12.00 M'T LIVE **NHL Ice Hockey** **Boston Bruins v New Jersey Devils.** Coverage of the Eastern Conference match from TD Garden. Face-off **12.00m't**.
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** **Vancouver Canucks v Los Angeles Kings.** Coverage of the Western Conference match from Rogers Arena. Face-off **3.00am**.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **The F1 Show** Race preview.
11.00 **Oscar Piastri Drives a Supercar**
11.15 **Formula 1** Australian Grand Prix.
1.30 PM **Ted's Notebook**
2.00 **Formula 1** From Australia.
4.00 **Ted's Notebook**
4.30 **Formula 3** Australian Grand Prix.
5.30 **Formula 2** From Australia.
7.00 **GT World Challenge Europe**
9.00 **Indycar** Alabama Grand Prix.
10.00 **Formula 1** Japanese Grand Prix.
11.00 **Indycar** Alabama Grand Prix.
12.00 M'T **Formula 1** From Japan.
1.00 AM **Best of Australia & China**
2.00 **F1 Explained** The inner workings.
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Wednesday

15 April

Evening Planner

Football

Champions League
TNT Sports & HBO Max, kick-offs 8pm
Arsenal take on Sporting Lisbon at the Emirates Stadium, while Harry Kane's Bayern Munich face Real Madrid.

Documentary

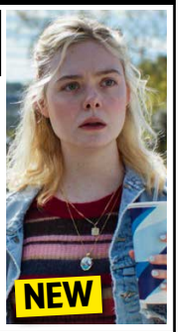
Grayson Perry Has Seen the Future
C4, 9pm
The artist heads to California to see how tech industries are shaping our future.

Medical Drama

Doc
Sky Witness, 9pm
The second season resumes. The search for Amy's hacker steps up a significant gear when the hospital calls in the FBI.

OnDemand

Margo's Got Money Troubles
Available today
Elle Fanning stars as a pregnant college dropout who needs to support herself.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Ambulance		10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 Great British Menu		8.00 Digging for Britain		9.00 Michael Jackson: An American Tragedy		10.00 Twenty...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Celebrity Lingo	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa		10.15 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Help! I Bought It at Auction with...		9.00 Grayson Perry Has Seen the Future		10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 Call the Bailiffs: Time to Pay Up		8.00 Warship: Life in the Royal Navy		9.00 Missed Call		10.00 A&E After Dark	
	106 SKY ONE	7.00 The Simpsons		8.00 Joe Lycett's United States of...		9.00 The 'Burbs		10.00 James Acaster: Hecklers Welcome	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 The Apprentice		10.00 Ashley Cain: Into the Danger Zone	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 What Are UFOs?		9.00 Building Britain's Biggest Nuclear...		10.00 This Life	
	118 ITV2	‹ 6.55 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Grand Designs		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Doc		10.00 Matlock	
	108 SKY ATLANTIC	‹ 6.45 House of the Dragon				9.00 The White Lotus		10.15 Euphoria	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's 2018 New World Order	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 McDonald & Dodds	
	120 ITV4	7.00 American Pickers		8.00 Junk & Disorderly		9.00 Film: Never Say Never Again			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Sister Boniface Mysteries		10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 NCIS: Sydney		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Jack B Yeats: The Man Who Painted Ireland			9.15 My Week with Guerrilla Girls		10.15 Welcome to the Eighties
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Annika			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Truck Dynasty	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaska Gold Diggers	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Decoding History's Prophecies		9.00 Drain the Titanic: A Ship Reborn		10.00 Back to the Titanic	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 The Curse of Oak Island				10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Tropic of Cancer with Simon Reeve		8.00 Train Truckers		9.00 David Jason's Great British Inventions		10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	‹ 6.55 The Yogurt Shop Murders		8.00 David Holmes: The Boy Who Lived				10.00 The Two Escobars	
FILMS - Sky Cinema	301 PREMIERE	‹ 6.45 Superman				9.00 Weapons			
	302 5 STAR MOVIES	‹ 6.00 Dunkirk		8.00 Gravity			9.35 Captain Phillips		
	303 BOX SET	‹ 5.55 Spider-Man		8.00 Spider-Man 2				10.10 Spider-Man 3	
	307 GREATS	‹ 6.20 Mad Max		8.00 Mad Max 2			9.40 Mad Max Beyond Thunderdome		
	312 ANIMATION	7.05 Fireheart			8.40 The Ogglies			10.10 Pets on a Train	
	304 FAMILY	‹ 6.00 Stuart Little	7.40 Stuart Little 2			9.15 Stardust			
	306 ACTION	‹ 5.55 Indiana Jones and the Kingdom of...		8.00 Kong: Skull Island				10.00 Mission: Impossible – The Final...	
	308 COMEDY	‹ 6.15 Little Fockers		8.00 Love Actually				10.15 Hope Springs	
	309 THRILLER	‹ 6.20 Drop		8.00 Juror £2				10.00 Eye in the Sky	
	310 DRAMA	‹ 5.50 The Bodyguard		8.00 A Star Is Born					10.25 Coach Carter
	311 SCI-FI	‹ 6.20 Zombieland		8.00 Cloverfield			9.35 10 Cloverfield Lane		
	313 FILM4	‹ 6.40 Von Ryan's Express				9.00 Violent Night			
SPORT	401 MAIN EVENT	7.00 Tennis – Live: The WTA Stuttgart Open and WTA Rouen Open						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 Match Officials...	8.00 PL Review		9.00 PL Stories	9.30 Netbusters	10.00 PL Review	
	403 FOOTBALL	7.00 EFL Highlights			8.30 EFL Goals		9.30 Bundesliga Highlights Show		10.30 EFL Highlights
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Arsenal v Sporting Lisbon (Kick-off 8.00)							10.30 UEFA Highlights
	411 TNT SPORTS 2	7.00 Match Officials...	7.30 UEFA Champions League – Live: Bayern Munich v Real Madrid (Kick-off 8.00)						10.30 UFC

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Farm 999** New edition (S)
11.15 **Homes Under the Hammer** New edition From Derbyshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition Two friends hunt for charity shop bargains in Carmarthen. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **I Made It at Market** New edition Catching up with digital artist Tasia and woodturner Shannon. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Ambulance

7 PM

7.00 **The One Show** Alex Jones and JB Gill present the topical show. (S)
7.30 **EastEnders** Paranoia takes it grip on Vicki, Priya continues to worry about Ravi, while Oscar puts Lauren and Max to the test. (S)(AD)

8 PM

8.00 **The Repair Shop** New edition The experts revive a powered wheelchair for playing football, handcrafted jewellery, a bagatelle board and a speedway flag that tells a Glaswegian love story. (S)(AD)

9 PM

9.00 **Ambulance** Series finale 6/6. Following the work of the ambulance service across Yorkshire. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Action from the quarter-final second-leg ties, including Arsenal v Sporting Lisbon at the Emirates Stadium and Liverpool v Paris Saint-Germain at Anfield. Plus, Bayern Munich v Real Madrid and Atlético Madrid v Barcelona. (S)
11.40 **Celebrity Bridge of Lies** 1/10. With Kriss Akabusi, Matt Baker, Sammi Kinghorn and Karenjeet Kaur-Bains. (S)(R)
12.25 AM **Blankety Blank** 1/9. Guests include Richard Ayoade, Alex Jones and Roisin Conaty. (S)(R)
1.00 **Weather for the Week Ahead** (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Great British Menu** (R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz. (S)(R)
2.30 **Lightning** Quiz show. (S)(R)
3.00 **Clive Myrie's Caribbean Adventure** Oracabessa Bay. (S)(R)
3.30 **Ancient Invisible Cities** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Bridgend, south Wales. (S)(R)
5.10 **Flog It!** From Barrow Hill Railway Heritage Centre, Derbyshire. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo takes a Shimikaze train to the Shima peninsula. (S)(AD)

10.00 Twenty Twenty Six

7.00 **Great British Menu** New edition The remaining three chefs from south west England cook their mains and desserts. The dishes are judged by award-winning veteran judge Simon Rogan. (S)(AD) ■ Continues tomorrow
8.00 **Digging for Britain** 2/4. Alice Roberts visits archaeological digs in the east of the country, where finds include Britain's biggest Roman letter hoard, sunken treasure and Caesar's Fort. (S)(R)(AD)
9.00 **Michael Jackson: An American Tragedy** New edition 2/3. This edition looks at the accusations made against the US pop star by a 13-year-old boy. (S)(AD) ■ Entire series on BBC iPlayer
10.00 **Twenty Twenty Six** New episode *Heat:* 2/6. Ian and the team deal with a newly published report on global heating. (S1) (S)(AD) ■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **Miriam Margolyes Made Me Me** Documentary following Simon Draper's attempt to make a podcast with Miriam Margolyes. (S)(R)(AD)
12.00 M'T **FILM Nowhere Special** Drama starring James Norton. (S) (2020, 12, 95min) ★★★★
1.35 AM **Sign Zone: Beyond Paradise** 3/6. A member of Margo's Morris team is targeted. (S4) (S)(R)(AD)
2.35 **Sign Zone: Pilgrimage: The Road to Holy Island** 1/3. (S)(R)(AD)
3.35 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with Katie Piper, Kiell Smith-Bynoe and Shaun Williamson trying to guess the familiar phrases. (S)(R)
2.00 **Dickinson's Real Deal** David Dickinson and his team head to Stoke-on-Trent. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant takes on the infamous Banker. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Celebrity Lingo

7.30 **Celebrity Lingo** New edition Adil Ray presents the word-based quiz show as Faye Tozer and Lee Latchford-Evans of Steps compete against comedian Russell Kane and TV presenter Will Best. (S)
8.00 **Emmerdale** Bear makes an admission, Jacob feels uncomfortable, and Lewis is intrigued. (S)(AD)
8.30 **Coronation Street** Todd finally speaks to the police to declare himself a victim of abuse. (S)(AD)
9.00 **I'm a Celebrity... South Africa** New edition 8/15. Ant and Dec host as memorable campmates from past series of *I'm a Celebrity... Get Me Out of Here!* compete. (S) ■ Continues tomorrow
10.15 **ITV News** (S)
10.50 **Local News** (S)
11.00 **The Real Unforgotten** 1/2. Detectives reinvestigate the 1981 death of Carol Morgan. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Tonight: Why Are We So Tired?** Why more than a third of UK residents feel tired. (S)(SL)(R)
3.25 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
4.25 **Unwind with ITV** (S)
5.35 **to 6.00** AM **How to Clean Up for Cash** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** (S2&3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 18-21/24. (S9) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** California. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker: Travels with Mum & Dad** 1/6. The presenter and his parents explore the north of England by caravan. (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** Jon and Carmen give their courtyard a facelift. (S)(R)
6.00 **Jasmine Harman's Renovation in the Sun** Panic starts to set in as Jasmine has to wait a week for her new kitchen to arrive. (S)(R)

9.00 Grayson Perry Has Seen the...

7.00 **News** (S)
8.00 **Help! I Bought It at Auction with Sarah Beeny** New edition In Herne Bay, Leezac hopes to create a modern home on a modest budget, while Alice literally hits a brick wall with her classic townhouse in Somerset. (S)
9.00 **NEW SERIES Grayson Perry Has Seen the Future** 1/2. The artist journeys to California on a mission to understand how Silicon Valley's booming tech industries are likely to significantly change the world, focusing on AI. (S)
10.00 **Gordon Ramsay's Secret Service** New edition The chef visits the Italian bistro Caffe Boa in Arizona, where he exposes the toxic working relationship between the owners. (S)
11.00 **The Copenhagen Test** New episode 7/8. Alexander finds himself on the run. (S) **12.05** AM Series finale 8/8. Parker discovers a secret message. (S1) (S) ■ Entire series on C4 streaming
1.00 **24 Hours in A&E** (S)(R)
1.55 **Kitchen Nightmares USA** (S)(R)
2.45 **FILM Heatwave** Thriller. (S)(SL) (2022, 15, 105min) ★★★
4.30 **Kirstie's House of Craft** (S)(R)
4.50 **George Clarke's Old House, New Home** From Somerset. (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Bargain-Loving Brits in the Sun** A woman who longs to relocate to Benidorm has a taste of what it would be like to live and work there. (S)(R)
4.00 In Torremolinos, Wayne Ward is busy preparing for his birthday party. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The work of the Ocean Conservation Trust in protecting seagrass. (S)
6.05 **Susan Calman's Grand Day Out** Exploring Hampshire. (S)(R)
6.55 **News** (S)

8.00 Warship

7.00 Call the Bailiffs: Time to Pay Up Documentary series following the work of enforcement agents. (S)(R)
7.55 News (S)

8.00 Warship: Life in the Royal Navy New edition 3/6. Kate Humble joins British Warship HMS *Dragon* and the crew of over 200 off the coast of Norway as the ship prepares for its next mission. (S)(AD)

9.00 Missed Call New episode 3/5. Sarah confronts Lieutenant Virginie Taylor about the similarities between Katie's disappearance and the earlier case of a local girl. (S1) (S)(AD)
■ Continues tomorrow

10.00 A&E After Dark A fire alarm causes chaos at Birmingham's Queen Elizabeth Hospital, forcing vulnerable patients and staff to evacuate. Meanwhile, a man is rushed in after a motorcycle accident. (S)(R)

11.05 Ambulance: Code Red A man sustains a serious leg injury after a forklift accident, and a woman is trapped in her car after a collision. (S)(R)(AD)
12.05 AM **Trauma Room One** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S3) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Whale with Steve Backshall** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 13/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 18/26. Part two of two. After giving birth, Pam has trouble getting her baby to breastfeed. (S)(R)
6.30 19/26. Dwight stirs things up when Jim returns from paternity leave, while Andy and Erin plan a first date. (S6) (S)(R)

9.00 The 'Burbs

7.00 The Simpsons *Bart the Mother:* Bart accidentally kills a bird with Nelson's pellet gun. (S)(R)
7.30 *When You Dish Upon a Star:* Homer befriends a group of holidaying Hollywood celebrities. (S)(R)

8.00 Joe Lycett's United States of Birmingham 1/4. The comedian visits cities in America and Canada with the same name as his home town. His road trip begins in New Jersey and Pennsylvania. (S)(R)(AD)

9.00 The 'Burbs New episode *A Nine on the Tension Scale:* 4/8. The annual block party brings big fun and bigger revelations, with rumours beginning to swirl through town. (S1) (S)(AD)

10.00 James Acaster: Hecklers Welcome A stand-up performance by the comedian in which he explores his love-hate relationship with performing by relinquishing control of his set and accepting a healthy dose of heckling. (S)(R)

11.30 **Grimm** 15/22. Nick and Hank encounter an insect-like Wesen that appears to feed off its bereaved victim's tears, leaving them blind. (S2) (S)(R)
12.30 AM **Police 24/7** Officers respond to reports of a man brandishing a gun. (S)(R)
1.30 **The Force: North East** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 11/23. (S2) (S)(R)
4.00 **S.W.A.T.** 13/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Debate Night (S)(R) **12.40am** Scotcast (S)(R) **1.10** Celebrity Bridge of Lies (S)(R) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm NEW Your Voice Live: Ask the Leaders (S) **9.30-10.00** Trace, Track, Get My Car Back (S)(R) **10.40** Ambulance Series finale (S) **11.40** MOTD: UEFA Champions League (S) **12.40am** Blankety Blank (S)(R) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Ronan Keating's Wild Atlantic (S)(R) **11.00** Twenty Twenty Six New episode (S)(AD) **11.30pm-12.00m't** Live at the Apollo (S)(R)

WALES
Sky 968, Freesat 968
7.00pm Great British Menu (S)(R)(AD) **8.00-9.00pm** The Repair Shop New edition (S)(AD)

ITV1

As main ITV1 except:
WALES
7.30-8.00pm NEW Wales Decides 2026 – The Interviews (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Dim Cwsg i Quinnell (AD) **12.30** Heno **1.00** Y Sioe Fwyd **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Pêl-Droed Rhyngwladol **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cegin Bryn: Y Dosbarth Meistr **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Nol o'r Dibyn gyda Iolo Williams New edition (AD) **8.55** Newyddion a'r Tywydd **9.00** Anfamol (AD) **9.30** Noson Lawen **10.30-11.35pm** Ysbyty

TV&Satellite week
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BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Dangerous predators in Florida. **7.30** A look behind the scenes of the wildlife show.
8.00 **Top Gear** Jeremy Clarkson and Richard Hammond debate which company has made the greatest number of exceptional vehicles.
9.00 **The Apprentice** 11/12. The final five candidates face a gruelling round of interviews.
10.00 **Ashley Cain: Into the Danger Zone** 1/6. The former footballer visits some of the world's most dangerous cities, beginning in the favelas of Rio, Brazil.
11.00 **Ashley Cain: Into the Danger Zone** 2&3/6.
1.00 AM **Sin City: The Real Las Vegas** 1/2. Documentary.
1.45 **Proper Ladies** Short film.
1.55 **Yaxlont** Comedy short.
2.10 **The Doghouse** Short film.
2.25 **Thames View** Animation.
2.40 **Glue** Animated sketch show.
2.55 **to 3.55** AM **Louis Theroux's LA Stories**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Fred Dibnah's Industrial Age** Fred explores the development of Britain's railway system.
7.30 **Canal Boat Diaries** A journey from Barton Swing Aqueduct to Liverpool Docks.
8.00 **What Are UFOs?** Exploring the mystery of strange flying objects in the sky.
8.50 **Talking Art** A look at favourite works by Cezanne.
9.00 **Building Britain's Biggest Nuclear Power Station** 2/2. The team create a flood defence system.
10.00 **This Life** 9/11. Warren's new-found lover calls it quits. **10.40** 10/11. Warren wallows in gloom. (S1)
11.20 **Catching History's Criminals: The Forensics Story** Murder weapons.
12.20 AM **Canal Boat Diaries**
12.50 **Fred Dibnah's Industrial Age** As shown at 7.00pm.
1.20 **Building Britain's Biggest Nuclear Power Station**
2.20 **to 3.20** AM **Catching History's Criminals**

MORE4

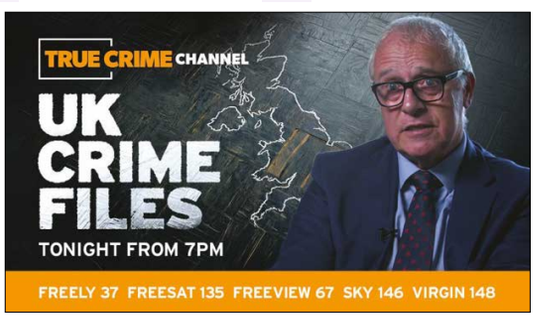
136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The B&B contest heads to Spain, starting at Vista Del Torcal in the Andalusian Mountains. **4.50** The second visit is to the Hotel la Tartana on Spain's Costa Tropical. **5.20** The third visit to the Queens Hotel in Benidorm. **5.50** The final visit is to the Almond Tree Villa in Murcia. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Phil Spencer catches up with two couples who struggled to find their first marital home.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer return to Edinburgh to visit Gary and Bill, who they helped in 2020.
9.00 **Grand Designs** A couple plan to make a family home out of an abandoned water tower in Northamptonshire.
10.00 **24 Hours in A&E** A 74-year-old man is brought into A&E after suffering a suspected stroke.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.40 **Rude(ish) Tube Shorts**
11.50 **First Dates**
12.50 PM **Ramsay's Kitchen Nightmares USA**
1.50 **The Simpsons**
2.50 **Modern Family**
3.20 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** Kristin Cavallari and Mario Lopez.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** The aftermath of the crash continues.
7.30 **Married at First Sight Australia** New edition The Couples' Retreat continues amid a sour atmosphere.
9.00 **Gogglebox** Opinions on *It's a Sin* and Snakes in the City. **10.05** James Corden's *Late Late Show* interview with Prince Harry is assessed.
11.05 **Celebrity First Dates**
12.10 AM **Naked Attraction**
1.10 **Married at First Sight Australia** As 7.30pm.
2.40 **Gogglebox**
3.35 **The Simpsons**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride**



Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 10&11/22. (S1)
1.00 PM **The Rookie** 6/22. Nolan and Celina look into a cash deposit linked to an old case. **2.00** 7/22. Nolan and Celina investigate a shooting. (S5)
3.00 **Law & Order: Criminal Intent** 7/23. A car bomb kills three brothers. (S4)
4.00 **Nothing to Declare**

9.00 Doc

7 PM **7.00** **Police 24/7** Police respond to a tip about a suspect hiding in a hotel, and a suspect's aunt gives advice to her nephew.

8 PM **8.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM **9.00** **SERIES RESUMES Doc** *Family Matters:* 11/22. The search for Amy's hacker steps up when the hospital brings in the FBI. (S2)

10 PM **10.00** **Matlock** *Tomorrow Is Still Tomorrow:* 3/16. The team take on a case involving rival restaurants.(S2)
11.00 **The Rookie** 4/20. (S1)
12.00 M'T **FBI** 7/22. (S1)
1.00 AM **Law & Order: Special Victims Unit** 2/22. (S26)
2.00 **FBI** New episode 11/22. (S8)
3.00 **Matlock** 19/19. (S1)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** (S1&2)
12.15 PM **Billions** 1&2/12. (S2)
2.25 **My Brilliant Friend** 7/8. (S1)
3.30 **Hacks** 4&5/9. (S3)
4.45 **Billions** 1/12. Chuck faces scrutiny from his office. **5.45** 2/12. Axe publicly spars with a rival manager, while Chuck looks for a case that may salvage his career. (S2)
6.45 **House of the Dragon** 3/8. Daemon arrives at Harrenhal to raise an army. (S2)

9.00 The White Lotus

7.55 **House of the Dragon** *The Red Dragon and the Gold:* 4/8. Rhaenys tries to keep the peace on the Black Council as Cole mounts a campaign into the Crownlands. (S2)

9.00 **The White Lotus** *That's Amore:* 5/7. Tanya and Portia embark on a whirlwind excursion with Quentin and Jack. (S2)

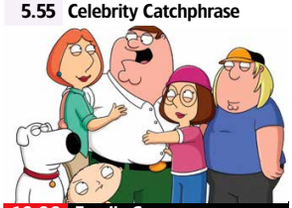
10.15 **Euphoria** 1/8. Drama following young people navigating the worlds of social networks, sex and drugs. (S3)
11.35 **House of the Dragon** (S2)
2.00 AM **Homicide: Life on the Street** 4/4. A phone-sex operator is murdered. (S2) **3.00** 1/20. A good Samaritan is found dead. (S3)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Georgia and Tommy**
9.05 **The Only Way Is Essex**
10.05 **Real Housewives of Atlanta**
11.00 **Real Housewives of New...**
12.00 NOON **Supermarket Sweep**
1.00 PM **I'm a Celebrity... South Africa** Reality series.
2.05 **Celebrity Catchphrase**
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
5.55 **Celebrity Catchphrase**



10.00 Family Guy

6.55 **I'm a Celebrity... South Africa** Ant and Dec host as the two new kings choose campmates to take on the trials.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Hell's Kitchen** New edition 9/16. The chefs cook at an event for Johnson and Wales University's anniversary.

10.00 **Family Guy** New episode 9/22. Quagmire dates a mystery woman. (S23) **10.30** 10/20. Stewie gets into politics. (S21)
10.55 **Family Guy** 4/20. Lois recalls a date with Peter that ended in disappointment. (S21)
11.25 **American Dad!** Double bill of the animation. (S12&17)
12.25 AM **Bob's Burgers** (S12)
1.25 **Deal or No Deal**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Country Matters:* A protest about proposals to build a supermarket lead to murder.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Love Child:* An adoption file goes missing after a break-in at council offices.

11.50 Lewis

6.55 **Heartbeat** *Nice Girls Don't:* Gina undergoes an ordeal that leaves her distressed by the attitude of the police and the locals.

8.00 **Midsomer Murders** *Shot at Dawn:* A new war memorial in Midsomer Parva stirs up an old feud between the Hammonds and their neighbours the Hickses, whose ancestor was shot for cowardice at the Somme. Guest stars Donald Sinden.

10.00 **McDonald & Dodds** *Clouds Across the Moon:* 4/4. A body is found in a grave in the shadow of Glastonbury Tor. (S3)
11.50 **Lewis** *Your Sudden Death Question.* Hathaway and Lewis look into a murder committed on the first night of a quiz weekend at Chaucer College. Guest stars Alan Davies.
1.45 AM **On the Buses**
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.10 **Boon**
10.15 **The Sweeney**
11.15 **BattleBots**
12.25 PM **Magnum, PI**
1.30 **LIVE Racing** Coverage of day two of the Craven Meeting from Newmarket, headlined by the Nell Gwyn Stakes.
4.00 **World of Sport**
4.20 **The Protectors**
4.50 **The Sweeney**
5.55 **Minder**

9.00 Never Say Never Again

7.00 **American Pickers** Mike Wolfe and Frank Fritz trawl junk yards, garages and barns for some precious items.

8.00 **Junk & Disorderly** Henry Cole, Allen Millyard and Guy Willison look to sell well at Stratford Racecourse.

9.00 **FILM Never Say Never Again** James Bond adventure starring Sean Connery. After stealing two US cruise missiles, crime syndicate SPECTRE holds the world to ransom, and only Agent 007 can save the day. (1983, PG, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **English Football League Highlights** Action from the midweek fixtures, including Portsmouth v Ipswich Town.
12.45 AM **Wrestling: AEW Collision**
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 2/7. The judges view properties in the Highlands and Islands.
8.00 **This Farming Life** New edition 8/12. King Charles pays a visit to Campbeltown's farmers market.
9.00 **Debate Night** Discussion on the big issues affecting Scotland and beyond.
10.00 **River City** New episode Amber's growing anxiety gets the better of her.
10.30 **Jules and Greg's Wild Swim** 3/6. Julie Wilson Nimmo and Greg Hemphill travel along the River Tay.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Scotland's Greatest Escape** A scenic flight over the Black Isle.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **The Chair Company**
10.15 **Upright** 3&4/8. (S2)
11.30 **American Auto** (S2)
12.30 PM **Will & Grace** (S8)
1.30 **The Chair Company**
2.45 **Upright** 3&4/8. (S2)
4.00 **Breeders** 1&2/10. (S3)
5.00 **Bloods** 3&4/6. (S1)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 6/13. Dean Pelton tries to find out why Chang has lost his memory. **8.30** 7/13. The students try to persuade a wealthy student to enrol. (S4)
9.00 **The Comeback** 4/8. US sitcom starring Lisa Kudrow. (S3)
9.40 **Kevin Hart: Reality Check** Stand-up show.
10.55 **Breeders** 1&2/10. (S3)
11.55 **Bloods** 3&4/6. (S1)
12.55 AM **Community** (S4)
1.55 **Upright** 3&4/8. (S2)
3.15 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **La Traviata**
8.10 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **André Rieu: Love Is All Around**
1.00 PM **Tales of the...**
2.00 **Painting Birds with Jim and Nancy Moir**
3.00 **Reinventing the Orchestra with Charles Hazlewood**
4.00 **Discovering**
5.00 **Portrait Artist 2013**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Jack B Yeats: The Man Who Painted Ireland**
9.15 **My Week with Guerrilla Girls**
10.15 **Welcome to the Eighties**
11.30 **Madness: Live at House of Common**
1.00 AM **Suggs: My Life Story**
3.00 **Unmuted**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **The Art Mysteries**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 23/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *Conspiracy:* 25/26. Picard hears rumours of a plot. (S1)
8.00 **Nothing to Declare**
9.00 **The Rookie** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Game show.
2.00 **Tenable** Quiz show.
3.00 **Wheel of Fortune** Game show hosted by Graham Norton.
4.00 **Riddiculous for Soccer Aid** With David James, Maisie Adam and Rickie Haywood-Williams.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Sonya tries to open the 22 red boxes in the right order for the chance to win big money.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Paul Merton: Driving Amazing Trains** The comedian takes charge of some of the world's most iconic locomotives.
8.00 **The Dog House** A wary stray Malinois arrives.
9.00 **Your Song**
10.00 **The Great Celebrity Bake Off for SU2C**
11.20 **Gogglebox** Double bill.
1.20 AM **The Disappearance of Jay Slater**
2.40 **24 Hours in Police Custody: The Cold Case Murder** 1&2/2.
4.35 **to 5.00** AM **Unreported World**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 14/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 15/26. (S7)
2.00 **Warehouse 13** 2&3/20. (S4)
4.00 **Stargate SG-1** 11/22. (S4)
5.00 **Star Trek: Voyager** (S3)
6.00 **Star Trek: The Next Generation** 14/26. Beverly succumbs to the charms of a mysterious stranger while attending a family funeral. (S7)

5.00 Star Trek: Voyager

7.00 **Star Trek: Deep Space Nine** *Badda-Bing, Badda-Bang:* 15/26. Senior staff become trapped in a Vegas crime caper. (S7)
8.00 **Stargate SG-1** *Point of No Return:* 11/22. O'Neill and the team are ordered to investigate a conspiracy theorist in Montana. (S4)
9.00 **Grimm** *La Llorona:* 9/22. Nick and Hank investigate when a child goes missing and uncover several similar cases.
10.00 **Grimm** *The Hour of Death:* 10/22. Nick discovers a fellow Grimm is killing monsters that have harmed humans. (S2)
11.00 **The Walking Dead** 10/13. Rick and Shane argue over how to deal with Randall, while Andrea helps Hershel's youngest daughter Beth make a crucial decision. (S2)
12.00 M'T **Warehouse 13** (S4)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 5/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 5/23. (S2)
5.00 **Hudson & Rex** 1/16. The lead singer of a local band is found dead. (S2)
6.00 **My Life Is Murder** 6/10. A bride dies on her wedding day from an allergic reaction to a bee sting. (S3)

9.00 NCIS: Sydney

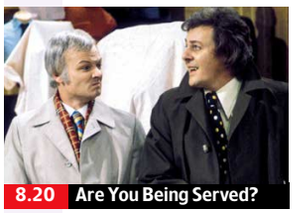
7.00 **Father Brown** *The Whistle in the Dark:* Father Brown must intervene when it appears that a dark spirit has murderous intent.
8.00 **Death in Paradise** *Serving Up Murder:* 3/8. A famous chef is poisoned at the grand opening of his latest hotel. (S13)
9.00 **NCIS: Sydney** Series finale *Blonde Ambition:* 8/8. JD's son Jack is kidnapped by an international assassin. (S1)
10.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man receives a strange voicemail from his wife. (S7)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S13)
1.00 AM **My Life Is Murder** (S3)
2.00 **Murdoch Mysteries** 20/24. On the eve of her exoneration, Ogden tackles a murder. (S16)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
9.00 **Are You Being Served?**
9.40 **Last of the Summer Wine**
11.00 **Ever Decreasing Circles**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**


8.20 Are You Being Served?

7.00 **Porridge** The inmates face a day of hard labour.
7.40 **Dad's Army** A major from Area HQ decides Corporal Jones is too old to be in the Home Guard.
8.20 **Are You Being Served?** Mr Grace spruces up the ladies' department with a much-needed lick of paint.
9.00 **Not Going Out** Lee is concerned when a death brings Tim and Kate closer. **9.40** A 20-year-old woman turns up and says Lee may be her father.
10.20 **Men Behaving Badly** Gary drowns his sorrows.
10.55 **Harry Enfield and Chums** Stan and Pam flash their cash in Spain.
11.35 **Not Going Out** Double bill.
12.50 AM **Men Behaving Badly**
1.25 **Harry Enfield and Chums**
2.00 **Keeping Up Appearances**
2.30 **Hi-de-Hi!**
3.00 **Ghosts**
3.30 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** Siberia's 'Road of Bones'.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Train Rescue Down Under**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers Everyday Gourmets** Party food.
6.00 **Rick Stein's Cornwall** Rick meets chef Tom Adams. **6.30** A visit to Launceston.

7.40 House of Games

7.00 **Would I Lie to You?** With Ruth Jones, Jason Manford, Jack Dee and Peter Serafinowicz.
7.40 **Richard Osman's House of Games** With Mark Watson and Raj Bisram. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.
9.00 **QI XL** Sandi Toksvig, Trevor Noah and Jason Manford join regular panellist Alan Davies and host Stephen Fry.
10.00 **Frankie Boyle's 2018 New World Order** The comedian and his guests tackle some of 2018's biggest news stories.
11.00 **Have I Got a Bit More News for You** With Helen Lewis.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? The Unseen Bits**
1.20 **Would I Lie to You?**
2.00 **QI XL** With Jo Brand.
2.50 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** The vets face a dilemma.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** The detectives are swamped with work.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Sister Boniface Mysteries

7.20 **Last of the Summer Wine** Foggy persuades Compo and Clegg to be part of his latest business venture – dog-walking.
8.00 **Father Brown** *The Cat of Mastigatus:* The sleuthing priest investigates when a girl is left for dead at a boys' school fete.
9.00 **Sister Boniface Mysteries** *Queen of the Kitchen:* 8/10. A bakery show contestant is poisoned by her own cake. (S1)
10.00 **New Tricks** *The War Against Drugs:* Brian enters an addiction centre run by monks to treat his alcoholism.
11.20 **Dalziel & Pascoe** *Ruling Passion:* Pascoe looks into the murder of three old friends.
1.20 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **Whitstable Pearl** 6/6. (S1)
3.10 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

Wednesday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 2-4/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Prime Suspect:* 17/24. Gibbs's barber suspects that his son may be a serial killer. **7.00** *Seek:* 18/24. The team investigate the death of a US Marine shot dead by a sniper. **8.00** *Squall:* 19/24. The team investigate the death of a navy doctor who died on board the USS *Borealis* during a heavy storm. (S10)
9.00 **Criminal Minds: Evolution** New episode *Contagion:* 2/10. The team probe the mind of serial killer Elias Voit aka Sicarius. (S17)
10.00 **Law & Order: Special Victims Unit** (S5)
1.45 AM **NCIS** 13/20. (S22)
2.35 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **Face/Off** Action thriller starring John Travolta and Nicolas Cage. An FBI agent has the face of a comatose terrorist grafted on to his own in order to assume the man's identity. (1997, 18, 133min) ★★★★
11.50 FILM **Rise of the Footsoldier Part II** Crime thriller sequel. (2015, 18, 111min) ★
2.00 AM **Police Interceptors**
3.40 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
12.00 NOON FILM **Night of the Grizzly** Western starring Clint Walker. (1966, PG, 102min) ★★
2.05 PM FILM **Johnny Reno** Western starring Dana Andrews, Jane Russell and Lyle Bettger. (1965, PG, 83min) ★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A car ploughs into a chemical tanker.
9.00 **Police Interceptors** Officers join the pursuit of car thieves armed with machetes.
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 4/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point** Triple bill.
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** Transforming a home in Hessle, East Yorkshire. **7.00** Adapting the Torquay home of a man with multiple sclerosis.
8.00 **999 Rescue Squad** A cyclist plunges down a cliff in a freak accident.
9.00 **Annika** 5/6. A man is thrown from a party boat. **10.05** 6/6. A young woman is murdered. (S1)
11.10 **Inside the Ambulance: Coast and Country**
12.10 AM **Katie Piper: Locked Up in Louisiana**
1.10 **DIY SOS: The Bigger Build Ireland**
2.00 **to 3.00** AM **Louis Theroux Interviews... Stormzy**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **True Evil: The Making of a Nazi** Adolf Eichmann.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **True Evil: The Making of a Nazi** Adolf Eichmann.
6.00 **Antiques Roadshow**
7.00 **Tropic of Cancer with Simon Reeve**
8.00 **Train Truckers**
9.00 **David Jason's Great British Inventions** Innovations that have transformed the home.
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **A Very British Murder with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** A model railway.
4.00 **Long Lost Family: What Happened Next**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** Items include asparagus serving tongs and an African birthing chair.
9.00 **Who Do You Think You Are?** Comedian Chris Ramsey traces his roots. **10.00** With football legend Gary Lineker.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 5-7/24. (S4)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** (S6)
4.10 **Down to Earth** (S1)
5.20 **Bramwell** 1/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 7/26. The 4077th feel the heat. **8.00** 8/26. Charles discovers his transport has been grounded. **8.30** 9/26. Charles becomes a celebrity. (S7)
9.00 FILM **Kindergarten Cop** Comedy thriller starring Arnold Schwarzenegger and Penelope Ann Miller. (1990, 15, 111 min) ★★★
11.30 **M*A*S*H** 7-9/26. (S7)
1.00 AM **Man About the House** 1/7. (S1)
1.30 **Home to Roost** (S4)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM FILM **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
10.55 **Tombstone Territory**
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM FILM **Black Water** Crime action thriller. (2018, 15, 104min) ★★
4.00 **The Persuaders!** (S1)
5.00 **The Avengers** (S5)
7.00 FILM **Hours** Thriller starring Paul Walker. (2013, 12, 93min) ★★
9.00 FILM **The Double** Crime thriller starring Richard Gere and Topher Grace. (2011, 12, 94min) ★★
11.00 FILM **Absolute Zero** Thriller starring Jeff Fahey and Erika Eleniak. (2005, 12, 87min) ★
12.55 AM **The Persuaders!**
1.55 **The Avengers** (S5)
3.45 FILM **Death Rides a Horse** Western. (1969, 15, 111 min) ★
5.35 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama. (2020, PG) ★★
10.05 **In Plain Sight** (S2)
11.05 **Castle** 15/22. (S8)
12.05 PM FILM **Morning Show Mysteries: Murder Ever After** (2021, PG) ★★
2.00 **Diagnosis Murder** (S6)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 16/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** (S3)
10.00 FILM **Chronicle Mysteries** Drama starring Alison Sweeney. (2021, PG, 85min) ★★
11.55 FILM **An Aurora Teagarden Mystery: Real Murders** Drama. (2015, PG, 90min) ★★
1.55 AM FILM **My Stepfather's Secret** Thriller. (2019, 12) ★★
3.20 **to 5.00** AM FILM **My Baby Gone** (2017) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **Fashionably in Love** Romantic comedy. (2023, PG, 87min) ★★
10.20 FILM **A Wish Come True** Drama. (2015, PG) ★★
12.25 PM FILM **Love on Repeat** Romance. (2019, PG, 81 min) ★★
2.15 FILM **Love By Chance** Comedy. (2016, PG) ★★
4.10 FILM **Right in Front of Me** Romantic comedy. (2021, PG, 84min) ★★
6.05 FILM **Love at First Dance** Romantic drama. (2018, U, 84min) ★★
8.00 FILM **Summer of Dreams** Comedy. (2016, PG, 90min) ★★
9.55 FILM **A Majestic Christmas** Drama. (2018, PG, 87min) ★★
11.55 FILM **Merry Kiss Cam** Romantic comedy. (2022, U, 89min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Summer of Dreams**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **Garden Rescue**
4.30 **New Home DIY**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden** Alan Titchmarsh and his team travel to Walsall to surprise a young widow.
8.00 **Garden Rescue**
10.00 FILM **Escort Girls** Drama starring Maria O'Brien and David Dixon. (1974, 18, 101 min) ★★
12.00 M'T FILM **Zeta One** Sci-fi comedy with James Robertson Justice. (1969, 18, 86min) ★★
1.45 AM **Real Thick Glasses**
2.00 **The Greatest Auction**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 17/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Gaffer** (S1)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 2/7. (S2)
1.40 **The Champions**
2.40 **Space 1999** 17/24. (S2)
3.45 **Hank the Cowboy** (S1)
4.00 **Tracing the Rails** (S1)
4.30 **Jack Hargreaves' Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 6/6. (S1)
6.30 **Agony** 2/7. (S2)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions** (S1)
9.00 **Drop the Dead Donkey**
10.00 FILM **Eskimo Nell** Comedy. (1974, 18) ★★
11.45 **The Man Who Made Husbands Jealous**
12.50 AM **Stereo Underground**
1.50 **The Rewind Jukebox**
2.50 **Britannia** Documentary.
3.35 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition The crew head to Maine to rescue a DIY project.
10.00 **Barnwood Builders** New edition The team head to the hills of Pocahontas County in West Virginia to create a hybrid timber frame structure.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie Oliver: Cooking for Less**
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Money Saving Meals** Double bill.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Money Saving Meals** Double bill.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Paul Hollywood: City Bakes** From Dublin.
10.00 **Jamie Oliver: Cooking for Less** Cheap dishes.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food with Casey Webb**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 22/22. (S6)
9.00 **T.J. Hooker** 13/22. (S2)
10.00 **Six Million Dollar Man**
11.00 FILM **George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
1.00 PM FILM **The Lost Continent** Fantasy. (1968, PG, 98min) ★★★
2.45 FILM **Zulu Dawn** Historical action drama. (1979, PG, 121 min) ★
5.00 **Star Trek** 9/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 14/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 FILM **Equilibrium** Sci-fi action thriller. (2002, 15, 107min) ★★★
11.10 FILM **Kickboxer: Retaliation** Thriller. (2018, 15, 110min) ★★
1.25 AM FILM **Code Name: Geronimo** Drama. (2012, 15, 96min) ★★
3.25 **to 5.15** AM FILM **Beware My Brethren** Thriller. (1972, 15) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Against a Crooked Sky** Western. (1976, PG, 85min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **Jules Verne's Mysterious Island**
2.00 PM FILM **Alien Convergence** Thriller. (2017, 15, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **Jules Verne's Mysterious Island**
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 3/23. (S4)
9.00 FILM **London Heist** Gangster thriller starring Craig Fairbrass and James Cosmo. (2016, 15, 95min) ★★
11.00 FILM **The Butterfly Effect** Sci-fi thriller with Ashton Kutcher. (2003, 15, 113min) ★★★
1.25 AM FILM **London Heist**
3.20 **Jules Verne's Mysterious Island**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **The UnBelievable**
10.00 **Paranormal: Caught on Camera**
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above** Map of the stars.
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** The Rhone.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Europe's Greatest Train Journeys** Italy.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **7 Wonders of the World with Bettany Hughes** The Great Pyramid of Giza and Alexandria. **10.00** The Colossus of Rhodes and the Statue of Zeus at Olympia. **11.00** Including the Temple of Artemis.
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** Naples.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** Guests include Tony Hawks, Henry Kelly, and Hale and Pace.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Five IT workers from London take part.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Celebrity Chase** With Steve Pemberton, Paula Lane, Ben Miller and Matthew Burton.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 22/24. Denise and Stuart overstay their welcome at Howard and Bernadette's. (S12)
9.00 **Dr Pimple Popper: Breaking Out** New editions Firefighter Dave is concerned about a pilar cyst on his head that prevents him from wearing helmets. **10.00** Eli is embarrassed by his cheek bump but is worried that the removal could paralyse his face.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S2)
1.00 PM **Friends** (S3)
7.00 **Friends** 21/25. Monica faces a difficult decision. **7.30** 22/25. Joey's play gets terrible reviews. **8.00** 23/25. Ross finds a growth on his buttocks. **8.30** 24/25. Guest stars Robin Williams and Billy Crystal. (S3)
9.00 **Michael McIntyre's Big Show** With guests Camila Cabello, Harry Redknapp and Westlife.
10.00 **8 Out of 10 Cats**
11.40 **Jimmy Carr's Am I the A**hole?**
12.40 AM **Whose Line Is It Anyway? USA**
1.40 **South Park** (S20&21)
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Spin City** (S4)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** 19-24/25. (S2)
10.00 **South Park** (S1&2)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Utopia** 1/8. (S1)
2.30 **Teachers** 7/10. (S1)
3.00 **Reno 911!** (S1)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.45 **Steptoe and Son** (S6)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 8/13. Drama. (S2)
2.45 **Minder** 5/6. (S7)
3.50 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 7/7. Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.50 **Rising Damp Xmas 1975** 8/8. Sitcom. (S2)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 1/11. (S1)
9.00 **Benidorm** 3&4/6. (S1)
9.55 **Shameless** 14/16. (S7)
10.55 **Man About the House**
11.25 **Rising Damp** 4/7. (S3)
11.55 **Benidorm** 3&4/6. (S1)
12.50 AM **Minder** 8/11. (S4)
1.55 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
6.45 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
1.00 PM **Catfish: Scammed**
2.00 **Catfish: The TV Show**
3.00 **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **Teen Mom: Young Moms Club** Reality series.
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition
11.00 NEW SERIES **Help I Sexted My Boss** The dilemmas of modern life.
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Black Ink Crew New York** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Devil's Canyon** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Oat cereal, turquoise jewellery and electric scooters. **4.30** How ice cider is made.
5.00 **Alaska: Homestead Rescue** Oregon homesteaders find their dream in jeopardy following an accident.

10.00 Truck Dynasty

7.00 **Wheeler Dealers** Mike nabs a Porsche 997 at a bargain price of just £15,000, but it has serious engine problems.
8.00 **Wheeler Dealers** Mike and Elvis attempt to resuscitate a 1974 Jaguar XJ6, but it has not been on the road since 1990.
9.00 **Wheeler Dealers** Mike has a tip from an unusual source – his electrician, who is selling a classic Ford Escort XR3i.
10.00 **Truck Dynasty** New edition Shaquille O'Neal shows up at Apocalypse to order a 4x4 Juggernaut truck.
11.00 **Expedition Bigfoot** Russell uses a robotic dog to explore a mine and discovers some unusual evidence.
12.00 M'T **Border Control: Spain**
1.00 AM **Wheeler Dealers**
2.00 **Truck Dynasty** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Catfishin' Kings**
10.00 **Tanked** A dice aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** In Montana.
2.00 **Pit Bulls & Parolees** A couple have trouble choosing between two dogs.
3.00 **My Cat from Hell**
5.00 **Lone Star Law** An injured deer is found hiding in a shed.
6.00 **Dr Jeff: Rocky Mountain Vet** The doc treats an abandoned puppy with a broken leg.

5.00 Lone Star Law

7.00 **Treehouse Masters** Pete Nelson and his team visit an alpaca farm to build a lodge inspired by US national parks.
8.00 **Rugged Justice** Officers arrest two dangerous men on felony warrants, while a fugitive at large is captured.
9.00 **Alaska: The Last Frontier** Otto, Charlotte and August resort to emergency measures to save their livestock.
10.00 **Alaska Gold Diggers** The crew members return to Fairbanks after escaping the storms at Gold Run.
11.00 **Beasts of the Bayou** A Loch Ness-type river monster.
12.00 M'T **Alaska: Homestead Rescue** In Montana.
1.00 AM **The Pool Master**
2.00 **Treehouse Masters: Out on a Limb**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Planes That Changed History**
11.00 **Mysterious Islands**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures: Death From Above**
4.00 **Construction Fails**
5.00 **Car S.O.S** Restoring a tired 1991 VW T4 Campervan. **6.00** Fuzz Townshend and Tim Shaw take on a Mini Mayfair.

8.00 Decoding History's...

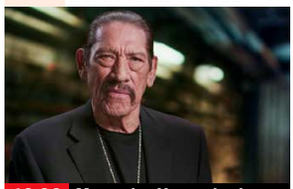
7.00 **Air Crash Investigation** The complicated investigation into the crash of TANS Peru Flight 204 in August 2005.
8.00 **Decoding History's Prophecies** New edition The influence of early 20th century American clairvoyant Edgar Cayce.
9.00 **Drain the Titanic: A Ship Reborn** Exploring the wreck of the famous ship, featuring 3D images of what it looks like now .
10.00 **Back to the Titanic** The first manned mission to the *Titanic* in nearly 15 years, using a specially equipped sub to scan the wreckage.
11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Made in a Day**
2.55 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Deadman's Curse**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Triple bill.
12.00 NOON **The Curse of Oak Island** Double bill of editions.
2.00 PM **Mysteries Unearthed with Danny Trejo**
3.00 **Junk & Disorderly**
6.00 **American Pickers** Mike crashes into the godfather of Italian scooters, while Robbie and Jersey nearly drown in a sea of smalls.



10.00 Mysteries Unearthed

7.00 **Forged in Fire** A visit to the remote New Agrarian School in the wilderness of Bigfork, as chosen by judge Dave Baker.
8.00 **The Curse of Oak Island** New edition Following two brothers searching for treasure on a Nova Scotia island.
9.00 **The Curse of Oak Island** New edition The brothers continue to search for the treasure believed to be protected by a curse.
10.00 **Mysteries Unearthed with Danny Trejo** New edition Exploring some of the world's most significant discoveries.
11.00 **Hazardous History with Henry Winkler** The host reveals how the past is packed with jaw-dropping travel tales.
12.00 M'T **Junk & Disorderly**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
4.25 **Pawn Stars** A Tom Brady Pro Bowl jersey and Seiko watch.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.05 **Discovering: Kevin Bacon**
8.00 **The Directors**
9.00 **Spector**
10.00 **The Yogurt Shop Murders**
11.05 **The Eighties**
12.00 NOON **On the Line: The Richard Williams Story**
1.50 PM **My Icon: Heather Watson**
2.00 **Billy Joel: And So It Goes**
4.40 **My Icon: Johnny Nelson**
5.00 **Discovering: Kevin Bacon**
5.55 **Spector** 3/4. Phil Spector assembles his defence team.

8.00 David Holmes

6.55 **The Yogurt Shop Murders** 3/4. The police call in the suspects for questioning, which reveals conflicting information.
8.00 **David Holmes: The Boy Who Lived** The story of Daniel Radcliffe's Harry Potter stunt double David Holmes, who was left paralysed from the chest down after an on-set accident in 2009.
9.45 **My Icon: Tanni Grey Thompson**
10.00 **The Two Escobars** The story of how the fates of two Colombians – Andrés Escobar, the inspirational captain of Nacional, and Pablo Escobar, the notorious leader of the Medellin cartel – were permanently linked.
12.00 M'T **The United Way**
1.50 AM **Love Means Zero**
3.40 **Daniel** The story of film-maker Daniel Northcott.
5.00 **to 6.00** AM **Discovering: Kevin Bacon**

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **The Derbyshire Auction House** New edition Two families hope their heirlooms can score big at auction.
10.00 **The Yorkshire Auction House** Angus puts a gold disc under the gavel.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** April Barber.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Killer Confessions: Case Files of a Texas Ranger** A store robbery turns into an abduction.
10.00 **Inside the Arrest** A girl is caught in the crossfire of a gangland feud.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Longest Murder Trial**
8.00 **UK Crime Files: Britain's Youngest Contract Killer** The story of Gulistan Subasi, who was shot dead on her mother's doorstep.
9.00 **Britain's Countryside Killers** Michael O'Leary is murdered by his best friend Andrew Jones.
10.00 **Fatal Fraud** New edition A look into the story of Ian Helmick, who was found dead in his home.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Longest Murder Trial**
1.00 AM **UK Crime Files: Britain's Youngest Contract Killer**
2.00 **Fatal Fraud**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** A woman is shot in her car by her estranged husband. **3.00** How Martika Ferguson and Tiffiney Crawford were killed.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A college student is found brutally murdered. **5.30** Police rule out the accidental death of a drowning victim. **6.00** A lawyer who was battered to death. **6.30** Two women are found dead and police suspect a serial killer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Louise Rump.
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **The Murderer & Me**
10.30 **Death Row Confidential: Secrets of a Serial Killer**
12.15 AM **Catching the Killer**
1.10 **How I Caught the Killer**
2.05 **Murder Uncut**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Wrecks That Changed...**
9.35 **Pirates: Behind the...**
10.35 **The Truth About Franco**
11.50 **Nazi Ratlines in Franco's Madrid**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed the World**
2.40 **Pirates: Behind the Legends** Anne Bonny.
3.40 **The Truth About Franco**
4.50 **Nazi Ratlines in Franco's Madrid**
6.00 **Grand Tours of the Scottish Islands**
6.40 **Wrecks That Changed the World**
7.40 **Pirates: Behind the Legends** Anne Bonny.
8.40 **The Truth About Franco**
9.50 **Nazi Ratlines in Franco's Madrid**
11.05 **Pirates: Behind the...**
12.00 M'T **The Truth About...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

WEDNESDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Arabian Inferno**
10.00 **Land of Primates**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Arabian Inferno**
4.00 **Land of Primates**
5.00 **Africa's Hunters**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Coral City** Footage of the Great Barrier Reef during autumn.
9.00 **Tales from Zambia** Following the lives of a herd of elephants from sunrise to sunset.
10.00 **Mysteries of the Mekong**
11.00 **Africa's Hunters**
12.00 M'T **Gangs of Lemur Island**
1.00 AM **Undiscovered Vistas**
2.00 **Coral City** As 8.00pm.
3.00 **Tales from Zambia**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Arabian Inferno**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Sound and the Fury**
9.00 **Iconic Combat Machines**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Alien Corridors**
2.00 **Ross Kemp: Deep Sea Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **History's Greatest Mysteries**
6.00 **The Proof Is Out There**
7.00 **Iconic Combat Machines** A look at the Leopard Two.
8.00 **History's Greatest Aircraft** The Grumman Avenger.
9.00 **Ghost Ships** The Ghost Ship of Northumberland Strait.
10.00 **Rome: Rise and Fall of an Empire** A look at how the soldier Ricimer became the power behind the throne.
11.00 **Ancient Aliens**
1.00 AM **Alien Corridors**
2.00 **Ross Kemp: Deep Sea Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Incredible Engineering Blunders: Fixed** Double bill.
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **In Search of Monsters** Paranormal investigators reveal a bold new theory about the origins of the Wendigo. **10.00** Experts investigate shocking new DNA evidence that links one of the world's most elusive figures, the Yeti, resides in America and comes from an otherworldly source.
11.00 **Expedition X** Phil Torres and Jessica Chobot embark on a mission to explore the infamous Island of the Dolls. **12.00** M'T Jessica and Phil examine the legend of Mothman by searching for clues in a long-sealed bunker and a top-secret Air Force base.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Killer Britain with Dermot Murnaghan** Triple bill.
2.00 PM **I Met My Murderer Online**
3.00 **Murder by Medic**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online** New editions Focusing on the case of Michael Harris. **8.30** The case of Emily Todd.
9.00 **Murder at the Motel** New edition Police responding to a call at a motel uncover the body of the owner.
10.00 **Don't Open the Door**
11.00 **Interview with a Killer**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Vietnam**
3.00 **Wild Hunters**
4.00 **Critter Fixers: Country Vets**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** Dr Priya gives Connie the elephant an eye exam, and two camel brothers embark on a new life.
8.00 **Ten Deadliest Snakes with Nigel Marven** The most poisonous snakes in Mexico. **9.00** Dangerous snakes in the deserts of Oman and the United Arab Emirates.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Predator Bloodlines**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Combat Dealers: Reloaded**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Exploring whether binary star systems hold the potential to host alien life.
1.00 PM **NASA's Unexplained Files**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Combat Dealers: Reloaded** Bruce and his team embark on a tour across Europe.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** A chest that once belonged to a Masonic lodge.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Martin Clunes: Islands of Australia** Mundoo Island.
10.00 **Martin Clunes: Islands of America** Triple bill of editions.
1.00 PM **Martin Clunes: Islands of Australia** Mundoo Island.
2.00 **Martin Clunes: Islands of America** Triple bill of editions.
5.00 **Doctor Who**
9.35 **Doctor Who** *The Ambassadors of Death – Part Four:* 15/25. Liz is captured by Reegan's men. **10.05** *The Ambassadors of Death – Part Five:* 16/25. The Doctor decides to take *Recovery 7* back into space. **10.40** *The Ambassadors of Death – Part Six:* 17/25. The Doctor speaks with the alien captain and is kidnapped. **11.15** *The Ambassadors of Death – Part Seven:* 18/25. The Brigadier must rescue the Doctor and Liz in time to put a stop to Carrington's plan. (S7)
11.50 **Doctor Who**
4.50 **to 6.00** AM **Martin Clunes: Islands of Australia**

+1hour 266 376

ID

154 140 166

8.00 AM **Evil Stepmothers**
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Diabolical: Deadly Love** The story of two lovers who were willing to commit murder to protect their secret.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Murder Comes to Town**
7.00 **Hometown Homicide** The 2013 death of high-school athlete Alexis Murphy. **8.00** The disappearance of Doe Roberts in August 1992.
9.00 **High Speed Chase** In Camden, Georgia, a driver leads deputies on a 150-mph chase.
10.00 **Police 911: Michigan** A stray bullet kills a 15-year-old – but witnesses refuse to talk.
11.00 **Murder in the Heartland**
1.00 AM **Man with a Van**
2.00 **Hometown Homicide**
4.00 **to 6.00** AM **Murder Comes to Town**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead: Born Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike shares a sneak peek into life at his dealership in Warwick.
9.00 **Roadworthy Rescues** Derek enlists Steve Dulcich to restore a derelict Dodge Coronet.
10.00 **James May and the Dull Men** James attempts to build a home in a phone box.
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Flavia** Family adventure. (2026, PG, 105min) ★★★
8.35 **Roofman** As 4.30pm.
10.55 **Nobody 2** Comedy thriller. (2025, 15, 89min) ★★★
12.40 PM **Blue Moon** As 2.05am.
2.30 **Caught Stealing** Comedy thriller starring Austin Butler. (2025, 15, 107min) ★★★★
4.30 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
6.45 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★

11.15 **One Battle After Another**

Superman (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Weapons** Horror starring Julia Garner, Josh Brolin and Amy Madigan. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **One Battle After Another** Oscar-winning action thriller with Leonardo DiCaprio, Sean Penn, and Benicio del Toro. (2025, 15, 161min) ★★★★★
2.05 AM **Blue Moon** Biographical drama starring Ethan Hawke. (2025, 15, 100min) ★★★★
3.55 **Hostages** Comedy thriller starring Charlotte Ritchie. (2025, 15, 90min) ★★★
5.40 **to 6.00** AM **The Cinema List: Video Games**

Sky Cinema Box Set

303 303 403 503 517

8.00 AM **The Karate Kid Part II**
10.00 **The Karate Kid: Part III**
12.00 NOON **Bridget Jones's Diary** Comedy with Renée Zellweger. (2001, 15, 96min) ★★★★
1.50 PM **Bridget Jones: The Edge of Reason** Comedy sequel. (2004, 15, 108min) ★★★
3.50 **Bridget Jones's Baby** Romantic comedy sequel. (2016, 15, 123min) ★★★
5.55 **Spider-Man** Adventure. (2002, 12, 121min) ★★★★

5.55 **Spider-Man**

8.00 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as crime-fighting superhero Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Spider-Man 3** Fantasy sequel with Tobey Maguire. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Karate Kid** Martial arts adventure. (1984, 12, 127min) ★★★★
2.50 **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
4.55 **to 6.55** AM **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★

Sky Cinema Drama

310 310 410 510 524

6.20 AM **A Mistake** Medical drama. (2024, 15, 101min) ★★★
8.10 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
10.00 **Poison** As shown at 12.45am.
11.40 **The Survivor** Fact-based drama. (2021, 15, 129min) ★★★★
2.00 PM **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
3.50 **Chicago** Oscar-winning musical. (2002, 12, 112min) ★★★★
5.50 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
8.00 **A Star Is Born** Music drama starring Lady Gaga and Bradley Cooper, who also directed. (2018, 15, 136min) ★★★★★
10.25 **Coach Carter** Fact-based sports drama starring Samuel L Jackson as a high-school basketball coach who creates a scandal when he suspends his undefeated team for failing to keep up their academic grades. (2004, 12, 136min) ★★★
12.45 AM **Poison** Drama starring Tim Roth and Trine Dyrholm. (2024, PG, 86min) ★★★★
2.25 **Skincare** Dark comedy thriller. (2024, 18, 86min) ★★★
4.10 **to 6.10** AM **The Shamrock Spitfire** Biographical drama. (2024, 12, 108min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

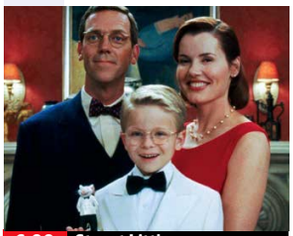
7.20 AM **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
8.40 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
11.15 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
12.55 PM **Annabelle** Horror thriller spin-off from *The Conjuring*. (2014, 15, 97min) ★★
2.45 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
4.40 **Dual** Sci-fi thriller starring Karen Gillan. (2022, 15, 94min) ★★★★
6.20 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
8.00 **Cloverfield** Offbeat disaster movie with Lizzy Caplan and TJ Miller. (2007, 15, 81min) ★★★
9.35 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead and John Goodman. (2016, 12, 103min) ★★★★
11.20 **Mars Attacks!** Tim Burton's sci-fi spoof with Jack Nicholson. (1996, 12, 106min) ★★★★
1.10 AM **Westworld** Michael Crichton's sci-fi thriller with Yul Brynner and Richard Benjamin. (1973, 15, 89min) ★★★★
2.45 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
4.30 **to 6.05** AM **Gator Creek** Horror. (2025, 15, 87min) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.50 AM **Smallfoot** Animation. (2018, U, 96min) ★★★
8.40 **A Dog's Purpose** Comedy drama. (2017, PG) ★★★
10.35 **The Wild Robot** As 1.55am.
12.25 PM **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★
2.10 **The Hobbit: The Battle of...**
4.35 **Cats & Dogs: The Revenge of Kitty Galore** Comedy sequel. (2010, U, 82min) ★★
6.00 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★


6.00 Stuart Little

7.40 **Stuart Little 2** Fantasy adventure sequel with the voices of Michael J Fox and Melanie Griffith. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Stardust** Fantasy comedy adventure starring Claire Danes and Charlie Cox. A young man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage. With Michelle Pfeiffer. (2007, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Hobbit: The Battle of the Five Armies** Fantasy starring Martin Freeman. (2014, 12, 144min) ★★★
1.55 AM **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★
3.45 **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
5.20 **to 7.00** AM **Pets on a Train** Animated family adventure. (2025, PG, 87min) ★★★

Sky Cinema Action

306 306 407 507 521

6.30 AM **Demolition Man** Sci-fi thriller. (1993, 15, 114min) ★★★
8.30 **The Italian Job** Crime thriller. (2003, 12, 110min) ★★★
10.25 **The Patriot** (2000, 15) ★★★
1.10 PM **Spider-Man: No Way Home** (2021, 12) ★★★★
3.45 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
5.55 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★

5.55 ...the Crystal Skull

8.00 **Kong: Skull Island** Action adventure starring Tom Hiddleston, Samuel L Jackson and Brie Larson. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mission: Impossible – The Final Reckoning** Action thriller starring Tom Cruise. Ethan Hunt and the IMF team race to find the Entity, a rogue AI that can destroy mankind. (2024, 12, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Hounds of War** Thriller. (2024, 15, 95min) ★★★
2.30 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
3.55 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
5.45 **to 7.45** AM **Rampage** Fantasy. (2018, 12, 107min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Team America: World Police** (2004, 15) ★★★★
8.30 **Police Academy** (1984) ★★★
10.10 **Police Academy 2: Their First Assignment** (1985, 12) ★★
11.40 **Police Academy 3: Back in Training** (1986, PG) ★
1.10 PM **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
3.05 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
4.35 **Ace Ventura: When Nature...**
6.15 **Little Fockers** (2010, 12) ★★★

10.15 Hope Springs

8.00 **Love Actually** Romantic comedy written and directed by Richard Curtis, starring Hugh Grant. In the run-up to Christmas, love changes the lives of a host of characters, ranging from the prime minister to a faded rock star. (2003, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

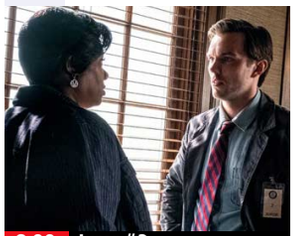
10.15 **Hope Springs** Romantic comedy drama starring Meryl Streep and Tommy Lee Jones. A long-married couple try to rekindle the spark in their relationship. (2012, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
1.40 AM **Billy Madison** Comedy. (1995, PG, 90min) ★★
3.15 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
5.15 **to 6.50** AM **Blades of Glory** Comedy. (2007, 12) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Greedy People** Comedy. (2024, 15, 113min) ★★★★
8.15 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
10.05 **Juror #2** As 8.00pm.
12.05 PM **Ocean's Twelve** Thriller. (2004, 12, 125min) ★★★★
2.15 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
4.20 **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
6.20 **Drop** Thriller starring Meghann Fahy. (2025, 15, 95min) ★★★★


8.00 Juror #2

8.00 **Juror #2** Director Clint Eastwood's legal thriller starring Nicholas Hoult. While serving as a juror in a high-profile murder case, a family man grapples with a serious moral dilemma. With Toni Collette and JK Simmons. (2024, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Eye in the Sky** Thriller starring Helen Mirren and Alan Rickman. A mission to wipe out a terrorist cell is complicated when a girl enters the blast radius of a planned drone strike. (2015, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Hannibal** Chiller sequel to *The Silence of the Lambs*. (2001, 18, 131 min) ★★★
2.05 AM **Vanilla Sky** Fantasy drama starring Tom Cruise. (2001, 15, 136min) ★★★
4.30 **to 6.20** AM **Nighthawks** Thriller with Sylvester Stallone. (1981, 18, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sherlock Holmes and the Secret Weapon** Thriller. (1942, b/w, PG, 68min) ★★
12.25 PM **Winchester '73** Western. (1950, b/w, U, 92min) ★★★
2.15 **A Foreign Affair** Comedy drama. (1948, b/w, PG) ★★★
4.35 **Prince Valiant** Adventure. (1954, PG, 100min) ★★★
6.40 **Von Ryan's Express** Wartime drama starring Frank Sinatra. (1965, PG, 117min) ★★★★

9.00 Violent Night

Von Ryan's Express (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Violent Night** Action comedy starring David Harbour. Santa Claus is called into action to save Christmas when a wealthy family are terrorised by mercenaries on Christmas Eve. With John Leguizamo and Beverly D'Angelo. (2022, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe. (2016, 12, 103min) ★★★
1.20 **to 3.35** AM **Mister Lonely** Offbeat drama starring Diego Luna and Samantha Morton. (2006, 15, 111 min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.00 AM **Dog Day Afternoon** (1975)
8.10 **Old Henry** As 4.30am.
9.55 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
12.15 PM **Promising Young Woman** Thriller. (2020, 15) ★★★★
2.15 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
4.10 **Hero** Chinese period adventure. (2002, 12, 99min) ★★★★

6.00 **Dunkirk** Christopher Nolan's war drama with Kenneth Branagh. (2017, 12, 106min) ★★★★★
8.00 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
9.35 **Captain Phillips** Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship. (2013, 12, 129min) ★★★★★

11.50 **Pulp Fiction** Director Quentin Tarantino's black comedy thriller. (1994, 18, 154min) ★★★★★
2.25 AM **Dog Day Afternoon** Sidney Lumet's tragi-comic thriller. (1975, 15, 130min) ★★★★★
4.30 **to 6.10** AM **Old Henry** Western. (2021, 15, 99min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.05 AM **Legends of the Fall** (1994)
8.20 **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
10.35 **Little Women** Screen version of Louisa May Alcott's classic tale. (1994, U, 114min) ★★★
12.35 PM **Escape to Victory** Wartime drama. (1981, PG, 111 min) ★★★
2.35 **Legends of the Fall** Epic drama. (1994, 15, 133min) ★★★★

4.50 **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★
6.20 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
8.00 **Mad Max 2** Futuristic thriller sequel starring Mel Gibson. (1981, 18, 95min) ★★★★
9.40 **Mad Max Beyond Thunderdome** Futuristic thriller sequel starring Mel Gibson. (1985, 15, 107min) ★★★
11.30 **Se7en** Dark thriller starring Brad Pitt and Morgan Freeman. (1995, 18, 127min) ★★★★

1.45 AM **Sleepers** Fact-based drama starring Kevin Bacon. (1996, 18, 146min) ★★★
4.15 **The Cinema List: British Women Directors**
4.35 **to 7.05** AM **The Day of the Jackal** Thriller with Edward Fox. (1973, 15, 142min) ★★★★★

Sky Cinema Animation

312 315 405 500 514

7.25 AM **Fireheart** As 7.05pm.
9.05 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
10.45 **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★
12.25 PM **DC League of Super-Pets** Animated comedy adventure. (2022, PG, 105min) ★★★
2.20 **Hotel Transylvania** As 1.10am.
4.00 **Flushed Away** Animation. (2006, U, 85min) ★★★★

5.30 **Dog Man** Animated comedy with the voice of Pete Davidson. (2025, U, 89min) ★★★★
7.05 **Fireheart** Animated adventure featuring the voices of Olivia Cooke and Kenneth Branagh. (2022, U, 92min) ★★★
8.40 **The Ogglies** Animated family adventure with the voice of Ben Young. (2021, PG, 85min) ★★★
10.10 **Pets on a Train** Animation featuring the voices of Wyatt Bowen and Daniel Brochu. (2025, PG, 87min) ★★★

11.40 **Into the Wonderwoods** Animated family adventure. (2024, U, 81 min) ★★★
1.10 AM **Hotel Transylvania** Animated family comedy. (2012, U, 91 min) ★★★★
2.45 **Flushed Away** As 4.00pm.
4.25 **to 6.00** AM **Dog Man** (2025)

Disney+ Cinema

305 305

6.00 AM **Lady and the Tramp** Classic animated musical. (1955, U, 76min) ★★★★★
7.25 **Up** Animated comedy. (2009, U, 96min) ★★★★★
9.00 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
10.35 **George of the Jungle** Comedy adventure. (1997, U, 92min) ★★
12.10 PM **WALL•E** Animation. (2008, U, 98min) ★★★★★

1.50 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
3.45 **Toy Story** Animated adventure. (1995, PG, 77min) ★★★★★
5.05 **Toy Story Toons: Partysaurus Rex** Short animation.
5.15 **Father of the Bride** Comedy. (1991, PG, 105min) ★★
7.05 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
9.00 **The Fault in Our Stars** Drama. (2014, 12, 121min) ★★★
11.05 **Juno** Offbeat comedy. (2007, 12, 96min) ★★★★

12.45 AM **Pirates of the Caribbean: Salazar's Revenge** Adventure sequel. (2017, 12, 129min) ★★★
2.55 **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★
4.35 **Pocahontas** Animation (1995, U, 81min) ★★★
5.55 **to 6.00** AM **For the Birds**

Talking Pictures

328 445 82 306 36

6.00 AM **Woman in the Dark** Drama. (1934, b/w, PG, 68min) ★★★
7.25 **Death Goes to School** Mystery. (1953, b/w, U, 65min) ★★
8.40 **The Agitator** (1945, U) ★★★
10.40 **The Adventures of PC 49: Investigating the Case of the Guardian Angel** (1949, PG) ★★
11.55 **The Story of Robin Hood and His Merrie Men** Adventure. (1952, U, 83min) ★★★

1.40 PM **The Buccaneers** 5/39. (S1)
2.10 **Out of the Fog** Crime drama. (1962, b/w, PG, 69min) ★★★
3.30 **Dial 999** 23/39. (S1)
4.00 **Food Flash: Chester Orange Juice** Short promotional film.
4.05 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
6.15 **Look at Life**
6.30 **Those British Faces**
7.00 **Out of Town**
7.30 **Scotland Yard** 29/39. (S1)
8.05 **Buccaneer** 8/13. (S1)
9.10 **Maxwell** One-off drama.

11.00 **The Strange Case of Sherlock Holmes & Arthur Conan Doyle**
12.50 AM **The Comic** (1969, PG) ★★★
2.45 **D.O.A. (Dead on Arrival)** Thriller. (1950, b/w, PG) ★★★
4.25 **A Lifetime Ago**
4.50 **Stagecoach West** 4/38. (S1)
5.50 **to 6.00** AM **Look at Life**

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast** The latest headlines and reports.
10.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
3.00 PM LIVE **IPL** **Royal Challengers Bengaluru v Lucknow Super Giants.** Coverage of the T20 match at M. Chinnaswamy Stadium.
7.00 LIVE **WTA Tennis** Coverage from the WTA Stuttgart Open and WTA Rouen Open, the WTA 500 and WTA 250 events, both of which are clay-court tournaments staged at Porsche-Arena and Kindarena Sports Complex respectively.
10.00 **Sky Sports News** A round-up of the day's sports news, featuring interviews with the players and managers making the headlines.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons** A profile of former winger Gareth Bale. **8.30** A profile of Luis Suarez.
9.00 **Match Officials Mic'd Up**
9.30 **Netbusters** Highlights.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** The 2022/23 campaign.
2.00 PM **PL Retro** Manchester United v Arsenal from 2002.
4.00 **Match Officials Mic'd Up**
4.30 **Netbusters** Fast-paced highlights using alternative angles.
5.00 **The Premier League Show**
7.00 **Premier League Stories**
7.30 **Match Officials Mic'd Up** Howard Webb offers insight.
8.00 **Premier League Review**
9.00 **Premier League Stories** An interview with Tijjani Reijnders.
9.30 **Netbusters** Fast-paced highlights using alternative angles.
10.00 **Premier League Review**
11.00 **Premier League Years** A look back at the 2022/23 campaign.
1.00 AM **PL Retro** Manchester United v Arsenal from 2002.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2021/22 play-offs.
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **EFL League One Goals**
12.30 PM **EFL League Two Goals**
1.00 **EFL Highlights**
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights** Championship.
3.30 **EFL League One Goals**
4.00 **EFL League Two Goals**
4.30 **SPFL Round-Up**
4.45 **SPFL Highlights**
5.00 **EFL Highlights** Championship.
8.30 **EFL League One Goals**
9.00 **EFL League Two Goals**
9.30 **Bundesliga Highlights Show**
10.30 **EFL Highlights** Sheffield United v Hull City held at Bramall Lane. **10.45** Southampton v Derby. **11.00** Stoke City v Blackburn. **11.15** Birmingham v Wrexham.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro** Aston Villa v Manchester Utd in the 2010 final.
2.00 AM **SPFL Best Goals**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Moments from the Championship Play-Off Final**
5.30 **to 6.00** AM **Best Moments from the League 1 & 2 Play-Off Final (1993-2019)**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 highlights.
7.00 **IPL** A replay of Chennai Super Kings v Kolkata Knight Riders.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Recent highlights.
2.50 PM LIVE **IPL** **Royal Challengers Bengaluru v Lucknow Super Giants.** Coverage of the T20 match at the M. Chinnaswamy Stadium.
7.00 **Best of ICC WT20** Highlights of England v India from 2007. **7.15** Action from England v Sri Lanka from 2014. **7.30** Action from England v South Africa in 2016. **7.45** Highlights of England v Sri Lanka from 2014.
8.00 **IPL** Action from Chennai Super Kings v Kolkata Knight Riders. **9.00** Royal Challengers Bengaluru v Lucknow Super Giants. **10.00** Action from Lucknow Super Giants v Gujarat Titans. **11.00** Royal Challengers Bengaluru v Lucknow Super Giants.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Royal Challengers Bengaluru v Lucknow Super Giants.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Golf Academy**
7.00 **Ladies European Tour Golf**
9.00 **LPGA Tour Golf**
11.00 **Ladies European Tour Golf**
2.00 PM **Ladies European Tour Golf**
5.00 **PGA Tour Champions**
6.00 **Ladies European Tour Golf**
7.00 **PGA Tour: The Cut**
7.30 **Scotland's Greatest Golf Holes**
8.00 **Final Cut: The Long Game**
9.00 **The Masters** Action from the fourth and final round of the first Major of the year held at Augusta National Golf Club in Georgia.
10.30 **Ladies European Tour Golf** The Aramco Championship USA.
11.30 **PGA Tour: The Cut**
12.00 M'T **The Masters** Round four.
1.30 AM **Ladies European Tour Golf**
2.30 **PGA Tour Golf** RBC Heritage.
3.30 **PGA Tour: The Cut**
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
7.00 PM LIVE **WTA Tennis** Coverage from the WTA Stuttgart Open and WTA Rouen Open staged at Porsche-Arena, and Kindarena Sports Complex respectively.
10.00 **ATP Tour This Week**
10.30 **Tennis** Indian Wells Open review.
12.00 M'T **ATP Tennis** Bucharest Open final at Centrul National de Tenis.
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
6.30 **Premier League Features**
8.30 **Match Officials Mic'd Up**
9.00 **UEFA Champions League**
10.30 **Race Bikes** Mountain Bike racing.
11.00 **The Cycling Show**
11.30 **Men's Cycling Pro Series**
12.30 PM LIVE **Men's Cycling Pro Series** Coverage of the second stage of the O Gran Camino.
2.30 LIVE **Men's Cycling Pro Series** Coverage of the Tour of Limburg race in Belgium.
4.30 **Premier League**
6.00 **UEFA Champions League**
7.00 LIVE **UEFA Champions League** **Arsenal v Sporting Lisbon.** Coverage of the quarter-final second-leg staged at the Emirates Stadium. Kick-off is at **8.00pm**.
10.30 **UEFA Champions League**
11.00 **Premier League**
12.00 M'T **Match Officials Mic'd Up**
12.30 AM **Serie A: Full Impact**
1.00 **Discovery Golf**
1.30 **MLB Highlights** Baseball action.
3.00 **to 6.00** AM LIVE **MLB** **Los Angeles Dodgers v New York Mets.** Coverage of the National League match at Dodger Stadium. Start-time **3.10am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **Formula E Unplugged**
6.30 **Isuzu UTE A-League**
10.00 **Serie A** Parma v Napoli. **11.00** FC Como v Inter Milan.
12.00 NOON **UEFA Champions League** Atletico Madrid v Barcelona.
1.00 PM **MLB Highlights**
2.00 **WRC Review** Rally Croatia.
3.00 **Premier League Review**
4.00 **Marathons** Action from Paris.
5.00 **Longines FEI Jumping World Cup** Highlights from the eighth North American League qualifier of the season in Fort Worth, Texas.
6.00 **TNT Sports Reload**
6.30 **Serie A: Full Impact**
7.00 **Match Officials Mic'd Up**
7.30 LIVE **UEFA Champions League** **Bayern Munich v Real Madrid.** Coverage of the quarter-final second-leg from Allianz Arena, as the two European giants go head to head for a place in the semi-finals. Kick-off **8.00pm**.
10.30 **UFC** Another chance to see Jiri Prochazka v Carlos Ulberg.
1.30 AM **Men's Cycling Pro Series**
3.30 **Fishing: On the Bank**
4.30 **International T20 Cricket** New Zealand v South Africa.
5.30 **to 6.00** AM **Formula E**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** A replay of Hull Kingston Rovers v St Helens. **9.00** Catalans Dragons v Wigan Warriors from 2025.
11.30 **NFL Bitesize Highlights**
11.45 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
5.00 **NFL Highlights** Dallas Cowboys v Washington Commanders.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball** A replay of Boston Celtics v Detroit Pistons.
10.30 **NFL Bitesize Highlights** Action from Philadelphia Eagles v San Francisco 49ers. **10.45** Highlights of New England Patriots v Los Angeles Chargers.
11.00 **NFL Highlights** San Francisco 49ers v Atlanta Falcons.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
2.00 **Super League** Catalans Dragons v Wigan Warriors from 2025.
4.30 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Bitesize Highlights** From California.
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open, and WTA Rouen Open.
7.00 PM LIVE **WTA Tennis** Coverage from the WTA Stuttgart Open and WTA Rouen Open, the WTA 500 and WTA 250 events, clay-court tournaments held at Porsche-Arena and Kindarena Sports Complex respectively.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight** Headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Derby County v Leeds United from the 2015/16 Championship season. **12.15** AM Highlights of Hull City v Reading from the 2015/16 Championship season. **12.30** Queens Park Rangers v Middlesbrough from 2015/16. **12.45** Birmingham City v MIddlesbrough in 2015/16.
1.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **ATP Tennis** Monte-Carlo Masters.
8.00 **The Masters** Rounds one to four.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **The Masters** The fourth and final round held at Augusta National.
5.30 **Super League** A replay of Leeds Rhinos v Warrington Wolves.
8.45 **My Icon** Jeanette Kwakye.
9.00 **ATP Tennis** A review of the ATP Monte-Carlo Masters.
10.00 **IPL** Highlights of Gujarat Titans v Rajasthan Royals from Narendra Modi Stadium, Ahmedabad. **11.00** Action from Mumbai Indians v Kolkata Knight Riders.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA Tennis** Highlights.
3.00 **EFL Greatest Games**
4.00 **Men's T20 World Cup**
5.30 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **The Cycling Show**
6.30 **Men's Cycling Pro Series**
7.30 **Rolex SailGP Championship**
8.30 **WRC Review** Rally Croatia.
9.30 **Motocross World Championship**
12.30 PM **Isuzu UTE A-League**
3.30 **Isuzu UTE A-League Highlights**
4.00 **MLB Plays of the Week**
4.30 **MLB Highlights** Baseball action.
5.30 LIVE **MLB** **Baltimore Orioles v Arizona Diamondbacks.** Coverage of the inter-league match from Camden Yards. Start-time is at **5.35pm**.
8.30 **Ultimate Pool** The Pairs Cup.
10.00 **Men's Cycling Pro Series**
12.00 M'T **Race Bikes** Mountain bikes.
12.30 AM **UEFA Champions League: Stories of the Finals**
1.00 **UEFA Champions League**
3.00 **UEFA Europa League & Conference League Magazine**
4.00 **Serie A: Full Impact**
4.30 **Fight Week** UFC 327 review.
5.00 **to 6.00** AM **WRC Review**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Recent match replays.
1.30 PM **AFL** A replay of Hawthorn Hawks v Western Bulldogs. **3.00** A chance to see Geelong Cats v West Coast Eagles. **4.30** Another chance to see GWS Giants v Richmond Tigers. **6.00** A chance to see Port Adelaide Power v St Kilda Saints.
7.30 **EWC All Access** A look ahead to the 24 Hours of Le Mans.
8.30 **Discovery Golf** The latest news.
9.00 **Rolex SailGP Championship** The fourth round of the season from Rio de Janeiro, Brazil.
10.00 **Isuzu UTE A-League** Central Coast Mariners v Brisbane Roar. **11.00** Action from Auckland FC v Melbourne Victory. **12.00** M'T Highlights from Newcastle Jets v Adelaide United.
1.00 AM **Isuzu UTE A-League**
4.00 AM **UFC Fight Flashback**
5.00 **to 6.00** AM **Premier League Legends**

Premier Sports 1

419 551

6.00 AM **Champions Cup Highlights**
7.00 **Scottish Rally Championship**
7.30 **Scottish Football Social Club**
8.30 **LaLiga Match Highlights**
9.00 **Swedish Hockey League**
11.00 **Champions Cup Highlights**
12.00 NOON **NHL Ice Hockey**
2.00 PM **NHL on the Fly**
3.00 **Champions Cup**
5.00 **NASCAR Highlights**
6.00 **Eredivisie Highlights**
7.00 **Champions Cup**
9.00 **LaLiga Match Highlights**
10.00 **NHL Ice Hockey**
12.00 M'T LIVE **NHL Ice Hockey** **Tampa Bay Lightning v New York Rangers.** The Eastern Conference match at Benchmark International Arena. Face-off **12.00m't**.
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** **Vegas Golden Knights v Seattle Kraken.** Coverage of the Western Conference match from T-Mobile Arena. Face-off is at **3.00am**.

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **NASCAR O'Reilly Series**
9.30 **Temples of Sport**
10.00 **Bike World** Magazine.
10.30 **Argentine Primera** A chance to see Racing Club v River Plate.
12.30 PM **Challenge Cup** A chance to see the first quarter-final.
2.30 **Temples of Sport**
3.00 **NHL Ice Hockey** Vancouver Canucks v Los Angeles Kings.
5.00 **Temples of Sport**
5.30 **Challenge Cup** Another chance to see the third quarter-final.
7.30 **LaLiga** Real Madrid v Girona.
9.30 **Temples of Sport**
10.30 **NHL Ice Hockey** A replay of Boston Bruins v New Jersey Devils.
12.30 AM LIVE **NHL Ice Hockey** **Ottawa Senators v Toronto Maple Leafs.** The Eastern Conference match from Canadian Tire Centre. Face-off **12.30am**.
3.30 **NHL: This is Hockey**
4.00 **to 6.00** AM **Eredivisie**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** The Saudi Arabian Grand Prix from 2023 to 2025.
9.00 **Indycar** From Alabama.
10.00 **Formula 1** Chinese Grand Prix.
11.00 **Ted's Notebook**
11.30 **Formula 1** Chinese Grand Prix.
1.30 PM **Ted's Notebook**
2.00 **Formula 1** Chinese Grand Prix at Shanghai International Circuit.
4.20 **Ted's Notebook**
4.50 **Lando Norris**
5.00 **F1 Academy Highlights**
7.00 **Indycar** The Children's of Alabama Indy Grand Prix.
8.00 **F1 Classic Races**
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained** The inner workings.
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

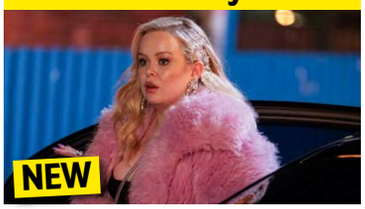
16 April

Evening Planner

Drama

Bergerac
U&Drama, 9pm (box set, U)
The first case of series two sees Jim (Damien Molony) called to a wedding where terrible events have unfolded.

Comedy



Big Mood
C4, 10pm (box set, C4 Streaming)
A year after their bust-up, former pals Maggie (Nicola Coughlan, above) and Eddie (Lydia West) are reunited.

OnDemand

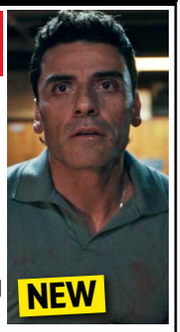
NETFLIX

Ronaldinho: The One and Only
Available today
A three-part insight into the life and career of the Brazilian former footballer.

OnDemand

NETFLIX

Beef
Available today
A row between the manager of an elitist country club and his wife (Oscar Isaac and Carey Mulligan) is spotted by a young couple.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Race Across the World		9.00 The Apprentice		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu		8.00 This Farming Life		9.00 Inside Barlinnie		10.00 Apprentice...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa		10.05 DMV...	10.30 News
	104 CHANNEL 4	7.00 News		8.00 Paul Merton: Driving Amazing Trains		9.00 Taskmaster		10.00 Big Mood	
	105 5	7.00 Jane McDonald in Nashville		8.00 Yorkshire's Poshest Hotel: Grantley Hall		9.00 Missed Call		10.00 Forensics: Murder Scene	
	106 SKY ONE	7.00 The Simpsons	7.30 Rugby League: Super League – Live: Hull FC v St Helens (Kick-off 8.00)						10.15 Mr Bigstuff
ENTERTAINMENT	115 BBC3		7.05 Doctor Who					10.00 Talking Doctor Who	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Pubs, Ponds...	8.00 Dan Cruickshank and the Family That...		9.00 Film: The Good, the Bad and the Ugly			
	118 ITV2	‹ 6.40 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 The Orient Express: A Golden Era of...		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.00 MAFS Australia: After the Dinner Party		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	‹ 6.40 House of the Dragon				9.00 The Miniature Wife		10.00 The Trip to Italy	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 McDonald & Dodds	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Film: Rocky IV			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Midnight Run			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Queens of Mystery		9.00 Bergerac		10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Shakespeare & Hathaway		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Ronald Colman		9.00 The Ghost of Richard Harris			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Engineering Europe	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 History's Deadliest with Ving Rhames		10.00 The UnBelievable with Dan Aykroyd	
	155 U&YESTERDAY	7.00 Tropic of Cancer with Simon Reeve		8.00 Bangers & Cash				10.00 Resto My Ride	
	114 SKY DOCS	‹ 6.55 The Yogurt Shop Murders		8.00 Film: Man on Wire				10.00 Film: The Armstrong Lie	
FILMS – Sky Cinema	301 PREMIERE	7.00 Caught Stealing				9.00 Weapons			
	302 5 STAR MOVIES	‹ 6.10 Ghostbusters		8.00 Bumblebee				10.00 One Battle After Another	
	303 BOX SET	‹ 5.45 Spider-Man: Homecoming		8.00 Spider-Man: No Way Home					10.30 The Amazing...
	307 GREATS	‹ 5.50 Jaws		8.00 Jaws 2				10.00 Jaws 3	
	312 ANIMATION	‹ 5.50 The Angry Birds...	7.35 Dragon Rider			9.15 Hotel Transylvania 2			
	304 FAMILY	‹ 6.00 The Smurfs	7.50 Paddington				9.40 The Hobbit: An Unexpected Journey		
	306 ACTION	‹ 5.35 Transformers		8.00 Batman Forever				10.05 Indiana Jones and the Kingdom...	
	308 COMEDY	‹ 5.55 School of Rock		8.00 The Whole Nine Yards			9.45 Mean Girls		
	309 THRILLER	‹ 6.10 Eye in the Sky		8.00 The Equalizer					10.20 The Equalizer 2
	310 DRAMA	‹ 6.10 About a Boy		8.00 Coach Carter					10.20 The Blind Side
	311 SCI-FI	‹ 5.40 Van Helsing		8.00 Constantine				10.05 Men in Black II	
	313 FILM4	‹ 6.40 Deep Impact				9.00 Jennifer's Body			
SPORT	401 MAIN EVENT	‹ 6.00 Premier League Darts – Live: Coverage of the 11th night of the tournament at Rotterdam Ahoy in the Netherlands						10.00 PGA Tour Golf – Live: The RBC Heritage	
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 PL Review		9.00 Big Interview	9.30 PL Stories	10.00 PL Review	
	403 FOOTBALL	7.00 EFL Goals	7.30 EFL – Live: Bromley v Cambridge United (Kick-off 8.00)						10.30 Bundesliga...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Europa League – Live: Nottingham Forest v FC Porto (Kick-off 8.00)							10.30 UEFA Highlights
	411 TNT SPORTS 2	7.00 UEFA Europa League – Live: Aston Villa v Bologna (Kick-off 8.00)							10.30 Match Officials...

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Farm 999** New edition (S)
11.15 **Homes Under the Hammer** New edition Properties in Bangor, Dover and Lincolnshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition A search for items in Llandudno. (S)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **I Made It at Market** New edition Dominic Chinea revisits a ceramic sculptor and a glass artist. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 The One Show Alex Jones and Roman Kemp present the topical show. (S)

7.30 EastEnders Vicki finds herself running out of options, and it's a battle of the Brannings as Lauren and Max compete. (S)(AD)

8 PM

8.00 Race Across the World New edition 3/9. The teams bid farewell to Europe and journey into Asia, racing to the remote town of Halfeti in south-east Turkey – where the last to arrive will be eliminated from the competition. (S)(AD)

9 PM

9.00 The Apprentice Series finale 12/12. The two finalists launch their businesses to industry experts, before Lord Sugar decides who will become his next partner. (S)(AD)
■ *The Apprentice: Unfinished Business* follows on BBC2

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 Question Time Fiona Bruce hosts the topical debate, with politicians and other guests facing questions from the audience. (S)
11.40 **Newscast** A panel of BBC journalists host a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz show. (S)(R)
2.30 **Lightning** Game show. (S)(R)
3.00 **Clive Myrie's Caribbean Adventure** Clive enjoys a Jamaican family reunion. (S)(R)
3.30 **Ancient Invisible Cities** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From the V&A Museum. (S)(R)
5.15 **Flog It!** Memorable locations. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo travels from Kanazawa to Kurobe Gorge. (S)(AD)

8.00 This Farming Life

7.00 Great British Menu New edition Actor and voice artist Ben Whitehead joins the judging panel for the final south west England round, which sees the two remaining contenders preparing dishes celebrating the British film industry. (S)(AD)

8.00 This Farming Life New edition 8/12. King Charles visits Campbeltown's farmers market, Emma and Rob's first farm wedding and calving time collide, while Callum and Zara host sheepdog trials. (S)
■ Entire series on BBC iPlayer

9.00 Inside Barlinnie Series finale 2/2. Long-term addict Bobby heads to rehab, Billy fights for recognition that he has really changed, while Alan is released. (S)(AD)
■ Entire series on BBC iPlayer

10.00 The Apprentice: Unfinished Business Series finale 12/12. Angela Scanlon chats to Alan Sugar and the winner of the series. (S)(AD)
10.30 Newsnight (S)
11.00 **McCartney: The Hunt for the Lost Bass** The story of a fan-powered quest to find Paul McCartney's original Höfner 500/1 bass. (S)(R)
12.30 AM **Sign Zone: Great British Menu** The remaining three chefs from south west England cook their mains and desserts. (S)(R)(AD)
1.30 **Sign Zone: The Other Bennet Sister** 9/10. (S1) (S)(R)(AD)
2.00 **Sign Zone: Michael Jackson – An American Tragedy** (S)(R)(AD)
3.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with Beverley Callard, Kirsty Gallacher and Stephen K Amos trying to guess the familiar phrases. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and his team of experts are in Stoke-on-Trent. (S)(R)
3.00 **Deal or No Deal** Game show hosted by Stephen Mulhern. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7.30 Tonight: Shoplifting – Are We Paying the Price? Paul Brand investigates the High Streets that are fighting back against shop thefts and the police response to the crimes, looking at the increase in prices everyone ends up paying. (S)

8.00 Emmerdale Doctor Todd manipulates Manpreet, April is struggling, while Paddy is reeling. (S)(AD)
8.30 Coronation Street Sarah goes rummaging for evidence that could aid Todd's case against Theo. (S)(AD)

9.00 I'm a Celebrity... South Africa New edition 9/15. Ant and Dec host as memorable campmates from past series of *I'm a Celebrity... Get Me Out of Here!* compete. (S)
■ Continues tomorrow

10.05 NEW SERIES **DMV: Department of Motor Vehicles** 1/15. Comedy series following life at the East Hollywood Department of Motor Vehicles. Stars Harriet Dyer. (S1) (S)
10.30 ITV News (S)
11.00 **Local News** (S)
11.20 **Regional Programmes** See Local Variations. (S)
11.50 **The Real Unforgotten** 2/2. The detectives unravel long-forgotten secrets and put together a case against two suspects. (S)(R)(AD)
12.50 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Floor** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 2-4/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S9&10) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** Norwalk in Ohio. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker: Travels with Mum & Dad** 2/6. In Thirsk, the Bakers are given a tour of James Herriot's home by his son Jim. (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Ben and Billie embark on a two-bedroom apartment makeover. (S)
6.00 **Jasmine Harman's Renovation in the Sun** Jon is left on his own to finish the garden wall. (S)(R)

9.00 Taskmaster

7.00 News (S)

8.00 Paul Merton: Driving Amazing Trains New edition In Switzerland, Paul travels on the Glacier Express and drives a cable train up to the Reichenbach Falls, where Sherlock Holmes met his fictional demise. (S)

9.00 Taskmaster New edition 2/10. Armando Iannucci adopts a new persona for a stunt, Kumail Nanjiani grapples with bowling pins, and Joanna Page attempts a skill she hasn't tried for years. (S)

10.00 NEW SERIES **Big Mood** 1/6. Return of the comedy with Nicola Coughlan and Lydia West. Maggie and Eddie meet again. *See feature, page12.* (S)
10.30 New episode 2/6. Maggie and Eddie try to get tickets to see a drag act. (S2) (S)
11.05 **Gogglebox** (S)(R)
12.10 AM **Sky Coppers** (S)(R)(AD)
1.05 **Emergency Helicopter Medics** A critically ill dialysis patient desperately needs fluids. (S)(R)
2.00 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
3.25 **Your Song** (S)(R)
4.20 **A Place in the Sun** (S)(R)
4.50 **George Clarke's Old House, New Home** South London. (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Bargain-Loving Brits in the Sun** In Benidorm, Wayne and Des prepare for their annual charity calendar. (S)(R)
4.00 On the Costa Blanca, Beckie hopes to raise some money at a dog shelter. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition A Red Squirrel Survival Trust volunteer discusses the work of his local group. (S)
6.05 **Susan Calman's Grand Day Out** The Lincolnshire Fens. (S)(R)
6.55 **News** (S)

8.00 Yorkshire's Poshest Hotel

7.00 **Jane McDonald in Nashville** 1/2. The singer and presenter travels to Nashville to find out why millions of tourists flock there each year. (S)(R)(AD)

7.55 **News** (S)

8.00 **Yorkshire's Poshest Hotel: Grantley Hall** Series finale 4/4. The hotel staff prepare for one of the busiest periods of the year – Christmas, and two chefs try to source an ingredient for their afternoon tea menu. (S)

9.00 **Missed Call** New episode 4/5. Following a shocking incident near the riverbank, the investigation into Katie's disappearance intensifies. (S1) (S)(AD)
■ Concludes tomorrow

10.00 **Forensics: Murder Scene** A gruesome discovery is made at a recycling plant when a human foot is found among the waste, with detectives and forensic teams rushing to the scene to investigate. (S)(R)

11.30 **Murder 360** When Kelly Cochran's lover is found dead, detectives investigate her husband Jason. (S)(R)
12.30 AM **Car Pound Cops** A crash involving a Ferrari. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Whale with Steve Backshall** People striving to give whales and dolphins a safe future. (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 14/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 20/26. Michael tries to deflate salespeople's egos. (S)(R)
6.30 21/26. Oscar plots to spend time with Matt by setting up a happy hour. (S6) (S)(R)

10.15 Mr Bigstuff

7.00 **The Simpsons** *Lisa Gets an A:* Lisa tries to make amends for cheating in an exam. (S)(R)

7.30 LIVE **Rugby League: Super League** Hull FC v St Helens: Coverage of the top-flight match from MKM Stadium. St Helens defeated the Airlie Birds home and away last year, prevailing 13-6 here and 16-10 at home, and they made a strong stage to the current campaign – but FC will be hoping to make home advantage count this time. Kick-off is at 8.00.

10.15 **Mr Bigstuff** 5/6. Glen freaks out, but is interrupted by Sue mid-meltdown. (S)(R)(AD)
10.45 6/6. As Sue plays her most manipulative trump card, Glen and Kirsty search for a solution. (S2) (S)(R)(AD)

11.15 **Grimm** 16/22. Nick and Hank track a mysterious Wesen killer who marks his victims using an online game. (S2) (S)(R)
12.15 AM **Police 24/7** (S)(R)
1.10 **The Force: North East** Officers respond to an urgent call in Newcastle city centre. (S)(R)
2.05 A three-year-old boy is found on his own. (S)(R)
3.00 **Hawaii Five-0** 12/23. (S2) (S)(R)
4.00 **S.W.A.T.** 14/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City **12.10am** Scotcast **12.40** Weather for the Week Ahead **12.45-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View **11.20** Question Time **12.20am** Newscast **12.50-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00pm Scrum V: The Warm Up **7.30** Great British Menu **8.30-9.00pm** The Hairy Bikers' Pubs That Built Britain

ITV1

As main ITV1 except:

ANGLIA
11.20-11.50pm Anglia Late Edition

BORDER/TYNE TEES
11.20-11.50pm Around the House

LONDON
11.20-11.50pm The Late Debate

CENTRAL
11.20-11.50pm Central Lobby

GRANADA
11.20-11.50pm The Granada Debate

MERIDIAN
11.20-11.50pm The Last Word

WALES
11.20-11.50pm Celebrity Lingo

WEST/WESTCOUNTRY
11.20-11.50pm The Westcountry Debate (S)

YORKSHIRE
11.20-11.50pm Last Orders

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Y Ci Perffaith **12.30** Heno **1.00** Ralio+ **1.30** Y Deis **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Sean Fletcher: Cyfrinachau'r Llong **4.00** Awr Fawr **5.00** Stwnsh **6.00** Nol o'r Dibyn gyda Iolo Williams **6.30** Clwb Rygbi **6.59** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion a'r Tywydd **9.00** Tabw **9.30** Ymgyrch Seal Bay **10.30-11.35pm** Y Wal

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Doctor Who** *The Star Beast:* 1/3. Donna Noble's past catches up with her, as she finds herself reunited with the Doctor.
8.05 **Doctor Who** *Wild Blue Yonder:* 2/3. An out-of-control Tardis takes the Doctor and Donna to the furthest edge of adventure.
9.00 **Doctor Who** *The Giggle:* 3/3. The giggle of a mysterious puppet is driving the human race insane. With Neil Patrick Harris.
10.00 **Talking Doctor Who** David Tennant time travels back through the BBC archive to tell the story of the Doctor's classic era.
11.00 **Doctor Who: Unleashed** Behind the scenes on the series of specials marking the 60th anniversary of the sci-fi adventure series.
12.30 AM **Top Gear**
1.30 **Sin City: The Real Las Vegas** 1&2/2. Documentary.
3.00 **to 4.00** AM **Talking Doctor Who**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Industrial Age** The golden age of shipbuilding.
7.30 **Pubs, Ponds and Power: The Story of the Village** Ben Robinson explores the hidden villages of London.
8.00 **Dan Cruickshank and the Family That Built Gothic Britain** The story of the Scott family of architects.
9.00 FILM **The Good, the Bad and the Ugly** Sergio Leone's western starring Clint Eastwood, Lee Van Cleef and Eli Wallach. During the American Civil War, three very different men search for a cache of Confederate gold hidden in an army graveyard. (1966, 15, 155min) ★★★★★
11.50 **Clint Eastwood: The Man with No Name**
12.50 AM **Fred Dibnah's Industrial Age**
1.20 **Pubs, Ponds and Power: The Story of the Village**
1.50 **to 2.50** AM **Dan Cruickshank and the Family That Built Gothic...**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The week begins at the King's Head and Queen's Jules in Suffolk. **4.50** The second visit of the week is to the Hotel Continental in Harwich, Essex. **5.20** A visit to Llanerch Vineyard in south Wales. **5.50** The final visit of the week is to the Whitehall Hotel in Darwen, Lancashire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Phil Spencer catches up with two young couples who were looking for properties in London.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help a couple in East Grinstead.
9.00 **The Orient Express: A Golden Era of Travel** 1/4. Documentary following the train on its route from London to Istanbul, exploring the history of the Orient Express and how Europe has changed over 150 years.
10.00 **24 Hours in A&E** A young woman is brought in with suspected spinal injuries.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars**
6.00 **The Simpsons** Triple bill.
7.30 **Married at First Sight Australia** New edition After a deeply divisive week away, everyone is grinding their axes ahead of the fifth dinner party.
9.00 **MAFS Australia: After the Dinner Party** New edition Rachel, Steven, Scott, Danny and Bec face off following the feud at the Couples' Retreat.
10.00 **Gogglebox** *Paranormal Lockdown UK* is appraised.
11.05 **Celebrity First Dates**
12.10 AM **Naked Attraction**
1.10 **Married at First Sight Australia** Reality series.
2.35 **Gogglebox** As 10.00pm.
3.30 **Modern Family**
4.15 **The Goldbergs**
5.05 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 13&14/22. (S1)
1.00 PM **The Rookie** 8/22. Nolan and Celina race against time to stop an explosive rampage. **2.00** 9/22. A suspect dies while in custody. (S5)
3.00 **Law & Order: Criminal Intent** 8/23. An expert in silver is murdered. (S4)
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Police 24/7** Officers are forced to figure out a custody dispute in the middle of a crowded bar.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **FBI** New episode *Confetti:* 11/22. An undercover operation being led by Nina Chase goes badly wrong. (S8)

10 PM
10.00 **Burn Notice** *Fight or Flight:* 4/14. Michael helps a woman who is being threatened by a dangerous drug dealer. (S1)
11.00 **The Rookie** 5/20. (S1)
12.00 M'T **FBI** 8&9/22. (S1)
2.00 AM **FBI: International** 11/21. An officer is detained. (S1)
3.00 **Road Wars**
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 2&3/12. (S2)
12.00 NOON **Billions** 3&4/12. (S2)
2.10 PM **My Brilliant Friend** (S1)
3.15 **Hacks** 6&7/9. (S3)
4.30 **Billions** 3/12. Bobby sets his sights on buying an NFL franchise, while Lara launches her own business venture. **5.35** 4/12. Chuck develops a new strategy. (S2)
6.40 **House of the Dragon** 5/8. Daemon enlists Lord Willem Blackwood's help. (S2)

9.00 The Miniature Wife

7.45 **House of the Dragon** *Smallfolk:* 6/8. Rhaenyra summons a trusted knight for a risky venture, and Aemond takes steps to reshape the Green Council. (S2)

9.00 **The Miniature Wife** New episode *Merry Christmas, Lindy!* 2/10. Comedy drama. (S1) ■ Entire series on Box Sets

10.00 **The Trip to Italy** Sequel to improvised comedy *The Trip*, with Steve Coogan and Rob Brydon once again playing versions of themselves.
12.00 M'T **Homicide: Life on the Street** 2&3/20. (S3)
2.00 AM **NEW SERIES Hacks** (S5)
3.20 **House of the Dragon** (S2)
4.35 **Sort Of** 6/8. (S1)
5.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Georgia and Tommy**
9.10 **The Only Way Is Essex**
10.10 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Supermarket Sweep**
1.00 PM **I'm a Celebrity... South Africa** Reality series.
2.20 **Catchphrase**
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
5.55 **Catchphrase** Game show.

11.35 American Dad!

6.40 **I'm a Celebrity... South Africa** Ant and Dec host as memorable campmates from past series compete.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Hell's Kitchen** New edition 10/16. The chefs discover just how well their instincts hold up without their eyes.

10.00 **Family Guy** New episode 10/22. Peter watches some TV shows that look suspiciously familiar. (S23) **10.35** 11/20. The guys tell stories about their first true loves. (S21)
11.05 **Family Guy** 5/20. The guys shoot a sexy calendar. (S21)
11.35 **American Dad!** (S12&17)
12.35 AM **Bob's Burgers** (S12)
1.35 **Deal or No Deal**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Lewis** *Falling Darkness.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Last Year's Model:* Barnaby questions the guilt of a murder suspect.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Trouble in Mind:* Nick investigates the reappearance of a man last seen seven years previously.

5.50 Heartbeat

6.55 **Heartbeat** *Fair Game:* A woman's attempt to cool her husband's ardour has unexpected and tragic consequences.

8.00 **Vera** *Vital Signs:* DCI Stanhope is called out to a grim scene when a body found in the back of a burnt-out car and the victim is identified as a popular local GP, and the detective's investigation leads her into a world of intrigue and betrayal.

10.00 **McDonald & Dodds** *The Rule of Three:* 1/3. The detectives investigate when a the body of a woman missing for 35 years is found. (S4)
11.50 **Lewis** *Falling Darkness:* A professor is found dead with a stake through her heart and it turns out she was an old student friend of Hobson.
1.45 AM **On the Buses**
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.10 **Boon**
10.15 **The Sweeney**
11.20 **BattleBots**
12.30 PM **Magnum, PI**
1.30 **LIVE Racing** Day three of the Craven Meeting from Newmarket, where the feature race is the Craven Stakes.
4.00 **World of Sport**
4.20 **The Protectors**
4.50 **The Sweeney**
5.55 **Minder**

9.00 Rocky IV

7.00 **American Pickers** Mike and Frank negotiate for an old soda fountain and a cigarette machine while visiting a farm.

8.00 **Ice Road Truckers** Alex takes a risk and picks up a hitch-hiker, and Ray tackles the Atigun Pass for the third time in a year.

9.00 **FILM Rocky IV** Boxing drama sequel starring Sylvester Stallone. Rocky returns to the ring to avenge the death of Apollo Creed at the hands of a Russian champion. (1985, PG, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.55 **Ligue 1 Highlights** Action from the top flight of French football.
11.30 **Hell's Kitchen**
12.25 AM **Minder**
1.20 **Rabbit Hole** New episode (S1)
2.15 **Auto Mundial**
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** Three different escapes in Ayrshire.
8.00 **Beechgrove Garden** New edition Calum Clunie demonstrates what can be grown from just one container.
8.30 **Landward** New edition Exploring depopulation across Scotland's fragile rural communities.
9.00 **Being Stanley Baxter** Profile of the Glasgow-born actor, comedian and impressionist.
10.00 **Martin Compston's Norwegian Fling** 6/6. Martin and Phil conclude their journey.
10.30 **Scot Squad** 2/4. Fletcher and McLaren are involved in a drugs bust. (S1)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **T in the Park: Best Bits**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **The Chair Company**
10.15 **Upright** 5&6/8. (S2)
11.30 **American Auto** (S2)
12.30 PM **Will & Grace** (S8)
1.30 **The Chair Company**
2.45 **Upright** 5&6/8. (S2)
4.00 **Breeders** 3&4/10. (S3)
5.00 **Bloods** 5&6/8. (S1)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 8/13. Britta has to persuade a singer to appear at a college dance. **8.30** 9/13. The students take a hot air balloon ride, but end up crashing in the mountains where they meet a hermit. (S4)
9.00 **James Acaster: Hecklers Welcome**
10.35 **Ellie Taylor: Palavering!**
11.35 **Breeders** 3&4/10. (S3)
12.35 AM **Bloods** 5&6/8. (S1)
1.35 **Community** (S4)
2.35 **Upright** 5&6/8. (S2)
3.55 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Jonas Kaufman at Arena di Verona**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **André Rieu & the Dutch Royal Family**
1.00 PM **Tales of the...**
2.00 **Dickens in Italy with David Harewood**
4.00 **Discovering**
5.00 **Portrait Artist of the Year 2013** From Cardiff.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **The Ghost of Richard Harris** The life and career of the Irish actor.
11.20 **The Directors**
12.20 AM **Hugh Grant: Love Language**
1.20 **Luther: Never Too Much**
3.20 **Van Gogh by Vincent**
4.15 **National Treasures: The Art of Collecting**
5.05 **to 6.00** AM **The Art Mysteries**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 24/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 26/26. (S1)
8.00 **Nothing to Declare**
9.00 **World's Most Evil Killers** Michael Bruce Ross.
10.00 **Killer in My Village**
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five family members from Ipswich take part in the quiz.
3.00 **Beat the Chasers**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Ush tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Amanda Holden and Jamie Redknapp try to help two players try to win a fortune.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun** DIY series.
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Primark vs John Lewis: Battle of the Brands**
8.00 **Help! I Bought It at Auction with Sarah Beeny** In Herne Bay.
9.00 **FILM Jumanji: Welcome to the Jungle** Fantasy comedy starring Dwayne Johnson. (2017, 12, 119min) ★★★★
11.20 **FILM Transformers: Rise of the Beasts** Sci-fi adventure prequel. (2022, 12, 127min) ★★★
1.55 AM **Naked Attraction**
3.00 **Taskmaster**
4.00 **to 5.00** AM **Gogglebox**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 15/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 16/26. (S7)
2.00 **Warehouse 13** 4&5/20. (S4)
4.00 **Stargate SG-1** 12/22. (S4)
5.00 **Star Trek: Voyager** 18/26. Kes broods over her future. (S3)
6.00 **Star Trek: The Next Generation** 15/26. A junior officer is sent on a mission into Cardassian space. (S7)

7.00 Star Trek: Deep Space Nine

7.00 **Star Trek: Deep Space Nine** *Inter Arma Enim Silent Leges:* 16/26. Dr Bashir accepts a perilous assignment. (S7)
8.00 **Stargate SG-1** *Tangent:* 12/22. The test flight of a Goa'uld death glider goes wrong, sending Teal'c and O'Neill through space. (S4)
9.00 **Grimm** *To Protect and Serve Man:* 11/22. Hank asks Nick to help him prove that a man on death row is innocent.
10.00 **Grimm** *Season of the Hexenbiest:* 12/22. Juliette confesses to Nick that she has feelings for another man. (S2)
11.00 **The Walking Dead** 11/13. Dale despairs at his fellow survivors' increasingly brutal attitudes, and urges them to prove they have not lost their humanity. (S2)
12.00 M'T **Warehouse 13** (S4)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 6/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 6/23. (S2)
5.00 **Hudson & Rex** 2/16. The clock is ticking as Charlie and Rex try to find a murderer. (S2)
6.00 **My Life Is Murder** 7/10. A pair of feuding bakers – and former spouses – put Alexa through her paces. (S3)

9.00 Shakespeare & Hathaway

7.00 **Father Brown** *Demise of the Debutante:* The priest uncovers secrets, hypocrisy and murder at a finishing school.
8.00 **Death in Paradise** *Murder Most Electric:* 4/8. The discovery of a body leads the team to a world of data mining. (S13)
9.00 **Shakespeare & Hathaway: Private Investigators** 10/10. The duo are hired to play a pregnant couple. (S5)
10.00 **Father Brown** *The Children of Kalon:* When a troubled soul from the past returns, the priest must investigate the new chapter of the Church of Apollo.
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S13)
1.00 AM **My Life Is Murder** (S3)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
9.15 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.10 **Ever Decreasing Circles**
11.50 **Porridge**
12.25 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

6.20 Keeping Up Appearances

7.00 **Porridge** Fletch is desperate to get out of making fishing nets.
7.40 **Dad's Army** The platoon compete for the honour of guarding Prime Minister Winston Churchill.
8.20 **Are You Being Served?** The store undergoes an image change.
9.00 **Not Going Out** Lee pretends to be gay to find out more about a new business acquaintance. **9.40** Tim and Lee try to prove their masculinity.
10.20 **Men Behaving Badly** Dermot loses his job.
10.55 **Harry Enfield and Chums** First edition of the comedy sketch show.
11.35 **Not Going Out**
12.55 AM **Men Behaving Badly**
1.25 **Harry Enfield and Chums**
2.00 **Keeping Up Appearances**
2.35 **Hi-de-Hi!**
3.05 **Ghosts**
3.35 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** The Ho Chi Minh Trail.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Train Rescue Down Under**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers Everyday Gourmets** Luxury lunches.
6.00 **Rick Stein's Cornwall** Rick chats to Barry Humphries. **6.30** A visit to Camel Estuary.

2.00 Speed with Guy Martin

7.00 **Would I Lie to You?** With Stephen Mangan, Keeley Hawes, Professor Brian Cox and Kevin Bridges.
7.40 **Richard Osman's House of Games** With Mark Watson and Raj Bisram. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.
9.00 **QI XL** Guests Jo Brand, Graham Linehan and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry.
10.00 **Frankie Boyle's New World Order** Topical show.
10.40 **Have I Got a Bit More News for You** Jack Dee hosts the satirical quiz.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You? At Christmas** With Bill Bailey.
1.00 **Would I Lie to You?**
1.40 **QI XL** With Danny Baker.
2.35 **Frankie Boyle's New World Order** As shown at 10.00pm.
3.10 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small**
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** Competitors at a music festival mysteriously begin to lose their voices.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Bergerac

7.20 **Last of the Summer Wine** Clegg uses his metal detector to search the Pennines for treasure.
8.00 **Queens of Mystery** New episode *The Modern Art of Murder:* 3/6. A body is found at the opening of a new art gallery. (S2)
9.00 **NEW SERIES Bergerac** *The King of Jersey:* 1/6. Bergerac returns to take on a challenging case. *See feature, page 7.* (S2)
10.00 **New Tricks** *The Truth Is Out There:* A conspiracy theory implicates the American government in a journalist's death.
11.20 **Dalziel & Pascoe** *A Killing Kindness:* The mismatched detectives trail a serial killer.
1.25 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **Bergerac** As 9.00pm.
3.10 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

Thursday

7 PM **8 PM** **9 PM** **10 PM**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 5-7/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Chasing Ghosts:* 20/24. A navy reservist returns to find her husband missing. **7.00** *Berlin:* 21/24. Ziva and Tony travel to Berlin to track Ilan Bodnar. **8.00** *Revenge:* 22/24. The team track Bodnar's SUV to a house. (S10)
9.00 **Blue Bloods** *Vested Interests:* 15/19. Danny and Baez investigate the suspicious death of a hotel employee. **10.00** *The First 100 Days:* 16/19. Danny and Baez track the person who vandalised several police vehicles. (S10)
10.55 **Law & Order: Special Victims Unit** (S5)
2.40 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition Doctors struggle to deal with a man who claims he has swallowed heroin.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **A&E: Crash Scene Emergency**
1.00 AM **Nightmare Tenants, Slum Landlords**
2.00 **GPs: Behind Closed Doors** Medical series.
2.45 **Skin A&E**
3.30 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Traffic Cops**
10.35 **Police Interceptors**
1.40 PM **FILM Bandits of the West** Western. (1953, b/w, PG, 54min) ★★
2.50 **FILM Stagecoach Express** Western. (1942, PG, 57min) ★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Sergeant Tom Elvidge tackles a spate of moped thefts.
9.00 **Trucking Hell: Water Rescues** A 22-ton houseboat has washed up on a muddy bank of the River Trent.
10.00 **Outback Truckers**
11.00 **The X-Files** 5/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point** Triple bill.
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets lurcher Terri, who must learn to trust again.
9.00 **One Born Every Minute** A couple await the birth of their baby, who has the congenital condition gastroschisis. **10.00** A well-prepared couple look forward to the birth of their child.
11.00 **Emergency: First Time Medics** Double bill.
1.00 AM **DIY SOS: The Bigger Build Ireland**
1.50 **Louis Theroux Interviews... Dame Judi Dench**
2.35 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **True Evil: The Making of a Nazi** Hermann Goering.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **True Evil: The Making of a Nazi** Hermann Goering.
6.00 **Antiques Roadshow**
7.00 **Tropic of Cancer with Simon Reeve**
8.00 **Bangers & Cash** New edition
9.00 **Bangers & Cash**
10.00 **NEW SERIES Resto My Ride**
11.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **A Very British Murder with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Northumbria.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Radio equipment.
4.00 **Long Lost Family: What Happened Next**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip**
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa Groff return to Iron Island, a historic site haunted by shadowy figures.
10.00 **Help! My House Is Haunted** Double bill.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.20 **Little House on the Prairie** 9&10/24. (S4)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** (S6)
4.10 **Down to Earth** (S1)
5.20 **Bramwell** 2/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 10/26. A cold snap brings out the worst in Charles. **8.00** 11/26. An episode giving a view of the war from the eyes of a wounded soldier. **8.30** 12/26. Charles' Korean servant reveals healing skills. (S7)
9.00 FILM **My Cousin Vinny** Legal comedy. (1992, 15, 119min) ★★★★
11.35 **M*A*S*H** 10-12/26. (S7)
1.05 AM **Man About the House** 2/7. (S1)
1.35 **Home to Roost** (S4)
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM FILM **The Doolins of Oklahoma** Western. (1949, b/w, U) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM FILM **The Forger** Crime action thriller. (2014, 15, 92min) ★★
4.00 **The Persuaders!**
5.00 **The Avengers** (S5)
7.00 FILM **The Virginian** Western starring Trace Adkins and Ron Perlman. (2014, 12, 90min) ★★
9.00 FILM **A Fistful of Dollars** Western. (1964, 15, 96min) ★★★★★
11.15 FILM **The Last Hard Men** Western adventure. (1976, 15, 103min) ★★
1.25 AM **The Persuaders!**
2.25 **The Avengers** (S5)
4.05 FILM **Collision Course** Action thriller. (2012, PG, 90min) ★★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Martha's Vineyard Mysteries: Riddled with Deceit** Drama. (2020, PG) ★★
10.05 **In Plain Sight** 1/13. (S3)
11.05 **Castle** 16/22. (S8)
12.05 PM FILM **Fixer Upper Mysteries: Concrete Evidence** (2017) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 17/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** 2/13. (S3)
10.00 FILM **Garage Sale Mysteries: Murder in D Minor** Crime drama. (2018, PG, 90min) ★★
11.55 FILM **The Gourmet Detective: A Healthy Place to Die** Mystery sequel. (2015, PG) ★★
1.50 AM FILM **Another Mother** (2020) ★★
3.20 **to 5.00** AM FILM **A Date to Die For** Crime thriller. (2015, PG, 88min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **A Brush with Love** (2019, PG) ★★
10.10 FILM **The Boyfriend Trap** Comedy. (2022, PG, 90min) ★★
12.10 PM FILM **Cupids on Beacon Street** Comedy. (2021, U, 90min) ★★
2.10 FILM **Summer Love** Drama. (2016, PG) ★★
4.05 FILM **A Country Romance** Drama. (2021, PG, 83min) ★★
6.00 FILM **A Very Country Wedding** Drama. (2019, PG, 90min) ★★
8.00 FILM **Just One Kiss** Comedy. (2022, PG) ★★
9.50 FILM **A Christmas Mission** Festive drama. (2020, PG, 87min) ★★
11.55 FILM **The Christmas Set Up** Festive drama. (2020, PG, 89min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Just One Kiss** Comedy. (2022, PG, 85min) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **Garden Rescue**
4.30 **New Home DIY**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden**
8.00 **Garden Rescue** The team create a tranquil wildlife-friendly garden. **9.00** A characterless garden in Daventry.
10.00 FILM **Fanny Hill** Period drama with Oliver Reed. (1983, 18, 98min) ★★
12.00 M'T FILM **The Sex Thief** Riotous comedy starring David Warbeck. (1973, 18, 90min) ★★
2.00 AM **The Greatest Auction** A neon sign.
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 18/24. (S2)
11.05 **Lady Killers** Ronald True.
12.10 PM **The Gaffer** (S2)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 3/7. (S2)
1.40 **Boon** 8/13. (S1)
2.40 **Rewind Time Machine**
2.45 **Space 1999** 18/24. (S2)
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** (S2)
6.30 **Agony** 3/7. (S2)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **Boon** 7/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 FILM **Brimstone and Treacle** Black comedy. (1982, 15, 84min) ★★★
11.45 FILM **Massage Parlour Murders** Thriller. (1973, 18, 80min) ★★★
1.25 AM **Stereo Underground**
2.25 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Expedition X** Locals in Iowa report sightings of the giant winged creature that terrorised Van Meter 100 years ago.
10.00 **Expedition Unknown** Josh Gates investigates how a group of Norse tribesmen gained power in medieval Europe.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** From Dublin.
7.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Money Saving Meals** Double bill.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Money Saving Meals** Double bill.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **James Martin's Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food with Casey Webb**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 1/25. (S7)
9.00 **T.J. Hooker** 14/22. (S2)
10.00 **Six Million Dollar Man**
11.00 FILM **Comanche Station** Western. (1960, PG) ★★
12.30 PM FILM **Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
2.05 FILM **Gone to Texas** Western biopic. (1986, 15, 144min) ★★★
5.00 **Star Trek** 10/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 15/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 FILM **The Mask of Zorro** Adventure. (1998, PG, 137min) ★★★★
11.55 FILM **Universal Soldier: Regeneration** Sci-fi thriller sequel. (2009, 18, 97min) ★★★
1.55 AM FILM **Anti-Life** Thriller. (2020, 15) ★★
3.45 **to 5.15** AM FILM **Invasion of the Body Snatchers** Thriller. (1956, b/w, PG) ★★★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Alien Convergence** Thriller. (2017, 15, 90min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **Jules Verne's Mysterious Island**
2.00 PM FILM **Collision Earth** Sci-fi thriller. (2011, 12, 95min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **The Gambler** Musical drama. (1980, PG, 95min) ★★★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 4/23. (S4)
9.00 FILM **War Pigs** World War Two adventure starring Luke Goss. (2015, 15, 88min) ★★
10.55 FILM **Jagged Edge** Courtroom thriller starring Jeff Bridges and Glenn Close. (1985, 18, 108min) ★★★★★
1.15 AM FILM **War Pigs**
3.05 FILM **The Gambler**
4.55 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of...**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **The UnXplained: Mysteries of the Universe** Documentary.
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Cuba.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Cruising with Jane McDonald** Miami.
5.00 **Europe's Greatest Train Journeys**
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Royal Births, Marriages & Deaths** A look at the death of George V.
10.00 **Royal Protocol: Breaking the Rules**
11.00 **Inside the Tower of London** Documentary.
12.00 M'T **Wentworth Prison**
1.05 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** The Rhone.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show hosted by Warwick Davis.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** With guests Dominic Brunt, Wayne Sleep, Ricky Tomlinson and Charlotte Hawkins.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill of the quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 5/17. Leonard fears he is wasting his time. **8.30** 6/17. Penny hosts a costume party. (S1)
9.00 FILM **xXx: Return of Xander Cage** Action thriller sequel starring Vin Diesel. The spy is brought out of exile to retrieve a powerful weapon that has been stolen by a lethal gang of mercenaries. (2016, 12, 107min) ★★★
11.00 **Dr Pimple Popper: Breaking Out**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** With Westlife.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S2&3)
1.00 PM **Friends** (S3&4)
9.00 FILM **Midnight Run** Comedy starring Robert De Niro. A bounty hunter tries to bring in an embezzler wanted by the FBI and the Mob. (1988, 18, 122min) ★★★★
11.30 **Impractical Jokers**
12.00 M'T **Iain Stirling's Roast the Internet**
1.00 AM **Whose Line Is It Anyway? USA**
2.30 **South Park** 3/10. (S21)
3.00 **The Comedy Central Chart Show**
3.05 **Paul F Tompkins: Labouring Under Delusions** Stand-up.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Spin City** 1&2/23. (S5)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S2&3)
10.00 **Friends** 5-10/25. (S3)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Whose Line Is It Anyway? USA**
3.00 **Reno 911!** (S1)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.05 **Bread** 10/14. (S6)
10.40 **Steptoe and Son** (S6)
11.15 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 2/7. (S3)
12.25 PM **Man About the...**
12.55 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 9/13. Drama. (S2)
2.35 **Minder** 6/6. (S7)
3.45 **Just Good Friends** (S2)
4.20 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 1/6. Sitcom. (S2)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.50 **Rising Damp** 1/7. (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 2/11. (S1)
9.00 **Benidorm** 5&6/6. (S1)
9.55 **Shameless** 15/16. (S7)
10.55 **Man About the House**
11.30 **Rising Damp** 5/7. (S3)
12.00 M'T **Benidorm** (S1)
12.55 AM **Minder** 9/11. (S4)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **90's House**
9.00 **Skin A&E** A patient tries to flatten a lump by hitting it with a book.
10.00 **Sleeping with My Murderer** The murder of 'Lucky' Cheema.
11.00 **Help I Sexted My Boss** New edition Discussing the dilemmas of life.
12.00 M'T **Love & Hip Hop: Atlanta** Reality series.
1.00 AM **Black Ink Crew New York** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **America's Backyard Gold**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Tissues, travel trailers, slippers and motorbike helmets. **4.30** Rolling luggage, croissants and u-locks.
5.00 **Alaska: Homestead Rescue** Marty, Misty and Matt address food, water, and shelter issues.

9.00 Naked and Afraid

7.00 Wheeler Dealers After years of searching, Mike has finally found the ultimate '80s hot hatch, the Renault 5 GT Turbo.

8.00 Wheeler Dealers Mike and Elvis wrestle an iconic Japanese rally car – a Mitsubishi Lancer Evo7.

9.00 Naked and Afraid New edition In a first, five social media influencers will attempt to use their primitive skills to survive for 14 days on a rugged, remote island in Thailand.

11.00 **Expedition Bigfoot** Evidence leads the team to investigate near an abandoned mine, and Bryce stumbles across evidence of a missing person.
12.00 M'T **Border Control: Spain**
1.00 AM **Naked and Afraid**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Sloths** Double bill.
10.00 **Tanked** With Jimmy Butler.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** Game Warden Eddins assists the local police with an animal cruelty case.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor and his staff treat a pet goat that has been injured in a freak accident.

9.00 Alaska: The Last Frontier

7.00 Treehouse Masters Pete visits Oregon to fulfil the wishes of 81-year-old Marlene, who has always wanted a treehouse.

8.00 Gator Boys Jimmy and Paul clash over the rescue operation's future, but their volunteers begin to take sides in the dispute.

9.00 Alaska: The Last Frontier The Kilchers are preparing for winter, as Eivin scales treacherous peaks to fill his freezer.

10.00 Edge of Alaska Neil is on the brink of reopening the Motherlode mine for tourism, but a new arrival puts his empire at risk.

11.00 **Beasts of the Bayou**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters: Out on a Limb**
3.00 **Animal Cops San Francisco**
4.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Draining the North Sea: Submarines at War**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** A Mini Mayfair.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Restoring a 1971 Lamborghini Espada.
6.00 **Airport Security: Rome** Police seize bundles of drug money.

6.00 Airport Security: Rome

7.00 Air Crash Investigation Experts investigate the 1956 collision of two planes over the Grand Canyon in Arizona.

8.00 Car S.O.S New edition Tim and Fuzz take on Raymond's 1990 Nissan Pulsar GTI-R, the dream build he couldn't finish.

9.00 Car S.O.S Tim and Fuzz secretly restore a 1973 Hillman Imp that has been abandoned for decades in a dusty barn.

10.00 Engineering Europe New edition Innovations powering Europe, from Tower Bridge's lift system to Dutch bridge repairs.

11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** Shooter stumbles upon a unique anti-bandit gun.
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Deadman's Curse**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Double bill.
12.00 NOON **Troy Story**
1.00 PM **The UnBelievable with Dan Aykroyd**
2.00 **Storage Hunters** Eight editions, including at: **5.00** The first ever day-to-night auction is staged. **5.30** The gang head to Hawaii.
6.00 **American Pickers** Story boards from *The Simpsons*.

8.00 Swamp People

7.00 Forged in Fire The contest moves to the heart of North Carolina's Appalachian Mountains.

8.00 Swamp People New edition Documentary following alligator hunters on America's largest swamp.

9.00 History's Deadliest with Ving Rhames New edition Exploring the deaths caused by engineering disasters.

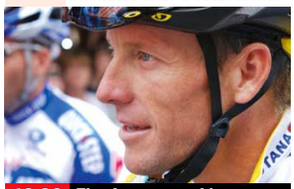
10.00 The UnBelievable with Dan Aykroyd New edition A look at some shocking near-death experience stories.

11.00 **The UnXplained with William Shatner** An exploration of tales of inexplicable maladies.
12.00 M'T **Storage Hunters**
2.50 AM **History's Deadliest with Ving Rhames** As 9.00pm.
3.40 **The UnBelievable with Dan Aykroyd** As 10.00pm.
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.05 **Discovering: Ralph Fiennes**
8.00 **The Directors**
9.00 **Spector**
10.00 **The Yogurt Shop Murders**
11.05 **The Eighties**
12.00 NOON **Wise Guy: David Chase and The Sopranos**
3.00 PM **David Frost Vs** Featuring interviews with Richard Nixon.
4.00 **The Directors**
5.00 **Discovering: Ralph Fiennes**
5.55 **Spector** 4/4. Phil Spector is convicted after a second trial.



10.00 The Armstrong Lie

6.55 The Yogurt Shop Murders 4/4. A cold-case detective continues to search for answers and closure for the families.

8.00 FILM Man on Wire James Marsh's Oscar-winning documentary about French tightrope walker Philippe Petit's daring high-wire walk between the twin towers of New York's World Trade Center in 1974. (2007, 12, 93min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 FILM The Armstrong Lie Documentary about cycling champion Lance Armstrong's dramatic fall from grace. (2013, 15, 124min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **I Am Joe Frazier** A profile of the former world heavyweight boxing champion.
2.15 **Albert Brooks: Defending My Life** A profile of the actor, comedian and film-maker.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Alan Rickman**

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Aussie Gold Hunters** New edition Disaster strikes when a would-be thief crashes The Desert Diggers loader. Plus, Shane and Rusty drag out their dry blower.
10.00 **The Snake Catcher**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Laci Peterson.
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: My Child the Killer** New edition A young mother begins to wonder if her once-happy, sweet boy is evil.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives** Double bill.
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder of Rachel Manning**
8.00 **UK Crime Files: Anagram Serial Killer** The case of Scottish serial killer Peter Tobin.
9.00 **Britain's Countryside Killers** The tragic case of Georgia Williams.
10.00 **Britain's Almost Perfect Murders** New edition The story of an ex-soldier who walked free after murdering a gangster.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Murder of Rachel Manning** Documentary.
1.00 AM **UK Crime Files: Anagram Serial Killer**
2.00 **Britain's Almost Perfect Murders**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Four parents were shot by Antoine Suggs after a night out. **3.00** A hidden recording exposes Casey Devil murdering his sister and her partner.
4.00 **48 Hours** The case of Sara Anne Wood.
5.00 **Medical Detectives** A young woman is found dead on a golf course. **5.30** A missing horse rider's body was found. **6.00** Investigating the murder of a disc jockey. **6.30** A man is killed in his own garage.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Documentary.
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **Britain's Most Evil Killers**
11.00 **Death Row Confidential: Secrets of a Serial Killer**
1.00 AM **World's Most Evil...**
2.00 **Murder Uncut**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Wrecks That Changed the World**
9.35 **Pirates: Behind the Legends** Black Bart.
10.35 **The Truth About Franco**
11.45 **Vichy and the Nazis: A Deal with the Devil**
1.00 PM **Grand Tours of...**
1.40 **Wrecks That Changed the World**
2.35 **Pirates: Behind the Legends** Black Bart.
3.35 **The Truth About Franco**
4.45 **Vichy and the Nazis: A Deal with the Devil**
6.00 **Grand Tours of the Scottish Islands**
6.40 **Wrecks That Changed...**
7.35 **Pirates: Behind the Legends** Black Bart.
8.35 **The Truth About Franco**
9.45 **Vichy and the Nazis: A Deal with the Devil**
11.00 **Pirates: Behind the...**
12.00 M'T **The Truth About...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Arabian Inferno**
10.00 **Land of Primates**
11.00 **Africa's Hunters**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Arabian Inferno**
4.00 **Land of Primates**
5.00 **Africa's Hunters**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Extreme Africa** Tanzania's Lake Manyara National Park.
9.00 **The Island of Giants** Exploring how whale sharks drive the culture of Santa Maria.
10.00 **Mysteries of the Mekong**
11.00 **Africa's Hunters**
12.00 M'T **Gangs of Lemur Island**
1.00 AM **Undiscovered Vistas**
2.00 **Extreme Africa** As 8.00pm.
3.00 **The Island of Giants**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Arabian Inferno**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Sound and the Fury**
9.00 **Hitler's Secret Bomb**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Alien Corridors**
2.00 **Ross Kemp: Deep Sea Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **History's Greatest Mysteries**
6.00 **The Proof Is Out There**
7.00 **Hitler's Secret Bomb** The story of the race to develop the first atomic bomb.
8.00 **History's Greatest Aircraft** A look at the Junkers Ju 52.
9.00 **Hitler's Secret Sex Life** The truth behind the rumours of Adolf Hitler's sex life.
10.00 **Hitler's Handmaidens** Female involvement in the Holocaust.
11.00 **Ancient Aliens**
1.00 AM **Alien Corridors**
2.00 **Ross Kemp: Deep Sea Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 NOON **Alien Highway**
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made** The making of thermal coffee pots.
6.30 The development of slate tiles and hot dog carts.
7.00 A look at how wooden rocking chairs are made.
7.30 How mountain bikes and lever action rifles are made.
8.00 How saunas and wheelchair lifts are made.
8.30 How upright pianos and flags are produced.
9.00 The making of Asian bowls and walking canes.
9.30 The making of plant oil extractors and power trainers.
10.00 Cast-iron cookers.
10.30 The making of ochre.
11.00 **How Do They Do It?**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Robbie Coltrane's Critical Evidence** Triple bill of editions.
2.00 PM **I Met My Murderer Online**
3.00 **Sunshine Slayings**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online** New editions Double bill.
9.00 **Predator Files** New editions A last-minute message sends a case in a new direction.
9.30 A pizza delivery driver becomes dangerously obsessed with a decoy.
10.00 **Ozark Law** New edition
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Hawaii**
3.00 **Wild Hunters**
4.00 **Critter Fixers: Country Vets**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** A look at some of the deadliest patients to have visited the zoo.
8.00 **Dragons Uncovered** The incredible secrets of the Komodo Dragon.
9.00 **Cave Crocs of Gabon** The discovery of a community of dwarf crocodiles living in Gabon's Abanda Caves.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Predator Bloodlines**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **To Live or Die on Everest**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** How the movement of Uranus and Neptune may have influenced life on Earth.
1.00 PM **NASA's Unexplained Files**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **To Live or Die on Everest** How deadly weather claimed 11 lives on Mount Everest in 2019.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Lighting specialist Jolene repairs a funfair display.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Rise of the Nazis: Dictators at War**
1.00 PM **Rise of the Nazis: Dictators at War**
5.00 **Terry and June** 3/6. An interest in woodwork finds Terry at odds with his neighbours.
5.40 4/6. Terry spends the holiday money on a kit for Citizen Band Radio, causing friction in the household.
6.20 5/6. The couple decide to replace their children's sandpit with a fish pond.
7.00 6/6. The couple are persuaded to assist with entertaining the elderly at the Church Hall. (S5)
7.35 1/6, The couple buy a video recorder, but disaster strikes when Terry offers to record a programme for the company chairman.
8.15 2/6. Terry becomes interested in making wine. (S6)
8.55 **Terry and June** (S5&6)
4.50 **to 6.00** AM **Rise of the Nazis: Dictators at War**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder Comes to Town**
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Diabolical: Deadly Love** The deaths of three men over a 12-year span.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **The 1980s: The Deadliest Decade** Double bill.
7.00 **Living a Nightmare** A case in which a 23-year-old man went missing in South Carolina.
8.00 The hunt for 20-year-old Ohio student Sierah Joughin.
9.00 **How (Not) to Get Rid of a Body** Charred and decomposed human remains are discovered in the Poconos.
10.00 **A Body in the Basement**
11.00 **Cabin in the Woods**
12.00 M'T **Police 911: Michigan**
1.00 AM **Good Cop, Bad Cop**
2.00 **The 1980s: The Deadliest Decade** Double bill.
4.00 **to 6.00** AM **Living a Nightmare**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead: Born Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike trades a classic Citroën for an F-Type Jaguar.
9.00 **Roadworthy Rescues** Derek heads to Alabama in search of a Bandit replica.
10.00 **James May and the Dull Men** James tackles the issue of toothpaste wastage.
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Flavia** Family adventure. (2026, PG, 110min) ★★★
7.50 **The Bad Guys 2** As 4.00am.
9.40 **One Battle After Another** Thriller. (2025, 15) ★★★★★
12.30 PM **Final Destination: Bloodlines** Horror thriller. (2025, 15, 110min) ★★★★
2.30 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★
4.45 **Roofman** As 11.15pm.
7.00 **Caught Stealing** Comedy thriller. (2025, 15) ★★★★

2.30 Superman

Caught Stealing (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Weapons** Horror starring Julia Garner, Josh Brolin and Amy Madigan. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Roofman** Comedy drama with Channing Tatum, Kirsten Dunst and Peter Dinklage. (2025, 15, 126min) ★★★★
1.30 AM **Blue Moon** Biographical comedy drama starring Ethan Hawke and Margaret Qualley. (2025, 15, 100min) ★★★★
3.20 **Sky Cinema Preview**
4.00 **to 6.00** AM **The Bad Guys 2** Animated comedy sequel with the voice of Sam Rockwell. (2025, PG, 104min) ★★★★

Sky Cinema Box Set

303 303 403 503 517

6.55 AM **The Karate Kid** (2010)
9.20 **Karate Kid: Legends** (2025)
11.10 **Spider-Man** Fantasy. (2002, 12, 121min) ★★★★
1.15 PM **Spider-Man 2** Fantasy sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★
3.25 **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★
5.45 **Spider-Man: Homecoming** Fantasy adventure with Tom Holland and Michael Keaton. (2017, 12, 133min) ★★★★

5.45 Spider-Man: Homecoming

8.00 **Spider-Man: No Way Home** Fantasy adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. With Benedict Cumberbatch. (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield. A nerdy New York teenager becomes a vigilante crime-fighter. (2012, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **The Amazing Spider-Man 2** Adventure sequel with Andrew Garfield. (2014, 12, 142min) ★★★
3.15 **The Karate Kid** Martial arts drama starring Jaden Smith. (2010, PG, 140min) ★★★
5.35 **to 7.15** AM **Karate Kid: Legends** Martial arts drama. (2025, 12, 94min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Poison** Drama starring Tim Roth. (2024, PG, 86min) ★★★★
7.45 **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
9.25 **Turtles All the Way Down**
11.25 **The Shamrock Spitfire** Biopic. (2024, 12, 108min) ★★★
1.15 PM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
3.35 **Empire of the Sun** Epic drama. (1987, PG, 152min) ★★★★
6.10 **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant. (2002, 12, 101min) ★★★★
8.00 **Coach Carter** Fact-based sports drama starring Samuel L Jackson. (2004, 12, 136min) ★★★
10.20 **The Blind Side** Fact-based drama starring Sandra Bullock. A wealthy white woman adopts a homeless black teenager and spurs him on to sporting success. With Quinton Aaron. (2009, 12, 129min) ★★★
12.40 AM **Jackie** Biopic of Jacqueline Kennedy, with Natalie Portman. (2016, 15, 100min) ★★★★
2.35 **Anora** Romantic comedy drama. (2024, 18, 139min) ★★★★★
5.00 **to 7.00** AM **Turtles All the Way Down** Romantic drama. (2024, 12, 111min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **The Pact** As 4.55am.
7.45 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
9.20 **Die Alone** Horror thriller. (2024, 15, 91min) ★★★★
11.00 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
12.35 PM **Gator Creek** Horror thriller. (2025, 15, 87min) ★
2.15 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
3.50 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
5.40 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
8.00 **Constantine** Supernatural horror thriller starring Keanu Reeves and Rachel Weisz. (2005, 15, 121min) ★★★
10.05 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
11.35 **Bring Her Back** Mystery thriller. (2025, 18, 104min) ★★★★
1.25 AM **The Running Man** Sci-fi fantasy adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
3.10 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
4.55 **to 6.30** AM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.00 AM **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
8.40 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
10.15 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
11.50 **Journey 2: The Mysterious Island** (2012, PG) ★★★
1.30 PM **The Hobbit: An Unexpected Journey** (2012)
4.30 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
6.00 **The Smurfs** (2011, U) ★★

Sky Cinema Action

306 306 407 507 521

7.45 AM **Transformers** As 5.35pm.
10.10 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
12.30 PM **Mission: Impossible – The Final Reckoning** Action thriller starring Tom Cruise. (2024, 12, 169min) ★★★
3.20 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
5.35 **Transformers** Sci-fi action adventure with Shia LaBeouf. (2007, 12, 144min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
8.35 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★
10.20 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
12.05 PM **The Hangover Part III** Comedy sequel. (2013, 15) ★★
1.50 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
3.35 **Love Actually** (2003, 15) ★★★
5.55 **School of Rock** Comedy. (2003, PG, 109min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **The Stranger in My Home**
8.10 **Neighborhood Watch** Thriller. (2025, 15, 92min) ★★★★
10.00 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
12.15 PM **The Bikeriders** Drama. (2023, 15, 116min) ★★★★
2.25 **Three Days of the Condor** Thriller. (1975, 15) ★★★★
4.25 **Drop** Thriller with Meghann Fahy. (2025, 15, 95min) ★★★★
6.10 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
12.50 PM **The Tall Men** Western. (1955, PG, 122min) ★★★
3.15 **They Rode West** Western. (1954, U, 97min) ★★
4.55 **The Desert Fox** World War Two biopic with James Mason. (1951, b/w, PG, 88min) ★★★
6.40 **Deep Impact** Disaster movie starring Robert Duvall. (1998, 12, 123min) ★★★★

11.50 Journey 2

8.00 Batman Forever

5.55 School of Rock

8.00 The Equalizer

9.00 Jennifer's Body

7.50 **Paddington** Family comedy, starring Hugh Bonneville. A bear from the Peruvian jungle starts a new life in London, but catches the eye of a sinister taxidermist. (2014, PG, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman, Ian McKellen and Richard Armitage. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure. (2013, 12, 161min) ★★★★
3.30 **Spy Kids 2: Island of Lost Dreams** Sci-fi comedy sequel. (2002, U, 100min) ★★★★
5.15 **to 6.45** AM **Spy Kids 3: Game Over** Sci-fi comedy sequel. (2003, U, 84min) ★★★

8.00 **Batman Forever** Fantasy adventure starring Val Kilmer, Tommy Lee Jones, Jim Carrey and Chris O'Donnell. Black-cloaked vigilante Batman and his new partner Robin tackle psychotic criminals Two-Face and The Riddler. (1995, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's adventure with Harrison Ford, Shia LaBeouf and Cate Blanchett. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
2.10 **2 Fast 2 Furious** Thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★
4.05 **Sky Cinema Preview**
5.05 **to 7.05** AM **Rampage** Fantasy starring Dwayne Johnson. (2018, 12, 107min) ★★★

8.00 **The Whole Nine Yards** Black comedy thriller starring Bruce Willis and Matthew Perry. A henpecked dentist forms an unlikely alliance with a veteran hit-man. (2000, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Mean Girls** Teen comedy starring Lindsay Lohan. A 15-year-old girl moves from Africa to America and finds that she must learn a new law of the jungle when she enrols in an Illinois high school. (2004, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. (2014, 15, 94min) ★★
1.05 AM **Mean Machine** Sporting drama. (2001, 15, 99min) ★★
2.50 **Sausage Party** Animation. (2016, 15, 89min) ★★★
4.25 **to 6.10** AM **Hope Springs** Romantic comedy drama. (2012, 12, 98min) ★★★

8.00 **The Equalizer** Action thriller starring Denzel Washington, Chloë Grace Moretz and Marton Csokas. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Equalizer 2** Action thriller sequel starring Denzel Washington. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Pedro Pascal. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **American Gangster** Ridley Scott's crime drama. (2007, 18, 157min) ★★★★
3.15 **The Krays** Crime drama. (1990, 18, 119min) ★★★
5.25 **to 7.10** AM **The Stranger in My Home** Thriller with Sophia Bush. (2025, 15, 91min) ★★

Deep Impact (film started at 6.40pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jennifer's Body** Darkly comic horror starring Megan Fox and Amanda Seyfried. A mousy teenager realises that her teen queen best friend has turned into an evil, man-eating demon. With Johnny Simmons. (2009, 15, 102min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.05 **Dead Man's Shoes** Shane Meadows' darkly comic thriller starring Paddy Considine. A former soldier returns to his home town to discover that his younger brother has fallen prey to a local gang. (2004, 18, 90min) ★★★★ **11 PM**
12.50 **to 3.10** AM **Let Him Go** Crime drama starring Kevin Costner. (2020, 15, 109min) ★★★

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.10 AM **Concrete Utopia** (2023)
8.25 **Shenandoah** As 3.10am.
10.15 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
11.50 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
2.10 PM **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
4.00 **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★

6.10 **Ghostbusters** Supernatural comedy with Bill Murray, Dan Aykroyd and Sigourney Weaver. (1984, 12, 105min) ★★★★
8.00 **Bumblebee** *Transformers* prequel starring Hailee Steinfeld. (2018, PG, 114min) ★★★★
10.00 **One Battle After Another** Action thriller starring Leonardo DiCaprio. A washed-up revolutionary scrambles to find his missing daughter when his evil nemesis resurfaces. (2025, 15, 161min) ★★★★★

12.50 AM **Concrete Utopia** South Korean drama. Subtitled. (2023, 15, 130min) ★★★★
3.10 **Shenandoah** Western. (1965, PG, 101min) ★★★★
5.00 **Sky Cinema Preview**
5.30 **to 7.25** AM **Black Dog** Chinese drama. (2024, 12, 110min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.05 AM **The Firm** As 5.35am.
9.40 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
11.40 **Raiders of the Lost Ark** Adventure. (1981, PG) ★★★★★
1.40 PM **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
3.40 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★

5.50 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
8.00 **Jaws 2** Adventure thriller sequel starring Roy Scheider, Lorraine Gary and Murray Hamilton. Another shark terrorises the small town of Amity. (1978, PG, 115min) ★★★
10.00 **Jaws 3** Adventure thriller sequel starring Dennis Quaid. (1983, 12, 99min) ★★
11.40 **Pulp Fiction** Director Quentin Tarantino's black comedy thriller. (1994, 18, 154min) ★★★★★

2.15 AM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
4.40 **Sky Cinema Preview**
5.35 **to 8.10** AM **The Firm** Legal thriller based on the John Grisham bestseller, starring Tom Cruise. (1993, 15, 155min) ★★★

Sky Cinema Animation

312 315 405 500 514

6.00 AM **The Ogglies** Animation. (2021, PG, 85min) ★★★
7.40 **Dragon Rider** As 7.35pm.
9.25 **Hotel Transylvania 2** (2015)
11.05 **Trolls** Animated musical. (2016, U, 92min) ★★★
12.40 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.25 **Bee Movie** As 10.55pm.
4.00 **The Angry Birds Movie** Animation. (2016, U) ★★★

5.50 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
7.35 **Dragon Rider** Animated fantasy with the voices of Felicity Jones and Thomas Brodie-Sangster. (2020, PG, 91min) ★★★
9.15 **Hotel Transylvania 2** Animated comedy sequel with the voices of Adam Sandler and Andy Samberg. (2015, U, 89min) ★★★
10.55 **Bee Movie** Animated comedy featuring the voice of Jerry Seinfeld. (2007, U, 91min) ★★★

12.35 AM **Super Charlie** Animation. (2025, PG, 82min) ★★★
2.10 **Noah's Ark** Animation. (2024, U, 96min) ★★★
3.55 **The Angry Birds Movie 2**
5.40 **to 7.20** AM **Rock Dog** Animated family adventure. (2016, PG, 90min) ★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.20 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
9.15 **Up** Animated adventure. (2009, U, 96min) ★★★★★
10.50 **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
12.35 PM **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★

1.55 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
3.15 **Hannah Montana: The Movie** Teen musical comedy spin-off. (2009, U, 98min) ★★★
5.00 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
6.55 **Mufasa: The Lion King** Musical prequel. (2024, PG, 118min) ★★★
9.00 **Tomorrowland: A World Beyond** Fantasy adventure. (2015, 12, 130min) ★★★
11.10 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★

12.40 AM **Alien: Romulus** Horror. (2024, 15, 119min) ★★★★
2.40 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
4.25 **Pocahontas** Animation. (1995, U, 81min) ★★★
5.50 **to 6.00** AM **Myth: A Frozen Tale**

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 10/24. (S2)
6.30 **Sing, Bing, Sing** Musical. (1933, b/w, U, 19min) ★★★
6.40 **A Taste of Money** Comedy. (1960, U, 71min) ★★★
8.00 **A Question of Suspense** Drama. (1961, b/w, PG, 62min) ★★★
9.15 **Inn for Trouble** Comedy. (1960, b/w, U, 90min) ★★
11.00 **Five Days** Crime drama. (1954, b/w, PG, 75min) ★★★

12.30 PM **Adventures of Sir Lancelot**
1.00 **Adam Had Four Sons** Family saga. (1941, b/w, U, 81min) ★★
2.40 **Biscuit Time**
3.00 **Crown Court** Triple bill.
4.30 **Went the Day Well?** Thriller. (1942, b/w, PG) ★★★★★
6.20 **Strange But True**
6.55 **The Brothers** 6/13. (S2)
8.00 **Mark Saber** 31/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **The Thirty Nine Steps** Thriller. (1978, PG, 102min) ★★★

11.25 **X, Y and Zee** Melodrama. (1972, PG, 104min) ★★★
1.40 AM **Doomwatch** 10/13. (S1)
2.40 **The Gentleman Bandit** Fact-based mystery thriller. (1981, PG, 100min) ★★
4.40 **Glimpses: Cornwall Calling**
5.00 **to 6.00** AM **Burke's Law**

Thursday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
12.00 NOON LIVE **PGA Tour Golf** Coverage of featured groups on the opening day of the RBC Heritage staged at Harbour Town Golf Links in South Carolina.
6.00 PM LIVE **Premier League Darts** Coverage of the 11th night of the tournament at Rotterdam Ahoy in the Netherlands, featuring quarter-finals, semi-finals and a final all in one night.
10.00 LIVE **PGA Tour Golf** Further coverage of the opening day of the RBC Heritage from Harbour Town Golf Links in South Carolina, where America's Justin Thomas was victorious last year.
11.00 LIVE **LPGA Tour Golf** Coverage of the opening day's play of the JM Eagle LA Championship held at El Caballero Country Club in Los Angeles.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Netbusters** Recent action.
9.30 **Premier League Stories**
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years**
2.00 PM **PL Retro** Manchester City v Manchester United from 2018.
4.00 **Netbusters** Relive the all the latest action from the Premier League in a unique way.
4.30 **Premier League Stories**
5.00 **The Premier League Show**
7.00 **The Big Interview** An interview with a top-flight player.
7.30 **Premier League Stories** An interview with Manchester City midfielder Tijjani Reijnders.
8.00 **Premier League Review** A look back at all the weekend's action in the top flight.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Review**
11.00 **Premier League Years**
1.00 AM **PL Retro** Manchester City v Manchester United from 2018.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2000/01**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2022/23 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
2.30 PM **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **Bundesliga Highlights Show**
4.30 **EFL Highlights** Championship.
6.30 **Bundesliga Weekly**
7.00 **EFL League Two Goals**
7.30 LIVE **EFL Bromley v Cambridge United.** Coverage of the League Two encounter from the Copperjax Community Stadium. First-half goals from Shayne Lavery and Kylian Kouassi inspired The U's to a 2-1 victory when these teams faced each other in the reverse fixture at Abbey Stadium last October. Kick-off **8.00pm**.
10.30 **Bundesliga Weekly**
11.00 **EFL League One Goals**
11.30 **EFL Greatest Games**
12.00 M'T **Craig Brown: My Scotland**
12.30 AM **Best Scottish Premiership Goals 2024/25**
1.00 **SPFL: Edinburgh Derby Goals**
1.30 **SPFL Highlights**
5.00 **to 6.00** AM **SPFL Special: Celtic's Invincibles**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent highlights.
7.00 **IPL** Royal Challengers Bengaluru v Lucknow Super Giants.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Recent highlights.
2.50 PM LIVE **IPL Mumbai Indians v Punjab Kings.** Coverage of the T20 match from Wankhede Stadium. These two sides last met in the play-offs last season as they appeared in the second qualifier. That game saw the Kings come out on top thanks to a thrilling five-wicket victory that sent them through to the final. Mumbai made a 203-6 in their innings before Shreyas Iyer struck 87 not out off just 41 balls for Punjab to lead them to their target with six balls to spare and end the Indians season.
7.00 **Best of ICC WT20**
8.00 **IPL** Royal Challengers Bengaluru v Lucknow Super Giants. **9.00** Mumbai Indians v Punjab Kings from Wankhede Stadium.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Mumbai Indians v Punjab Kings.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
9.00 **Final Cut: The Long Game**
10.00 **The Masters** The fourth round.
11.30 **Scotland's Greatest Golf Holes**
12.00 NOON LIVE **PGA Tour Golf** Coverage of the featured groups on day one of the RBC Heritage from Harbour Town Golf Links in South Carolina. Justin Thomas was the victorious player here last year, overcoming his American compatriot Andrew Novak in a play-off to claim his first victory since he won the second of his PGA Championships in 2022.
7.00 PM LIVE **PGA Tour Golf** Further coverage of day one of the RBC Heritage from Harbour Town Golf Links in South Carolina.
11.00 LIVE **LPGA Tour Golf** Coverage of the opening day of the JM Eagle LA Championship from El Caballero Country Club. Sweden's Ingrid Lindblad took the honours in this event last year.
2.00 AM **Ladies European Tour Golf**
3.00 **PGA Tour Golf** RBC Heritage.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
8.00 PM LIVE **WTA Tennis** Coverage of the WTA Stuttgart Open and WTA Rouen Open held at Porsche-Arena and Kindarena Sports Complex respectively.
10.00 **ATP Tennis** Recent highlights.
12.00 M'T **WTA Tennis** Bogota Open.
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
6.30 **UEFA Europa League & Conference League Magazine**
7.30 **UEFA Champions League**
9.30 **Serie A – Full Impact**
10.00 **Premier League Reload**
10.15 LIVE **AFL Carlton Blues v Collingwood Magpies.** Bounce-up **10.30am**.
1.30 PM **Men's Cycling Pro Series**
2.30 LIVE **Men's Cycling Pro Series** Coverage of the third stage of the O Gran Camino.
4.30 **Men's Cycling Pro Series**
5.30 **Premier League Stories**
6.00 **Premier League Netbusters**
6.30 **Premier League: Big Interview**
7.00 LIVE **UEFA Europa League Nottingham Forest v FC Porto.** The quarter-final second-leg at the City Ground. Kick-off **8.00pm**.
10.30 **UEFA Europa & Conference League Highlights**
11.00 LIVE **LIV Golf** The first day of the sixth round from Mexico.
1.30 AM LIVE **MLB San Diego Padres v Seattle Mariners.** Start-time **1.40am**.
4.30 **MLB Plays of the Week**
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
8.00 **Discovery Golf**
8.30 **TNT Sports Reload**
9.00 **Marathons** Action from Paris.
10.00 **Longines FEI Jumping World Cup** Highlights from the eighth North American League qualifier.
11.00 **UEFA Europa League & Conference League Magazine**
12.00 NOON **UEFA Champions League** Arsenal v Sporting. **1.00** PM Highlights from Bayern Munich v Real Madrid.
2.00 **Discovery Golf**
2.30 **MotoGP Films** Jorge Martin.
3.00 **Marathons** Action from Paris.
4.00 **UEFA Champions League**
6.00 **UEFA Europa League & Conference League Magazine**
7.00 LIVE **UEFA Europa League Aston Villa v Bologna.** Coverage of the quarter-final second-leg from Villa Park. Kick-off **8.00pm**.
10.30 **Match Officials Mic'd Up**
11.00 **AFL** A chance to see Carlton Blues v Collingwood Magpies.
12.30 AM **UFC** Another chance to see Jiri Prochazka v Carlos Ulberg.
3.30 **Supercars Championship**
5.30 **to 6.00** AM **Premier League Legends**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights** Wigan Warriors v Catalans Dragons. **4.15** Highlights from Leigh Leopards v Leeds Rhinos in 2024. **4.30** Salford Red Devils v Wigan Warriors from 2024. **4.45** Warrington Wolves v Hull FC.
5.00 **NFL Highlights** Denver Broncos v Kansas City Chiefs.
6.00 LIVE **Premier League Darts** Coverage of the 11th night of the tournament at Rotterdam Ahoy in the Netherlands, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals are Luke Littler v Gerwyn Price, Gian van Veen v Luke Humphries, Michael van Gerwen v Jonny Clayton, and Stephen Bunting v Josh Rock.
10.00 **Super League Highlights**
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
2.00 **Super League**
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News** A round-up of the latest sports news, with live analysis and comment.
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
7.30 PM LIVE **Super League Hull FC v St Helens.** Coverage of the top-flight encounter at MKM Stadium. St Helens defeated the Airlie Birds home and away last year, prevailing 13-6 here and 16-10 at home, and they made a strong stage to the current campaign, but FC will hope to make home advantage count this time. Kick-off **8.00pm**.
10.15 **EFL Greatest Games** Reading v Cardiff City from 2017.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Bristol City v Manchester United from the 2017/18 EFL Cup. **12.15** AM Leeds United v Bristol City from the 2017/18 season.
12.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **EFL Greatest Games**
12.00 NOON **IPL** Recent T20 highlights.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **Ladies European Tour Golf**
5.00 **The Masters** The fourth round.
6.30 **WTA Tennis** The Linz Open final.
7.30 **ATP Tennis** Highlights from the Monte-Carlo Masters final.
8.30 **The Masters** The fourth and final round held at Augusta National.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Ultimate Pool** Pairs Cup.
7.30 **Isuzu UTE A-League Highlights**
8.00 **The Gruppetto** Cycling news.
8.15 **Fishing: On the Bank**
9.15 **Rolex SailGP Championship**
10.15 **Men's Cycling Pro Series**
11.15 **TNT Sports Reload**
11.45 **Premier League Legends**
12.15 PM **PL Netbusters**
12.45 **The Gruppetto** Cycling news.
1.00 **MLB Highlights**
2.00 **Ultimate Pool** Pairs Cup.
3.30 **WRC Review** Rally Croatia.
4.30 **Supercars Championship**
6.30 **Serie A – Full Impact**
7.00 LIVE **Conference League Fiorentina v Crystal Palace.** Coverage of the quarter-final second-leg from Stadio Artemio Franchi. Kick-off **8.00pm**.
10.30 **Men's Cycling Pro Series**
11.30 **Ultimate Pool** Pairs Cup.
1.00 AM **UEFA Europa League**
5.00 **to 6.00** AM **UEFA Conference League**

TNT Sports 4

414 416 524 411 434

6.00 AM **Motocross World Championship** In Sardinia, Italy.
9.00 **Isuzu UTE A-League**
12.00 NOON **Isuzu UTE A-League** Highlights from Western Sydney Wanderers v Sydney FC. **1.00** PM Action from Melbourne City v Wellington Phoenix. **2.00** Highlights from Perth Glory v Macarthur Bulls.
3.00 **EWC All Access** Le Mans.
4.00 **Rolex SailGP Championship** The fourth round in Rio de Janeiro.
5.00 **TNT Sports Reload**
5.30 **LIV Golf** A review of the fourth round of the season in Singapore. **6.30** Round five in South Africa.
7.30 LIVE **LIV Golf** The first day of the sixth round of the season at Club de Golf Chapultepec, Mexico.
1.30 AM **Men's Cycling Pro Series**
2.30 **The Gruppetto** Cycling news.
2.45 **Premier League Reload**
3.00 **to 6.00** AM **Motocross World Championship**

Premier Sports 1

419 551

6.00 AM **NHL: This is Hockey**
7.00 **Motorsport** Drew Gibson.
8.00 **Eredivisie Highlights**
9.00 **Champions Cup Show**
9.30 **Scottish Rally Championship**
10.00 **Champions Cup Highlights**
11.00 **NASCAR Highlights**
12.00 NOON **NHL Ice Hockey**
2.00 PM **NHL on the Fly**
2.30 **Football's Greatest**
3.00 **Scottish Football Social Club**
4.00 **LaLiga Match Highlights**
5.00 **Eredivisie Highlights**
6.00 **Champions Cup** A quarter-final.
8.00 **Sporting Greats**
9.00 **Champions Cup** Another chance to see the first quarter-final. **11.00** The second quarter-final.
1.00 AM **NHL Ice Hockey**
3.30 **to 6.30** AM LIVE **NHL Ice Hockey Colorado Avalanche v Seattle Kraken.** Coverage of the Western Conference match staged at Ball Arena. Face-off **3.30am**.

Premier Sports 2

420 552

6.00 AM **NASCAR Highlights**
7.00 **Football's Greatest**
7.30 **LaLiga** Real Madrid v Girona.
9.30 **Football's Greatest**
10.00 **GP Insights** Motorsport news.
10.30 **NHL Ice Hockey** Ottawa Senators v Toronto Maple Leafs.
12.30 PM **Challenge Cup** A chance to see the second quarter-final.
2.30 **Football's Greatest**
3.00 **Eredivisie** Heracles v Ajax.
5.00 **Football's Greatest** The finest players discuss their careers.
5.30 **LaLiga** Osasuna v Real Betis. **7.30** Mallorca v Rayo Vallecano.
9.30 **Football's Greatest**
10.00 **NHL Ice Hockey** Ottawa Senators v Toronto Maple Leafs.
12.00 M'T LIVE **NHL Ice Hockey Winnipeg Jets v San Jose Sharks.** The Western Conference encounter staged at Canada Life Centre. Face-off **1.00am**.
3.00 AM **NHL: This is Hockey**
4.00 **to 6.00** AM **Eredivisie**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **Ferrari Challenge UK Highlights**
10.30 **The F1 Show** Race preview.
11.30 **Formula 1** Japanese Grand Prix.
1.30 PM **Ted's Notebook**
2.00 **Formula 1** Japanese Grand Prix.
4.15 **Ted's Notebook**
4.45 **Oscar Piastri Drives a Supercar**
5.00 **GT World Challenge Europe**
7.00 **Formula 1** The Japanese Grand Prix staged at Suzuka Circuit.
8.00 **Villeneuve Pironi: Racing's Untold Tragedy**
10.00 **Formula 1** Australian Grand Prix. **11.00** The Chinese Grand Prix. **12.00** M'T Japanese Grand Prix.
1.00 AM **The Best of F1**
2.00 **F1 Explained** The inner workings.
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

17 April

Evening Planner

Friday

Comedy

Hacks
Sky Atlantic, 9pm
Season five begins with Deborah (Jean Smart) back in Las Vegas – determined to secure her comedic legacy...

Drama

Arcadia
Channel 4 Streaming
In the second series of the sci-fi-tinged Belgian drama, the Arcadia authorities are determined to tighten their grip.

OnDemand

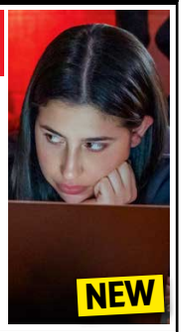
NETFLIX

A Gorilla Story
Available today
Naturalist David Attenborough takes a look back at his first meeting with baby gorilla Pablo in the 1970s.

OnDemand

NETFLIX

Roommates
Available today
Sadie Sandler stars as a socially awkward teenager who is sharing a room with a much more confident fellow student.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Extraordinary... †	8.00 Beyond Paradise		9.00 Have I Got...	9.30 The Young...	10.00 News; Local News	10.40 Claudia...
	102 BBC2	7.00 Greatest...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Spotlight: The Travelling Conmen		10.00 Live at the...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 It'll Be... †	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa		10.05 Assembly	10.30 News
	104 CHANNEL 4	7.00 News	7.30 Unreported...	8.00 Cadbury vs McVitie's: Battle of the...		9.00 Gogglebox		10.00 First Dates	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Traffic Cops		9.00 Missed Call		10.00 The Cancellation of Kenny Everett	
	106 SKY ONE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Never Mind the Buzzcocks		10.00 Katherine Ryan: First Born Daughter	
ENTERTAINMENT	115 BBC3	7.10 Deadly 60	7.40 Film: Puss in Boots			9.00 Death in Paradise		10.00 Film: Legend	
	116 BBC4	7.00 TOTP: 1999		8.00 TOTP: 1983	8.35 TOTP: 1994	9.05 Prince and His Songs at the BBC		10.05 Prince and the Revolution: Live	
	118 ITV2	◂ 6.55 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 Film: Transformers: The Last Knight			
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Blanca			
	135 E4	◂ 6.50 Film: Men in Black: International				9.00 Film: Die Hard			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.40 House of the Dragon				9.00 Hacks			10.20 DTF St Louis
	110 U&GOLD	7.00 Porridge	7.35 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	◂ 6.55 Heartbeat		8.00 Doc Martin				10.00 McDonald & Dodds	
	120 ITV4		7.15 Film: Never Say Never Again					10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans Live at Her Majesty's Theatre			10.20 Whose Line Is It...
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Allegiance	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Muddy Waters and the Rolling Stones – Live at the Checkerboard Lounge			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition X		10.00 Conspiracies & Coverups	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 My Extreme Animal Phobia		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Jaws @ 50: The Definitive Inside Story				9.55 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Clash of Ancient Warriors				10.00 Ancient Aliens: Origins	
	155 U&YESTERDAY	7.00 Tropic of Cancer with Simon Reeve		8.00 Porridge				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	◂ 6.00 After the Bite		8.00 God Bless Ozzy Osbourne				10.00 The Essex Murders	
FILMS - Sky Cinema	301 PREMIERE	◂ 5.45 Roofman		8.00 A Big Bold Beautiful Journey				10.00 Pillion	
	302 5 STAR MOVIES	◂ 5.55 Spider-Man		8.00 Spider-Man 2					10.10 Spider-Man 3
	303 BOX SET	◂ 5.35 The Amazing Spider-Man 2		8.00 Twister				10.00 Twisters	
	307 GREATS	◂ 5.50 The Mummy		8.00 Batman					10.10 Batman Returns
	312 ANIMATION	◂ 5.50 Shark Tale	7.35 10 Lives			9.15 Super Charlie			
	304 FAMILY	◂ 6.00 The Smurfs 2	7.50 Wallace & Gromit: The Curse of the Were-Rabbit			9.20 Daddy Day Care			
	306 ACTION	◂ 6.10 2 Fast 2 Furious		8.00 Aquaman					10.25 Fast & Furious 5
	308 COMEDY	◂ 5.50 Talladega Nights: The Ballad of...		8.00 Dumb and Dumber			9.50 American Pie		
	309 THRILLER	◂ 5.40 Sherlock Holmes		8.00 Sherlock Holmes: A Game of Shadows					10.20 Lethal Weapon
	310 DRAMA	◂ 6.15 Lost in Translation		8.00 Darkest Hour					10.10 It Ends with Us
	311 SCI-FI	◂ 6.20 Men in Black II		8.00 Men in Black 3				10.00 Mickey 17	
	313 FILM4	◂ 6.50 The Eagle				9.00 Knock at the Cabin			
SPORT	401 MAIN EVENT	7.00 Golf – Live	7.30 EFL – Live: Blackburn Rovers v Coventry City (Kick-off 8.00)						10.30 Golf – Live
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 Big Interview	8.00 Fantasy Show	8.30 PL Stories	9.00 PL Preview	9.30 Big Interview	10.00 Fantasy Show	10.30 PL Stories
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Blackburn Rovers v Coventry City (Kick-off 8.00)						10.30 EFL Trophy...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Bristol Bears v Gloucester Rugby (Kick-off 7.45)						10.00 Fantasy Show	10.30 MLB Highlights
	411 TNT SPORTS 2	◂ 6.30 LIV Golf – Live: Coverage from the second day of the sixth round of the season							

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Farm 999** Series finale (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** *The Show Must Go On:* 7/10. The latest production by the Kembleford Players proves to be dramatic in more ways than one. (S10) (S)(R)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **I Made It at Market** New edition Dominic Chinea revisits a textile weaver and a portrait artist. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 The Young Offenders

7 PM

7.00 **The One Show** Alex Jones and JB Gill present the topical show. (S)
7.30 **Extraordinary Portraits with Bill Bailey** New edition 4/6. Unza Saleem paints two brothers who face developing dementia. (S)(AD)

8 PM

8.00 **Beyond Paradise** New episode 4/6. The team investigate after a seaweed farm is sabotaged – and an eyewitness claims that he saw a legendary mermaid on the night of the incident. With Susan George. (S4) (S)(AD)

9 PM

9.00 **Have I Got News for You** New edition 3/10. Gabby Logan hosts the satirical quiz. (S)
9.30 **The Young Offenders** New episode 3/6. Conor's one true love is getting married to another man. (S5) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Claudia Winkleman Show** New edition The host talks to Phil Dunster about comedy series *Rooster*, Cush Jumbo chats about thriller *Criminal Record* and Josh Widdicombe discusses his podcast *The Museum of Pop Culture*. (S)
11.25 FILM **The Royal Hotel** Thriller starring Julia Garner and Jessica Henwick. Two young backpackers take a job in an Australian pub and are confronted by the unruly locals. With Hugo Weaving. (S) (2023, 18, 85min) ★★★
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Shift the Thrift** (S)(R)(AD)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Just One Thing** (S)(R)
8.30 **Sign Zone: Ronan Keating's Wild Atlantic** Western Ireland. (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz. (S)(R)
2.30 **Lightning** Quiz show. (S)(R)
3.00 **Clive Myrie's Caribbean Adventure** Havana. (S)(R)
3.30 **Ancient Invisible Cities** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** The team visit Nottingham. (S)(R)
5.10 **Flog It!** Paul Martin hosts from Gloucester Cathedral. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition A journey on a Shinkansen bullet train. (S)(AD)

8.00 Gardeners' World

7.00 **Greatest Gardens with Diarmuid Gavin and Carol Klein** New edition Guest judge Patrick Grant joins the duo. (S)
7.30 **Beechgrove Garden** New edition Calum Clunie demonstrates what can be grown from one container. (S)

8.00 **Gardeners' World** New edition Monty Don has an exclusive preview of a new garden created in Londons' Regent's Park to commemorate the life of Queen Elizabeth II, due to open on what would have been her 100th birthday. (S)

9.00 NEW **Spotlight: The Travelling Conmen** Conor Spackman is on the trail of home-repair scammers crossing America and ripping off millions in cash. He hears about the misery caused and follows the money. (S)(AD)

10.00 **Live at the Apollo** Phil Wang introduces stand-up routines by Brennan Reece and Rachel Parris at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.05 FILM **The Wicker Man** Horror starring Edward Woodward as a police sergeant who arrives on a Scottish island to investigate the disappearance of a young girl. (S) (AD) (1973, 15, 90min) ★★★★★
12.35 AM **Sign Zone: Panorama – Trump's Immigration Crackdown**
1.05 **Sign Zone: Great British Menu** (R)
2.05 **Sign Zone: The Other Bennet Sister** 10/10. (S1) (S)(R)(AD)
2.35 **Sign Zone: Global Eye** (S)(R)
3.05 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Guests Antony Cotton, Matt Dawson and Stacey Dooley try to guess the familiar phrases. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and his team of experts visit Hartlepool. (S)(R)
3.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant attempts to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

10.05 The Assembly

7.30 **It'll Be Alright on the Night** New edition Tom Allen presents out-takes, clangers, gaffes, featuring clips of Fiona Bruce, Dermot O'Leary, Alex Jones, Richard Osman, Bradley Walsh, Will Best, Rochelle Humes and Joey Essex. (S)(AD)

8.00 **Emmerdale** Jacob is being manipulated, Marlon supports April, and Lewis hatches a plan. (S)(AD)
8.30 **Coronation Street** Todd struggles to get back to normality, and Jodie creates a rift in the Platt family. (S)(AD)

9.00 **I'm a Celebrity... South Africa** New edition 10/15. Ant and Dec host as memorable campmates from past series of *I'm a Celebrity... Get Me Out of Here!* compete. (S)

10.05 **The Assembly** New edition Comedian Lenny Henry faces a panel of autistic, neurodivergent and learning-disabled interviewers. (S)
10.30 **ITV News** (S)
11.00 **Local News** (S)
11.15 **Romesh Ranganathan's Parents' Evening** Comedy game show, with Gabby Logan, Pete Wicks and Krishnan Guru-Murthy. (S)(R)
12.10 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** With chef Paul Ainsworth. (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 5-7/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 2-5/24. (S10) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** Norwalk in Ohio. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker: Travels with Mum & Dad** 3/6. The Bakers are greeted by the Duchess of Northumberland on a visit to Alnwick Castle. (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Jolyon and Chris tackle a tricky façade. (S)
6.00 **Jasmine Harman's Renovation in the Sun** The family hope to finish work on their Spanish villa before their summer party. (S)(R)

10.00 First Dates

7.00 **News** (S)
7.30 **Unreported World** *Japan's Shoplifting Pensioners:* Repoter Krishnan Guru-Murthy investigates a geriatric crime wave that is sweeping Japan. (S)

8.00 **Cadbury vs McVitie's: Battle of the Brands** Series finale 4/4. Kate Quilton looks at the rivalry between the confectioners, taking in the development of new products, the importance of dunking and the cake-v-biscuit debate. (S)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **First Dates** New edition A 50-year-old hairstylist meets a well-travelled nutritionist, a conspiracy theorist is matched with a science teacher, and a high-energy spin instructor meets a passionate PE teacher. (S)
11.05 **8 Out of 10 Cats Does Countdown** Joe Wilkinson and Alex Brooker play against Kevin Bridges and Judi Love. (S)(R)
12.10 AM **Taskmaster** (S)(R)
1.05 FILM **Miss Peregrine's Home for Peculiar Children** Fantasy starring Eva Green and Asa Butterfield. (S) (2016, 12, 125min) ★★★
3.10 **Four in a Bed** (S)(R)
5.30 **to 6.00** AM **Kirstie's House of Craft** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Bargain-Loving Brits in the Sun** Pub landlady Paula braves the rain to drum up trade. (S)(R) **4.00** A couple from Yorkshire tie the knot in Albir. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition How a farm in Co Down is protecting barn owls. (S)
6.05 **Susan Calman's Grand Day Out** The presenter explores the Scottish Borders and the neighbouring county of Dumfries and Galloway. (S)(R)
6.55 **News** (S)

9.00 Missed Call

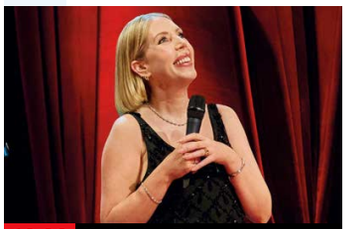
7.00 **Motorway Cops: Catching Britain's Speeders** PC Ed Clarke being taken on a wild ride through Stoke-on-Trent after he spots a ropey-looking Vauxhall that fails to stop. (S)(R)
7.55 **News** (S)
8.00 **Traffic Cops** New edition In the wake of a surge of criminals using fake car number plates to commit crimes, officers in Derbyshire are under pressure to catch criminals trying to fly under the radar. (S)
9.00 **Missed Call** Series finale 5/5. A discovery in the woods pushes the investigation into a new phase, and Sarah anxiously waits for confirmation of whether it's linked to Katie's disappearance. (S1) (S)(AD)
10.00 **The Cancellation of Kenny Everett** A profile of the DJ and comedian, who was unafraid to ruffle feathers in a career chequered with controversy, hearing from those who loved his candour and others offended by it. (S)(R)
11.30 **Piers Morgan: Uncensored** A selection of highlights from the presenter's YouTube show. (S)
1.00 AM **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** Paul heads to the West Midlands, where his first opponent is antiques expert Rachel Holland. (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Predators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 15/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 22/26. Andy's plans to give Erin the perfect Secretary's Day are ruined when Michael reveals his past with Angela. (S)(R) **6.30** 23/26. Michael misunderstands Donna's body language during a sales pitch by Jim and Pat. (S6) (S)(R)


10.00 Katherine Ryan

7.00 **The Simpsons** *Mayored to the Mob:* Homer is appointed bodyguard to Mayor Quimby. (S)(R) **7.30** *Viva Ned Flanders:* Homer takes Ned Flanders to Las Vegas, where they go on a drunken binge. (S)(R)
8.00 **An Idiot Abroad** 6/8. Karl Pilkington heads for Christ the Redeemer in Rio de Janeiro, taking in the culture of Brazil along the way – as well as experiencing a back wax and visiting a nudist beach. (S)(R)
9.00 **Never Mind the Buzzcocks** Greg Davies hosts the music quiz, with Joel Dommett, Abi Harding and Glen Matlock joining regulars Noel Fielding and Jamali Maddix, and Courtney Love standing in as captain. (S)(R)(AD)
10.00 **Katherine Ryan: First Born Daughter** A stand-up special in which the comedian tackles marital dynamics, motherhood and media scandals, and answers audience dilemmas with no holds barred advice. (S)(R)
11.30 **Intelligence** 1/6. Jerry finds himself the centre of attention once again when the Russians obtain a cyberweapon that he helped develop. (S2) (S)(R)(AD)
12.00 M'T **Grimm** 17/22. Rosalee falls under the spell of a mystical lawyer. (S2) (S)(R)
1.00 AM **Police 24/7** (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Hawaii Five-0** 13/23. (S2) (S)(R)
4.00 **S.W.A.T.** 15/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R) **11.25** A View from the Terrace (S)(R) **12.10am** FILM The Royal Hotel (S) (AD) (2023, 18, 85min) ★★★ **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
6.55-7.00pm Party Election Broadcast (S)(R) **7.30-8.00pm** Flaming Feasts New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00-8.00pm Great British Menu New edition (S)(AD)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Bethesda: Pobol y Chwarel (AD) **1.30** Cegin Bryn: Y Dosbarth Meistr **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Garddio a Mwy **6.30** Heno New edition **7.00** Newyddion a'r Tywydd **7.30** LIVE Clwb Rygbi **9.50** Y Llais **10.55pm-12.00m't** Eryri: Pobol y Parc

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Dance Race**
7.10 **Deadly 60** Exploring habitats shared by humans and dangerous creatures.
7.40 FILM **Puss in Boots** Animated comedy adventure, a spin-off from the *Shrek* films, featuring the voices of Antonio Banderas, Salma Hayek and Zach Galifianakis. The swashbuckling feline outlaw teams up with a beautiful cat thief and a treacherous former friend to find some magic beans. (2011, U, 90min) ★★★★
9.00 **Death in Paradise** *Serving Up Murder:* 3/8. A famous chef is poisoned during a cookery competition. (S13)
10.00 FILM **Legend** Biopic of 1960s gangsters the Kray brothers, exploring their rise to power from the point of view of Reggie's wife, Frances. Stars Tom Hardy. (2015, 18, 128min) ★★★
12.05 AM **Ashley Cain: Into the Danger Zone**
1.05 **to 4.00** AM **Doctor Who**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **TOTP: 1999** With Shaft and Enrique Iglesias. **7.30** With Sixpence None The Richer and Vengaboys.
8.00 **TOTP: 1983** Performances from Culture Club, The Human League, Spandau Ballet and David Bowie.
8.35 **TOTP: 1994** With Crash Test Dummies, Bitty McLean, Erasure, Crystal Waters, Deacon Blue and Prince.
9.05 **Prince and His Songs at the BBC** Archive appearances on the BBC by the musician as well as performances by artists who covered his songs, including Beyonce, Chaka Khan and Sinead O'Connor.
10.05 **Prince and the Revolution: Live** A 1985 performance by the band.
11.25 **Prince: A Purple Reign**
12.25 AM **Word Up! Black American Pop at the BBC** Featuring Salt-N-Pepa, Cameo and Chaka Khan.
1.25 **TOTP: 1999** Double bill.
2.25 **TOTP: 1983** As 8.00pm.
3.00 **to 3.30** AM **TOTP: 1994**

MORE4

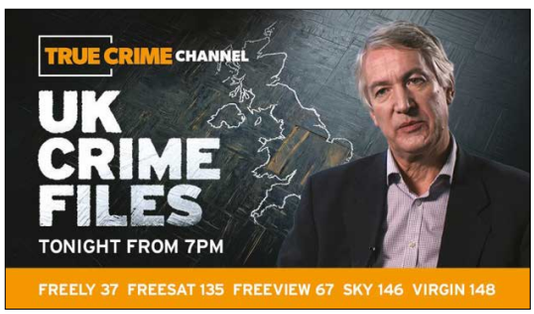
136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest gets under way at Foxholm B&B in North Yorkshire. **4.50** A visit to the Pack Horse, an American diner-themed B&B in Lincolnshire. **5.20** The third visit is to Glenwalden in Blackpool. **5.50** The final visit is to the Winder Hall Country House B&B in the Lake District. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer catch up with two couples previously featured on the show.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil catch up with Jamie Lea and Curtis from Albrighton.
9.00 **Blanca** New episode *Stains:* 5/6. Blanca starts experiencing episodes of listlessness and dizziness, but is distracted from her mystery symptoms when a student's body is found on premises owned by an oil company. Subtitled. (S1)
11.05 **24 Hours in A&E**
1.10 AM **Emergency Helicopter Medics**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **The Simpsons**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **The Simpsons** Triple bill.
5.00 **America's Next Top Model: All-Stars**
5.55 **The Simpsons** Double bill.
6.50 FILM **Men in Black: International** Sci-fi comedy sequel starring Chris Hemsworth. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. (2019, 12, 110min) ★★★
9.00 FILM **Die Hard** Action thriller starring Bruce Willis. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in Los Angeles at Christmas. (1988, 15, 131min) ★★★★★
11.40 **Naked Attraction**
1.40 AM **Gogglebox**
2.40 **Celebrity First Dates**
3.35 **The Simpsons**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride**



Friday

primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 15&19/22. (S1)
1.00 PM **The Rookie** 10/22. Nyla and James find themselves in the middle of a bank robbery. **2.00** 11/22. Lucy investigates a complex case. (S5)
3.00 **Law & Order: Criminal Intent** 9/23. A physicist dies in mysterious circumstances. (S4)
4.00 **Nothing to Declare**

9.00 Chicago Fire

7 PM
7.00 **Police 24/7** Officers plot to stop a fleeing car, and a routine traffic stop leads to suspects attempting to dispose of evidence.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Chicago Fire** *Port in the Storm:* 6/13. Firehouse 51 welcomes back some familiar faces as Brett says goodbye. (S12)

10 PM
10.00 **Fire Country** *A Fair to Remember:* 14/22. A ride malfunction at the annual town fair leads to mass chaos and injuries. (S1)
11.00 **The Rookie** 6/20. Nolan's old mentor goes on the run. (S1)
12.00 M'T **FBI** 10&11/22. (S1)
2.00 AM **Blue Bloods** 12/20. (S12)
3.00 **Road Wars**
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 4&5/12. (S2)
12.00 NOON **Billions** 5&6/12. (S2)
2.10 PM **My Brilliant Friend** (S2)
3.15 **Hacks** 8&9/9. (S3)
4.30 **Billions** 5/12. Axe's numbers take a big hit prompting him to considers a quick play. **5.35** 6/12. Axe negotiates with a reluctant seller. (S2)
6.40 **House of the Dragon** 7/8. Daemon puts pressure on Oscar Tully to raise up his bannermen. (S2)

5.35 Billions

7.45 **House of the Dragon** *The Queen Who Ever Was:* 8/8. As Aemond becomes more volatile, Larys plots an escape and Rhaenyra looks to press home her advantage. (S2)

9.00 **NEW SERIES Hacks** 1/10. Deborah returns to Las Vegas with Ava. **9.40** New episode 2/10. Comedy drama. *See feature, page 11.* (S5)
10.20 **DTF St Louis** 7/7. With Tiger Tiger out of the picture, Clark comes up with a new plan. (S1)
11.25 **House of the Dragon** 5/8. Daemon enlists help to persuade the Brackens to bend the knee. (S2) **12.35** AM As 6.40pm. **1.50** As shown at 7.45pm.
3.10 **Homicide: Life on the Street**
4.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Georgia and Tommy**
9.10 **The Only Way Is Essex**
10.10 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Supermarket Sweep**
1.00 PM **I'm a Celebrity... South Africa** Reality series.
2.05 **Celebrity Catchphrase**
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
5.55 **Celebrity Catchphrase**

9.00 Transformers

6.55 **I'm a Celebrity... South Africa** Ant and Dec host as memorable campmates from past series compete.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **FILM Transformers: The Last Knight** Sci-fi adventure sequel starring Mark Wahlberg and Anthony Hopkins. The shape-changing robots must find an ancient artefact to protect Earth from their own creator. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Family Guy** 12/20. The guys try to help Mayor Wild West reconnect with his father. **12.35** 6/20. Peter makes a hologram of himself. (S21)
1.05 **American Dad!** (S12&17)
2.00 **Bob's Burgers** 6&3/22. (S12)
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Four Funerals and a Wedding:* A contest pitting men against women results in two deaths.
3.35 **Classic Emmerdale**
4.45 **Classic Coronation Street**
5.50 **Heartbeat** *Red Herring:* A Russian sailor seeks asylum when his ship docks in Whitby.

9.00 Doc Martin

6.55 **Heartbeat** *Arms and the Man:* There is trouble in the village when local children get their hands on wartime ammunition.

8.00 **Doc Martin** *The Wrong Goodbye:* 8/8. The doctor bids farewell to old friends and prepares to leave Portwenn. (S4)

9.00 **Doc Martin** *Preserve the Romance:* 1/8. The GP struggles to come to terms with his new role as a father. (S5)

10.00 **McDonald & Dodds** *Jinxy Sings the Blues:* 2/3. The detectives investigate when a man is found dead on a bus, but there is not one eyewitness to his death. (S4)
11.50 **Lewis** *Old, Unhappy, Far Off Things:* An all-female college reunion takes a tragic turn.
1.45 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **British Touring Cars**
6.15 **Magnum, PI**
7.20 **Kojak**
8.25 **The Saint**
9.30 **Boon**
10.40 **The Sweeney**
11.45 **BattleBots**
12.50 PM **Magnum, PI**
1.50 **Kojak**
2.55 **The Saint**
4.00 **Boon**
5.05 **The Sweeney** *Golden Fleece.*
6.10 **Minder** *Days of Fines and Closures:* Terry and Arthur take charge of the club.

5.05 The Sweeney

7.15 **FILM Never Say Never Again** James Bond adventure starring Sean Connery. After stealing two US cruise missiles, international crime syndicate SPECTRE holds the world to ransom, and only Bond can save the day. With Kim Basinger, Max von Sydow and Klaus Maria Brandauer. (1983, PG, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling – the roster features world-class talent including Jon Moxley, Bryan Danielson and Claudio Castagnoli.
12.05 AM **Dark Side of the Ring**
12.55 **Minder**
1.50 **Two and a Half Men** (S1)
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Our Lives: The Journey to Scotland's Remotest Pub** Two friends take on a treacherous trip.
8.00 **Michelle McManus Sings for the Pope** The singer performs a hymn in front of Pope Leo XIV.
9.00 **Ooh the Banter** Jack Docherty delves into the BBC archives for a celebration of Scottish comedy.
10.00 **Still Game** 6/6. Isa is excited when an old flame returns. (S8)
10.30 **A View from the Terrace** New edition A sideways look at Scottish football.
11.15 **Two Doors Down** 3/6. Cathy and Colin return from holiday to find they have been burgled. (S3)
11.45 PM **to 12.00** M'T **Growing Up Scottish**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **The Chair Company**
10.15 **Upright** 7&8/8. (S2)
11.30 **American Auto** (S2)
12.30 PM **Will & Grace** (S8)
1.30 **The Chair Company**
2.45 **Upright** 7&8/8. (S2)
4.00 **Breeders** 5&6/10. (S3)
5.00 **Bloods** 1&2/10. (S2)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** 19/26. Dwight stirs things up when Jim returns from paternity leave. **7.30** 20/26. Michael tries to teach the staff a lesson by withholding new sales leads. (S6)
8.00 **Community** (S4)
9.00 **Sarah Silverman: Someone You Love** Stand-up performance.
10.15 **The Comeback** (S3)
10.55 **Breeders** 5&6/10. (S3)
11.55 **Bloods** 1&2/10. (S2)
12.55 AM **Community** (S4)
1.55 **Upright** 7&8/8. (S2)
3.15 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Mozart's Women: A Musical Journey**
7.30 **Watercolour Challenge**
8.30 **Tales of the Unexpected**
9.40 **Hitchcock Presents**
10.45 **André Rieu: La Vie Est Belle**
12.30 PM **Tales of the...**
1.30 **FILM The Barefoot Contessa** Drama. (1954, PG, 127min) ★★★
4.00 **Discovering**
5.00 **Portrait Artist 2013**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** From 1978.
9.00 **Muddy Waters and the Rolling Stones: Live at the Checkerboard Lounge** From 1981.
11.00 **The Stones in Exile**
12.15 AM **Music Legends**
1.15 **Isle of Wight Festival**
3.15 **Women Who Rock**
4.25 **Kate Bush: The Timeless Genius**
5.35 **to 6.00** AM **Discovering**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 25/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *The Child:* 1/22. Sci-fi drama. (S2)
8.00 **Nothing to Declare**
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five colleagues who work for the police take part in the quiz.
3.00 **Ant & Dec's Limitless Win** Amanda Holden and Jamie Redknapp help two players try to win a fortune.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Nick takes on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Floor** The 57 remaining contestants fight for more squares.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Jasmine Harman's Renovation in the Sun** DIY series.
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **George Clarke's Amazing Spaces**
7.50 **The Great Celebrity Bake Off for Stand Up to Cancer**
9.00 **24 Hours in Police Custody: The Cold Case Murder** 1&2/2.
11.05 **Gogglebox**
1.05 AM **First Dates**
2.05 **Naked Attraction**
3.10 **Open House: The Great Sex Experiment**
4.05 **to 5.00** AM **Cadbury vs McVitie's: Battle of the Brands**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 16/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 17/26. (S7)
2.00 **Warehouse 13** 6&7/20. (S4)
4.00 **Stargate SG-1** 13/22. (S4)
5.00 **Star Trek: Voyager** (S3)
6.00 **Star Trek: The Next Generation** 16/26. After losing his memory, Data awakes to find himself stranded on a primitive planet. (S7)

8.00 Stargate SG-1

7.00 **Star Trek: Deep Space Nine** *Penumbra:* 17/26. Dax defies Sisko's decision concerning Worf. (S7)

8.00 **Stargate SG-1** *The Curse:* 13/22. Daniel investigates when one of his former professors dies in strange circumstances. (S4)

9.00 **Grimm** *Face Off:* 13/22. Nick finds out about Juliette's relationship with Renard, who is frantically searching for the key.

10.00 **Grimm** *Natural Born Wesen:* 14/22. Three Wesen break the laws of their race by openly revealing their supernatural nature. (S2)
11.00 **The Walking Dead** 12/13. Rick decides the survivors need to change their mentality after their latest loss – but his announcement prompts Shane to devise his own plan. (S2)
12.00 M'T **Warehouse 13** (S4)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries**
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** As 4.00pm.
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S16&17)
4.00 **The Mentalist** 7/23. Bosco and Lisbon team up. (S2)
5.00 **Hudson & Rex** 3/16. A social media star dies while live streaming her wedding. (S2)
6.00 **My Life Is Murder** 8/10. Alexa and Madison investigate the death of a music producer. (S3)

8.00 Death in Paradise

7.00 **Father Brown** *The Darkest Noon:* Mallory and Father Brown go missing, and it is up to the gang to save them.

8.00 **Death in Paradise** *The Wrong Man:* 2/8. A zombie movie being filmed on the island ends in real-life horror. (S3)

9.00 **Death in Paradise** *Dark Memories:* 7/8. Someone from JP's past is caught red-handed at a murder scene. (S7)

10.00 **Allegiance** *Supply Side:* 2/10. Sabrina and the team track a batch of deadly heroin sweeping through Surrey. (S1)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** *As the Sun Sets:* 5/8. Marlon is attacked while going to help an old friend. (S13)
1.00 AM **My Life Is Murder**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.30 **The Green Green Grass**
9.10 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.05 **Ever Decreasing Circles**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

9.00 Not Going Out

7.00 **Porridge** Fletcher takes on the role of agony aunt.
7.35 **Dad's Army** The platoon defend headquarters against members of the Highland Regiment.
8.20 **Are You Being Served?** Mr Grace decides to cater for working people by opening the shop earlier.

9.00 **Not Going Out** Lee has to leave the flat when he gets a job as a caretaker. **9.40** Lee begins to feel isolated and decides to try speed-dating.
10.20 **Men Behaving Badly** Tony returns from holiday with an ill-advised beard.
10.55 **Mrs Brown's Boys** Cathy goes to extreme lengths to impress her boyfriend.
11.35 **Not Going Out** Double bill.
12.55 AM **Men Behaving Badly**
2.05 **Hi-de-Hi!**
2.35 **Alma's Not Normal**
3.05 **Ghosts**
3.35 **to 4.00** AM **Toast of London**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** From Ethiopia.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers Everyday Gourmets** Meals on a budget.
6.00 **Rick Stein's Cornwall** Rick explores the Fowey Estuary. **6.30** Fishing for lobsters.

5.00 Everyday Gourmets

7.00 **Would I Lie to You?** With Hugh Dennis, Ben Fogle, Kate Silverton and Craig Revel Horwood.
7.40 **Richard Osman's House of Games** With Mark Watson and Raj Bisram. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.

9.00 **QI XL** Guests Jo Brand, Marcus Brigstocke and Danny Baker join regular panellist Alan Davies and host Stephen Fry.

10.00 **Frankie Boyle's New World Order** With Richard Osman.
10.40 **Have I Got a Bit More News for You** Jess Phillips hosts the quiz.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **Have I Got a Bit More News for You** As 10.40pm.
2.35 **Frankie Boyle's New World...**
3.10 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **The Bill**
8.30 **Doctors**
9.40 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Guest stars Thora Hird.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** Mayor Makepeace hires Hetty to track down his runaway daughter.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Happy Valley

7.20 **Last of the Summer Wine** The pals scheme to get Wally out from under Nora Batty's thumb.

8.00 **Father Brown** *The Flower and the Fairway:* The locals are unhappy when an ostentatious American opens a golf club.

9.00 **Happy Valley** 1/6. While out solving a case of sheep rustling, Catherine discovers a decomposed body, and soon finds herself in the middle of a murder investigation. (S2)
10.20 **New Tricks** *Fresh Starts:* A man believes that his apparently dead wife is still alive. Guest stars Hugh Dennis and Samuel West.
11.40 **Dalziel & Pascoe** *Deadheads:* A rose-grower is suspected of being a serial killer.
1.45 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.35 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

Friday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
10.00 **NCIS** 8-10/24. (S10)
1.00 PM **Law & Order**
7.00 **NCIS** *Double Blind:* 23/24. A cook from a US Navy destroyer tells McGee and Gibbs someone is stalking him. **8.00** *Damned If You Do:* 24/24. A Navy SEAL's wife receives a package containing her husband's severed head. (S10) **9.00** *Whiskey Tango Foxtrot:* 1/24. A bomb kills the Secretary of the US Navy. (S11)
10.00 **Law & Order: Special Victims Unit** *Sick:* 19/25. A billionaire is accused of paedophilia. **11.00** *Lowdown:* 20/25. An assistant district attorney is killed. (S5)
11.55 **Law & Order: Special Victims Unit** (S5)
1.50 AM **NCIS: Los Angeles**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** A 17-year-old is rushed in by helicopter after a mountain bike accident.
10.00 **999: Emergency Call Out** A 12-year-old boy is hit by a car at 50mph on the Isle of Sheppey.
11.00 **Skin A&E** The clinic's heaviest ever lipoma.
12.00 M'T **Nightmare Tenants, Slum Landlords**
2.45 AM **GPs: Behind Closed Doors** Medical series.
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Police Interceptors**
11.35 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
1.25 PM **FILM Bite the Bullet** Adventure. (1975, PG, 131min) ★★★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police: Night Shift 999** An altercation in a bar leads to a foot chase through Gloucester.
10.00 **Cops** A business owner flags down officers when a man climbs on his car. **10.30** A suspect on the run makes a dangerous decision.
11.00 **The X-Files** 6/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point** Triple bill.
10.00 **DIY SOS: Celebrating 20 Years** As 6.00pm.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: Celebrating 20 Years** A look at the show's 20-year history.
7.00 **DIY SOS: The Big Build**
8.00 **Inside the Ambulance: Coast and Country**
9.00 **999 Rescue Squad** The team treat a lorry driver trapped behind his wheel. **10.00** The discovery of underwear on a canal bank sparks a risky missing persons search.
11.00 **Gavin & Stacey**
1.00 AM **DIY SOS: The Big Build Ireland**
1.45 **Louis Theroux Interviews... Yungblud**
2.35 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Bangers & Cash**
9.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Antiques Roadshow**
7.00 **Tropic of Cancer with Simon Reeve**
8.00 **Porridge** Fletcher becomes an agony aunt. **8.40** A thief is at large. **9.20** Fletch tries to sort out Godber's love life.
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **The Witch Hunts: Lucy Worsley Investigates**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Crane replicas.
4.00 **Long Lost Family: What Happened Next**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip**
9.00 **Rock the Block** New edition The teams bring their A-games as they race to finish their first-floor spaces.
10.00 **Home Town** New edition Renovating the local hospital maternity ward.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Friday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** Triple bill. (S4)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** (S6)
4.10 **Down to Earth** (S1)
5.20 **Bramwell** 3/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 13/26. Father Mulcahy learns to trade on the black market. **8.00** 14/26. Father Mulcahy rashly indulges in heroic behaviour. **8.30** 15/26. Father Mulcahy writes home to his sister. (S7)
9.00 FILM **Road to Perdition** Period crime drama starring Tom Hanks and Paul Newman. (2002, 15, 119min) ★★★★
11.30 **The Avengers** (S5)
12.30 AM **M*A*S*H** (S7)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM FILM **Panhandle** Western. (1948, b/w, U, 85min) ★★
10.55 **Tombstone Territory**
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM FILM **The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
3.55 **The Persuaders!**
4.55 **The Avengers** (S5)
6.55 FILM **Tracker** New Zealand-set period action drama starring Ray Winstone. (2010, 12, 101min) ★★★
9.00 FILM **For a Few Dollars More** Spaghetti Western with Clint Eastwood and Lee Van Cleef. (1965, 15, 128min) ★★★★
11.55 FILM **In the Line of Fire** Crime thriller starring Clint Eastwood. (1993, 15, 127min) ★★★★
2.45 AM **The Persuaders!**
3.45 **The Avengers** (S5)
5.15 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Martha's Vineyard Mysteries: Ships in the Night** Drama. (2021, PG) ★★
10.05 **In Plain Sight** 2/13. (S3)
11.05 **Castle** 17/22. (S8)
12.05 PM FILM **Fixer Upper Mysteries: Deadly Deed** Crime drama. (2018, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 18/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** 3/13. (S3)
10.00 FILM **An Aurora Teagarden Mystery: Three Bedrooms, One Corpse** Drama starring Candace Cameron Bure. (2016, PG, 84min) ★★
11.55 **Hart to Hart**
1.55 AM FILM **A Deadly Lullaby** Crime thriller. (2020, 12, 86min) ★
3.25 **to 5.00** AM FILM **Island of Shadows**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **Aloha with Love** Romantic comedy. (2022, PG, 90min) ★★
10.15 FILM **Just My Type** Romantic comedy. (2020, PG, 84min) ★★
12.20 PM FILM **Stepping into Love** Romantic drama. (2023, PG, 82min) ★★
2.15 FILM **The Way to the Heart** Comedy drama. (2022, PG, 86min) ★★
4.15 FILM **Her Pen Pal** Romantic drama. (2021, PG, 84min) ★★
6.10 FILM **Rip in Time** Drama. (2022, PG) ★★
8.00 FILM **Snowmance** Romantic fantasy. (2017, PG, 90min) ★★
10.00 FILM **Christmas Date** Romantic comedy. (2019, U, 90min) ★★
11.55 FILM **Two Turtle Doves** Drama. (2019, U) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Snowmance** (2017)

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **Garden Rescue**
4.30 **New Home DIY**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden**
8.00 **Garden Rescue** Creating a theatrical garden for a couple. **9.00** Renovating a garden in Ilkeston.
10.00 FILM **Frustrated Wives** Comedy with Hilary Farr. (1974, 12, 84min) ★
12.00 M'T FILM **Come Play with Me** Sex comedy starring Pat Ashley. (1977, 18, 90min) ★★
2.00 AM **The Greatest Auction** A sculpture.
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 19/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Gaffer** (S2)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 4/7. (S2)
1.40 **The Champions** (S1)
2.40 **Space 1999** 19/24. (S2)
3.45 **Rewind Time Machine**
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 2/7. (S2)
6.30 **Agony** 4/7. (S2)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions** (S1)
9.00 **Drop the Dead Donkey**
10.00 FILM **Secrets of Sex** Comedy. (1970, 18) ★★
11.50 FILM **Naked as Nature Intended** Comedy. (1961, 18, 61min) ★★
1.10 AM **Stereo Underground**
2.10 **We Had One of Those**
2.20 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Captain Mandy holds a steady course and hits the king crab jackpot. **8.00** The first storm of the season arrives.
9.00 **Cops UK: Bodycam Squad** An operation takes place targeting drugs and weapons.
10.00 **Street Cops UK**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Islands to Highlands**
7.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
8.00 **The Pioneer Woman**
9.00 **Money Saving Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
4.00 **The Pioneer Woman**
5.00 **Money Saving Meals**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Ottolenghi's Mediterranean Feast**
10.00 **Adam Richman Eats Italy** Parma's foods. **10.30** From Venice.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 2/25. (S7)
9.00 **T.J. Hooker** 15/22. (S2)
10.00 **Six Million Dollar Man**
11.00 FILM **Meteorites!** Disaster movie. (1998, PG, 85min) ★
1.00 PM FILM **A Study in Terror** Mystery thriller. (1965, 15, 91min) ★★★
3.00 FILM **The Southern Star** Adventure. (1968, PG, 105min) ★★★
5.00 **Star Trek** 11/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 16/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 FILM **Congo** Adventure. (1995, 12, 108min) ★★★
11.10 FILM **Conan the Barbarian** Adventure. (2010, 15, 112min) ★★
1.25 AM FILM **Revenge** Crime thriller. (2017, 18, 108min) ★★★★
3.30 **to 5.25** AM FILM **A Certain Justice** Action adventure. (2014, 15, 96min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Collision Earth** Sci-fi thriller. (2011, 12, 95min) ★★
11.00 **The Lost World** (S3)
12.00 NOON FILM **The Gambler** Musical. (1980, PG, 95min) ★★★
2.00 PM FILM **Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **The Legend of Hercules** Adventure. (2014, 12, 97min) ★★
7.00 **Andromeda** 1/22. (S1)
8.00 **The Fall Guy** 6/13. (S4)
9.00 FILM **Maximum Risk** Thriller starring Jean-Claude Van Damme. (1996, 18, 101min) ★★
11.05 FILM **Acts of Violence** Drama with Bruce Willis. (2018, 15, 86min) ★★
1.00 AM FILM **Maximum Risk** As 9.00pm.
3.00 FILM **The Legend of Hercules** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 NEW SERIES **WWE's Greatest Moments**
10.00 **The UnBelievable**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** California.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Cruising with Jane McDonald** The Danube.
5.00 **Europe's Greatest Train Journeys**
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Taggart** *Instrument of Justice:* An informant is due to give evidence against his former boss, but police fail to get the witness to court.
11.40 **The Most Embarrassing TV Moments**
1.45 AM **Cruising with Jane McDonald** Cuba.
2.40 **Paul Martin's Antiques Showdown**
3.35 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
12.40 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** An edition focusing on the subject of history.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Celebrity Chase** Bradley Walsh hosts as Michael Vaughan, Anna Richardson, Ray Mears and Jane Danson play.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 14/17. Leonard changes his ways. (S1)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Elise grows suspicious of Joshua's relationship with a female friend.
11.00 **90 Day: The Single Life** New edition Debbie tries to fix things between Cortney and Colt, Vanja's trip to Maine turns toxic, and Kim is ready to try find the daughter she placed for adoption.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S3)
1.00 PM **Friends** (S3&4)
8.00 **Friends** 14/24. Charlton Heston discovers Joey in a compromising position. **8.30** 15/24. One of Chandler's old flames suddenly turns up. (S4)
9.00 **Lee Evans Live at Her Majesty's Theatre**
10.20 **Whose Line Is It Anyway? USA**
11.50 **8 Out of 10 Cats**
1.30 AM **Impractical Jokers**
2.00 **David O'Doherty: Comedy Central Live**
2.30 **Rosie Jones Tries to Help** With guest comedian Desiree Burch.
2.40 **Reno 911!** (S4)
3.05 **Key & Peele**
3.25 **Utopia** 4/8. (S1)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 4&5/26. (S3)
7.00 **Teleshopping**
9.00 **Spin City** 3&4/23. (S5)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** 7-10/26. (S3)
9.00 **Michael McIntyre's Big Show** With Rob Beckett.
10.00 **Friends** 11-14/25. (S3)
12.00 M'T **Iain Stirling's Roast the Internet**
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Whose Line Is It Anyway? USA**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 11/14. (S6)
10.50 **Steptoe and Son** (S6)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 10/13. Drama. (S2)
2.40 **Minder** 1/13. (S8)
3.50 **Just Good Friends**
4.20 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 2/6. Sitcom. (S2)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.50 **Rising Damp** 2/7. (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 3/11. (S1)
9.00 **Benidorm** 1&2/9. (S2)
9.55 **Shameless** 16/16. (S7)
10.55 **Man About the House**
11.25 **Rising Damp** 6/7. (S3)
11.55 **Benidorm** 1&2/9. (S2)
12.55 AM **Minder** 10/11. (S4)
2.00 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **Just Tattoo of Us**
9.00 **Alicia Keys: MTV Unplugged**
10.00 **Tattoo Fixers** A man who wants to disguise the tattoo he got.
11.00 **Help I Sexted My Boss** New edition Jordan North and William Hanson discuss the dilemmas of modern life.
12.00 M'T **Dating Naked UK**
1.00 AM **Black Ink Crew New York** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **America's Backyard Gold**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Iron bathtubs, memory cards and Hopi Kachina dolls. **4.30** Oil and encaustic paints, and cycling shoes.
5.00 **Alaska: Homestead Rescue** The Raneys battle still-frozen ground to secure water.

10.00 Conspiracies & Cover-Ups

7.00 **Wheeler Dealers** Elvis convinces Mike to buy a bargain VW Golf convertible, but its bright colour is divisive
8.00 **Gold Rush** Parker brings Sluicifer out of retirement for a big week, while Rick prays that Vegas Valley still pays out big.
9.00 **Expedition X** New edition Phil Torres and Heather Amaro board the USS *Hornet*, a haunted World War Two aircraft carrier.
10.00 **Conspiracies & Cover-Ups** New edition Investigating conspiracy theories around craft in New Jersey's skies.
11.00 **Expedition Bigfoot** Ronny and Mireya launch a trap, while Bryce learns a witness was withholding information.
12.00 M'T **Border Control: Spain**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Conspiracies & Cover-Ups**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** An aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** Gerry investigates a situation involving stray bullets.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog with a rare disease needs surgery, an operation Dr Jeff has never performed.

8.00 My Extreme Animal Phobia

7.00 **Treehouse Masters** Pete Nelson makes a treehouse for NFL player Antonio Brown, who wants a window wall.
8.00 **My Extreme Animal Phobia** Tameeka combats her hatred of millipedes, and Shelly confronts an unease relating to sharks.
9.00 **Alaska: The Last Frontier** Otto and Charlotte face jeopardy on the seas as they take part in a rescue mission.
10.00 **Edge of Alaska** Neil seeks help from McCarthy's unlikeliest resident as he pursues his mine tour project.
11.00 **Deadly Islands**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Richard E Grant's Seven Deadly Sins** Roots of greed.
2.00 **Treehouse Masters: Out on a Limb**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans: Secrets of the Civil War**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** Tim and Fuzz work on a Volvo Amazon.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Planes That Changed History**
5.00 **Car S.O.S** Restoring a 1990 Nissan Pulsar GTI-R.
6.00 **Airport Security: Rome**

9.55 Construction Fails

7.00 **Air Crash Investigation** An investigation into the 1979 crash of American Airlines Flight 19, in which 271 people were killed.
8.00 **Jaws @ 50: The Definitive Inside Story** Steven Spielberg shares his memories of the classic thriller. With contributions from film-makers including Jordan Peele, James Cameron and Guillermo del Toro.
9.55 **Construction Fails** A highway bridge collapse sparks a probe into hidden structural flaws including sinking roads.
10.55 **Air Crash Investigation** A pilot who crashed while flying a World War Two fighter in an air race.
11.55 **Ultimate Airport Dubai**
12.55 AM **To Catch a Smuggler**
1.55 **Bid & Destroy**
2.25 **Money Meltdown**
3.20 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Curse of Skinwalker Ranch**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars**
12.00 NOON **Troy Story**
1.00 PM **Ancient Aliens: Origins**
3.00 **Hardcore Pawn** Six editions of the series, including at: **5.30** Les challenges Seth to a high-stakes sales competition.
6.00 **American Pickers** Mike Wolfe goes on a discovery in upstate New York as he stumbles upon a camera collection.

10.00 Ancient Aliens: Origins

7.00 **Forged in Fire** Three fine blacksmiths face some of the most challenging tests they have ever encountered.
8.00 **Clash of Ancient Warriors** How a small army in Paris repelled the Vikings, who had ravaged everything in their path.
9.00 **Clash of Ancient Warriors** The Battle of Cannae, which was a major battle of the Second Punic War in 216 BC.
10.00 **Ancient Aliens: Origins** New edition A collection of the most compelling mysteries featured on the *Ancient Aliens* series.
12.00 M'T **Ultimate Mysteries** New theories shed light on the world's biggest mysteries. **12.55** AM Lingering doubts over issues such as Area 51. **1.50** The US government's experiments into teleportation.
2.50 **Ancient Aliens: Origins**
4.25 **Pawn Stars** Chum and Rick meet up with a magician.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.05 **Discovering: Octavia Spencer**
8.00 **The Directors**
9.00 **Kim's Video**
10.45 **My Icon: Ebony Rainford-Brent** Inspirational individuals.
11.00 **The Eighties**
12.00 NOON **Paul Simon: In Restless Dreams** 1&2/2.
4.10 PM **The Directors**
5.05 **Discovering: Octavia Spencer**
6.00 **After the Bite** The surge in great white sharks patrolling Cape Cod's shallow waters.

6.00 After the Bite

7.45 **My Icon: Thierry Henry** The former Arsenal forward speaks about the individuals that have been an inspiration to him.
8.00 **God Bless Ozzy Osbourne** A profile of Black Sabbath frontman Ozzy Osbourne, from his years of alcoholism and drug dependency, to the conquering of his demons with the aid of second wife Sharon.
10.00 **The Essex Murders** 1/3. Documentary about the killing of three notorious criminals known as the Essex Boys, who were found shot dead in 1995.
11.00 **The Essex Murders** 2/3. Questions remain about the convictions of Michael Steele and Jack Whomes. **12.00** M'T 3/3. The hunt for an alternative suspect.
1.00 AM **Liverpool Narcos**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Octavia Spencer**

Friday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **The Repair Shop** A Venetian glass goblet, a leather market porter's hat and a wooden horse. **10.00** Wedding rings, a pantomime horse and a dreadnought guitar are brought back to life.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Investigates** New edition A 60-year-old woman disappears from her rural Florida home in the night.
10.00 **Marked for Murder: People Magazine Investigates**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Confession of Murder** A look into the case of Katie Rackliff, who was murdered by Sharon Carr in Farnborough.
8.00 **UK Crime Files: World's End Murders** The story of two teens who vanished after leaving a pub in 1977.
9.00 **Britain's Countryside Killers** The murder of Emma Caldwell, whose body was found in Limefield Woods.
10.00 **Murder by the Sea**
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Confession of Murder**
1.00 AM **UK Crime Files: World's End Murders**
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** A teen escapes as her brother kills five. **3.00** CCTV exposes Kaitlin Armstrong for Mo Wilson's murder.
4.00 **48 Hours** Dan Howard.
5.00 **Medical Detectives** Investigators soon discover three murders are linked to one killer. **5.30** The scene of a horrendous murder baffles investigators. **6.00** Investigators analyse shoe impressions. **6.30** When a chef is murdered, police discover a trail of debt.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops: Law & Disorder** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Julia James.
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers** Paul Taylor.
9.00 **How I Caught the Killer**
10.00 **Libby, Are You Home Yet?** Documentary.
1.15 AM **World's Most Evil...**
2.10 **Murder Uncut**
3.05 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.40 **Wrecks That Changed the World**
9.40 **Conquistadors: The Rise and Fall**
10.40 **Planet of the Plates**
11.50 **Battle on the Frontline: Maginot vs Siegfried**
1.00 PM **Grand Tours of...**
1.40 **Wrecks That Changed...**
2.40 **Conquistadors: The Rise and Fall**
3.40 **Planet of the Plates**
4.50 **Battle on the Frontline: Maginot vs Siegfried**
6.00 **Grand Tours of...**
6.40 **Wrecks That Changed...**
7.40 **Conquistadors: The Rise and Fall**
8.40 NEW **Planet of the Plates** The geologic process of plate tectonics.
9.50 **Battle on the Frontline: Maginot vs Siegfried**
11.00 **Conquistadors: The Rise and Fall**
12.00 M'T **Planet of the Plates**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Undiscovered Vistas**
- 7.00 **Monkey Life**
- 8.00 **Great Blue Wild**
- 9.00 **Arabian Inferno**
- 10.00 **Land of Primates**
- 11.00 **Africa's Hunters**
- 12.00 NOON **Mysteries of the Mekong** Documentary.
- 1.00 PM **Monkey Life**
- 2.00 **Great Blue Wild**
- 3.00 **Arabian Inferno**
- 4.00 **Land of Primates**
- 5.00 **Africa's Hunters**
- 6.00 **Mysteries of the Mekong**
- 7.00 **Monkey Life** Double bill.
- 8.00 **The Kimberley: Australia's Wild West** A look at the animals of Australia's Wild West.
- 9.00 **Wildlife ER**
- 10.00 **Mysteries of the Mekong**
- 11.00 **Africa's Hunters**
- 12.00 M'T **Gangs of Lemur Island**
- 1.00 AM **Undiscovered Vistas**
- 2.00 **The Kimberley: Australia's Wild West** As 8.00pm.
- 3.00 **Wildlife ER**
- 4.00 **Great Blue Wild**
- 5.00 **to 6.00** AM **Arabian Inferno**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **The Sound and the Fury**
- 9.00 **Hitler's Secret Bomb**
- 10.00 **History's Greatest Aircraft**
- 11.00 **Ancient Aliens**
- 1.00 PM **Alien Corridors**
- 2.00 **Ross Kemp: Shipwreck Treasure Hunter**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **History's Greatest Mysteries**
- 6.00 **The Proof Is Out There**
- 7.00 **Hitler's Secret Bomb** The race to develop the first atomic bomb.
- 8.00 **History's Greatest Aircraft** The Republic P-47 Thunderbolt.
- 9.00 **Mysteries Unearthed with Danny Trejo** The world's most significant discoveries.
- 10.00 **Holy Marvels with Dennis Quaid** The actor investigates the quest for immortality.
- 11.00 **Ancient Aliens**
- 1.00 AM **Alien Corridors**
- 2.00 **Ross Kemp: Shipwreck Treasure Hunter**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **Alien Highway**
- 1.00 PM **Cooper's Treasure**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made**
- 9.00 **The Dino Hunters** Clayton returns to his ranch in Montana to hunt for quick finds at Old Faithful. In Wyoming, Mike and his team continue excavating their triceratops site. **10.00** In Montana, Clayton prepares to learn if his carnivore skeleton belongs to a T-Rex or Nanotyrannus. In Wyoming, Mike and Aaron dig at a promising new site.
- 11.00 **Tesla's Death Ray: A Murder Declassified** The team explore Tesla's death, chasing leads to the CIA and FBI for his missing notes. **12.00** M'T An exploration of Tesla's work, which led to many technological breakthroughs.
- 1.00 AM **How the Universe Works**
- 5.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Fugitives Caught on Tape**
- 9.30 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **Cops Who Kill with Will Mellor**
- 2.00 PM **I Met My Murderer Online**
- 3.00 **Accident, Suicide or Murder?**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **I Met My Murderer Online** New editions Angela Russo. **8.30** Deanna Ballman.
- 9.00 **Fugitives Caught on Tape** New editions A fugitive jumps from the Seven Mile Bridge. **9.30** An ex-con threatens to shoot if stopped again.
- 10.00 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **Ozark Law**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **Yukon Vet**
- 9.00 **Bizarre Animal Friends**
- 10.00 **World's Weirdest**
- 11.00 **Africa's Deadliest**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Wild Hawaii**
- 3.00 **Wild Hunters**
- 4.00 **Critter Fixers: Country Vets**
- 5.00 **Snakes in the City: Beyond the Venom**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo** Lulu the giraffe gives birth.
- 8.00 **Born in Africa** Young animals' first encounters with other species and the learning process of adapting to their environment. **9.00** Young predators must hone their hunting skills as they prepare to face the dangers of the Savannah.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Savage Kingdom**
- 1.00 AM **Animal Fight Club**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

- 7.00 AM **Cuba's Secret Shark Lair**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Experts explore the destructive power of quasars.
- 1.00 PM **NASA's Unexplained Files**
- 2.00 **Alien Highway**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Cuba's Secret Shark Lair** Researchers seek out huge hammerhead and great white sharks in Cuban waters.
- 9.00 **Secrets Underground**
- 10.00 **How Do They Do It?**
- 11.00 **Salvage Hunters: The Restorers** A piece of luggage once owned by Russian royalty.
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **Expedition X**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Simon Reeve's South America** Four editions.
- 1.00 PM **Simon Reeve's South America** Four editions.
- 5.05 **One Foot in the Grave**
- 8.55 **One Foot in the Grave** 1/6. Victor returns home from a trip to the supermarket to discover the house has been burgled. **9.35** 2/6. Margaret is haunted by a nightmare in which she plans to murder her husband. **10.15** 3/6. Victor tempts fate by agreeing to look after neighbours Patrick and Pippa's house while they're away. **10.55** 4/6. Victor and Margaret get stuck for hours in a bank holiday traffic jam. **11.30** 5/6. Victor resolves to remove an evil curse that strikes the Meldrew household. **12.10** AM 6/6. The Meldrews broaden their cultural horizons with a visit to the BBC. (S3)
- 12.50 **One Foot in the Grave**
- 4.50 **to 6.00** AM **Simon Reeve's South America**

+1hour 266 376

ID

154 140 166

- 8.00 AM **The 1980s: The Deadliest Decade** The case of 31-year-old violinist Helen Mintiks.
- 9.00 **Still a Mystery**
- 11.00 **People Magazine Investigates**
- 12.00 NOON **Diabolical: Deadly Love**
- 1.00 PM **Still a Mystery**
- 3.00 **People Magazine Investigates**
- 4.00 **Diabolical: Deadly Love**
- 5.00 **On the Case with Paula Zahn**
- 7.00 **Mean Girl Murders** When Las Vegas showgirl Debbie Flores Narvaez goes missing, investigators wonder whether a jealous rival is responsible. **8.00** Teen mum Cheyenne finds acceptance in a new crowd.
- 9.00 **A Killer Among Friends** A 13-year-old becomes close to an older group of friends before going missing.
- 10.00 **Portals to Hell** From Nebraska.
- 11.00 **Paranormal Lockdown with Nick Groff** A haunted asylum.
- 12.00 M'T **Kindred Spirits**
- 2.00 AM **On the Case with Paula Zahn** Double bill of editions.
- 4.00 **to 6.00** AM **Mean Girl Murders**

+1hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Workshop** Richard opens a classic car restoration workshop.
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Garage Rehab**
- 2.00 **Ant Anstead: Born Mechanic**
- 3.00 **James May and the Dull Men**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Mike Brewer: Born Dealer**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Mike Brewer: Born Dealer** Mike visits Poland to avoid the dreaded British 'Porsche Tax'.
- 9.00 **Roadworthy Rescues** A 1971 Chevrolet Chevelle sedan.
- 10.00 **James May and the Dull Men**
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Mike Brewer: Born Dealer**
- 1.00 AM **Richard Hammond's Workshop** As 11.00am.
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.00 AM **On Swift Horses** Drama. (2024, 15, 119min) ★★★
- 8.05 **PREMIERE A Big Bold Beautiful Journey** As 8pm.
- 10.00 **Roofman** As 5.45pm.
- 12.15 PM **Final Destination: Bloodlines** As 2.15am.
- 2.15 **Blue Moon** Biopic with Ethan Hawke. (2025, 15) ★★★★
- 4.05 **Flavia** Family adventure. (2026, PG, 100min) ★★★
- 5.45 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★

8.00 Big Bold Beautiful Journey

8.00 PREMIERE A Big Bold Beautiful Journey Romantic drama starring Colin Farrell and Margot Robbie. Through a twist of fate, two strangers get to relive moments from their respective pasts. (2025, 15, 109min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 PREMIERE Pillion Dark comedy drama starring Harry Melling and Alexander Skarsgård. A directionless man is swept off his feet when an enigmatic biker takes him on as his submissive. (2025, 18, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.00 M'T **Weapons** Horror thriller. (2025, 18, 128min) ★★★★★
- 2.15 AM **Final Destination: Bloodlines** Horror thriller. (2025, 15, 110min) ★★★★
- 4.15 **to 6.10** AM **Caught Stealing** Dark comedy thriller. (2025, 15, 107min) ★★★★

Sky Cinema Box Set

303 303 403 503 517

- 7.15 AM **Zombieland** As 12.05am.
- 8.45 **Zombieland: Double Tap**
- 10.25 **Spider-Man: Homecoming** Adventure. (2017, 12) ★★★★
- 12.45 PM **Spider-Man: No Way Home** Adventure sequel. (2021, 12, 148min) ★★★★
- 3.15 **The Amazing Spider-Man** Superhero adventure. (2012, 12, 136min) ★★★
- 5.35 **The Amazing Spider-Man 2** Superhero adventure sequel. (2014, 12, 142min) ★★★

8.00 Twister

8.00 Twister Disaster movie starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. With Jami Gertz and Cary Elwes. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Twisters Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.05 AM **Zombieland** Horror comedy with Woody Harrelson. (2009, 15, 84min) ★★★★
- 1.35 **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
- 3.15 **Twister** As 8.00pm.
- 5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

- 7.00 AM **Beach Rats** Drama. (2017, 15, 98min) ★★★
- 8.45 **Boyz N the Hood** Urban drama. (1991, 15, 111min) ★★★★★
- 10.45 **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
- 12.35 PM **Darkest Hour** As 8.00pm.
- 2.45 **About a Boy** Comedy drama. (2002, 12, 101min) ★★★★
- 4.30 **Jackie** Biographical drama. (2016, 15, 100min) ★★★★
- 6.15 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
- 8.00 **Darkest Hour** Period drama starring Gary Oldman. British prime minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (2017, PG, 122min) ★★★
- 10.10 **It Ends with Us** Drama based on Colleen Hoover's bestselling novel, starring Blake Lively. (2024, 15, 125min) ★★★
- 12.25 AM **Valentine's Day** Romantic comedy with Ashton Kutcher. (2010, 12, 125min) ★★★
- 2.35 **Black Dog** Drama with Jamie Flatters and Keenan Munn-Francis. (2023, 15, 96min) ★★★
- 4.25 **to 6.05** AM **Jungleland** Drama. (2020, 15, 90min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.30 AM **There's Something in the Barn** Festive horror comedy. (2023, 15, 100min) ★★
- 8.15 **Out of Darkness** As 4.15am.
- 9.55 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
- 12.15 PM **Constantine** Supernatural thriller. (2005, 15, 121min) ★★★
- 2.25 **After Earth** Sci-fi adventure starring Will and Jaden Smith. (2013, 12, 98min) ★★
- 4.15 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
- 6.20 **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★
- 8.00 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★
- 10.00 **Mickey 17** Sci-fi comedy starring Robert Pattinson. (2024, 15, 137min) ★★★
- 12.30 AM **The Running Man** Sci-fi fantasy adventure. (1987, 18, 101min) ★★★
- 2.20 **MaXXXine** Horror thriller starring Mia Goth and Lily Collins. (2024, 18, 110min) ★★★
- 4.15 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
- 5.55 **to 7.35** AM **The Damned** Horror starring Odessa Young. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.45 AM **Peter Pan** Adventure. (2003, PG, 113min) ★★★★
8.40 **Paddington** Family comedy. (2014, PG, 95min) ★★★★★
10.20 **Paddington 2** As 10.55pm.
12.10 PM **Daddy Day Care** (2003)
1.45 **The Hobbit: The Battle of the Five Armies** As 12.50am.
4.10 **The Smurfs** Family adventure. (2011, U, 103min) ★★
6.00 **The Smurfs 2** Adventure sequel starring Hank Azaria. (2013, U, 104min) ★★

7.50 The Curse of the Were...

7.50 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Daddy Day Care** Family comedy starring Eddie Murphy and Jeff Garlin as two unemployed fathers who decide to run a day-care centre for children. With Anjelica Huston and Steve Zahn. (2003, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Paddington 2** Comedy sequel with the voice of Ben Whishaw. (2017, PG, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **The Hobbit: The Battle of the Five Armies** Fantasy. (2014, 12, 144min) ★★★
3.15 **Wallace & Gromit: The Curse of the Were-Rabbit** (2005)
4.45 **to 6.35** AM **MouseHunt** Comedy starring Nathan Lane. (1997, PG, 98min) ★★★★

Sky Cinema Action

306 306 407 507 521

7.05 AM **Transformers: Revenge...**
9.40 **Morbius** Fantasy adventure. (2022, 12, 104min) ★★
11.30 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
1.45 PM **Batman Forever** Comic-book adventure. (1995, 12, 121min) ★★★
3.50 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
6.10 **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★

6.10 2 Fast 2 Furious

8.00 **Aquaman** Adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds of ocean and land. With Nicole Kidman and Willem Dafoe. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

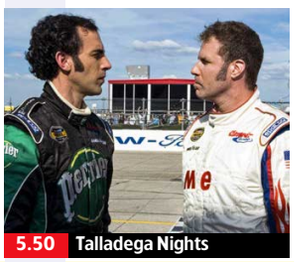
10.25 **Fast & Furious 5** Action thriller sequel starring Vin Diesel. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Transformers: Revenge of the Fallen** Adventure sequel. (2009, 12, 149min) ★★★
3.10 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
5.00 **Sky Cinema Preview**
5.35 **to 7.35** AM **Raiders of the Lost Ark** Action adventure. (1981, PG, 115min) ★★★★★

Sky Cinema Comedy

308 308 408 508 522

6.10 AM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
7.50 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
9.35 **Mamma Mia!** (2008) ★★★★
11.35 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
1.35 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
3.40 **The Intern** (2015, 12) ★★★★
5.50 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★


5.50 Talladega Nights

8.00 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. Two nerdy friends embark on a cross-country journey to return a beautiful woman's briefcase. (1994, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **American Pie** Comedy with Jason Biggs. A group of teenage friends pledge to lose their virginity before their school prom. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **American Pie 2** Teen comedy sequel starring Jason Biggs. (2001, 15, 106min) ★★★
1.20 AM **The Naked Gun** Spoof. (1988, 15, 85min) ★★★★
2.50 **The Naked Gun 2½: The Smell of Fear** Spoof sequel. (1991, 15, 81min) ★★★
4.25 **The Naked Gun 33⅓: The Final Insult** Spoof sequel. (1994, 12, 83min) ★★★
5.50 **to 7.25** AM **Blazing Saddles** Mel Brooks' Western spoof. (1974, 12, 90min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.10 AM **Promising Young Woman** Crime thriller. (2020, 15, 113min) ★★★★
9.10 **Three Days of the Condor** Thriller. (1975, 15) ★★★★
11.10 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
1.10 PM **The Equalizer** Thriller. (2014, 15, 132min) ★★★
3.30 **The Equalizer 2** Thriller sequel. (2018, 15, 121min) ★★★
5.40 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★

10.20 Lethal Weapon

8.00 **Sherlock Holmes: A Game of Shadows** Guy Ritchie's adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart Professor Moriarty, the evil genius behind a wave of assassinations and bombings across Europe. (2011, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Lethal Weapon** Action thriller starring Mel Gibson and Danny Glover. A volatile undercover cop and his new partner take on a drugs gang. (1987, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Sleepers** Fact-based drama starring Kevin Bacon. (1996, 18, 146min) ★★★
3.00 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
5.00 **to 7.00** AM **Psycho** Alfred Hitchcock's chiller. (1960, b/w, 15, 109min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Jubal** Western adventure. (1956, PG, 101min) ★★★
1.05 PM **Anzio** Wartime drama. (1967, PG, 117min) ★★★
3.20 **Broken Arrow** Western. (1950, PG, 93min) ★★★★
5.10 **The Son of Robin Hood** Swashbuckling adventure. (1958, U, 77min) ★★
6.50 **The Eagle** Action adventure starring Channing Tatum. (2011, 12, 113min) ★★★

9.00 Knock at the Cabin

8 PM **The Eagle** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Knock at the Cabin** Horror mystery starring Dave Bautista. A girl and her parents are taken hostage while vacationing and are given an impossible choice to avert the apocalypse. (2022, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.55** **Mission: Impossible – Ghost Protocol** Action spy thriller starring Tom Cruise, Jeremy Renner and Simon Pegg. (2011, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.35** **to 3.50** AM **First Love** Japanese crime drama with Sakurako Konishi. Subtitled. (2019, 15, 108min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

7.25 AM **Eye in the Sky** As 4.25am.
9.10 **Bumblebee** *Transformers* prequel starring Hailee Steinfeld. (2018, PG, 114min) ★★★★
11.10 **Ghostbusters** Supernatural comedy starring Bill Murray. (1984, 12, 105min) ★★★★
1.05 PM **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★
3.55 **Raiders of the Lost Ark** (1981)

5.55 **Spider-Man** Fantasy adventure starring Tobey Maguire. (2002, 12, 121min) ★★★★
8.00 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire and Kirsten Dunst. (2004, PG, 127min) ★★★★
10.10 **Spider-Man 3** Fantasy adventure sequel starring Tobey Maguire. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. (2007, 12, 139min) ★★★

12.30 AM **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
2.30 **Black Dog** Chinese drama. (2024, 12, 110min) ★★★
4.25 **to 6.10** AM **Eye in the Sky** Thriller starring Helen Mirren. (2015, 15, 112min) ★★★★

Sky Cinema Greats

307 307 404 504 518

8.10 AM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
10.15 **Dirty Harry** As 5.10am.
12.00 NOON **Jaws** Monster thriller. (1975, 12, 125min) ★★★★★
2.10 PM **Jaws 2** Adventure thriller sequel. (1978, PG, 115min) ★★★
4.10 **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★
5.50 **The Mummy** Action adventure. (1999, 15, 124min) ★★★★

8.00 **Batman** Tim Burton's comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious black-cloaked vigilante tackles a psychotic villain known as The Joker. With Kim Basinger and Jack Palance. (1989, 15, 121min) ★★★★
10.10 **Batman Returns** Comic-book adventure starring Michael Keaton, Michelle Pfeiffer, Danny DeVito and Christopher Walken. (1992, 12, 121min) ★★★★

12.20 AM **Fatal Attraction** Thriller. (1987, 15, 120min) ★★★★
2.20 **A Clockwork Orange** Futuristic satire. (1971, 18, 136min) ★★★★
4.40 **The Cinema List: British Sky Originals**
5.10 **to 6.55** AM **Dirty Harry** Thriller. (1971, 15, 103min) ★★★★★

Sky Cinema Animation

312 315 405 500 514

7.20 AM **The Angry Birds Movie** Animation. (2016, U) ★★★
9.10 **Trolls** Animated musical. (2016, U, 92min) ★★★
10.55 **Super Charlie** As 9.15pm.
12.30 PM **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
2.20 **Shrek the Third** Animated comedy adventure sequel. (2007, U, 88min) ★★★★

4.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
5.50 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
7.35 **10 Lives** Animated comedy with the voice of Mo Gilligan. (2024, U, 98min) ★★★
9.15 **Super Charlie** Family animation with the voice of Karen Ardiff. (2025, PG, 82min) ★★★
10.50 **Rock Dog** Animated adventure featuring the voices of Luke Wilson and Eddie Izzard. (2016, PG, 90min) ★★★

12.35 AM **Corpse Bride** Animation. (2005, PG, 74min) ★★★★
2.05 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
3.50 **Paws of Fury: The Legend of Hank** Animated family comedy. (2022, PG, 98min) ★★★
5.40 **to 7.20** AM **10 Lives** (2024)

Disney+ Cinema

305 305

6.00 AM **George of the Jungle** Family comedy adventure. (1997, U, 92min) ★★
7.40 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
9.00 **Piglet's Big Movie** Animated adventure. (2003, U, 75min) ★★
10.20 **WALL•E** Animated adventure. (2008, U, 98min) ★★★★★
12.00 NOON **The Mighty Ducks** Sports comedy. (1992, PG, 103min) ★★

1.45 PM **Ratatouille** Animated family comedy adventure. (2007, U, 106min) ★★★★★
3.35 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
5.35 **Finding Nemo** Animated family comedy adventure. (2003, U, 104min) ★★★★★
7.20 **Freaky Friday** Fantasy remake. (2003, PG, 97min) ★★★
9.00 **Death on the Nile** Mystery. (2021, 12, 127min) ★★★
11.05 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★

12.55 AM **Pirates of the Caribbean: Salazar's Revenge** Adventure sequel. (2017, 12, 129min) ★★★
3.05 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
4.40 **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
5.50 **to 6.00** AM **Bao**

Talking Pictures

328 445 82 306 36

6.00 AM **Look at Life**
6.10 **Murder in Eden** Crime drama. (1961, b/w, U, 64min) ★★★
7.30 **The Man Who Stayed Alive**
8.05 **Look at Life**
8.15 **Blind Date** Suspense thriller. (1959, b/w, PG, 95min) ★★★
10.05 **Account Rendered** Thriller. (1957, b/w, PG, 59min) ★★★
11.20 **Appointment with Venus** Comedy. (1951, b/w, U) ★★★

1.05 PM **Solo For Sparrow** (S3)
2.15 **The Adventures of Robin Hood**
2.45 **The Ghost of Greville Lodge** Ghost story. (2000, PG) ★★
4.30 **The Cheaters** 7/12. (S1)
5.00 **Walk a Crooked Mile** Drama. (1948, b/w, PG, 91min) ★★★
6.45 **Celebrity Crazy Cricket**
7.00 **Z Cars** 32/42. (S2)
8.00 **Public Eye** 5/7. (S4)
9.00 **Whistle Down the Wind** Drama. (1961, b/w, PG, 99min) ★★★★★
11.00 **Robinson Crusoe** Adventure. (1954, U, 90min) ★★★

12.50 AM **The Seventh Commandment** Crime drama. (1961, b/w, PG, 81min) ★★★
2.30 **Not Tonight, Darling** Adult drama. (1971, 18, 88min) ★★
4.15 **Echo of Barbara** Crime drama. (1961, b/w, PG, 68min) ★★★
5.30 **to 6.00** AM **Out of Town**

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
9.00 **LIVE NRL** **Canberra Raiders v Melbourne Storm.** Coverage of the match from the seventh round of fixtures staged at GIO Stadium Canberra. Kick-off **9.00am**.
11.00 **Sky Sports FC** Football headlines.
12.00 NOON **LIVE PGA Tour Golf** Coverage of the second day of the RBC Heritage staged at Harbour Town Golf Links in South Carolina.
7.30 **LIVE EFL** **Blackburn Rovers v Coventry City.** The Championship match staged at Ewood Park. Two goals in three minutes led the Sky Blues to a 2-0 win in the previous meeting between these teams last October. Kick-off **8.00pm**.
10.30 **LIVE PGA Tour Golf** Further coverage of the second day of the RBC Heritage held at Harbour Town Golf Links in South Carolina.
11.00 **LIVE LPGA Tour Golf** The second day of the JM Eagle LA Championship at El Caballero Country Club in Los Angeles. Sweden's Ingrid Lindblad took the honours in this event last year.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Premier League Stories**
9.30 **The Big Interview**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
5.00 PM **Premier League Friday** Roman Kemp hosts the show.
7.00 **Premier League Preview**
7.30 **The Big Interview**
8.00 **Fantasy Show** Fantasy Premier League analysis and advice.
8.30 **Premier League Stories** An interview with Manchester City midfielder Tijjani Reijnders.
9.00 **Premier League Preview**
9.30 **The Big Interview** An interview with a top-flight player.
10.00 **Fantasy Show** Fantasy Premier League analysis and advice.
10.30 **Premier League Stories** An interview with Manchester City midfielder Tijjani Reijnders.
11.00 **Premier League Years** A look back at the 2024/25 season.
1.00 AM **PL Retro** Liverpool v Blackburn Rovers from 1994/95.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2023/24 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **SPFL Round-Up**
2.15 **SPFL Highlights**
2.30 **EFL Highlights** Championship.
4.00 **Bundesliga Weekly**
4.30 **EFL League One Goals**
5.00 **EFL League Two Goals**
5.30 **EFL Highlights**
6.00 **Bundesliga Weekly**
6.30 **EFL Highlights** Championship.
7.30 **LIVE EFL** **Blackburn Rovers v Coventry City.** Coverage of the Championship match staged at Ewood Park. Kick-off **8.00pm**.
10.30 **EFL Trophy** Action from the final.
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **SPFL** The 2014/15 season.
2.30 **Best Scottish Premiership Goals 2021/22**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Rivalries** East Midlands.
5.30 **to 6.00** AM **The Great Escape**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 highlights.
7.00 **IPL** Mumbai Indians v Punjab Kings from Wankhede Stadium.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Recent action.
2.50 PM **LIVE IPL** **Gujarat Titans v Kolkata Knight Riders.** Coverage of the T20 match at Narendra Modi Stadium. These two sides met just the once last season in Kolkata in a game that saw the Titans come out on top thanks to a 39-run victory. Gujarat made 198-3 in their 20 overs with Shubman Gill top-scoring with 90 off 55 balls, before they restricted the Knight Riders to just 159-8 in their reply.
7.00 **Best of ICC WT20**
8.00 **IPL** Mumbai Indians v Punjab Kings from Wankhede Stadium. **9.00** Gujarat Titans v Kolkata Knight Riders in Ahmedabad. **10.00** Royal Challengers Bengaluru v Lucknow Super Giants. **11.00** Highlights from Gujarat Titans v Kolkata Knight Riders.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see Gujarat Titans v Kolkata Knight Riders.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
10.00 **PGA Tour Champions**
11.00 **Final Cut: The Long Game**
12.00 NOON **LIVE PGA Tour Golf** Coverage of the second day of the RBC Heritage staged at Harbour Town Golf Links in South Carolina. England's Matt Fitzpatrick is the only player from outside of the United States to have won this title in the current decade, taking the honours in 2023 by defeating the then reigning champion Jordan Spieth in a play-off.
11.00 PM **LIVE LPGA Tour Golf** The second day of the JM Eagle LA Championship at El Caballero Country Club in Los Angeles. Sweden's Ingrid Lindblad took the honours in this event last year.
2.00 AM **PGA Tour Champions** Highlights from the Hoag Classic.
3.00 **PGA Tour Golf** RBC Heritage.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE ATP Tennis** Coverage of the ATP Barcelona Open and ATP Munich Open at Real Club de Tenis Barcelona 1899 and MTTC Iphitos Complex respectively.
11.30 **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
7.00 PM **LIVE WTA Tennis** Coverage of the WTA Stuttgart Open and WTA Rouen Open staged at Porsche-Arena and Kindarena Sports Complex respectively.
8.30 **WTA All Access**
9.00 **ATP Tennis** Monte-Carlo Masters.
10.00 **WTA & ATP Tennis**
3.00 AM **US Open Classic Matches**
4.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Rolex SailGP Championship**
7.00 **Premier League Netbusters**
7.30 **Serie A – Full Impact**
8.00 **LIV Golf** Round six from Mexico.
9.30 **Premier League Reload**
9.45 **TNT Sports Reload**
10.15 **Serie A – Full Impact**
10.45 **Cycling** News and highlights.
12.30 PM **LIVE Men's Cycling Pro Series** Coverage from the fourth stage of the O Gran Camino.
2.30 **LIVE Men's Cycling Pro Series** The La Fleche Brabanconne.
5.00 **Inside Serie A**
5.30 **The Fantasy Show**
6.00 **Champions League Magazine**
6.30 **Premier League Preview**
7.00 **LIVE The Gallagher PREM** **Bristol Bears v Gloucester.** Coverage of the match from Ashton Gate. Kick-off **7.45pm**.
10.00 **The Fantasy Show**
10.30 **MLB Highlights** Baseball action.
11.30 **LIVE MLB** **Philadelphia Phillies v Atlanta Braves.** Coverage from Citizens Bank Park. Start-time **11.40am**.
2.30 AM **AFL** Recent action.
4.00 **to 7.00** AM **LIVE AFL** **Gold Coast Suns v Essendon Bombers.** Bounce-up **4.15am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
7.00 **WRC Review** Rally Croatia.
8.00 **Premier League Reload**
8.15 **Marathons** Paris Marathon.
9.15 **LIVE World Superbikes** From TT Circuit Assen, the Netherlands.
10.15 **What I Wore** Michel Salgado.
10.30 **LIVE Isuzu UTE A-League** **Melbourne Victory v Newcastle Jets.** Kick-off **10.35am**.
12.30 PM **Premier League Reload**
12.45 **TNT Sports Reload**
1.00 **LIVE World Superbikes** Further coverage from TT Circuit Assen.
1.45 **World Superbike Rewind**
2.00 **LIVE World Superbikes** Continued coverage from TT Circuit Assen in the Netherlands.
3.45 **LIVE Women's Circuit Racing World Championship** Coverage from TT Circuit Assen.
4.30 **World Superbike Rewind**
4.45 **Premier League Reload**
5.00 **LIV Golf** From Mexico.
6.30 **LIVE LIV Golf** The second day of the sixth round from Mexico.
12.30 AM **Premier League Legends**
1.00 **The Gallagher PREM**
2.00 **Men's Cycling Pro Series**
4.00 **to 6.00** AM **Supercars**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **LIVE NRL** **Canberra Raiders v Melbourne Storm.** Coverage of the match from the seventh round of fixtures staged at GIO Stadium Canberra. Kick-off **9.00am**.
11.00 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.30 **NFL Highlights**
5.30 **NBC's Pro-Football Talk**
7.30 **LIVE Super League** **Huddersfield Giants v Leeds Rhinos.** Coverage of the top-flight encounter staged at Accu Stadium. Kick-off **8.00pm**.
10.15 **Super League Highlights**
10.30 **Super Bowl LX Bitesize Highlights** Action from Seattle Seahawks v New England Patriots.
10.45 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
2.00 **Super League** A replay of St Helens v Leigh Leopards in 2025.
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 **LIVE Super Rugby** **Blues v Highlanders.** Coverage of the match from the 10th round of fixtures staged at Eden Park in Auckland. Kick-off **8.05am**.
10.00 **Sky Sports FC**
10.30 **LIVE Super Rugby** **NSW Waratahs v Moana Pasifika.** Coverage of the match from the 10th round of fixtures at Allianz Stadium in Sydney. Kick-off **10.35am**.
12.30 PM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open, WTA Stuttgart Open and WTA Rouen Open.
7.30 **LIVE Super League** **Huddersfield Giants v Leeds Rhinos.** Coverage of the top-flight encounter staged at Accu Stadium. Kick-off **8.00pm**.
10.15 **EFL Greatest Games** Highlights of Cardiff City v Swansea City.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **EFL Greatest Games**
11.15 **Super League** Hull FC v St Helens.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **Super League** Another chance to see Hull FC v St Helens.
6.45 **My Icon** Moeen Ali.
6.55 **LIVE Netball Super League** **Birmingham Panthers v Nottingham Forest.** Coverage of the match from the eighth round of fixtures staged at Worcester Arena. Centre-pass **7.00pm**.
8.30 **My Icon** Inspiring individuals.
9.00 **IPL** Recent T20 highlights.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **WTA Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 **Men's T20 World Cup**
5.30 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **Football** Highlights.
10.30 **LIVE AFL** **Sydney Swans v GWS Giants.** Coverage from Sydney Cricket Ground. Bounce-up **10.50am**.
1.30 PM **MLB Highlights**
2.30 **UEFA Europa League & Conference League Highlights**
3.30 **UEFA Champions League**
4.30 **Isuzu UTE A-League**
5.30 **MLB Highlights** Baseball action.
7.00 **LIVE MLB** **Chicago Cubs v New York Mets.** Coverage of the match staged at Wrigley Field. Start-time **7.20pm**.
10.00 **Men's Cycling Pro Series**
12.00 M'T **Fight Week** UFC 327 review.
12.30 AM **TNT Sports Reload**
12.45 **EWC All Access**
1.45 **LIVE V8 Supercars** The Christchurch Super 440 11th race.
3.15 **TNT Sports Reload**
3.30 **Ultimate Pool** Pairs Cup.
5.00 **to 6.30** AM **LIVE V8 Supercars** Christchurch Super 440 race 12.

TNT Sports 4

414 416 524 411 434

6.00 AM **TNT Sports Reload**
6.30 **What I Wore** Highlights.
7.00 **Kenny Allstar's Number 1's**
7.30 **FEI Jumping World Cup**
8.30 **Ultimate Pool** The Pairs Cup.
10.00 **LIVE AFL** **Geelong Cats v Western Bulldogs.** Bounce-up **10.20am**.
1.00 PM **LIVE UEFA Youth League** **Benfica v Club Brugge.** The first semi-final. Kick-off **1.00pm**.
3.00 **LIV Golf** Round six from Mexico.
4.30 **Premier League Reload**
4.45 **UEFA Europa League & Conference League Highlights**
5.45 **LIVE UEFA Youth League** **Real Madrid v Paris Saint-Germain.** The second semi-final. Kick-off **5.45pm**.
7.45 **What I Wore** Michel Salgado.
8.00 **The Fantasy Show**
8.30 **AFL** A match replay.
10.00 **UEFA Europa League & Conference League Highlights**
3.00 **to 6.00** AM **Conference League**

Premier Sports 1

419 551

6.30 AM **NHL: This is Hockey**
7.30 **European Le Mans Series**
8.30 **Champions Cup**
10.00 **LaLiga** A Spanish top-flight game.
12.00 NOON **NHL Ice Hockey**
2.00 PM **NHL on the Fly**
2.30 **Football's Greatest**
3.00 **NHL Tonight** Eastern Conference.
4.00 **LaLiga Match Highlights**
4.30 **Champions Cup Highlights** Action from the quarter-finals.
5.30 **The Rugby Pod**
7.00 **LIVE United Rugby Championship** **Ulster v Leinster.** Coverage of the match staged at Affidea Stadium. Kick-off is at **7.45pm**.
10.00 **URC SEND IT**
10.40 **LaLiga Match Highlights**
11.00 **United Rugby Championship** A chance to see Dragons v Bulls. **1.00** AM Ulster v Leinster.
3.00 **The Rugby Pod**
4.30 **to 6.00** AM **Champions Cup Highlights**

Premier Sports 2

420 552

6.00 AM **Eredivisie** Heracles v Ajax.
8.00 **NHL Ice Hockey** A replay of Winnipeg Jets v San Jose Sharks.
10.00 **Temples of Sport**
10.30 **Challenge Cup** Another chance to see the third quarter-final.
12.30 PM **Temples of Sport**
1.30 **NASCAR O'Reilly Series** Action from Bristol Motor Speedway.
4.30 **Bike World** Magazine.
5.00 **United Rugby Championship** A replay of Stormers v Edinburgh.
7.00 **LIVE United Rugby Championship** **Edinburgh v Zebre Parma.** Coverage of the match staged at Hive Stadium. Kick-off **7.45pm**.
10.00 **Temples of Sport**
11.00 **The Rugby Pod** Featuring the latest news and reviews.
12.30 AM **Temples of Sport**
1.00 **NASCAR Highlights** Action from the Food City 500.
2.00 **Temples of Sport**
3.00 **to 6.00** AM **NHL Ice Hockey**

Sky Sports F1

407 407 507 424 444

6.00 AM **Indycar** Recent highlights.
10.00 **GT World Challenge Europe**
12.00 NOON **Formula 1** Recent action.
4.00 PM **Indycar** Recent highlights.
8.00 **Benetton Formula**
9.45 **Oscar Piastri Drives a Supercar**
10.00 **Indycar** Recent highlights.
11.00 **LIVE Indycar** Coverage of the Acura Grand Prix of Long Beach first practice session in California.
12.30 AM **Ferrari Challenge UK**
1.00 **F1 Explained** The inner workings.
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

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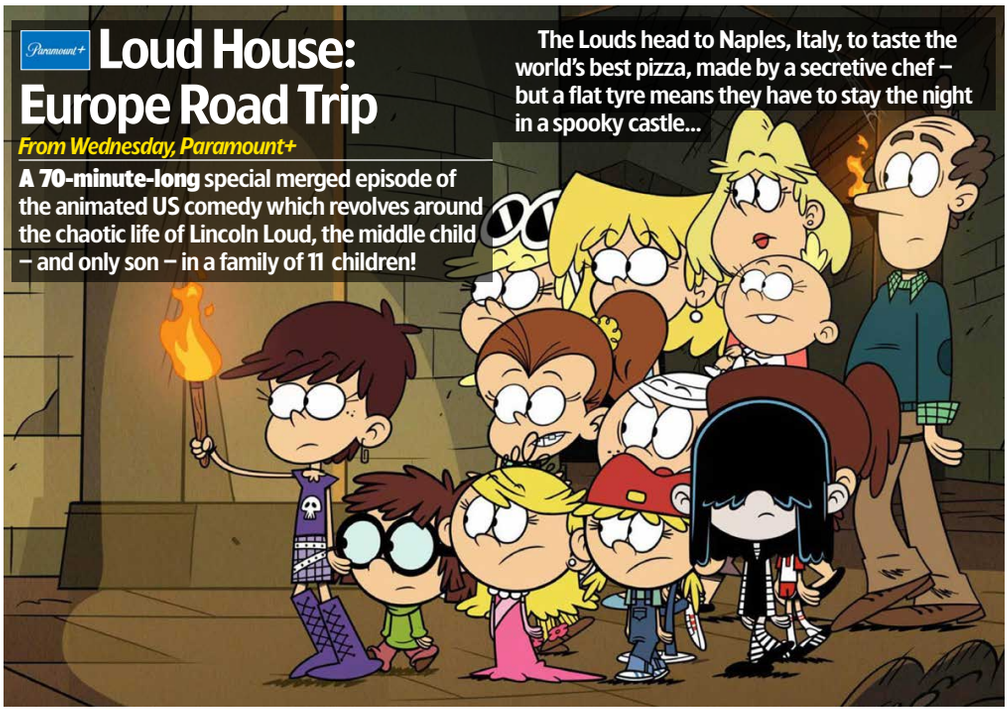
KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming



Paramount+ Loud House: Europe Road Trip

From Wednesday, Paramount+

A 70-minute-long special merged episode of the animated US comedy which revolves around the chaotic life of Lincoln Loud, the middle child – and only son – in a family of 11 children!

The Louds head to Naples, Italy, to taste the world's best pizza, made by a secretive chef – but a flat tyre means they have to stay the night in a spooky castle...

SERIES FINALE

BBC iPLAYER Crookhaven

Sunday, 3.05pm, BBC1 & BBC iPlayer

There are just two more episodes to go... if you've been watching it the old fashioned linear-TV way – every Sunday afternoon – like we have been.

The penultimate episode sees the Crooklings competing at the cutthroat trials, a tough examination made worse by the fact the eyes of the crooked world are watching. It's then on to the Masquerade Ball, where Penelope (Carmel Laniado, above) finds herself in danger as everyone's true colours are revealed...

More great shows to watch this week...

Submarine Jim NEW

Weekdays, 4.30pm, CBBC

This delightful animation follows the exploits of a young dolphin named Jim, as he pilots the world's first-ever submarine on wheels – alongside his best friends – Bianca the daring orca and Cyril the anchovy!

CBeebies Bedtime Stories

Available now, BBC iPlayer

You can catch actor Claire Foy, who stars in the new film version of *The Magic Faraway Tree*, reading *Stop! That's Not My Story!* by Smriti Halls.

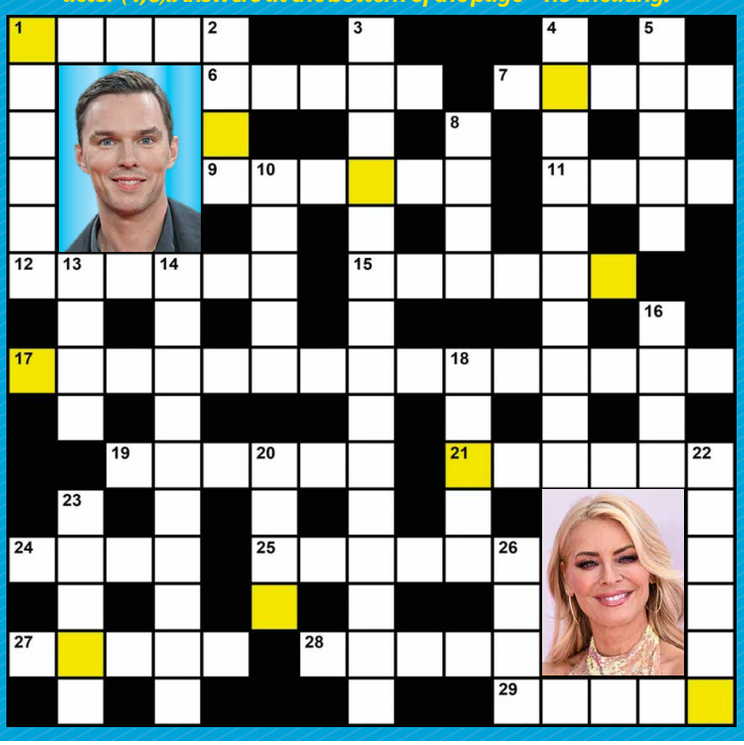
Hey Duggee's Squirrel Club

Weekdays, 7.05am, CBeebies & BBC iPlayer

The *Hey Duggee* spin off is back with another magical mix of silliness courtesy of the lovable Squirrels.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an American actor (4,6). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: Nicholas -----, actor who appeared in *Skins* (5)
6 Played Jill in 1964 007 film *Goldfinger*, Shirley ----- (5)
7 American actor in series *Outcast* and *Treadstone*, Patrick ----- (5)
9 Sang the title song for 1997's *Tomorrow Never Dies*, ------ Crow (6)
11 Australian supermodel and TV host, ---- Macpherson (4)
12 Ashleigh ------, starred as Kate Ramsay in soap *Neighbours* (6)
15 Sci-fi movie from 2007 starring Will Smith, *I Am* ------ (6)
17 Actor who appeared in the 1990 film *Truly, Madly, Deeply* (6,9)
19 Tom Hanks space-set movie released in 1995, ------ *13* (6)
21 Road Runner's pursuer in the *Looney Tunes* cartoons, Wile E. ------ (6)
24 *Primal* ----, Richard Gere legal thriller from 1996 (4)
25 *Minority* ------, 2002 movie starring Tom Cruise (6)
27 Journalist and *Antiques Roadshow* presenter, ----- Bruce (5)
28 James -----, actor who starred as Jack in *New Tricks* (5)
29 2000 Danny Boyle movie shot on Ko Phi Phi Le island, *The* ----- (5)

DOWN

1 Imran ------, late former Weatherfield lawyer (6)
2 See picture clue: *Strictly Come Dancing* host, ---- Daly (4)
3 Chef on *Ready Steady Cook*, Antony ------- -------- (7,8)
4 C4 reality show featuring Jo Frost (10)
5 Hayley -----, actor in 1961 film *Whistle Down the Wind* (5)
8 *White* ----, hit 2003 single by Dido (4)
10 British contemporary artist, Damien ----- (5)
13 ---- Julia, AKA Gomez in 1991 film *The Addams Family* (4)
14 Song that was a hit in 1975 for Don Estelle and Windsor Davies, ---------- *Grass* (10)
16 *The Muppet Show*'s sax player (4)
18 Popular sitcom starring Dawn French, *The* ----- *of Dibley* (5)
20 Jack ----, starred as Steve McGarrett in US detective series *Hawaii Five-O* (4)
22 Pierce Brosnan 007 film from 1999, *The World Is Not* ------ (6)
23 Christina Aguilera hit song from 1999, ----- *in a Bottle* (5)
26 2018 action film starring Alicia Vikander as Lara Croft, ---- *Raider* (4)

WORDS: JAMES AVANN. PHOTOS: ALAMY, BBC, PARAMOUNT+

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CROSSWORD SOLUTION

ANSWER: Judd Hirsch **ACROSS:** 1 Hoult 6 Eaton 7 Fugit 9 Sheryl 11 Elle 12 Brewer 15 Legend 17 Juliet Stevenson 19 Apollo 21 Coyote 24 Fear 25 Report 27 Fiona 28 Bolam 29 Beach
DOWN: 1 Habeeb 2 Tess 3 Worrall Thompson 4 Supernanny 5 Mills 8 Flag 10 Hirst 13 Raul 14 Whispering 16 Zoot 18 Vicar 20 Lord 22 Enough 23 Genie 26 Tomb

Coming soon

FIRST LOOK

John Lithgow as Albus Dumbledore

Dominic McLaughlin as Harry Potter

HARRY POTTER and the Philosopher's Stone

A **star-studded cast** brings the magical novels to life again

Hogwarts is beckoning once more in these exciting new pictures from *Harry Potter and the Philosopher's Stone*, the first series in HBO Max's upcoming adaptation of JK Rowling's books about the boy wizard.

Airing this Christmas, the eight-part drama sees Dominic McLaughlin in the role of unassuming orphan Harry, who, on his 11th birthday, receives a letter inviting him to join the celebrated School of Witchcraft and Wizardry.

Arabella Stanton and Alastair Stout play Harry's pals Hermione Granger and Ron Weasley, and John Lithgow is headmaster Albus Dumbledore.

LESSONS IN MAGIC

The Hogwarts staff includes teachers Minerva McGonagall (Janet McTeer), Severus Snape (Paapa Essiedu) and Filius Flitwick (Warwick Davis, reprising his role from the films), along with groundskeeper Rubeus Hagrid (Nick Frost) and caretaker Argus Filch (Paul Whitehouse).

Lox Pratt portrays Draco Malfoy, the son of sinister Lucius Malfoy, played by Johnny Flynn. Daniel Rigby and Bel Powley are Harry's uncaring uncle and aunt Vernon and Petunia Dursley, Bertie Carvel is the Ministry of Magic's Cornelius Fudge, and Katherine Parkinson is Ron's kindly mother Molly Weasley.

'It's a bit surreal because I was always a huge Harry Potter fan when I was younger,' explains McLaughlin. 'And it was the dream role, so I am thrilled to be able to be doing it.'

WHAT'S NEXT FOR...

Sheridan Smith

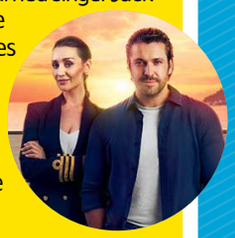
In ITV1's six-part thriller **Two Birds**, the actor will play a widowed British cop who moves to Australia to reconnect with her family, but as she tackles a murder connected to a crime gang, a secret unravels.

Queen Camilla

The Queen will talk about her love of literature in BBC2's as-yet-untitled documentary, which marks the National Year of Reading and sees a range of people recount how their lives have been changed by books.

Coming Back

5's whodunnit **The Good Ship Murder** will be back for a fourth run, as ex-cop turned singer Jack Grayling (Shayne Ward) investigates more crimes. Catherine Tyldesley returns in Episode 1 before bowing out.



For ITV1 series **Gary Barlow's Food & Wine Tour**, a follow-up to the Take That star's previous travelogues, Barlow (pictured) will team up with comic Jason Manford to explore the cultural and culinary delights of New Zealand.

Next week On sale Tuesday 14 April

Half Man

Jamie Bell and Richard Gadd star as estranged friends who meet again in this BBC drama.

Criminal Record

In the second season of Apple TV's crime drama, the police look into a man's death at a rally.

Mint

BBC1's drama about crime gangs follows a star-crossed duo (Emma Laird and Ben Coyle-Larner).

Apex

Taron Egerton and Charlize Theron star in Netflix's thriller set in the Australian wild.

WORDS: CAREN CLARK. PHOTOS: APPLE TV, GETTY, HBO MAX, NETFLIX, 5, ITV, BBC

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Nick Grey *Inventor & Owner...*
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